

# **Bone regeneration mediated by a bioactive and biodegradable ECM-like hydrogel based on elastin-like recombinamers**

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## **Abstract**

The morbidity of bone fractures and defects is steadily increasing due to changes in the age pyramid. As such, novel biomaterials that are able to promote the healing and regeneration of injured bones are needed in order to overcome the limitations of auto-, allo-, and xenografts, while providing a ready-to-use product that may help to minimize surgical invasiveness and duration. In this regard, recombinant biomaterials, such as elastin-like recombinamers (ELRs), are very promising as their design can be tailored by genetic engineering, thus allowing scalable production and batch-to-batch consistency, amongst others. Furthermore, they can self-assemble into physically cross-linked hydrogels above a certain transition temperature, in this case body temperature, but are injectable below this temperature, thereby markedly reducing surgical invasiveness. Herein we have developed two bioactive hydrogel-forming ELRs, one including the osteogenic and osteoinductive BMP-2 and the other the RGD cell-adhesion motif. The combination of these two novel ELRs results in a BMP-2-loaded extracellular matrix-like hydrogel. Moreover, elastase-sensitive domains were included in both ELR molecules,

thereby conferring biodegradation as a result of enzymatic cleavage and avoiding the need for scaffold removal after bone regeneration. Both ELRs and their combination showed excellent cytocompatibility, and the culture of cells on RGD-containing ELRs resulted in optimal cell adhesion. In addition, hydrogels based on a mixture of both ELRs were implanted in a pilot study involving a femoral bone injury model in New Zealand White rabbits, showing complete regeneration in six out of seven cases, with the other showing partial closure of the defect. Moreover, bone neo-formation was confirmed using different techniques, such as radiography, computed tomography and histology. This hydrogel system therefore displays significant potential in the regeneration of bone defects, promoting self-regeneration by the surrounding tissue with no involvement of stem cells or osteogenic factors other than BMP-2, which is released in a controlled manner by elastase-mediated cleavage from the ELR backbone.

**Keywords:** bone regeneration, elastin-like recombinamers, bioactive hydrogels, BMP-2.

## **Introduction**

It is well known that dental, maxillofacial, and other orthopedic surgeries often require the use of different biomaterials for the treatment of injuries and other diseases through tissue engineering, including osteoporosis (1-6). In addition, changes of the age pyramid towards an older population have led to an increasing number of bone fractures (7-11). Despite the availability of numerous biomaterials for tissue regeneration, autologous bone is usually the first option for the replacement of injured bone tissue. However, a large number of different types of biomaterials and bone grafts have been employed to date for the healing of bone defects (12). **These** biomaterials should be: a) osteoinductive, hence promoting stem cell differentiation to osteoblasts, b) osteoconductive, thereby inducing growth of the surrounding healthy bone, and c) osseointegrative, merging with the nearby

bone (13-15). They should also stimulate an optimal cell response and be liable to be replaced by *de novo* formed tissue, acting as a provisional substitute (1, 16, 17).

Engineered biomaterials, in combination with growth factors, have been shown to be an effective approach in bone tissue engineering since they can act both as a scaffold and as a drug-delivery system to promote bone repair and regeneration (18, 19). For instance, the osteoinductive bone morphogenetic protein-2 (BMP-2) (20, 21) has been shown to enhance the formation of bone tissue in situations that lead to bone degradation, such as alcohol dependence (22) and osteometabolic diseases (23). Due to the high cost and rapid release of BMP-2 when placed at the site of injury, it is often associated with carrier matrices that act as drug-delivery systems to increase its half-life and to avoid the adverse effects associated to high doses of BMP-2 (24-27).

**On the other hand,** protein-based recombinant biomaterials, such as resilin-, silk-, collagen- and elastin-like polypeptides, have been developed over the last few decades with the aim of improving the features of traditional biomaterials in terms of ease of design and synthesis, biocompatibility and bioactivity (28). As an example, elastin-like recombinamers (ELRs), thus named due to their polymeric and recombinant nature (29), have been shown to be a potential tool for the development of biomedical devices for regenerative medicine due to their thermosensitivity. This smart behavior is a result of their composition, which is based on repetitions of the Val-Pro-Gly-X-Gly (VPGXG) pentapeptide, in which X (guest residue) is any amino acid except L-proline. Moreover, it is characterized by a transition temperature ( $T_t$ ) which itself depends on the polarity of the side chain in the guest residue. Thus, in an aqueous medium, the ELR chains remain soluble below their  $T_t$  while above that  $T_t$  (e.g. physiologic temperature) the ELR self-assembles hydrophobically, undergoing a phase transition (30). In this study, two different ELRs **have been developed,** based on a previously described hydrogel-forming

ELR (31). Taking advantage of the recombinant nature of these biomolecules, one of the novel ELRs designed in this work has been genetically engineered to include Arg-Gly-Asp (RGD) motifs to enhance cell adhesion via cell-membrane integrins (32), whereas the other ELR was designed to include BMP-2. Both ELRs also contain elastase-sensitive domains resulting from repetition of the VGVAPG hexapeptide (33) to improve the enzymatic biodegradability of the biomaterial.

In order to study the potential of these novel ELRs in bone regeneration, we have used a previously developed model of femoral bone injury (FBI) in New Zealand White rabbits. This involves the creation of a defect 6 mm in diameter in a femoral condyle 8 mm in diameter (34, 35). This animal model allows the study of the defect by computed tomography (CT) and by radiological studies given the size of the bone.

The aim of this work was to evaluate whether novel bioactive ELRs are cytocompatible and degradable, while being able to form extracellular matrix (ECM)-like hydrogels and promoting bone regeneration after implantation into an FBI in rabbits, as a preliminary step for their use in humans. For this purpose, the cytocompatibility and biodegradation ability were assessed *in vitro*, and a highly reproducible model was subsequently used to carry out a pilot *in vivo* study.

