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Recovering rhamnogalacturonan-I pectin from sugar beet pulp using a sequential ultrasound and microwave-assisted extraction: study on extraction optimization and membrane purification --Manuscript Draft--

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Abstract:	This research focuses on the integrated recovery of rhamnogalacturonan-I (RG-I) pectin from sugar beet pulp (SBP). First, the extraction of RG-I pectin through sequential ultrasound-assisted extraction (UAE) and microwave-assisted extraction (MAE) was assessed. Optimization using a response surface methodology identified the optimal conditions as initial pH 4, 10 minutes of UAE, and 157 °C for MAE, achieving a 66.0% recovery of pectooligosaccharides (POS). Additionally, purification through continuous diafiltration and concentration via ultrafiltration of the POS using membranes with different molecular weight cut-offs (MWCO) was explored. In contrast to previous research using discontinuous diafiltration, the use of continuous diafiltration allowed a decrease in the extract viscosity and obtained higher yields using a higher MWCO membrane. The refined RG-I pectin solids exhibited a high global yield ($39 - 40$ g pectin/100 g SBP), and high-methoxyl characteristics, as well as purity levels ($70 - 80\%$) similar to commercial prebiotics.					



- Efficient RG-I pectin recovery with sequential UAE/MAE and membrane purification.
- Use of short-time UAE decreased MAE time and temperature.
- Optimal recovery of 66.0 % of pectooligosaccharides from sugar beet pulp.
- The 90 % of POS were recovered using continuous DF and UF with 3 kDa MWCO membrane.
- High-purity RG-I pectin with high-methoxyl attributes similar to prebiotics.

2 ultrasound and microwave-assisted extraction: study on extraction optimization and

3 membrane purification

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This research focuses on the integrated recovery of rhamnogalacturonan-I (RG-I) pectin 5 6 from sugar beet pulp (SBP). First, the extraction of RG-I pectin through sequential 7 ultrasound-assisted extraction (UAE) and microwave-assisted extraction (MAE) was 8 assessed. Optimization using a response surface methodology identified the optimal 9 conditions as initial pH 4, 10 minutes of UAE, and 157 °C for MAE, achieving a 66.0 % 10 recovery of pectooligosaccharides (POS). Additionally, purification through continuous 11 diafiltration and concentration via ultrafiltration of the POS using membranes with different 12 molecular weight cut-offs (MWCO) was explored. In contrast to previous research using 13 discontinuous diafiltration, the use of continuous diafiltration allowed a decrease in the 14 extract viscosity and obtained higher yields using a higher MWCO membrane. The refined 15 RG-I pectin solids exhibited a high global yield (39 – 40 g pectin/100 g SBP), and high-16 methoxyl characteristics, as well as purity levels (70 - 80 %) similar to commercial 17 prebiotics.

18 Keywords

19 Pectooligosaccharides, Box-Behnken design, green extraction, ultrafiltration, diafiltration

20 1 Introduction

Pectin is a valuable polysaccharide that can be extracted from various plant sources. It has many applications in the food, pharmaceutical, and biomedical sectors due to its gelling, thickening, stabilizing, and emulsifying properties, as well as its health benefits as a dietary fiber and prebiotic (Chandel et al., 2022). However, pectin is not a homogeneous substance, but rather a complex mixture of different structural elements, such as 26 homogalacturonan (HG), rhamnogalacturonan-I (RG–I), and rhamnogalacturonan-II (RG–II) 27 (del Amo-Mateos et al., 2023). Of these, the RG-I region is a branched pectic domain that 28 consists of a backbone of alternating galacturonic acid (GalA) and rhamnose units, with 29 various side chains of arabinose and galactose (Y. Mao et al., 2019). RG-I is particularly 30 interesting for its potential applications in food and pharmaceutical products, as it can 31 modulate the rheological properties of pectin gels, enhance the stability of emulsions, and 32 exhibit biological activities such as anti-inflammatory, anti-cancer, and immunomodulatory 33 effects (G. Mao et al., 2019). Therefore, recovering pectin from plant sources and 34 optimizing the extraction methods to preserve the RG-I structure are important research 35 topics that can lead to the development of novel and functional pectin-based products such 36 as pectooligosaccharides (POS). POS are known for their potential prebiotic properties with 37 a superior ability to regulate the human intestine microbiota (Y. Mao et al., 2019). 38 Pectin is extracted mainly from citrus and apple fruits due to the composition (Chandel et

al., 2022). However, using waste or by-products can enhance the industry's sustainability
and feasibility. Sugar beet pulp (SBP), a by-product generated after sugar extraction, has a
global production of approximately 120 million tons (90 % humidity) (Bonnin et al., 2009).
SBP is a fibrous material rich in cellulose, hemicellulose, and pectin, with a predominant
presence of RG–I pectin (Y. Mao et al., 2019). Due to its availability and price, it has been
used for low-value applications such as animal feed, while SBP stands as a valuable raw
material for RG–I pectin extraction.

Extracting RG–I pectin is challenging, as conventional extraction of HG pectin using
acidic hot solutions (pH 1.5 – 3, 60 – 100 °C) over several hours is ineffective (G. Mao et
al., 2019). Under these conditions, the side chains present in the hairy region are degraded.
Moreover, commercial extraction requires large amounts of solvent and high energy and
water consumption (Chandel et al., 2022). Emerging technologies such as ultrasound and

51 microwave-assisted extraction have received research attention to address the52 conventional extraction limitations.

53 Ultrasound-assisted extraction (UAE), a non-thermal extraction method, utilizes high-54 frequency sound waves to create cavitation bubbles that disrupt plant tissues. Thus, the 55 solvent can easily penetrate the cells and facilitate pectin release. Previous research 56 employed UAE for pectin recovery from waste grapefruit peel using HCI (pH 1.5) as solvent obtaining a yield of 23.49 % with an RG-I content of 38.31 % (Wang et al., 2017). 57 58 Microwave-assisted extraction (MAE), a thermal extraction technique, employs 59 electromagnetic waves to heat the sample rapidly, promoting the breakdown of cell walls 60 and the release of pectin (Marić et al., 2018). Some advantages of MAE over conventional 61 heating are homogeneous energy dispersion and fast heating. MAE has been studied for 62 pectin extraction from SBP under alkaline conditions (pH 13) at 90 °C for 120 min achieving 63 a yield of 23.4 % rich in sugars (60.09 %) (Y. Mao et al., 2019).

