PUBLIC PARKS AND THE ENLARGEMENT OF TOWNS

F. L. OLMSTED*

Olmsted fue el primer 'arquitecto del paisaje' que se refirió a sí mismo como tal (fundador de la disciplina). La teoría y sobre todo el contexto de la práctica que desarrolla se ciñen fundamentalmente al parque, al sistema de parques que define, y a las áreas en que ambos se pueden incorporar. Pero las observaciones y reflexiones que lo fundamentan son mucho más abarcantes.

Olmsted se plantea aquí la cuestión del recreo del hombre y sus actitudes 'esenciales', de ser gregario a individualista, que actúa de forma pasiva o activa en su disfrute –natural y social-. Como hemos visto, el tema del ocio y con él el del disfrute del paisaje es uno de los que más profundamente influyen en nuestra relación con el territorio y su demanda, y todo ello de nuevo proyectado sobre la dialéctica campo-ciudad, las tensiones sucesivas que se producen a lo largo de la historia en el acercamiento a la ciudad desde el campo y viceversa, encuentro o independencia ¿de quién y respecto a qué?.

Hay muchas cuestiones en esta reflexión atemporales, relacionadas con las necesidades físicas y psíquicas del hombre y su relación con el medio –natural y urbano-, y las expectativas que puede, quiere o debe poner en él.

(...) It used to be a matter of pride with the better sort of our country people that they could raise on their own land or manufacture within their own households almost everything needed for domestic consumption. But if now you leave the rail, at whatever remote station, the very advertisements on its walls will manifest how greatly this is changed. Push out over the prairie and make your way to the house of any long-settled and prosperous farmer, and the intimacy of his family with the town will constantly appear, in dress, furniture, viands, in all the conversation. If there is a piano, they will he expecting a man from town to tune it. If the baby has outgrown its shoes, the measure is to be sent to town. If a tooth is troublesome, an appointment is to lie arranged by telegraph with the

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dentist. The railway time-table hangs with the almanac. The housewife complains of her servants. There is no difficulty in getting them from the intelligence offices in town, such as they are; but only the poorest, who cannot find employment in the city, will come to the country, and these as soon as they have got a few dollars ahead, are crazy to get back to town. It is much the same with the men, the farmer will add; he has to run up in the morning and get some one to take "Wolf's" place. You will find, too, that one of his sons is in a lawyer's office, another at a commercial college, and his oldest daughter at an "institute," all in town. I know several girls who travel eighty miles a day to attend school in Chicago. (...).

There can be no doubt then, that, in all our modern civilization, as in that of the ancients, there is a strong drift townward. But some seem to regard the class of symptoms I have referred to as those of a sort of moral epidemic, the crisis and reaction of which they constantly expect to see. They even detect already a growing disgust with the town and signs of a back-set towards rural simplicity. To avoid prolonged discussion of the question thus suggested I will refer but briefly to the intimate connection which is evident between the growth of towns and the dying out of slavery and feudal customs, of priestcraft and government by divine right, the multiplication of books, newspapers, schools, and other means of popular education and the adoption of improved methods of communication, transportation, and of various labor-saving inventions. No nation has yet begun to give up schools or newspapers, railroads or telegraphs, to restore feudal rights or advance rates of postage. King-craft and priestcraft are nowhere gaining any solid ground. On the contrary, considered as elements of human progress, the more apparent forces under which men haven thus far been led to gather together in towns are yet growing; never more rapidly than at this moment. It would seem then more rational to prepare for a continued rising of the townward flood than to count upon its subsidence. Examining our own country more particularly, it is to be considered that we have been giving away our public lands under a square form of division, as if for the purpose of preventing the closer agricultural settlement which long and narrow farms would have favored, and that we have used our mineral deposits as premiums for the encouragement of wandering and of forms of enterprise, individual, desultory and sequestered in character, in distinction from those which are organized, systematized and public. This policy has had its day; the choicest lands have been taken up; the most prominent and easiest worked metallic veins have been seized, the richest placers are abandoned to Chinamen, and the only reaction that we can reasonably anticipate is one from, not toward, dispersion.