## **Materials and methods**

### *Ethical approval*

Experimental procedures regarding the use of animals were approved by the Bioethics Committee of Rosario National University (Resolution No. 150/2015). Its regulations include well-established guidelines for animal care and manipulation to decrease pain and suffering of the animal, according to the 3Rs (replacement, reduction and refinement), and are in accordance with international laws concerning the use of animals.

### *ELR biosynthesis and characterization*

The genetic construction of the ELRs used in this work was performed as described elsewhere (36). Briefly, their DNA sequences were obtained by genetic engineering techniques and cloned into a pET-25b(+) vector for expression in *Escherichia coli*. ELRs were biosynthesized in a 15-L bioreactor and purified by several cooling and heating purification cycles (Inverse Transition Cycling) taking advantage of the ability of these recombinamers to precipitate above their transition temperature. Further centrifugation steps led to a pure product, which was dialyzed against ultra-pure water, filtered through 0.22  $\mu\text{m}$  filters (Nalgene, Thermo Fisher, USA) to obtain a sterile solution, and freeze-dried prior to storage. The ELRs were found to contain less than two endotoxin units (EU)/mg of ELR, as determined using the limulus amebocyte lysate assay with the Endosafe®-PTS system (Charles River Laboratories). This process allowed the production of two different ELRs, both of which were derived from a previously synthesized block co-recombinamer (31). Further information can be obtained in Supplementary Methods (Supplementary Information).

The characterization techniques used included sodium dodecyl sulfate polyacrylamide gel electrophoresis (SDS-PAGE) and matrix-assisted laser desorption/ionization time-of-flight (MALDI-TOF) spectrometry for purity and molecular weight ( $M_w$ ) evaluation compared to the theoretical values of 113,556 Da for ELR-E-RGD and 107,752 Da for ELR-E-BMP-2; differential scanning calorimetry (DSC) to determine the transition temperature; HPLC to determine the amino acid composition of both ELRs (Table S1 and Table S2, Supplementary Information), and nuclear magnetic resonance (NMR) to provide recombinamer fingerprint data (Fig. S3 and S4; Table S3 and Table S4, Supplementary Information). The procedure for the measurement of the mechanical

properties of ELR-based hydrogels is described in Supplementary Methods (Supplementary Information).

#### *Elastase-mediated cleavage of the ELR in solution*

Different quantities (1.2, 1.8 and 2.4 U) of porcine pancreas elastase (4 mg/mL, 6.8 U/mg) (Sigma-Aldrich, USA) were added to solutions of the mixture of both ELRs (98% (w/w) ELR-E-RGD and 2% (w/w) ELR-E-BMP-2) at a final concentration of 1 mg/mL dissolved in ultra-pure water in order to evaluate the biodegradation rate for each quantity of enzyme. The quantity of elastase used was 2000-, 3000- and 4000-times the amount needed to cleave the mixture of ELRs used as substrate in 30 minutes, since preliminary experiments showed that larger quantities than those calculated are required to observe an actual effect of the enzyme *in vitro*. Samples were incubated at 37 °C and collected at various time points (10, 20, 30, 45, 60, 90 and 120 minutes), then stored frozen at –20 °C until further use. A negative control, namely an ELR molecule lacking elastase-sensitive sequences but with the same elastin-like structure as the two ELRs designed for this work (31), was also treated with 1.2 U of elastase for further comparisons. Methods concerning the evaluation of the biodegradation are explained in Supplementary Methods (Supplementary Information).

#### *In vitro cell culture*

Bone marrow derived human mesenchymal stem cells (hMSCs) were extracted and isolated as described elsewhere (37) and were generously provided as a gift by Citospin S.L. (Spain). They were cultured for expansion in DMEM low glucose (1 g/L) (Gibco, USA) supplemented with 10% fetal bovine serum (FBS) (Gibco, USA) and 1% Penicillin/Streptomycin (P/S) (Gibco, USA).

All cells were used at passage 3-5 in subsequent experiments. They were detached from the wells using a Trypsin-EDTA solution (0.25%, Gibco, USA) and counted using a hemacytometer.

#### *Cell viability*

Human MSCs were used to determine the *in vitro* viability using the Calcein AM assay (Molecular Probes, USA) when cultured in DMEM supplemented with 10 mg/mL of the different ELRs or the mixture of them (98% (w/w) ELR-E-RGD and 2% (w/w) ELR-E-BMP-2) for 3 days. This assay was performed in a black, 96-well plate with clear-bottom (Greiner Bio One, USA) according to the manufacturer's instructions and the fluorescence intensity measured at 530 nm using a plate reader (SpectraMax M2e, Molecular Devices, USA). The intensity measured at this wavelength, corresponding to live cells, was then used to calculate cell numbers by using calibration curves obtained with different known quantities of cells (from 1000 to 10,000 cells per well) seeded on 96-well plates 24 h before the measurement. Each condition was performed in triplicate, with four experiments for each (n = 4).

#### *Cell adhesion on ELR-coated tissue culture plates*

96-well plates were used for the coating of different wells with both ELRs separately and combined (98% (w/w) ELR-E-RGD and 2% (w/w) ELR-E-BMP-2). Briefly, a 5 mg/mL solution of the recombinamers in ultra-pure water was placed in the well and allowed to adsorb to the surface for 24 h at 4 °C. The wells were washed twice with 1x PBS (Gibco) and blocked with 1% BSA for 2 h at 37 °C, then rinsed again and, finally, 3000 cells per well were seeded onto the modified surfaces to study cell adhesion after 24 hours. The number of cells in each well was determined using the Calcein AM assay as described above.

