# CARDIO-RESPIRATORY MOTION ESTIMATION FOR COMPRESSED SENSING **RECONSTRUCTION OF FREE-BREATHING 2D CINE MRI**

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#### **Synopsis**

In this work a joint cardio-respiratory motion estimation chniques introduced for the compensation of both the respiratory and cardiac motion of the heart during free-breathing cardiac MRI examinatic 👘 👝 d technique is combined with an extra-dimensional reconstruction scheme in which respiratory and cardiac motions are resolved. Initial results for 2D cine cardiac MRI are presented for synthetic and real data.

#### Introduction

Respiratory motion is still an issue in MRI of the heart c pite the introduc n of Compressed Sensing (CS) techniques<sup>1</sup>, which significantly reduce the time needed for acquisition. Recently, an eXtra-Dim sional (XD) schere has been proposed (XD-GRASP)<sup>2</sup> which sorts k-space data according to both the respiratory and the cardiac phases at which the were were surface and respiratory motions are separated and resolved in the final images. At reconstruction, temporal total (ΓV) along the two pseudo-temporal dimensions defined (respiratory and cardiac phases) is used as sparse domain. Additional spatial TV regularization has been introduced. The following optimization problem results:

$$\operatorname*{minimize}_{\mathbf{m}} rac{1}{2} \| \mathbf{y} - \mathbf{Em} \|_2^2 + \| 
abla_{RC} \mathbf{m} \|_1 + \lambda_s \| 
abla_{xy} \mathbf{m} \|_1$$

where  ${f y}$  is the acquired k-space data,  ${f E}$  the encoding operator (comprising coils sensitivities multiplication and undersampled non-uniform Fourier transform) and  $abla_{RC}$  stands for the temporal finite differences operator along both respiratory and cardiac pseudo-temporal dimensions.

However, in this approach large motion between different cardic espirate / states leads to a reduction of the sparsity of the signal after the application of  $\nabla_{RC}$ . CS based reconstruction methods have bee success ly combined with motion compensation (MC) techniques either to the reconstructed images<sup>4</sup>. These methods have shown \* 'aho acceleration factor, to give rise to better images.

correct for the respiratory motion<sup>3</sup> or to estimate the heart beat otion t oster the sparsity of the dynamic data, hence improving the quality of celeration factors than standard CS methods or alternatively, for a given

In this work, we propose a MC technique to jointly estimate the respiratory and cardiac motions of the heart and we introduce t in a reconstruction scheme, enabling the MC-CS reconstruction of respiratory resolved and MRI. We show initial results for the reconstruction of 2D free-breathing cardiac cine MRI, on both synthetic and real data.

#### Methods

The general procedure is summarized in Figure 1. Data continuously acredited for ired following a Golden Radial trajectory and ECG is recorded for synchronization.

i) Motion estimation: We model the cardio-respiratory motion as the composition of two independent spatial deformations,  $r_{,c}=R\circ\Phi_{c}^{C}$  , where  $\Phi_{r}^{R}$  describes the respiratory deformation and  $\Phi_c^C$  the cardiac notion. Both nodels are based on free-form deformations and a groupwise registration proce ure<sup>4</sup>. In a first step data from each cardiac cycle is merged together. A low temporal resolution sequence results from both the respiratory signal and  $\Phi^R_r$  are estimated. In a second store the XD scheme is applied and cardiac motion is estimated jointly from all the images a diffe ent respiratory states.

ii) MC-CS XD reconstruction: By composing  $\Phi_r^R$  and  $\Phi_c^C$  we define the MC perator  $\Phi_{r,c}^{R,C}$  that, when applied to the dynamic image  $\mathbf{m}$ , deforms it to a common cardio-respiratory configuration. We introduce the specific regularization term of the XD-CS reconstruction problem and solve:

 $\underset{\mathbf{m}}{\operatorname{minimize}} \frac{1}{2} \|\mathbf{y} - \mathbf{E}\mathbf{m}\|_2^2 + \lambda \|\nabla_{RC} \Phi_{r,c}^{R,C} \mathbf{m}\|_1 + \lambda_s \|\nabla_{xy} \mathbf{m}\|_1$ 

iii) Experiments: We first use synthetic data generated with the numerical phantom XCAT<sup>5</sup>. This way, a ground truth is available and the structure similarity index (SSIM) is calculated for quantitative validation. In order to study the sensitivity of the proposed method to errors in the respiratory synchronization, we reconstruct the simulated data using the respiratory signal provided by XCAT and the one estimated from the data.

Secondly, a healthy volunteer was scanned with a 32-element cardiac coil and the described trajectory on a 1.5T Philips scanner during 14 seconds. Other relevant scan parameters include TR/TE/ $\alpha$  = 2.9ms/1.44ms/60°, FOV = 320x320mm<sup>2</sup>, spatial resolution of 2x2mm<sup>2</sup>. Reconstructed images are shown for visual quality assessment.

## **Results and discussion**

In Figure 2 the results obtained from the synthetic data are shown at four respiratory states for systole and diastole. Sharper edges and better contrast between blood and myocardium can be appreciated in the proposed method when compared with XD-GRASP reconstructions, in which no MC is performed. No significant degradation of the image quality is observed when using the respiratory signal estimated from the data for selfnavigation. In Figure 3, the SSIM calculated shows consistent superior performance of the proposed method along the cardiac cycle.

Figure 4 shows the results from the real data at systole (top) and diastole (bottom) for five respiratory states. Less undersampling artifacts and better small papillary muscles delineation are observed when the MC technique is introduced.

## Conclusion

To the best of our knowledge, in this work a joint cardio deprese more d MC technique has been introduced for the first time in a XD CS reconstruction scheme. The results reported show bette perform nce the the non-MC counterpart and robustness against respiratory synchronization errors.

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and introduced in the final MC-XD-CS formulation (f).

Acquisition and reconstruction diagram. Data is continuusly acquired with Golden Radial trajectory (a) with simultaneous ECG recording. The respiratory signal is then generated from the data itself ). The k-space dial is sorted according to its corresponding respiratory and cardiac phase (c) and an initial XD-GRASP reconstruction is performed ( espirator data and a cardiac motion are jointly estimated from this initial reconstruction (e)



Results obtained from the synthetic data at systole (top) and diastole (bottom) when the respiratory signal is known before hand from the numerical phantom (left) and when it is obtained from the data it self. Results obtained with the proposed MC-XD-CS method show better overall quality than the obtained with XD-GRASP.



SSIM calculated on the images in Figure 2 for each cardiac phas The SSI has been averaged along the different respiratory states. The SSI has been averaged along the different respiratory states. The SSI has been averaged along the different respiratory states.

Results obtained from volunteer data. MC-XD-CS images shows ress remaining un ersampling artifacts and better delineation of papillary muscles.