64 A growing research interest is integrating ultrasound and microwave-assisted extraction 65 (UMAE) to combine their advantages. This hybrid approach can accelerate extraction and minimize energy consumption, resulting in higher pectin yields and enhanced guality 66 67 (Gharibzahedi et al., 2019). Based on their mechanism extraction, the sequential use of 68 UAE followed by MAE may reduce MAE operation times and temperatures, thereby 69 minimizing RG-I pectin degradation and energy consumption (Liew et al., 2016). 70 Consequently, the combination of these emerging technologies offers a promising path 71 forward for the efficient and sustainable production of RG-I pectin. Gharibzahedi et al. 72 (2019) compared the acidic hot water and sequential UMAE extraction method for pectin 73 recovery from fig skin increasing the yield from 6.05 % to 13.97 %. Liew et al. (2016) 74 compared MAE, UAE, sequential UMAE and microwave-ultrasound extraction of pectin 75 from pomelo peels achieving the highest yield using UMAE (36.33 %) and the lowest with

76 UAE (14.25 %). However, to the best of the author's knowledge, RG-I region extraction has 77 not previously been reported using the combination of these emerging technologies. 78 After pectin extraction, a purification method is essential to remove impurities that may 79 be present in the extract. Diafiltration (DF) and ultrafiltration (UF) are promising options due to their cost-effectiveness, scalability, and low energy and solvent requirements (Ramos-80 81 Andrés et al., 2021). However, pectin extracts are complex and can lead to membrane fouling, reducing the permeate flux (Jin et al., 2022). Some research studies have applied 82 83 membrane processes to purify pectin by discontinuous DF (Gómez et al., 2013; Ramos-84 Andrés et al., 2021). Continuous DF can mitigate membrane fouling by reducing the feed 85 solution's viscosity, while subsequent UF processes can be employed to concentrate the 86 extract.

87 This study develops an integrated process for RG-I pectin extraction from SBP through sequential UMAE and a purification process of the extract obtained by continuous DF and 88 89 UF. The extraction process of RG-I pectin employing sequential UAE an MAE was 90 optimized using a Box-Behnken design. The purification of the optimized extract based on a continuous DF and UF process was assessed and, to that end, the comparison of the 91 92 performance of membranes with different MWCO, according to compound recovery and 93 membrane fouling, was carried out. The characterization of the RG-I pectin-rich solids 94 obtained was studied in terms of composition, molecular weight, degree of esterification 95 and the chemical structure of the surface. To the best of author's knowledge, this is the first work proposing an integrated process using sequential UMAE and subsequent purification 96 97 by a continuous DF and UF membrane process, with promising results for the recovery of 98 RG-I pectin, with potential prebiotic applications, from SBP. This research proposes a 99 significant advance in the development of efficient technologies for POS recovery from a

100 byproduct, which is in line with the sustainable development goal 12: Ensure sustainable

101 consumption and production patterns and goal 7: Affordable and clean energy.

102 2 Materials and methods

103 2.1 Raw material

104 AB Azucarera Iberia kindly supplied SBP, which was washed, dried at 60 °C and ground

- 105 (particle size < 1 mm) before use.
- 106 2.2 Sequential UMAE for RG–I pectin extraction

107 Pectin from SBP was extracted using a two-step approach involving UAE followed by

108 MAE. UAE was conducted in ultrasound equipment with direct sonification (20 kHz)

109 (Hielscher Ultrasound Technology UIP1000hd transducer, Hielscher Ultrasonics GmbH,

110 Germany). Based on previous studies, the amplitude was 90 %, and the operating

111 temperature was 70 °C (Fernández-Delgado et al., 2023). Once the UAE was completed,

112 the mixture was subjected to MAE, performed in a closed microwave-assisted reaction

113 system (Multiwave PRO SOLV reactor 50 Hz with a Rotor type 16HF100, Anton Paar

114 GmbH, Austria, Europe). The slurry from the UAE was placed into vessels made of PTFE-

115 TFM (volume capacity of 100 mL) provided with magnetic stirrers. The temperature and

116 pressure of each vessel were continuously recorded by an infrared sensor, and a

117 temperature/pressure sensor controlled the microwave power (del Amo-Mateos et al.,

118 2022). The MAE operation time was 9.4 min, corresponding to the optimum time extraction

119 previously established for OGalA (del Amo-Mateos et al., 2022).

The SBP and the diluted acid solution, prepared by adjusting the pH using H₂SO₄, were mixed in a solid-to-liquid ratio of 10 % (w/V) (15 g dried SBP and 150 mL diluted acid solution). After the UMAE, the slurry was vacuum filtrated. The solid fraction was dried at 60 °C and weighed for solid recovery determination (g spent solid/g SBP). The liquid was stored at 4 °C for further analysis (monomeric and oligomeric compounds and degradation
products).

126 2.3 Experimental design for RG-I-pectin extraction

To optimize the conditions for RG-I pectin extraction by UMAE, a response surface method with a Box-Behnken design (RSM-BBD) was planned. The parameters selected were extraction pH (X₁, 1 – 4), UAE time (X_2 , 5 –25 min), and MAE temperature (X_3 , 120 – 160 °C).

131 The response variable was the concentration of POS, calculated as the sum of

132 oligogalacturononoides (OGalA), galactooligosaccharides (GalOS),

133 rhamnooligosaccharides (RhaOS) and arabinooligosaccharides (AraOS). Thus, 15

134 experiments (Table 1) were carried out, including three replicates at the center of the

design. The experimental results were analyzed by the software Statgraphics Centurion

136 XVIII. Lastly, three confirmatory runs were performed under the optimal conditions for POS

137 extraction to verify the results obtained by the statistical software.

