

1 A STATE-OF-THE-ART REVIEW ON INDOOR AIR POLLUTION AND THE
2 POTENTIAL OF BIOTECHNOLOGIES FOR INDOOR AIR PURIFICATION

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15

16 **Abstract**

17 Indoor air pollution has traditionally received less attention than outdoors pollution despite
18 indoors pollutant levels are typically twice higher, and people spend 80-90 % of their life in
19 increasing air-tight buildings. More than 5 million people die every year prematurely from
20 illnesses attributable to poor indoor air quality, which also causes multi-millionaire losses due
21 to reduced employee's productivity, material damages and increased health system expenses.
22 Indoor air pollutants include particulate matter, biological pollutants and over 400 different
23 chemical organic and inorganic compounds, whose concentrations are governed by several
24 outdoor and indoor factors. Prevention of pollutant is not always technically feasible, so the
25 implementation of cost-effective active abatement units is required. Up to date no single
26 physical-chemical technology is capable of coping with all indoor air pollutants in a cost-

27 effective manner. This problem requires the use of sequential technology configurations at the
28 expenses of superior capital and operating costs. In addition, the performance of conventional
29 physical-chemical technologies is still limited by the low concentrations, the diversity and the
30 variability of pollutants in indoor environments. In this context, biotechnologies have emerged
31 as a cost-effective and sustainable platform capable of coping with these limitations based on
32 the biocatalytic action of plants, bacteria, fungi and microalgae. Indeed, biological-based
33 purification systems can improve the energy efficiency of buildings, while providing additional
34 aesthetic and psychological benefits. This review critically assessed the state-of-the-art of the
35 indoor air pollution problem and prevention strategies, along with the recent advances in
36 physical-chemical and biological technologies for indoor pollutants abatement.

37

38 **Keywords:** air pollutant; biotechnology; indoor air quality; prevention strategy; physical-
39 chemical technology; volatile organic compound.

40

41 **Highlights:**

- 42 • A state-of-the-art review on the global problem of poor indoor air quality
- 43 • Typology, sources and health risks of the most common indoor pollutants are revised
- 44 • Measures for prevention and abatement of indoor pollutants are carefully examined
- 45 • Evaluation of the performance of traditional physical-chemical methods
- 46 • Assessment of innovative and sustainable systems based on biotechnologies

- 47 **Abbreviation list**
- 48 AC – Activated carbon
- 49 BF – Biofilter
- 50 BTF – Biotrickling filter
- 51 BTEX – Benzene, toluene, ethylbenzene and xylene
- 52 CADR - Clean Air Delivery Rate
- 53 DMS – Dimethyl sulfide
- 54 EBRT – Empty bed residence time
- 55 EPA – Environmental Protection Agency
- 56 ETS – Environmental tobacco smoke
- 57 HCHO – Formaldehyde
- 58 HVAC – Heating, Ventilation and Air Conditioning
- 59 IAQ – Indoor air quality
- 60 IEQ - Indoor Environmental Quality
- 61 LCM – Carbon microspheres
- 62 LCNT – Carbon nanotubes
- 63 MERV – Minimum efficiency reporting value
- 64 MOF – Metal oxide framework
- 65 NTP – Non-thermal plasma
- 66 PAN – Polyacrylonitrile
- 67 PBTF – Plant-based biotrickling filter
- 68 PBDEs – Polybrominated diphenyl ethers
- 69 PCO – Photocatalytic oxidation
- 70 PDMS – Polydimethylsiloxane
- 71 PE – Polyethylene
- 72 PAHs – Polycyclic aromatic hydrocarbons

- 73 PM – Particulate matter
- 74 PP - Polypropylene
- 75 Ppm_v – Volumetric parts-per-million
- 76 PU - Polyurethane
- 77 PVC – Polyvinylchloride
- 78 REACH – Registration, Evaluation and Authorization of Chemicals system
- 79 RH – Relative humidity
- 80 rGO – Reduced graphene oxide
- 81 TPPB – Two-liquid phase partitioning bioreactor
- 82 TVOC – Total volatile organic compounds
- 83 UV – Ultraviolet radiation
- 84 VICs – Volatile inorganic compounds
- 85 Vis – Visible radiation
- 86 VOCs – Volatile organic compounds
- 87 WHO – World Health Organization
- 88 ZIF – Zeolitic imidazole framework