### *Dissolution of the ELRs for the in vivo experiments*

A mixture of both ELRs (98% (w/w) ELR-E-RGD and 2% (w/w) ELR-E-BMP-2) was prepared and dissolved in sterile tubes (one per animal) at 300 mg/mL with 1x sterile phosphate buffered saline (PBS) (Gibco, USA) by incubation at 4 °C for 24 h. A 2% (w/w) ELR-E-BMP-2 solution at 300 mg/mL gives a similar amount of BMP-2 in our device ( $5.57 \cdot 10^{-5}$  M) as in INFUSE® Bone Graft ( $5.77 \cdot 10^{-5}$  M, Medtronic, USA) (38). This solution was kept in an ice bath during surgery until implantation.

### *In vivo experiments*

Adult female New Zealand white rabbits (n = 7) with an average weight of 3.5 kg were used for the creation and treatment of bone defects. These animals were kept in individual cages with food (ACA Cooperativas, Argentina) and water *ad libitum*.

Antibiotic prophylaxis, anesthetic treatment and surgical techniques were performed according to a previously described procedure (34, 35). Further details regarding the surgical procedure can be found in Supplementary Methods (Supplementary Information). Three months post-surgery, the animals were euthanized using three doses of anaesthesia, as previously described (34, 39). The femora were then collected to perform different experiments to assess bone regeneration (see below).

### *Multi-slice computed tomography (MSCT)*

Multi-slice computed tomography was performed on the seven right femurs of the rabbits using a Toshiba Alexion apparatus with 16 detectors and a thickness of 0.5 mm. Coronal, sagittal and axial slices were obtained and the images were processed using Alexion Advance Edition software with the Adaptive Iterative Dose Reduction (AIDR 3D) algorithm, thus obtaining the 3D reconstruction for every sample. All images were analyzed together for an optimal comparison.

### *Bone histopathology*

Femoral bone samples were evaluated by way of radiographic studies using a conventional dental X-ray machine with dental occlusal films (Eastman Kodak, USA) to determine the implant position to guide the histological procedures. The femoral epiphysis was cut 4 cm below the metaphysis using a carborundum-disk cutter (Dochem, China) attached to a dental drill under irrigation with distilled water. The implanted area was marked with Indian ink. Two samples were selected for decalcification using modified Morse solution (Okayama University Dental School) and embedded in paraffin following well-established protocols. The samples were serial cut (7  $\mu\text{m}$  thick) using a manual rotary microtome (Micron-Zeiss, Germany), and stained with Hematoxylin & Eosin (H&E). All specimens were examined by light microscopy and evaluated by a single pathologist. Subsequently, another pathologist (certified by the Argentinean Ministry of Health No. 31455) performed an independent review to verify microscopic observations. The reported results reflect the mutually-agreed-upon diagnoses by both pathologists. Photomicrographs were taken from slides of each specimen using a Sony digital camera fitted to an Olympus CH30 microscope with an Olympus stereo zoom SZ51.

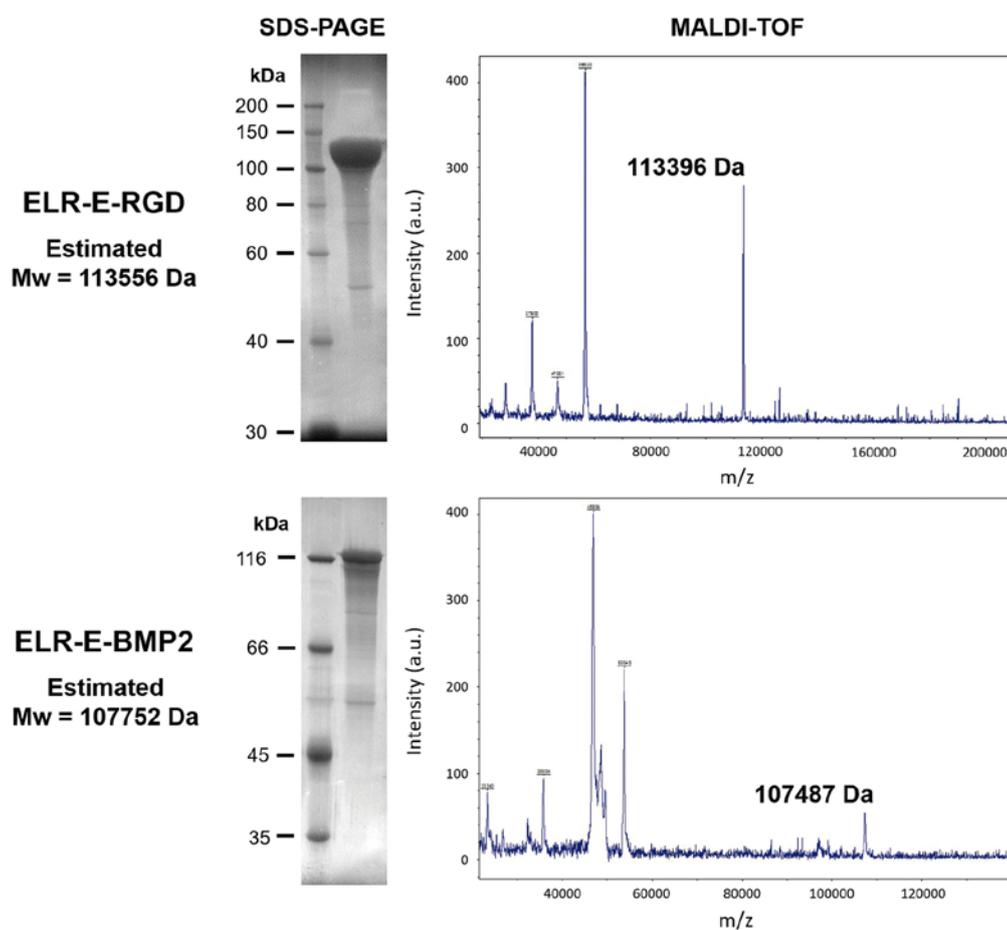
### *Statistical analysis*

Data for the *in vitro* experiments are reported as mean  $\pm$  SD (n = 4). Statistical analysis of data following a normal distribution was performed using a one-way analysis of variance and the Holm–Sidak method. A p-value of less than 0.05 was considered to be statistically significant, while  $p > 0.05$  indicates no significant differences (n.s.d.). (\*)  $p < 0.05$ , (\*\*)  $p < 0.01$ .