138 2.4 POS purification and concentration by DF and UF

139 The extract obtained under optimal UMAE conditions was first subjected to dead-end

140 microfiltration through a polyethylene sulfone filter (0.45 μm) to remove larger particles. It

141 was then refined in a two-step membrane process (continuous diafiltration and

142 ultrafiltration) (Fig. 1). The purification process was compared using two membranes with

143 different MWCO: 3 and 5 kDa. The extract was processed in a Labscale tangential flow

144 filtration (TFF) system (Millipore Corporation, United States) using a membrane with a

145 MWCO of 5 kDa (Pellicon XL 5 kDa Biomax membrane, Millipore Corporation) and a

146 Minimate TFF system (Pall Corporation, USA) with a membrane of 3 kDa MWCO (Minimate

147 TFF Capsule with Omega 3K membrane, Pall Corporation). Both membranes were made of

148 polyethersulfone (PES) and had a filtration area of 50 cm². Feed pressure was provided by

149 a peristaltic pump, and retentate pressure was controlled by a regulator. Both feed and 150 retentate pressures were measured by a gauge attached to the feed and retentate streams. 151 The experimental runs were performed at room temperature, the transmembrane pressure (TMP) was set to 1.38.10⁵ Pa, and the solution was continuously stirred with a magnetic 152 153 stirrer. To reduce the viscosity and enhance the removal of impurities and small molecules 154 in the DF step, the extract (150 mL) was diluted with water to a total volume of 500 mL 155 before being subjected to continuous diafiltration. After obtaining a total permeate volume of 156 270 mL, the retentate was subjected to ultrafiltration until the retentate was concentrated up 157 to 2.2 times.

158 The recovery yields of a component i (monosaccharides, oligosaccharides, degradation 159 compounds) in the retentate were calculated using equation 1:

$$Y_i = \frac{C_{R_{UF}i} \cdot V_{R_{UF}}}{C_{0i} \cdot V_0} \cdot 100 \tag{1}$$

where C and V refer to concentration and volume, respectively, and the subscripts R_{UF} to the retentate after the ultrafiltration process, and 0 to the extract obtained under optimal conditions (Fig. 1).

163 The retentates obtained, $R_{UF} - 3$ and $R_{UF} - 5$ (Fig. 1), were analyzed for their 164 monomeric, oligomeric, and degradation compounds content, freeze-dried (Telstar 165 LyoQuest 55) and stored for further analysis.

166 2.5 Model for membrane fouling

167 The permeate flux of particle-free water across the clean membrane is described by168 Darcy's law as:

$$J_w = \frac{\Delta p}{\mu \cdot R_m} \tag{2}$$

169 where J_w is the water permeation flux (m³/(m²·s)), Δp is the TMP (Pa), μ is the viscosity of 170 the water (Pa·s), and R_m is the clean membrane resistance (m⁻¹). 171 The permeate flux during the UF process can be expressed using equations 3 and 4.

$$J = \frac{V_P}{A \cdot t} \tag{3}$$

$$J = \frac{\Delta p}{\mu \cdot R_T} \tag{4}$$

where J is the permeate flux ($m^{3}/(m^{2} \cdot s)$), V_P is the permeate volume (m^{3}), A is the filtration membrane area (m^{2}), t is the filtration time (s), Δp is the TMP (Pa), μ is the viscosity of the sample considered as water (Pa·s), and R_T is the total resistance (m^{-1}). The total resistance (R_T) in a membrane system is the sum of the membrane (R_m) and fouling (R_F) resistances (equation 5):

$$R_T = R_m + R_F \tag{5}$$

177 The total and membrane resistances can be calculated from the sample and water178 permeation flux, respectively.

Hermia models were proposed to describe the flux decline in the tangential-flow UF process. At the beginning of the UF process, the flux depends on membrane resistance, and decreases over time due to membrane fouling. The mechanisms of membrane fouling include pore blocking and cake formation. The linear models for these cases are given by the following equations (Lim and Bai, 2003): membrane resistance-limited (equation 6), pore blocking resistance-limited (equation 7) and cake resistance-limited (equation 8).

$$\frac{1}{J} = \frac{1}{J_0} + K_m \cdot t \tag{6}$$

$$\ln(J) = \ln(J_0) + K_P \cdot t \tag{7}$$

$$\frac{1}{I^2} = \frac{1}{J_0^2} + K_C \cdot t \tag{8}$$

where J is the permeate flux ($m^{3}/(m^{2} \cdot s)$), J₀ is the initial permeate flux ($m^{3}/(m^{2} \cdot s)$), K_m, K_P and K_c are the membrane, pore blocking and cake constants, respectively, and t is the time 187 (s). After fitting the experimental data to the models, J₀ was calculated as the average of
188 the J₀ fit parameter of each model.

189 2.6 Statistical analysis

190 Statistical analysis and RSM-BBD were carried out by the software Statgraphics

191 Centurion XVIII. An ANOVA test was performed to conclude the significant difference or

192 relationship at a confidence level of 95 % (p < 0.05).

193 2.7 Analytical methods

194 2.7.1 SBP characterization

Structural carbohydrates, lignin, ash, and extractive content of SBP were analyzed
according to the Laboratory Analytical Procedures of the National Renewable Energy
Laboratory (NREL) (Sluiter et al., 2008b, 2008a). Protein content was calculated as N×6.25,
N being the Total Kjeldahl Nitrogen (TKN) measured by acid digestion with H₂SO₄ and
distillation (KjelFlex K-360 distillatory, BUCHI, Mexico). The samples were analyzed in
triplicate.

201 2.7.2 Sugar composition, GalA and degradation compounds analysis

202 High-Performance Liquid Chromatography (HPLC) with an Aminex column HPX-87H at 203 60 °C was used to analyze the concentration of sugars (glucose, galactose, rhamnose, and 204 arabinose), galacturonic acid, and degradation compounds (acetic and formic acids, 5-205 (hydroxymethyl)furfural (HMF) and furfural). The system used was a refractive index 206 detector (Waters 2414, USA). The operational conditions were 0.01 N H₂SO₄ as the mobile 207 phase, at a flow rate of 0.6 mL/min, and an injection volume of 20 µL. Total sugars and 208 GalA in the hydrolysates were determined after acid hydrolysis (121°C, 30 min and in a 3 % 209 (v/v) H₂SO₄/ sample ratio). Oligometric compounds were calculated as the difference 210 between total free sugars or GalA after and before acid hydrolysis. The solids, Pectin – 3

- and Pectin 5 (Fig. 1), were dissolved in water (10 g/L) before analysis. All samples were
- 212 filtered through 0.22 μm nylon filters before being analyzed.
- 213 2.7.3 Degree of esterification
- The esterification degree of the Pectin 3 and Pectin 5 were measured according to Gharibzahedi et al. (2019) and calculated using Eq. 9:

Esterification degree (%) =
$$\frac{V_2}{V_1 + V_2} \cdot 100$$
 (9)

where V_1 and V_2 are the volume of 0.1 M NaOH used to titrate the sample for the first and second time, respectively. The analysis was performed in duplicate.