89 **1. The indoor air quality problem**

90 Air pollution and human exposure to low-quality air is nowadays the most critical
91 environmental threat to public health worldwide according to the World Health Organization
92 (WHO) (World Health Organization, 2016). Recent reports have indicated that, at a global
93 scale, 1 out of 10 deaths are attributable to air pollution. Indeed, air pollution alone caused
94 approximately 5.5 million deaths in 2013 in the world (World Bank and Institute for Health
95 Metrics and Evaluation, 2016). At a European level, recently updated data have ascribed more
96 than 500,000 premature deaths in 2016 to long-term exposure to polluted air, from which
97 412,000 corresponded to particulate matter (PM), 71,000 to NO₂, and 15,000 to O₃ (European
98 Environmental Agency, 2019). These effects will be even more critical due to the continuous
99 growth of major cities. Indeed, about 90% of the population worldwide lives in urban areas
100 exposed to air quality levels that exceed the WHO guidelines (World Health Organization,
101 2016), which are typically based on PM pollution.

102 The latest studies on human exposure to indoor pollution revealed that indoor environments
103 could be at least twice as polluted as outdoor environments (European Commission, 2003).
104 Indeed, the air in an urban street with average traffic might actually be cleaner than the air in a
105 living room. Traditionally, indoor air pollution has received significantly less attention than
106 outdoor air pollution, especially in highly industrialized or dense traffic areas. However, the
107 threats posed by a long-term exposure to indoor air pollution have become more apparent in
108 recent years (European Environment Agency, 2013) as buildings are progressively sealed
109 against the outside environment to obtain heating and cooling energy cost savings. Many
110 buildings rely entirely on mechanical ventilation to recirculate indoor air with a greatly reduced
111 outdoor air dilution level, leading to the accumulation of indoor pollutants. A recent
112 commission report estimated that nearly 3 billion people worldwide are daily exposed to poor
113 indoor air quality (IAQ) caused by the use of solid fuels for cooking, heating and lighting. This
114 report concluded that household air pollution is a major contributor to global figures for