## Results

### *ELR Biosynthesis and characterization*

Both ELRs were obtained as a lyophilized product in a yield of approximately 200 mg/L (ELR/culture volume). Their molecular weights and purities were confirmed as satisfactory by SDS-PAGE and MALDI-TOF (Fig. 1), while the  $T_t$  calculated by DSC for the ELRs dissolved in PBS (pH 7.4) was found to be 15.8 °C and 15.3 °C for ELR-E-RGD and ELR-E-BMP-2, respectively (Fig. S2, Supplementary Information).

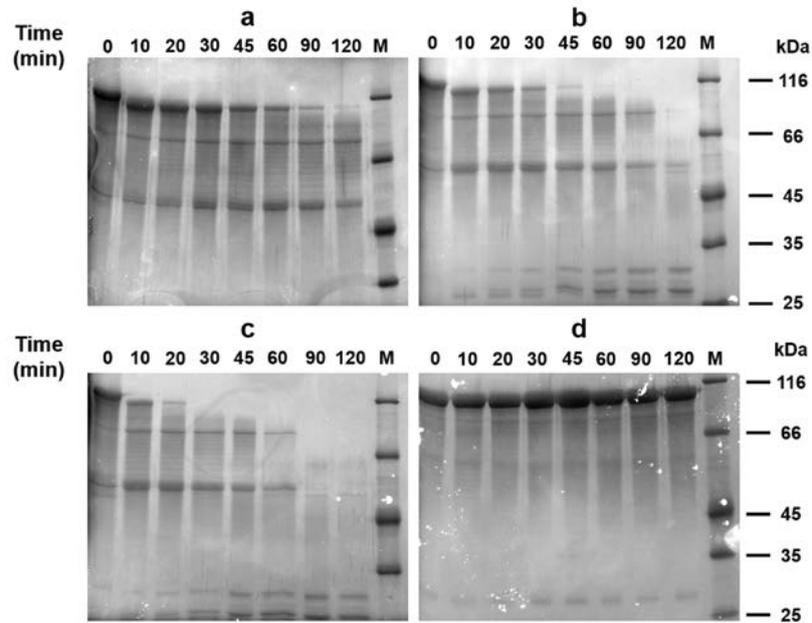


**FIG. 1.** Molecular weight and purity assessment by SDS-PAGE and MALDI-TOF mass spectrometry for ELR-E-RGD and ELR-E-BMP2. MALDI-TOF spectra represent non-quantitative intensity (a.u.) against  $m/z$  (mass divided by net charge of the molecule) of the ELRs.

As regards the mechanical characterization, the storage modulus ( $G'$ ) of the ELR-based hydrogel at a concentration of 300 mg/mL (98% ELR-E-RGD and 2% ELR-E-BMP-2) was found to be approximately 1600 Pa at 37°C (Fig. S5, Supplementary Information). In addition, hydrogels were formed above the  $T_i$ , as observed macroscopically (Fig. S6, Supplementary Information).

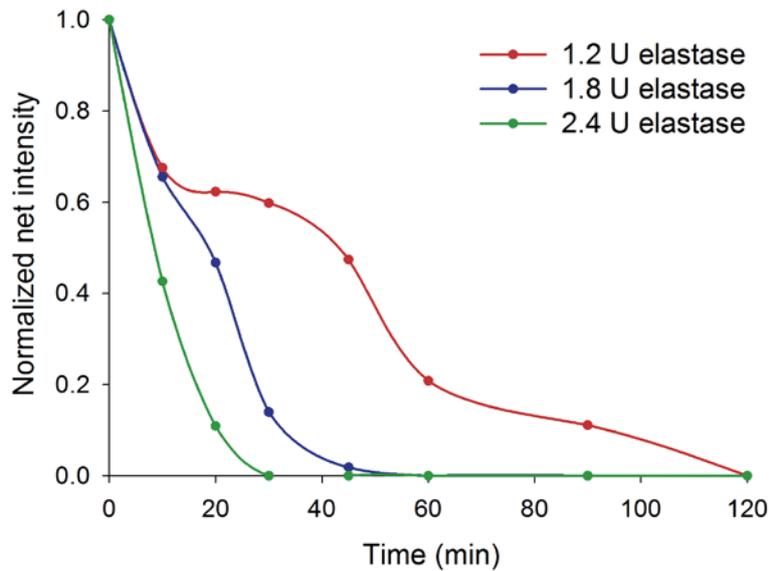
#### *Enzymatic cleavage of ELR molecules by elastase digestion*

Due to the incorporation of elastase-sensitive domains in the ELR molecules designed for this work, we aimed to verify whether elastase was able to cleave these ELRs. Hence, a mixture of them (98% ELR-E-RGD and 2% ELR-E-BMP-2) was dissolved at 1 mg/mL, and ELRs were found to be cleaved *in vitro* in solution when different quantities of elastase were added. As observed in Fig. 2, and as expected, the ELRs are sensitive to the quantity of elastase, therefore biodegradation was slower when only 1.2 U of elastase was added to the ELR solution (Fig. 2a), whereas an increase in the biodegradation rate was observed if 1.8 U (Fig. 2b) or 2.4 U (Fig. 2c) of elastase were supplemented. In contrast, no elastase-mediated cleavage was observed in the negative control at any sample collection time (Fig. 2d).



**FIG. 2.** SDS-PAGE images showing the biodegradation of the mixture of ELR-E-RGD (98%) and ELR-E-BMP-2 (2%) in solution at 1 mg/mL mediated by a) 1.2 U, b) 1.8 U and c) 2.4 U of elastase, at different sample collection times, as indicated above each picture (0, 10, 20, 30, 45, 60, 90 and 120 minutes after addition of the specific quantity of elastase). Picture d) shows the lack of elastase-mediated biodegradation in the case of the non-sensitive ELR. M represents the protein molecular weight marker.