The same policy, indeed, has had the effect of giving us, for a time, great command of ready money and easy credit, and we have thus been induced to spend an immense sum — say two thousand millions—in providing ourselves with the fixtures and machinery of our railroad system. This system, while encouraging the greater dispersion of our food-producers, has tended most of all to render them, as we have seen, independent of all the old neighborhood agencies of demand and supply, manufacture and exchange, and to educate them and their children in familiarity with and dependence on the conveniences and habits of towns-people. (...)

It should be observed that possession of all the various advantages of the town to which we have referred, while it very certainly cannot be acquired by people living in houses a quarter or a half mile apart, does not, on the other hand, by any means involve an unhealthy density of population. Probably the advantages of civilization can be found illustrated and demonstrated under no other circumstances so completely an sin suburban neighborhoods where each family abode stands fifty or a hundred feet or more apart from all others, and at some distance from the public road. And it must he remembered, also, that man's enjoyment of rural beauty has clearly increased rather than diminished with his advance in civilization. There is no reason, except in the loss of time, the inconvenience, discomfort, and expense of our present arrangements for short travel, why suburban advantages should not be almost indefinitely extended. Let us have a cheap and enjoy-able method of conveyance, and a building law like that of old Rome, and they surely will be.

As railroads are improved, all the important stations will become centers or sub-centers of towns, and all the minor stations suburb? For most ordinary every-day purposes, especially house-keepers purposes, these will need no very large population before they can obtain urban advantages. I have seen a settlement, the resident population of which was under three hundred, in which there was a public laundry, bath-house, barber's shop, billiard-room, beergarden, and bakery. Fresh rolls and fresh milk were supplied to families before breakfast time every morning; fair fruit and succulent vegetables were delivered at house doors not half an hour after picking; and newspapers and magazines were distributed by a carrier. I have seen a town of not more than twelve hundred inhabitants, the streets and the yards, alleys, and places of which were swept every day as regularly as the house floors, and all dust removed by a public dustman.

The construction of good roads and walks, the laying of sewer, water, and gas pipes, and the supplying of sufficiently cheap, rapid, and comfortable conveyances, to town centers, is all that is necessary to give any farming land in a healthy and attractive situation the value of town lots. (...)

We come then to the question: what accommodations for recreation can we provide which shall be so agreeable and so accessible as to be efficiently attractive to the great body of citizens, and which, while giving decided gratification, shall also cause those who resort to them for pleasure to subject themselves, for the time being, to conditions strongly counteractive to the special enervating conditions of the town?

In the study of this question all forms of recreation may, in the first place, be conveniently arranged under two general heads. One will include all of which the predominating influence is to stimulate exertion of any part or parts needing it; the other, all which cause us to receive pleasure without conscious exertion. Games chiefly of mental skill, as chess, or athletic sports, as baseball, are examples of means of recreation of the first class, which may be termed that of exertive recreation; music and the fine arts generally of the second or receptive division.

Considering the first by itself, much consideration will be needed in determining what classes of exercises may be advantageously provided for. In the

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Bois de Boulogne there is a race course; in the Bois de Vincennes a ground for artillery target-practice. Military parades are held in Hyde Park. A few cricket clubs are accommodated in most of the London parks, and swimming is permitted in the lakes at certain hours. In the New York Park, on the other hand, none of these exercises are provided for or permitted, except that the boys of the public schools are given the use on holidays of certain large spaces for ball playing. It is considered that the advantage to individuals which would be gained in providing for them would not compensate for the general inconvenience and expense they would cause.

I do not propose to discuss this part of the subject at present, as it is only necessary to my immediate purpose to point out that if recreations requiring spaces to be given up to the use of a comparatively small number, are not considered essential, numerous small grounds so distributed through a large town that some one of them could be easily reached by a short walk from every house, would be more desirable than a single area of great extent, however rich in landscape attractions it might be. Especially would this be the case if the numerous local grounds were connected and supplemented by a series of trunk roads or boulevards such as has already been suggested.