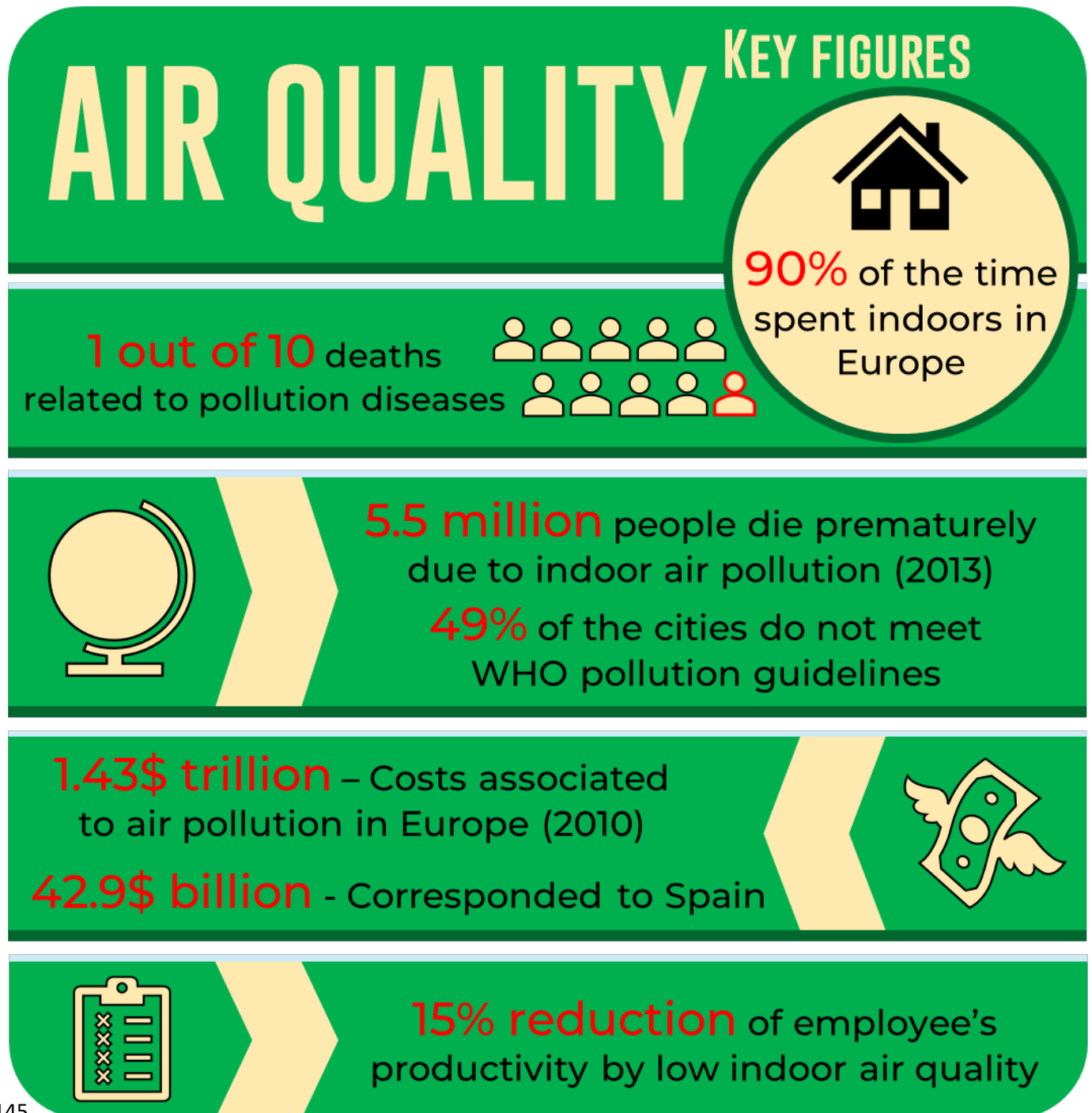
115 morbidity and mortality, with major effects on respiratory and cardiovascular systems (Royal
116 College of Physicians, 2016). Additionally, the report highlighted the significant contribution
117 of poor IAQ to the total number of premature deaths. At a global level, the WHO estimated that
118 each year 4.3 million people die prematurely from illnesses attributable to indoor air pollution
119 (World Health Organization, 2014), almost all in low and middle income countries, with
120 pollutants produced by indoor combustion processes, such as cooking or heating, as the main
121 cause of deficient IAQ. Moreover, the prevalence of health problems related with IAQ such as
122 sick building syndrome, building related illness or multiple chemical sensitivity has been
123 extensively reported (Burge, 2004). Although the levels of indoor air pollutants and their
124 associated symptoms may decrease in new or recently renovated buildings during the first half
125 year, poor IAQ and its associated symptoms have been reported over years (INSHT, 2015).

126 In this context, human exposure to indoor air (houses, workplaces, public buildings or means
127 of transport) exceeds 80 % in developed countries and 85-90 % in Europe (European
128 Commission, 2003) (Figure 1). Likewise, the National Human Activity Pattern Survey in the US
129 revealed that an adult spends 86% of his time indoors, to which a further 6% must be added as
130 time spent inside vehicles or public transport (Marcé et al., 2018). There has been a significant
131 global shift in the economy from the manufacturing sector towards the service and knowledge-
132 based sectors, which operate in indoor office environments (Al Horr et al., 2016). Poor IAQ has
133 been classified as a priority problem affecting children's health, while it is considered as one of
134 the largest national environmental threats by the US-EPA (Guieysse et al., 2008).

135 Besides being responsible for many respiratory illnesses, allergies and even cancerous diseases,
136 poor IAQ has also a noteworthy economic impact since it damages valuable objects from
137 libraries, archives or museums, and may reduce employee's productivity in working places by
138 10-15 % (Cincinelli et al., 2016) (Figure 1). The costs associated to air pollution in the WHO
139 European Region, including exposure to both outdoor and indoor air, amounted to 1.431\$
140 trillions in 2010, from which 42.9\$ billion corresponded to Spain (WHO Regional Office for

141 Europe, 2015). If only IAQ is considered (in terms of mortality, loss of productivity, and
142 illnesses and sick leaves), recent studies have calculated annual expenses of up to 20,000
143 million € in France (ANSES et al., 2014).

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145

146 **Figure 1.** Key data of the indoor air quality problem.