218 2.7.4 Molecular weight distribution of pectins

High-Performance Size Exclusion Chromatography (HPSEC) with an Ultrahydrogel 250 column (Waters, Japan) at 35 °C was used to analyze the molecular weight distribution of the dissolved pectins (10 g/L). The system used was a refractive index detector (Waters 2414, USA). The operational conditions were ultrapure water as the mobile phase at a flow rate of 0.7 mL/min and an injection volume of 50 μ L. Dextran standards from 1 to 670 kDa were used. All samples were filtered through 0.22 μ m nylon filters.

225 2.7.5 Surface structural characterization of pectins

226 Fourier Transform Infrared Spectroscopy (FTIR) analyzed the surface functional groups

of pectins using an FTIR system (Alpha model, with a Platinum ATR single reflection

diamond module, Bruker, USA). The absorbance was measured from 4000 to 400 cm⁻¹.

- 229 3 Results and discussion
- 230 3.1 Characterization of SBP
- 231 The characterization of the SBP determined its composition in dry basis (% wt.):
- 232 galacturonan (17.7 \pm 0.7), glucan (19.7 \pm 0.9), galactan (9.1 \pm 0.4), rhamnan (3.6 \pm 0.1),
- arabinan (16.9 \pm 0.4), protein (10.2 \pm 0.1), extractives in ethanol (5.6 \pm 0.8), extractives in
- water (3.5 ± 0.2) , total lignin $(9.22 \pm 0.12, 58.6 \%$ being the acid soluble lignin), and ash

235 (3.7 ± 0.0) . The characterization was in accordance with previously reported data (Bellido et 236 al., 2015; Martínez et al., 2009). The major polysaccharides present in SBP were glucan 237 (19.7 %) and galacturonan (17.7 %), comprising 37.4 % of the total composition. 238 Galacturonan is a pectic polysaccharide found in plant cell walls. The presence of 239 rhamnan moieties and the high content in arabinan and galactan might indicate that the 240 pectin present in SBP corresponds to the RG-I region. This pectin structure in SBP was 241 also observed by Y. Mao et al. (2019). The RG-I region is made up of rhamnogalacturonan 242 polysaccharide with side chains of neutral sugars such as arabinose and galactose. Thus, 243 the composition of SBP makes it a valuable source of pectin, which finds applications in 244 various industries, such as food, pharmaceutical, and cosmetics (del Amo-Mateos et al., 245 2022). Additionally, there has been interest in the oligosaccharides derived from the RG-I 246 pectin region, as they have shown potential as prebiotics (Prandi et al., 2018).

247 3.2 RG-I pectin extraction from SBP by sequential UMAE

248 The influence of the initial pH solution, UAE time and MAE temperature on POS 249 extraction from SBP by sequential UMAE were appraised by an RSM-BBD (Table 1). Three 250 experiments at the central point (pH 2.5, UAE-t: 15 min; MAE-T: 140 °C) were carried out to 251 estimate the experimental error and evaluate the reproducibility of the extraction process. 252 The extract pH and solid recoveries can be found in Table 1. The MAE temperature was 253 the most significant parameter for solid recovery. The highest solid recoveries were found 254 when the MAE was carried out at 120 °C (Runs 1, 9 and 14). However, the solid recovery of 255 Run 2 (55.4 %) suggests that a low initial pH (pH 1) could enhance biomass solubilization 256 at lower temperatures. The results show that the UAE time did not impact the final extract 257 pH or solid recovery. Degradation compound concentration (see supplementary material) 258 ranges were: 0.0 – 1.3 g formic acid/L, 0.1 – 1.8 g acetic acid/L, 0.0 – 0.7 g furfural/L. HMF 259 was not detected in any run. The highest concentrations were found in Run 7 (1.3 g formic

260 acid/L, 1.8 g acetic acid/L and 0.7 g furfural/L). Moreover, as can be seen from Fig. 2a-e, 261 Run 7 also exhibited the highest monomer concentration accounting for 30.1 g/L (1.9 g 262 galacturonic acid/L; 0.9 g glucose/L; 4.9 g galactose/L; 1.8 g rhamnose/L and 20.6 g 263 arabinose/L). Based on this, the observed high concentration of degradation compounds 264 may be attributed to the degradation of sugars and acetyl groups linked to the 265 oligosaccharides due to the severity of the extraction conditions (pH 1, MAE temperature 266 160 °C). The same tendency was found in the study of oligosaccharides extraction from 267 Robinia pseudoacacia wood by MAE carried out by Pérez-Pérez et al. (2023), where a 268 higher concentration of degradation compounds was obtained under more severe 269 extraction conditions. Furthermore, concentrations exceeding 1 g/L were found for the 270 experimental runs performed at initial pH 1 or MAE temperature of 160 °C (Runs 3, 11, 13, 271 15), suggesting that the UAE time did not influence the concentration of these compounds. 272 POS composition in the extracts can be found in Fig. 2f. The average concentrations at 273 the central point were: 10.3 ± 0.1 g GalA/L, 1.9 ± 0.1 g galactose/L, 1.9 ± 0.1 g rhamnose/L, 274 12.2 ± 0.6 g arabinose/L, 1.0 ± 0.0 g glucose/L, and 25.3 ± 0.9 g POS/L. GalA is the main 275 component of pectin. The OGalA concentration ranged from 7.1 (Run 14) to 10.6 g/L (Run 276 10). On the other hand, the POS concentration ranged from 10.5 (Run 7) to 31.6 g/L (Run 277 3). OGalA and AraOS were the main components of the POS. Nevertheless, the 278 composition of the POS was indeed influenced by the initial pH. The degradation of sugars 279 to their monomeric form was observed in the runs conducted at pH 1 (Runs 2, 7, 10 and 280 13). Consequently, under acidic conditions, the POS composition mainly comprised OGalA. 281 The highest concentration of POS (31.6 g/L) was observed in Run 3, where AraOS 282 comprised 60.1 % of the composition, while OGalA accounted for 24.3 %. The observed 283 composition distribution aligns with previous research findings (del Amo-Mateos et al., 284 2023), where it was also pointed out that higher temperatures during the extraction process

result in more sugar extraction than GalA. The results suggest that the composition of the

- 286 POS is influenced by the pH and MAE temperature. However, no clear relationship was
- found between the extraction of POS and the UAE time.