Proceeding to the consideration of receptive recreations, it is necessary to ask you to adopt and bear in mind a further subdivision, under two heads, according to the degree in which the average enjoyment is greater when a large congregation assembles for a purpose of receptive recreation, or when the number coming together is small and the circumstances are favorable to the exercise of personal friendliness.

The first I shall term gregarious; the second, neighborly. Remembering that the immediate matter in hand is a study of fitting accommodations, you will, I trust, see the practical necessity of this classification.

Purely gregarious recreation seems to be generally looked upon in New England society as childish and savage, because, I suppose, there is so little of what we call intellectual gratification in it. We are inclined to engage in it indirectly, furtively, and with complication. Yet there are certain forms of recreation, a large share of the attraction of which must, I think, lie in the gratification of the gregarious inclination, and which, with those who can afford to indulge in them, are so popular as to establish the importance of the requirement.

If I ask myself where I have experienced the most complete gratification of this instinct in public and out of doors, among trees, I find that it has been in the promenade of the Champs Elysées. As closely following it I should name other promenades of Europe, and our own upon the New York parks. I have studiously watched the latter for several years. I have several times seen fifty thousand people participating in them; and the more I have seen of them, the more highly have I been led to estimate their value as means of counteracting the evils of town life.

Consider that the New York Park and the Brooklyn Park are the only Places in those associated cities where, in this eighteen hundred and seventieth year after Christ, you will find a body of Christians coming together, and with an evident glee in the prospect of coming together, all classes largely represented

with a common purpose, not at all intellectual, competitive with none, disposing to jealousy and spiritual or intellectual pride toward none, each individual adding by his mere presence to the please of all others, all helping to the greater happiness of each. You may thus often see vast numbers of persons brought closely together, poor and rich, young and old, Jew and Gentile. I have seen a hundred thousand thus congregated, and I assure you that though there have been not a few that seemed a little dazed, as if they did not quite understand it, and were, perhaps, a little ashamed of it, I have looked studiously but vainly among them for a single face completely unsympathetic with the prevailing expression of good nature and light-heartedness.

Is it doubtful that it does men good to come together in this way in pure air and under the light of heaven, or that it must have an influence directly counteractive to that of the ordinary hard, hustling working hours of town life?

You will agree with me, I am sure, that it is not, and that opportunity, convenient, attractive opportunity, for such congregation is a very good thing to provide for, in planning the extension of a town. (...)

I have next to see what opportunities are wanted to induce people to engage in what I have termed neighborly receptive recreations, under conditions which shall be highly counteractive to the prevailing bias to degeneration and demoralization in large towns. To make clearer what I mean, I need an illustration which I find in a familiar domestic gathering, where the prattle of the children mingles with the easy conversation of the more sedate, the bodily requirements satisfied with good cheer, fresh air, agreeable light, moderate temperature, snug shelter, and furniture and decorations adapted to please the eye, without calling for profound admiration on the one hand, or tending to fatigue or disgust on the other. The circumstances are all favorable to a pleasurable wakefulness of the mind without stimulating exertion; and the close relation of family life, the association of children, of mothers, of lovers, or those who may be lovers, stimulate and keep alive the more tender sympathies, and give play to faculties such as may be dormant in business or on the promenade; while at the same time the cares of providing in detail for all the wants of the family, guidance, instruction, reproof, and the dutiful reception of guidance, instruction, and reproof, are, as matters of conscious exertion, as far as possible laid aside.

There is an instinctive inclination to this social, neighborly, unexertive form of recreation among all of us. In one way or another it is sure to be constantly operating upon those millions on millions of men and women who are to pass their lives within a few miles of where we now stand. To what extent it shall operate so as to develop health and virtue, will, on many occasions, be simply a question of opportunity and inducement. And this question is one for the determination of which for a thousand years we here to-day are largely responsible. (...)