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148 In 2010, the WHO published the first specific IAQ guidelines (World Health Organization and
149 WHO Regional Office for Europe, 2010), which have been since adopted by other organizations
150 in several countries. Whereas these guidelines represented the first attempt to establish a general
151 IAQ standard, only a few priority indoor air pollutants with known adverse health effects were
152 included. Indeed, an exhaustive quantitative regulation comprising all physical, chemical,
153 biological and particulate exposures is rather challenging due to the inherent complexity of
154 indoor air pollution and the lack of information concerning the long-term health effects of each
155 pollutant. In this context, indoor air pollutants include particulate matter, biological pollutants
156 (allergens, bacteria, mold, fungi, spores, etc.), physical agents (temperature, electromagnetic
157 fields) and over 400 different chemical compounds, mainly volatile organic and inorganic
158 compounds (VOCs and VICs, respectively). More recently, organic emerging compounds
159 emitted from plastics, pharmaceuticals or personal care products have been detected in indoor
160 environments. In addition to the wide spectrum of indoor pollutants, their occurrence and
161 concentration depend on many factors such as outdoors air quality, the socio-economic
162 development of the country, type of activities, occupancy, ambient conditions, season of the
163 year, etc. Moreover, pollutant sources and emission rates rapidly change over time (Luengas et
164 al. 2015): endogenous sources include permanent (building materials, adhesives, paints,
165 varnishes, etc.) and occasional sources (furniture, cleaning and disinfection products, cooking,
166 personal care products, human metabolism, etc.), while outdoor pollutants intrusion clearly
167 depends on human activities (road traffic, industry, etc.). Additionally, secondary pollutants
168 might be produced by indoor gas-phase reactions from other compounds present in indoor air
169 (Hubbard et al., 2005; SCHER, 2007).

170 Unfortunately, there is limited information over IAQ due to the great number of pollutants and
171 sources and their variability. Significant efforts must be undertaken in order to better understand
172 the effects of indoor air pollutants on human health and to design *ad-hoc* regulations to protect
173 human health (Royal College of Physicians, 2016). A better understanding of the type and

174 concentration of indoor air pollutants will facilitate the design of effective control strategies
175 both in terms of prevention and active abatement. Since prevention must be considered as the
176 first step for improving IAQ, actions have been recently implemented to reduce or eliminate
177 certain pollutant sources. For instance, smoking in workplaces and most public places is
178 prohibited in Europe and many countries in the world, and the use of harmful construction
179 materials such as asbestos or products containing hazardous components like halogenated
180 pesticides is widely restricted (EU Council, 2008). However, pollution control at source is only
181 possible when sources are known, while new substances are constantly detected and classified
182 as hazardous. Therefore, prevention or minimization of indoor pollutant emissions is commonly
183 insufficient, technically non-viable, or economically unfeasible (Guieysse et al. 2008, Luengas
184 et al. 2015). Moreover, according to the Directive 2010/31/EU (European Parliament, 2010),
185 EU Member States have committed to build nearly zero energy buildings by the end of 2020,
186 while enhancing energy performance during major renovations of existing buildings or
187 retrofitting of building elements. New designs devoted to effective energy savings involve
188 airtight, well-insulated and sealed constructions, which substantially reduces natural
189 ventilation. This increase in building air tightness will cause a severe impact on the levels of
190 gas and particulate indoor air pollutants, increasing their concentration as a result of the reduced
191 ventilation rates (Broderick et al. 2017). In this context of potential conflict between energy
192 efficiency measures and enforcement of IAQ standards, the development and optimization of
193 versatile technologies for in-situ indoor air purification is increasingly needed.

194

195 **2. Main pollutants and sources**

196 The most important indoor air pollutants investigated include particulate matter, volatile
197 inorganic compounds and volatile organic compounds. Particulate matter is typically classified
198 as a function of its size, but the most reported value corresponds to the concentration of particles
199 with a mean diameter lower than 2.5 micrometers (PM_{2.5}). Carbon dioxide (CO₂), carbon

200 monoxide (CO), nitrogen oxides (NO_x) and ozone (O₃) rank among the most studied inorganic
201 compounds. VOCs include a wide group of organic gas pollutants with a low boiling point
202 (ranging from 50/100°C to 240/260°C) and low vapor pressure ubiquitous in indoor
203 environments (Luengas et al., 2015). This group is continuously growing as new materials are
204 being used in construction and interior design (Figure 2). Despite the large number of pollutants
205 present in indoor environments, only a few of them are typically measured and used as
206 surrogates in order to simplify data acquisition. These surrogate compounds are selected based
207 on their human risk potential or as representative of a more extended group of compounds with
208 similar behaviour. Sampling sites where environmental tobacco smoke (ETS) is present are
209 typically omitted in most monitoring projects since ETS is so dominant over other indoor
210 contaminant sources that results are not reliable (Jantunen et al., 2011).