The disappearance of the larger bands at 113.6 and 107.8 kDa was further studied by image analysis, and the results are summarized in Fig. 3. This figure clearly reinforces the statement made above regarding the biodegradation rate, namely that biodegradation is faster as more elastase is added to the solution.

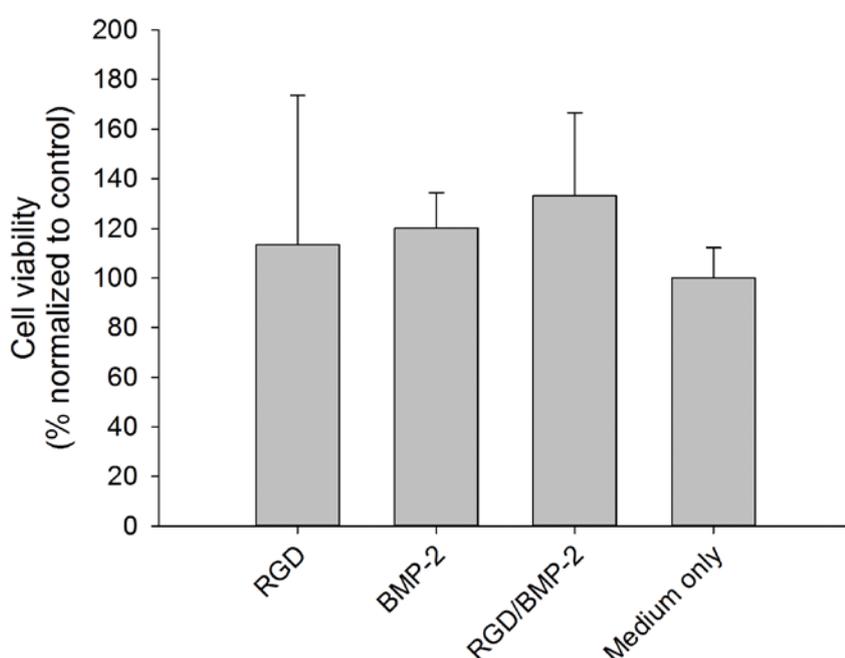


**FIG. 3.** Graph showing the elastase-mediated cleavage rate of the highest molecular weight band with data obtained from analysis of the SDS-PAGE gels from Fig. 2. The net intensity of this double band at 113.6 and 107.8 kDa is represented at different sampling times.

As regards the nascent bands observed by SDS-PAGE (Fig. 2), we expected to obtain bands in three different molecular weight ranges, namely 65.5-66.5, 46.7-48.2, and 12-12.9 kDa, as by-products of ELR-E-RGD/BMP-2 digestion since there are two different elastase-sensitive domains at different points in the ELR-E-BMP-2 molecule. However, the molecular weight of the higher bands was found to be 80.8 and 54.2 kDa, respectively, while the band at 12-12.9 kDa could not be observed due to the limitations of SDS-PAGE in terms of resolution. Nevertheless, these results correlate well with previous studies that reported a 20% increase in the apparent molecular weight for different ELRs (40, 41). As such, we estimated the  $M_w$  plus 20% and the values showed good agreement with those found empirically, with the experimental values for the nascent bands being 80.8 and 54.2 kDa, while the expected values of  $M_w + 20\%$  were 78.6-79.8 and 56.0-57.8, respectively (Table S5, Supplementary Information).

### *hMSCs viability and integrin-mediated cell adhesion*

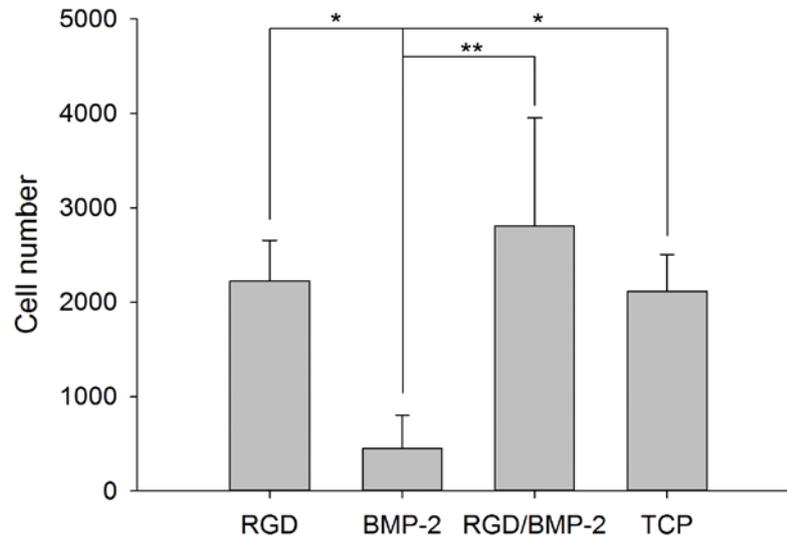
The viability of the cells after culture for 3 days in media supplemented with the ELRs was found to be similar to that for the negative control, i.e. medium without supplementation, as can be observed in Fig. 4. **Since no significant differences were observed, we can conclude that** the ELRs alone, or the mixture thereof, do not affect cell viability.



**FIG. 4.** Graph showing hMSCs viability results after 3 days of culture in terms of cell number as measured using the Calcein AM assay for different ELR supplements in medium at 10 mg/mL: ELR-E-RGD (represented as RGD), ELR-E-BMP-2 (BMP-2), the mixture of both (98% (w/w) ELR-E-RGD and 2% (w/w) ELR-E-BMP-2, RGD/BMP-2) and supplement-free medium (medium only). No significant differences ( $p > 0.05$ ) were found in any case.