288 3.3 Optimization of POS extraction from SBP by UMAE

A second-order polynomial equation for the POS concentration was proposed to relate the response with the independent variables (Eq. 10)

$$POS(g/L) = -143.236 - 21.6033 \cdot X_1 + 0.425 \cdot X_2 + 2.423 \cdot X_3 + 0.105 \cdot X_1 \cdot X_2 + 0.221 \cdot X_1$$

$$\cdot X_3 + 1.40 \cdot 10^{-4} X_2 \cdot X_3 - 1.610 \cdot X_1^2 - 0.021 \cdot X_2^2 - 0.010 \cdot X_3^2$$
(10)

291 $R^2 = 0.944; R^2_{adjusted} = 0.844$

where X_1 is the initial pH, X_2 is the UAE time (min) and X_3 the MAE temperature (°C).

The quadratic model exhibited a significant fit to the POS concentration (p < 0.05), indicating that the model significantly impacts the variability of POS extraction. Additionally, the lack of fit test yielded non-significant results (p > 0.05), suggesting that the model adequately captures the observed data. Among the parameters investigated, initial pH and MAE temperature significantly influenced POS extraction at a confidence level of 95 %. However, UAE time did not significantly affect POS extraction (p > 0.05). The response surface graphs are shown in Fig. 3a and 3b.

300 The initial pH had a significant effect on the extraction of POS. Previous studies have 301 demonstrated that extracting pectin under acidic conditions raises HG pectin yields. For 302 instance, Liew et al., (2019) observed increased pectin yield from 3.68 to 36.33 g 303 pectin/100 g pomelo powder when the extraction was conducted at pH 1.8 using UMAE. 304 This increase is attributed to the breakdown of protopectin, an insoluble pectin precursor 305 found in plants, into soluble pectin molecules. Acidic solutions facilitate the hydrolysis of 306 protopectin, resulting in water-soluble pectin molecules. However, as mentioned in section 307 3.2, the use of acid solutions can degrade sugars and consequently reduce the yield of

308 POS extraction. Fig. 3a illustrates the relationship between pH, MAE temperature, and POS 309 concentration. Lower pH values enhance POS extraction at low temperatures. Conversely, 310 at higher temperatures, a pH of 1 resulted in the lowest POS concentration due to the 311 pronounced degradation of sugars caused by the severity of the extraction conditions. 312 The UAE time was assessed to determine its impact on the extraction process. The 313 statistical analysis concluded that the UAE time was insignificant for the model (p > 0.05) in 314 the range tested. Liew et al. (2016) conducted a study on the extraction of pectin using a 315 sequential UMAE approach. As in the current study, their findings indicated that the 316 duration of UAE (12 – 28 min) did not significantly impact the yield of pectin. Fig. 3b depicts 317 the combined effect of the MAE temperature and UAE time on the POS concentration. The 318 graph illustrates that the application of UAE for around 10 – 15 min results in a slight 319 increase in POS concentration when compared to 5 min of application. This suggests that 320 increasing the UAE time from 5 to 10 – 15 min has a modest positive impact on the 321 efficiency extraction of POS. The mechanism of UAE is based on high frequency sound 322 waves that disrupt plant materials through acoustic cavitation. This process generates 323 cavitation bubbles that implode, causing fragmentation, erosion, pore formation, shear 324 forces, and increased absorption. These mechanisms reduce particle size, boost surface 325 area, and enhance solubilization of bioactive compounds in the solvent. UAE also improves 326 water absorption, diffusivity, and swelling index in plant tissues. All these mechanisms 327 collectively led to increase the extraction yield (Kumar et al., 2021).

Finally, the MAE temperature plays a crucial role on POS extraction, with higher temperatures resulting in enhanced extraction of POS as can be observed in Fig. 3. The MAE temperature is evolved in two of MAE mechanisms, the penetration of solvent into the plant matrix and the elution and dissolution of the bioactive compounds. Higher extraction temperature leads to better solvent penetration and diffusivity of the pectin during elution

333 and dissolution into the solvent (Chan et al., 2017). Moreover, particle size is also related to 334 the two mechanisms mentioned above (Chan et al., 2017). The reducing of particle size 335 during UAE due to cavitation, increased the surface area which could enhance the pectin 336 extraction. However, it is important to note that excessively high temperatures can lead to 337 the degradation of pectin and oligosaccharides into smaller molecules, resulting in a loss of 338 their structural integrity and functional properties. Additionally, using a short MAE time (9.4 339 min) could mitigate pectin degradation by reducing exposure to high temperatures, as was 340 found in the study of Liew et al. (2016).