211 Research projects investigating indoor air pollution are mainly focused on public and private
212 buildings. These environments are very different in terms of type of pollutants and
213 concentration ranges. Public indoor environments comprise office buildings, schools, shopping
214 centers, libraries, etc., while private indoor spaces involve apartment buildings or detached
215 dwellings. Some studies have investigated the levels of pollutants before and after building
216 renovation, remodeling or refurbishment, which entailed the implementation of new energy-
217 saving concepts and therefore a higher air tightness and accumulation of indoor pollutants. The
218 typical sources (Figure 2), health risks and common concentrations of the most relevant indoor
219 pollutants are here discussed. These pollutants, including PM, VICs (CO, NO_x, O₃) and VOCs
220 (benzene, toluene, ethylbenzene, xylenes, naphthalene, formaldehyde, trichloroethylene, α -
221 pinene, limonene), have been selected based on their occurrence in indoor spaces or their
222 concerns in terms of human health (Table 1).

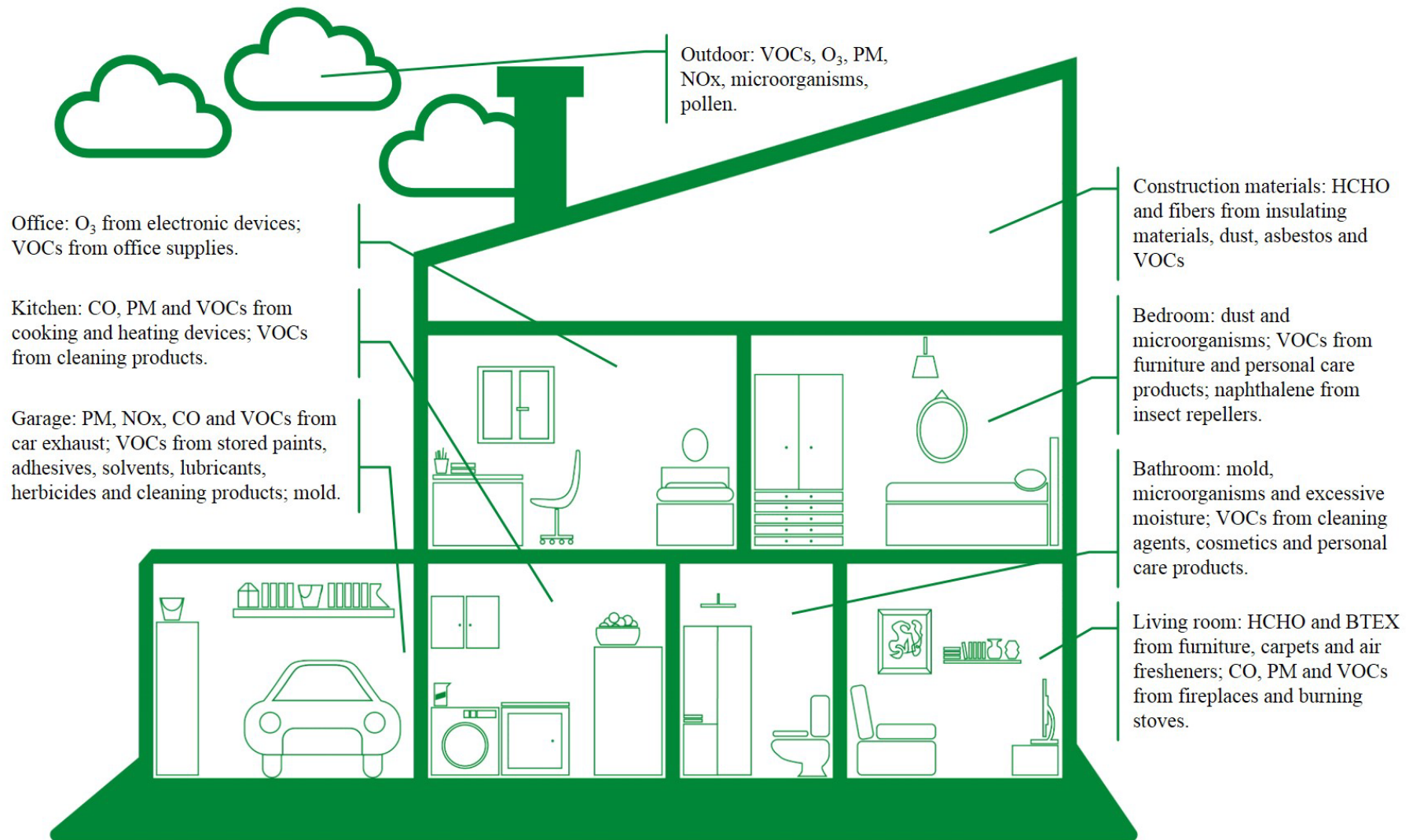
Compound	CAS number	Molecular weight (g/mol)	Boiling point (°C at 1 atm)	Vapor pressure (mmHg at 25°C)	Water solubility (mg/L at 25°C)	Environmental risks ^a	Henry constant (mol/m ³ ·Pa)
CO	630-08-0	28.0	-191.7	>35 atm	26.8 at 20°C		9.64E-06
NO ₂	10102-44-0	46.0	21.0	720	Reacts		1.20E-04
O ₃	10028-15-6	48.0	-111.7	>1 atm	570 at 20°C	H400; H410	1.10E-04
Benzene	71-43-2	78.1	78.8	101	940.0	H412; P273	1.70E-03
Toluene	108-88-3	92.1	110.6	27.7	320.0	H412	1.50E-03
Ethylbenzene	100-41-4	106.2	136.2	9.21	110.0	H412	1.30E-03
o-xylene	95-47-6	106.2	145.9	5.99	120.0	H412; P273	2.08E-03
m-xylene	108-38-3	106.2	140.6	7.61	99.0	H412; P273	1.37E-03
p-xylene	106-42-3	106.2	139.6	7.94	100.0	H412	1.48E-03
Naphthalene	91-20-3	128.2	221.5	0.159	140.0	H400; H410	2.20E-02
Formaldehyde	50-00-0	30.0	-19.5	3460	1.98·10 ⁵		3.20E+01
TCE	79-01-6	131.4	87.2	72.4	390.0	H412; P273	9.50E-04
α-pinene	80-56-8	136.2	157.9	3.5	8.9	H411	2.12E-04
Limonene	138-86-3	136.2	175.4	1.54	3.4	H400; H410; P273	6.27E-04