Furthermore, the evaluation of cell adhesion in ELR-coated tissue culture plates (TCP) showed good results in the case of ELR-E-RGD and the mixture of both. This finding

was **in agreement with our expectations** since the mixture contains 98% ELR-E-RGD. However, coating only with ELR-E-BMP-2 led to statistically significantly lower levels of attachment due to the lack of cell-adhesion domains in the recombinamer (Fig. 5).



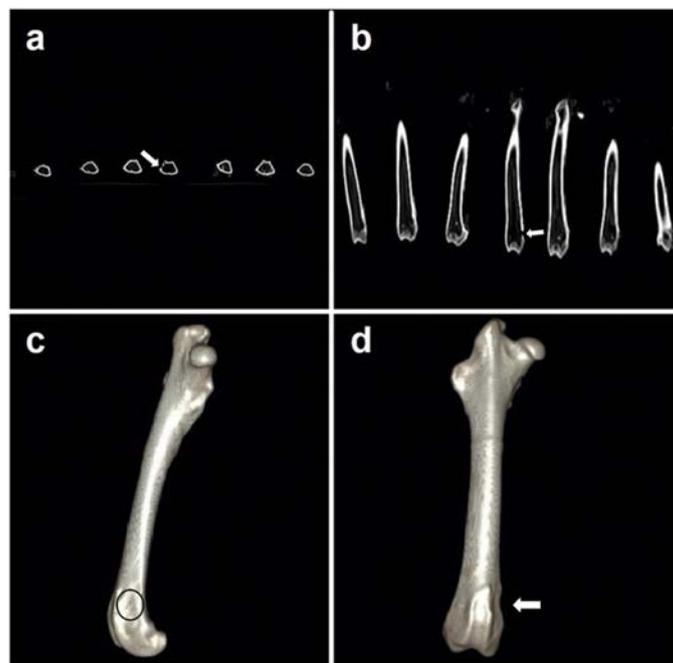
**FIG. 5.** Graph showing the number of hMSCs attached to the ELR-coated well-plates as measured using the Calcein AM assay for different ELR coatings absorbed at 5 mg/mL: ELR-E-RGD (represented as RGD), ELR-E-BMP-2 (BMP-2), the mixture of both (98% (w/w) ELR-E-RGD and 2% (w/w) ELR-E-BMP-2, RGD/BMP-2) and non-coated tissue culture plates (TCP) (n = 4). (\*)  $p < 0.05$ , (\*\*)  $p < 0.01$ .

#### *Biochemical and clinical results*

The welfare of the animals in the first two days post-implantation was slightly affected, with disrupted walking, as expected. After seven days, treated animals behaved similarly to their non-operated control counterparts. The temperature values, food intake and all the biochemical parameters measured were similar between animals from control groups at every time point studied (n.s.d.,  $p > 0.05$ ).

### *MSCT studies*

MSCT studies showed bone healing in the defect area. A closer examination of the distal metaphysis region, in the medial cortical plane, showed total closure of the defect in most of the coronal and sagittal slices for all of the samples analyzed. However, it was possible to identify the persistence of a small defect with a diameter of 1 mm in the medial cortical plane of the lesion site in one of the femora extracted, although only in one coronal slice and two axial ones (Fig. 6a and 6b, white arrow). These results were confirmed by radiological studies (Fig. S7, Supplementary Information).



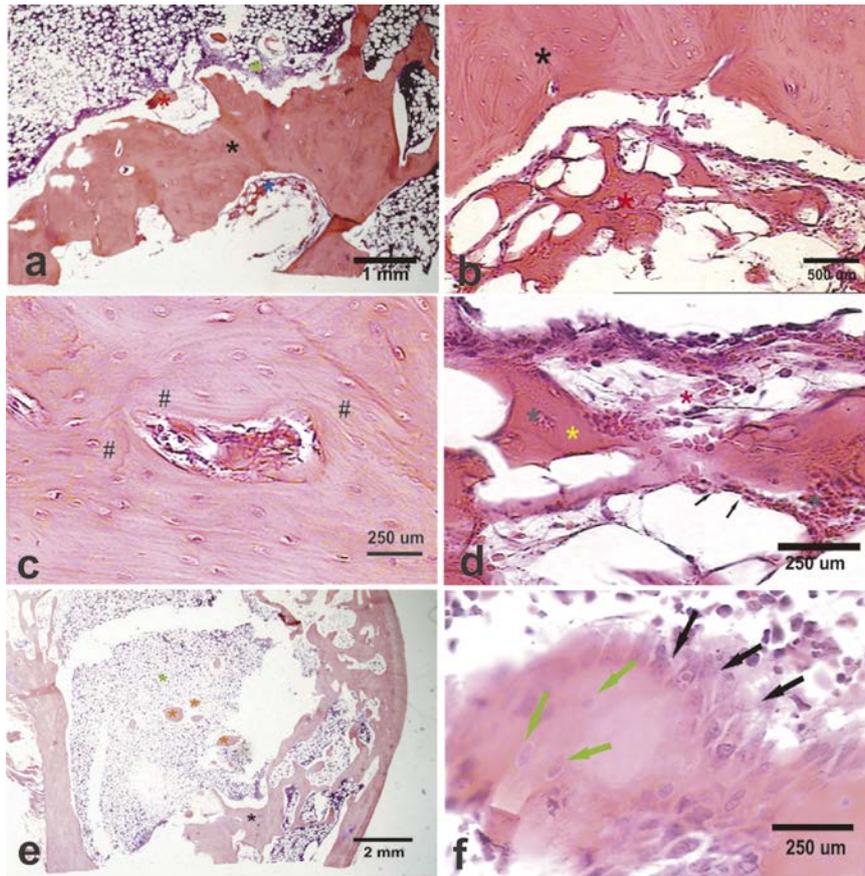
**FIG. 6.** a) Axial computed tomography of right rabbit femora showing full cortical medial regeneration in six out of seven samples. The fourth sample from the left shows persistence in the cortical defect at the injury site (white arrow). b) Axial computed tomography of right rabbit femora showing a coronal slice of the samples. From left to right, in the fourth sample, the persistence of a cortical defect approximately 1 mm in size can be observed in the distal metaphysis (white arrow). c) Medial view of the 3D reconstruction of a rabbit right femur. The restitution of cortical bone at the distal

metaphysis can be observed (black circumference). d) Medial view of the 3D reconstruction of a rabbit right femur. In this case, the sample with the remaining partial defect shows a small hollow with continuity (white arrow).