341 Based on the model proposed, the optimal conditions to maximize POS extraction were 342 initial pH 4, 10 min and 157 °C. Three confirmatory runs were carried out under these 343 conditions to validate the model. The composition of the extract obtained under optimal 344 extraction conditions is summarized in Table 2. The t-test concluded that there were no 345 significant differences between the experimental result for POS concentration (32.5 ± 0.5) 346 g/L) and the predicted value of 31.6 g/L (p > 0.05). Thus, a good agreement was 347 established between the model and the experimental results. Under the given optimal 348 conditions, there was a solid recovery of 59.7 \pm 2.5 % and the extract pH was 3.9 \pm 0.1. 349 The recovery of POS in the extract from SBP was 66.0 ± 1.0 %. This yield exceeded the 350 results of previous studies conducted with either MAE or UAE. The POS extraction yield 351 from SBP obtained by hydrothermal MAE (165 °C, 12 min) reached 59.7 % (del Amo-352 Mateos et al., 2022). Additionally, the extract pH was similar in both studies (extract pH ≈ 353 4), suggesting that the higher yield achieved in this study was attributed to the use of 354 sequential UMAE. Furthermore, the results of Fernández-Delgado et al. (2023) focused on 355 GalA extraction from SBP by UAE showed a recovery of around 20 % of total GalA (pH 4, 356 UAE amplitude 90 % and 90 min) compared to the 46.9 ± 2.3 % of OGalA recovered in the 357 current research. The results obtained reveal that the combination of UMAE may be a

suitable technology to enhance POS recovery from SBP. Moreover, energy consumption is
a key factor in the development of new technologies. It seems that the use of UAE for a
short duration before MAE can effectively disrupt the cell walls, leading to higher yields at
lower temperatures and shorter MAE times. Consequently, this approach may have the
potential to decrease energy consumption during the extraction process.

363 3.4 POS purification and concentration

364 During the extraction of RG-I pectin from SBP, other non-targeted compounds, such as 365 monomers, organic acids, or furfural and HMF from pentose and hexose dehydration, can 366 be found in the extracts (Moure et al., 2006). Thus, these small molecules should be 367 removed to increase the purity of the extract. Among the techniques available for pectin 368 purification and concentration, the use of membranes (DF and UF) avoids the use of 369 harmful organic substances, requires little space and is energy efficient (Gómez et al., 370 2013). However, the MWCO is a key parameter to consider when selecting a membrane. 371 The process yield and filtration flux are affected by the MWCO. Higher MWCO leads to 372 higher filtration flux, which means shorter operation times, but a lower process yield, since 373 more targeted molecules can pass through the membrane. 374 This study compared the recovery yield of POS and the filtration flux using two

375 membranes with different MWCO (3 and 5 kDa). Table 2 summarizes the composition of 376 the extract obtained under UMAE optimal conditions, the composition of the retentates, and 377 the yield of the membrane processes calculated using Eq. (1).

In the continuous DF process, the objective was to remove small molecules and refine the extract; while the UF process aimed to clean the small molecules remaining after DF and to concentrate the extract. As shown in Table 2, after the membrane process, the concentration of POS increased in both retentates ($R_{UF} - 3$: 61.2 g/L and $R_{UF} - 5$: 53.5 g/L), indicating a successful concentration. Simultaneously, the monomers and degradation

compounds passed through the membranes and were removed from the retentate. The POS recovery yield was significantly higher in the R_{UF} – 3 retentate than in the R_{UF} – 5. This difference may be attributed to the presence of some small OGalA and AraOS molecules, the major components of POS, which could pass through the membrane of 5 kDa. In both cases, monomers and degradation compounds were effectively removed, as their highest concentration was only 0.1 g/L from the 2.0 g monomers/L and 1.4 g/L of degradation compounds present in the extract.

390 The recovery yields (Table 2) obtained with the membrane process were higher when 391 compared to previous studies. Gómez et al. (2013) refined a pectin extract from lemon peel 392 using a cellulose membrane with an MWCO of 1 kDa through discontinuous DF and UF, 393 reporting recovery yields of 96.1, 59.3 and 79.8 % for OGaIA, AraOS and GaIOS, 394 respectively; whereas, up to the 26.1 % of the monomers remained in the retentate after the 395 membrane process. In contrast, the recovery yields of the oligomers obtained in the current 396 study and the removal of monomers, using an MWCO membrane of 3 kDa, were higher 397 (Gómez et al., 2013). This suggests that using a higher MWCO membrane, such as the 3 398 kDa membrane used in this study, does not result in a loss of targeted compounds and can 399 increase the elimination of small molecules when employing a continuous DF process. The 400 reason for the improved results in the current study could be the viscosity of the feed. In the 401 case of the discontinuous DF process, the viscosity increased due to concentration. A 402 higher viscosity solution could reduce the efficiency of the process (Field and Wu, 2022). 403 Furthermore, the highest recovery yield for OGalA reported by Jin et al. (2022) was 404 approximately 75 % during UF using a PES membrane with an MWCO of 3 kDa. This yield 405 is significantly lower than the value obtained in this research using the same MWCO 406 membrane (3 kDa). The inclusion of the previous DF step in the current study may have 407 contributed to the higher recovery yield of OGalA.

408 Additionally, the change in the permeate flux over time is depicted in Fig. 4a. The trend 409 observed for both membranes is similar, with the permeate flux reaching a steady state 410 after approximately 1.5 hours of operation. However, there was a notable difference in the 411 permeate flux. The permeate flux using the MWCO membrane of 5 kDa was 6.7.10⁻⁶ 412 $m^{3}/(m^{2}\cdot s)$; whereas, for the 3 kDa MWCO membrane, it only reached $1.7 \cdot 10^{-6} m^{3}/(m^{2}\cdot s)$. 413 This discrepancy is an important factor to consider, since the operation time required to 414 refine pectin using the smaller MWCO membrane would be much longer. Similar results 415 were reported in the study of Jin et al. (2022).

416 Fouling is another important parameter that must be considered. The fitting models for 417 membrane fouling have been used (see supplementary material). An R² higher than 0.91 418 was found for the three models for both membranes, confirming the suitability of the fouling 419 models proposed and suggesting that the membrane, pore blocking, and cake formation 420 resistances were limited in the first 1.5 h of operation. During the initial 1.5 hours of UF (Fig. 421 4b), there is a significant contribution of total resistance. The total resistance increased to 422 60.6 % during the UF process using the 3 kDa MWCO membrane, but only 23.7 % using 423 the 5 kDa MWCO membrane. Thus, the fouling resistance was much more pronounced in 424 the case of the 3 kDa MWCO membrane. This trend is consistent with the decline in the 425 permeate flux (Fig. 4a), which was significantly higher, as mentioned above. Based on the 426 calculated constants of the filtration resistance models (equations 6 - 8) (see 427 supplementary material), there is a statistical difference between the constant parameters 428 for the two membranes used. Nevertheless, the difference is notably higher in the case of Kc followed by Km. Thus, the much lower permeate flow observed during operation with the 429 430 3 kDa MWCO membrane could be due to the resistance of the membrane and the cake 431 formation, and somewhat less to the pore blocking.