Consider how often you see young men in knots of perhaps half a dozen in lounging attitudes rudely obstructing the sidewalks, chiefly led in their little conversation by the suggestions given to their minds by what or whom they may see passing in the street, men, women, or children, whom they do not know, and for whom they have no respect or sympathy. There is nothing among them or about them which is adapted to bring into play a spark of admiration, of delicacy,

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manliness, or tenderness. You see them presently descend in search of physical comfort to a brilliantly lighted basement, where they find others of their sort, see, hear, smell, drink, and eat all manner of vile things.

Whether on the curb-stones or in the dram-shops, these young men are all under the influence of the same impulse which some satisfy about the tea-table with neighbors and wives and mothers and children, and all things clean and wholesome, softening and refining.

If the great city to arise here is to be laid out little by little, and chiefly to suit the views of land-owners, acting only individually, and thinking only of how what they do is to affect the value in the next week or the next year of the few lots that each may hold at the time, the opportunities of so obeying this inclination as at the same time to give the lungs a bath of pure sunny air, to give the mind a suggestion of rest from the devouring eagerness and intellectual strife of town life, will always be few to any, to many will amount to nothing.

But is it possible to make public provision for recreation of this class, essentially domestic and secluded as it is?

It is a question which can, of course, be conclusively answered only from experience. And from experience in some slight degree I shall answer it. (...)

There will be room enough in the Brooklyn Park, when it is I finished, for several thousand little family and neighborly parties to bivouac at frequent intervals through the summer, without discommoding one another, or interfering with any other purpose, to say nothing of those who can be drawn out to make a day of it, as many thousand were last year. (...)

When the arrangements are complete, I see no reason why thousands should not come every day where hundreds come now to use them; and if so, who can measure the value, generation after generation, of such provisions for recreation to the overwrought, much confined people of the great town that is to be?

For this purpose neither of the forms of ground we have heretofore considered are at all suitable. We want a ground to which people may easily go after their day's work is done, and where they may stroll for an hour, seeing, hearing, and feeling nothing of the bustle and jar of the streets, where they shall, in effect, find the city put far away from them. We want, especially, the greatest possible contrast with the restraining and confining conditions of the town, those conditions which compel us to walk circumspectly, watchfully, jealously, which compel us to look closely upon others without sympathy. Practically, what we most want is a simple, broad, open space of clean greensward, with sufficient play of surface and a sufficient number of trees about it to supply a variety of light and shade. This we want as a central feature, We want depth of wood enough about it not only for comfort in hot weather, but to completely shut out the city from our landscapes.

The word *park*, in town nomenclature, should, I think, be reserved for grounds of the character and purpose thus described.

Not only as being the most valuable of all possible forms of public places, but regarded simply as a large space which will seriously interrupt crosstown communication wherever it occurs, the question of the site and bounds of

the park requires to be determined with much more deliberation and art than is often secured for any problem of distant and extended municipal interests.

A Promenade may, with great advantage, be carried along the outer part of the surrounding groves of a park; and it will do no harm if here and there a broad opening among the trees discloses its open landscapes to those upon the promenade. But recollect that the object of the latter for the time being should be to see congregated human life under glorious and necessarily artificial conditions, and the natural landscape is not essential to them; though there is no more beautiful picture, and none can be more pleasing incidentally to the gregarious purpose, than that of beautiful meadows, over which clusters of level-armed sheltering trees cast broad shadows, and upon which are scattered dainty cows and flocks of black-faced sheep, while men, women, and children are seen sitting here and there, forming groups in the shade, or moving in and out among the woody points and bays.

It may be inferred from what I have said, that very rugged ground, abrupt eminences, and what is technically called picturesque in distinction from merely beautiful or simply pleasing scenery, is not the most desirable for a town park. Decidedly not in my opinion. The park should, as far as possible, complement the town. Openness is the one thing you cannot get in buildings. Picturesqueness you can get. Let your buildings be as picturesque as your artists can make them. This is the beauty of a town. Consequently, the beauty of the park should be the other. It should be the beauty of the fields, the meadow, the prairie, of the green pastures, and the still waters. What we want to gain is tranquility and rest to the mind.