Bone restitution in the distal femoral metaphysis was also observed in the 3D reconstructions of all samples, and the created defect could not be detected (injury site indicated with a black circle; Fig. 6c), even in the case of the sample that showed a small defect remaining in the axial and coronal slices. This 3D reconstruction showed a tiny hollow (white arrow), but the processed signal correlates to cortical bone (Fig. 6d).

#### *Histopathology results*

The histological analytical results obtained for experimental samples showed *de novo* bone formation in the experimental femoral injury (EFI) region. The new bone formed was thick and comprised lamellar bone. In addition, it showed numerous vascular channels of different calibers and was surrounded by various osteoblast layers (Fig. 7a). Each bone layer was deposited on the remaining ELR hydrogel in a disorganized fashion (Fig. 7b), resembling pagetoid-like bone (Fig. 7c), in which cellular activity produces a mosaic pattern rather than the normal linear lamellar pattern.



**FIG. 7.** Microphotographs taken from decalcified femoral bone sections stained with hematoxylin and eosin. a) Thick lamellar bone showing numerous vascular blood channels (black asterisk), remnants of the ELR hydrogel (blue asterisk), hematopoietic bone marrow and osteoblast layers (green asterisk) are observed in the EFI region. Magnification 46.6x, bar = 1 mm. b) The high magnification images show the interface between new lamellar bone (black asterisk) and the ELR hydrogel (red asterisk), with a network aspect acting as a guide for cells. Magnification 233.4x, bar = 500  $\mu\text{m}$ . c) At high magnification, a few vascular channels are observed in new lamellar bone at the EFI. Each layer of bone is deposited in the form of a “mosaic pattern”, resembling pagetoid-like bone. Magnification 700.2x, bar= 250  $\mu\text{m}$ . d) At high magnification the ELR hydrogel shows mineralized amorphous regions surrounded by osteoblast-like cells (black arrows). Micro-hemorrhage (red asterisk) and congestive vessels (grey asterisk) are also observed. Magnification 700.2x bar= 250  $\mu\text{m}$ . e) At low magnification, a

panoramic microphotography of the femoral epiphysis and metaphysis shows new bone formed in the EFI region (black asterisk). This bone is surrounded by hematopoietic bone marrow (green asterisk) with a few trabeculae (orange asterisk). Magnification 80x, bar = 2 mm. f) A few bone nodules surrounding the EFI region are lined by several layers of prominent osteoblasts (black arrows). Osteocytes (green arrows) are observed inside a nodule. Magnification 700.2x, bar = 250  $\mu\text{m}$ .

Remnants of non-biodegraded ELR hydrogels were observed inside the EFI center, showing a network or mesh shape and surrounded by micro-hemorrhages and congestive vessels. Rounded, triangular, rhomboid or even amorphous structures were found inside the network, showing an eosinophil, granular and mineralized pattern. These mineralized structures were surrounded by osteoblast-like cells, with osteocyte-like cells being found inside them, and angiogenesis could also be observed (Fig. 7d).

Hematopoietic bone marrow was observed surrounding the newly formed bone in the EFI, with scattered, rounded, nodule-like trabecular bone (Fig. 7e). This new trabecular bone was covered by two, three or even more layers of prominent osteoblasts. Osteocyte cells were observed in the inner region, (Fig. 7f). Furthermore, several congestive vessels were observed close to each trabecula.

## **Discussion**

In order to address the main aim of this work, namely the regeneration of a femoral bone injury (FBI) in three-year-old female New Zealand white rabbits, two different bioactive ELRs have been developed and characterized to meet the requirements of novel biomaterials commonly used for that purpose. These novel ELRs were specifically designed to be osteoinductive, by fusing BMP-2 to one of them, and osteoconductive, by fusing RGD domains that promote cell adhesion, thus allowing surrounding cells to

interact with the hydrogel and possibly promote bone formation even from inside the scaffold.

Initially it was shown that the  $T_g$  is lower than body temperature, which may permit the formation of hydrogels once the ELR solution is injected into the body. In addition, this  $T_g$  is similar to that described previously for the non-bioactive ELR, which was found to be 13.0 °C (42), although an increase of 2.8 and 2.3 °C was observed for ELR-E-RGD and ELR-E-BMP-2, respectively. This can be explained by the lower hydrophobicity of the ELR molecule when other, more hydrophilic peptides or proteins containing charged residues are fused to it (43, 44).

As regards the rheological data, although this system is intended to be used for bone regeneration and the storage modulus is very low in comparison with bone tissue, this hydrogel was designed to be able to promote cell invasion and proliferation inside itself, acting as a temporary soft tissue that promotes optimal regeneration in a manner whereby the implanted scaffold is substituted by host tissue. As such, although it may not be useful on its own for treating large bone defects, it has been shown to be very suitable in the FBI model used in this work since the hydrogel remains free from significant mechanical stress (45).

Biodegradation of the ELR molecules in solution has been confirmed *in vitro*, thus showing that this process can also be controlled by varying the quantity of elastase used. Although this fails to imitate *in vivo* conditions, it sheds light onto the biodegradation kinetics. The use of elastase-sensitive sequences should also allow the slow release of BMP-2 from the ELR molecule to exert its biological effect. Consequently, the ELR-based hydrogel acts as a drug-delivery system. Despite the fact that there are other examples in which rhBMP-2 and ELRs are combined as an encapsulation system (46),

this approach allows a more efficient production and application by taking advantage of recombinant DNA technology.