The findings suggest that the membrane process employed in this study yields better results than previous research, particularly in terms of the recovery yields of the targeted compounds. The inclusion of a continuous DF step in the process likely contributed to achieving higher recovery yields, while efficiently removing the undesired compounds. Additionally, the selection of the appropriate MWCO membrane is crucial, as recovery yields may be compromised due to the lower permeate flux when using a smaller MWCO membrane.

439 3.5 Refined POS characterization

After the membrane process, the refined extracts ($R_{UF} - 3$ and $R_{UF} - 5$) were freezedried. Although alcoholic precipitation is a widely used method for HG pectin recovery from extracts, it is not efficient in recovering RG-I pectin, particularly arabinose (del Amo-Mateos et al., 2022). In contrast, freeze-drying is a commercial technology used for the dehydration of food-grade products (García-Velásquez and van der Meer, 2023) and allows the recovery of all the components present in the extract.

446 The global yield (g pectin/100 g SBP), composition and degree of esterification can be 447 found in Table 3. The global yields were 39.7 and 39.0 % for Pectin – 3 and Pectin – 5, 448 respectively, indicating that the MWCO of the membrane used did not influence the global 449 yield. Both yields were higher than those reported for conventional pectin extraction and/or 450 ethanol precipitation. For instance, Adiletta et al. (2020) reported a pectin yield from SBP of 451 25 % using hot acidic extraction (pH 1.5, 90 °C, 4 h, solid-to-liquid ratio 1:30 g/mL) followed 452 by ethanol precipitation and the yield obtained by Y. Mao et al. (2019) after MAE (90 °C, 453 120 min) and alcohol precipitation was 23.4 %.

454 The highest performance in the membrane process was achieved with the 3 kDa 455 MWCO membrane, resulting in a 90 % recovery of POS. This has resulted in a slightly 456 higher purity of the final pectin solid from $R_{UF} - 3$ (80.2 % POS) as compared to 72.9 %

457 POS in Pectin–5. It is worth noting that the purity of both pectins were in the range of 458 commercial prebiotics. The POS content in pectins was much higher than those reported in 459 previous research (60.9 %), where the extract was not purified before being subjected to 460 freeze-drying (del Amo-Mateos et al., 2023). This result allowed to conclude the suitability 461 of a membrane purification process to increase the content of POS. As in the extract, 462 AraOS was the major component in both pectins, while OGalA accounted for the 22.4 and 463 17.0 % in Pectin – 3 and Pectin – 5, respectively. In both pectins, a small amount of protein 464 was detected, comprising 3.7 % (Pectin – 3) and 4.7 % (Pectin – 5) of the composition. 465 Based on the degree of esterification, pectin can be classified as high methoxyl (HM) and 466 low methoxyl (LM). The degree of esterification was similar in both pectins and can be 467 considered as high-methoxyl pectin (degree of esterification > 50 %), indicating that pectins 468 obtained in this study can form gels at low pH and in the presence of sugars. High-methoxyl 469 pectins are applied as stabilizers, as a rheology modifier, and in sugary products (Abboud et al., 2020). 470

471 The molecular weight distribution curves of the two pectins (see supplementary material) 472 showed a similar pattern, indicating a comparable distribution. Both pectins exhibited a 473 major peak at a molecular weight of 377.4 kDa. Additionally, a secondary peak was 474 observed, with a relatively lower intensity, at a molecular weight of 3.0 kDa in Pectin -3475 and at 4.3 kDa in Pectin -5, suggesting the presence of smaller molecules in the pectins. 476 The surface structure of pectins was analyzed by FTIR for their functional groups in the 477 range of 4000 – 400 cm⁻¹ (see supplementary material). The patterns obtained showed the 478 typical pectin chemical composition (Concha Olmos and Zúñiga Hansen, 2012). The peaks found at 1740 and 1650 – 1680 cm⁻¹ were attributed to the C=O stretching vibration of 479 480 esterified and ionic carboxyl groups, respectively (Jiang et al., 2012). The higher

481 absorbance intensity of the ester carboxyl group corroborated that both pectins belong to482 the high-methoxyl category.

483 3.6 Future perspectives of the integrated process for RG-I pectin recovery: technical and
484 economic considerations

485 A preliminary study of the energy consumption of the sequential UMAE was carried out.

486 The ultrasound and microwave equipment continuously monitored the power consumption.

Thus, the total amount of energy required for each extraction step was calculated accordingto equation 11:

$$Q = \int P(t) \cdot dt \tag{11}$$

where Q is the energy required (kW·h), P is the power dissipated (kW) and t is theextraction time (h).

The total energy consumption to produce 1 g of pectin was 0.02 kW·h for both pectin – 3
and pectin – 5 (see supplementary material). This value was significantly lower compared
to the one obtained by Liew et al. (2019) for conventional extraction (1.05 kW·h). This lower
value may be explained by the much shorter operation time required during sequential
UMAE (10 min UAE and 9.4 min MAE) compared to the one used for conventional
extraction (141.4 min).

497 Previous research has shown the potential prebiotic properties of POS obtained from 498 SBP (Prandi et al., 2018). Traditional pectin extraction methods typically target GalA 499 recovery from the HG region, which has market prices around \$21/kg (Moslemi, 2021). In 500 contrast, the market price range for prebiotics has been reported to be significantly higher, 501 ranging from 120 to 850 €/kg (www.consumerlab.com). Furthermore, the market of 502 prebiotics and pectin were estimated at \$6.0 billion and \$1.5 billion, respectively with an 503 annual growth rate for 2030 of 11 % for prebiotics and 5 % for pectin 504 (www.rearchandmarkets.com). Although a deep economic analysis should be done to

address the viability of the process proposed in this study and consider all the costs
involved, the higher value-added of the products obtained compared to conventional
extracted pectin, the higher yields, shorter operation times, the less amount of solvent
required may lead to a feasible and economically viable process.