The excellent cell adhesion found on surfaces coated with ELR-E-RGD was similar to that obtained in other studies using RGD-containing ELRs (47). As such, this work demonstrates that the inclusion of RGD sequences in the final ELR molecule by genetic-engineering methods promotes cell attachment and therefore provides a more ECM-mimetic environment that is also osteoconductive. ELR-E-BMP-2-coated substrates did not support cell adhesion due to the absence of cell-adhesion motifs in the ELR itself and in BMP-2. With regard to cell viability, the lack of differences between the negative control (medium only) and the media supplemented with the recombinamers is in agreement with previous studies in which a cell-culture medium was supplemented with ELRs (48).

As regards the clinical and biochemical results of the implant process, although initially affected by the surgery *per se*, animal gait recovered rapidly to normal conditions. The lack of change in the biochemical parameters showed that neither the surgical procedure nor the subsequent possible matrix biodegradation had any effect on the animals, thus showing good biocompatibility.

The images obtained in the tomographic study with 3D reconstruction of the samples show promising results since the signal patterns processed in this work are correlated to bone tissue with similar characteristics to the surrounding tissue, with complete closure of the defect being achieved in six out of seven samples. Although a defect approximately 1 mm in diameter was still visible in the remaining animal, this was only the case in three tomographic slices and may simply be a consequence of a lack of time for the regeneration process in this particular animal. However, the bone formed had the same characteristics

as the other samples, therefore it can be concluded that these ELR-based matrices have a high osteogenic potential to reconstitute a bone defect of 6 mm diameter and 6 mm depth *ad integrum* in 90 days, most probably due to fusion of the BMP-2 protein to the ELR, which results in a BMP-2-loaded hydrogel.

The histological analyses showed that the FBI was replaced by dense, new lamellar bone. Although a few remnants of the ELR were observed at 90 days post-implantation, they were surrounded by congestive vessels and dense laminar bone. This supports the accepted knowledge whereby new bone is only formed in the presence of blood irrigation (49). This new bone is arranged randomly, with an irregular arrangement in various different directions, thus suggesting that the ELR-based hydrogels act as a carrier for BMP-2, with osteoprogenitor cells colonizing these hydrogels, depositing osteoid matrix and mineralizing as pagetoid-like bone, probably driven by the network arrangement of the ELR-based hydrogels (50). The new trabeculae obtained show a peculiar shape, as if they were obtained by the confluence of rounded isolated bone formations. The numerous layers of prominent osteoblasts and various shapes observed, which appear to simulate pseudo-stratification, could be a result of the activity of BMP-2 (22, 51, 52).

As observed *in vivo* from the microscopic results, the ELR-based hydrogel was found to be biodegraded as bone formation occurred since the cells involved in this phenomenon were stimulated by the BMP-2 released into the microenvironment, probably slowly enough to allow the differentiation of stem and progenitor cells. As such, in this situation, elastase (MMP-12) secretion by osteoclasts might be increased as a consequence of matrix remodeling due to the formation of *de novo* bone tissue, as suggested before (53). This could lead to degradation of the ELR-based hydrogel, which is sensitive to MMP-12 as a result of inclusion of the VPVAPG sequence, as described previously (54). **On the other hand, ELRs without cleavable domains are not supposed to be biodegraded. In**

this regard, Sallach *et al.* reported a long-term stability (up to 1 year) of a physically cross-linked ELR-based hydrogel, similar to the one used in our work, when implanted *in vivo* (55). In our case, biodegradation might happen simultaneously with bone regeneration, thus resulting in a resorbable matrix that maintains bone integrity until full regeneration. In addition, the peptides resulting from the degradation of VPVAPG have been reported to exhibit a strong cell-proliferation activity that may promote tissue repair, as described previously (56). Furthermore, RGD sequences provide anchoring points for cells that help them to migrate and proliferate inside the scaffold, thereby promoting self-regeneration of the damaged tissue.

Although several approaches have been developed in the field of tissue engineering, to the best of our knowledge this is the first work describing the use of ELR-based hydrogels for the successful regeneration of a bone defect *in vivo*. Previous examples make use of ELRs in combination with other materials (57, 58), and most of them have only been tested *in vitro*, although with promising results (59). Besides, the ELR-based hydrogel described in this study overcomes different issues regarding the use of biomaterials in bone tissue engineering. For instance, BMP-2 is not only loaded inside the hydrogel, but it is part of it. Hence, there is no need to add this osteogenic factor during the preparation of the scaffold, in contrast to other works (60), reducing its cost. In addition, this acellular system has shown to be able to promote optimal bone regeneration, while other studies report good outcomes only in the presence of mesenchymal stromal cells (61, 62). On the other hand, another acellular scaffold has been described, showing its usefulness in bone regeneration (63). However, this system is not injectable, and thus requires the use of invasive methods for its implantation. Moreover, the adaptation of this scaffold to the shape of the defect depends on the mold used in its development, reducing its versatility.

In conclusion, this work shows that a mixture of the originally designed ELRs is able to self-assemble into an appropriate BMP-2 carrier, namely an **injectable and biodegradable** hydrogel, which allows the slow release of this osteogenic factor, thereby stimulating progenitor and stem cell differentiation and osteoblast proliferation. Furthermore, the resulting ELR-based hydrogels also demonstrated an osteoconductive behavior since they provide an ECM-like environment as a result of the inclusion of RGD sequences. **These two bioactivities (RGD and BMP-2), together with elastase-sensitiveness were easily included in the final ELR molecules in a controlled manner, due to their recombinant nature.** Endogenous cells were able to migrate and proliferate into these hydrogels, thereby favouring bone neo-formation at the femoral injury, as confirmed by computed tomography, radiography and histology.

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No competing financial interests exist.

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