509 4 Conclusions

510 This study provides valuable insights into RG-I pectin extraction from SBP, optimizing 511 conditions through sequential UMAE (pH 4, 10 min UAE, 157°C MAE). UAE step for a brief 512 duration reduces the time and temperature required for MAE, resulting in higher POS 513 recoveries (66.0%), surpassing prior studies. Continuous DF reduced extract viscosity, and 514 enhanced yields with higher MWCO membranes. This purification approach yields highly 515 refined POS, with the 3 kDa MWCO membrane resulting in the highest POS concentration 516 and slightly improved global yield. These refined RG-I pectins are suitable for various 517 applications due to their high-methoxyl content, molecular weight, and purity. 518 E-supplementary data for this work can be found in e-version of this paper online. 519 Acknowledgments

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651 Figure captions

- 652 **Figure 1.** Scheme of the sequential UMAE extraction and membrane purification
- 653 Figure 2. RSM-BBD results: composition of the extracts and POS. POS:
- 654 pectooligosaccharides; OGalA: Oligogalacturonoides; GalOS: galactooligosaccharides;
- 655 RhaOS: rhamnooligosaccharides; AraOS: arabinooligosaccharides
- 656 **Figure 3.** Response surface of RSM-BBD: effect of the independent variables on the
- 657 concentration of POS in the extracts
- **Figure 4.** Time courses of permeate flux (J) (a) and total resistance (R_T) (b) during the
- 659 ultrafiltration process

660 Tables

Run	Inc	lependent va	ariab	Extract	Solid recovery				
		X ₁		X ₂		X ₃	рН	(%)	
	X 1	(Initial pH)	X 2	(UAE-t ¹ , min)	X 3	(MAE-T ² , °C)			
1	0	2.5	1	25	-1	120	4.0 ± 0.1	74.0 ± 1.1	
2	-1	1	0	15	-1	120	1.5 ± 0.3	55.4 ± 0.9	
3	1	4	0	15	1	160	3.8 ± 0.1	46.5 ± 1.5	
4	0	2.5	0	15	0	140	3.8 ± 0.2	64.9 ± 1.7	
5	1	4	1	25	0	140	4.0 ± 0.2	58.7 ± 1.2	
6	0	2.5	0	15	0	140	3.8 ± 0.3	62.2 ± 0.9	
7	-1	1	0	15	1	160	1.6 ± 0.2	42.1 ± 0.8	
8	0	2.5	0	15	0	140	3.9 ± 0.1	66.8 ± 0.9	
9	1	4	0	15	-1	120	4.2 ± 0.2	73.4 ± 1.1	
10	-1	1	-1	5	0	140	1.5 ± 0.2	42.3 ± 1.4	
11	0	2.5	1	25	1	160	3.8 ± 0.3	44.9 ± 0.8	
12	1	4	-1	5	0	140	4.0 ± 0.1	62.0 ± 1.2	
13	-1	1	1	25	0	140	1.5 ± 0.2	61.7 ± 1.3	
14	0	2.5	-1	5	-1	120	4.0 ± 0.3	74.1 ± 0.9	
15	0	2.5	-1	5	1	160	4.0 ± 0.2	53.1 ± 1.5	

661	Table	1. RSM-BBD: ex	perimental c	conditions,	pH of extracts	and solid rec	overy
	Run	Independent va	riables			Extract	Solid reco

662 ¹UAE-t: Ultrasound-assisted extraction time; ²MAE-T: Microwave-assisted extraction 663 temperature

Table 2. Composition of the extract obtained under optimal UAE and MAE conditions and
 the composition of the final retentates obtained after the purification membrane processes

	Сог	ncentration (Recovery yield (%)		
	Extract	Ruf – 3	Ruf – 5	Ruf – 3	R∪F – 5
Monomers	2.0 ± 0.0	0.0 ± 0.0	0.1 ± 0.0	0.9	2.8
Degradation compounds ¹	1.4 ± 0.1	0.1 ± 0.0	0.1 ± 0.0	2.4	3.7
OGalA ²	8.8 ± 0.4	18.0 ± 0.7	12.4 ± 0.1	97.5	64.0
GalOS ³	3.9 ± 0.1	7.9 ± 0.4	8.7 ± 0.1	95.7	~100
RhaOS⁴	1.6 ± 0.1	2.9 ± 0.1	3.9 ± 0.0	82.3	~100
AraOS ⁵	18.3 ± 0.3	32.5 ± 1.5	28.6 ± 1.4	84.9	71.2
GIcOS ⁶	0.9 ± 0.0	0.0 ± 0.0	1.4 ± 0.0	0.0	84.4
POS ⁷	32.5 ± 0.4	61.2 ± 2.7	53.5 ± 1.6	90.0	74.6

666	(Ruf –	3, R	uf – 5)). Recover	ry yields	after the	DF/UF	membrane	processes
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¹Degradation compounds: formic acid, acetic acid, HMF and furfural. ²OGaIA:

668 Oligogalacturonoides; ³GalOS: galactooligosaccharides; ⁴RhaOS: rhamnooligosaccharides;

⁵AraOS: arabinooligosaccharides; ⁶GlcOS: glucooligosaccharides; ⁷POS:

670 pectooligosaccharides

671 **Table 3.** Pectin yield, composition, and structural characteristics of final RG-I pectin-rich

	Pectin – 3	Pectin – 5
Yield (%, g pectin/g SBP)	39.7 ± 0.5	39.0 ± 0.3
Degree of esterification (%)	73.4 ± 1.0	69.6 ± 0.9
Composition (%)		
OGalA ¹	22.4 ± 0.1	17.0 ± 0.3
GalOS ²	11.1 ± 0.0	12.0 ± 0.5
RhaOS ³	3.7 ± 0.1	4.4 ± 0.2
AraOS ⁴	43.1 ± 0.0	39.6 ± 1.3
GlcOS ⁵	0.1 ± 0.0	1.2 ± 0.0
POS ⁶	80.2 ± 0.0	72.9 ± 1.9
Protein	3.7 ± 0.2	4.7 ± 0.2

- ¹OGalA: Oligogalacturonoides; ²GalOS: galactooligosaccharides; ³RhaOS:
- ⁶⁷⁴ rhamnooligosaccharides; ⁴AraOS: arabinooligosaccharides; ⁵GlcOS:
- 675 glucooligosaccharides; ⁶POS: pectooligosaccharides

676 Figures









Credit Author Statements

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