223

224 ^aCode: H400: very toxic to aquatic life; H410: very toxic to aquatic life with long lasting effects; H411: toxic to aquatic life with long lasting effects;

225 H412: harmful to aquatic life with long lasting effects; P273: avoid release to the environment

226 **Table 1.** Physical/chemical properties of the most relevant indoor air pollutants.



227

228 **Figure 2.** Main sources of pollutants at homes.

229 Particulate matter consists of solid particles suspended in air able to enter the respiratory tract,
230 which mainly occurs when particle size is below 2.5 micrometers. Natural sources include
231 suspended dust from sand or sea salt, pollen or fire ash, while anthropogenic sources are
232 associated to combustion processes, industry, agriculture and transportation. PM can also be
233 originated by reactions between ozone and some VOCs (e.g. terpenes) (Carazo Fernández et
234 al., 2013; European Environment Agency, 2017; Royal College of Physicians, 2016; SCHER,
235 2007; US Environmental Protection Agency, 1995). Fibers, such as fiber glass and asbestos,
236 can also be included in this group (Carazo Fernández et al., 2013; Leung, 2015; Royal College
237 of Physicians, 2016). Outdoor PM enters indoor environments through ventilation, while indoor
238 sources include combustion-based appliances like ovens, heaters or stoves, and also tobacco
239 smoke and fireplaces (Carazo Fernández et al., 2013; European Environment Agency, 2017;
240 Royal College of Physicians, 2016; SCHER, 2007). When biomass is used as a fuel, indoor
241 levels of PM can exceed those of polluted cities. Long-term exposure to particulate matter can
242 provoke conditions from several respiratory and cardiovascular problems such as eye, nose,
243 throat and bronchial irritation and asthma to fibrosis, anthracosis and lung cancer (Carazo
244 Fernández et al., 2013; Jantunen et al., 2011; Leung, 2015; SCHER, 2007; US Environmental
245 Protection Agency, 1995). Kitchens and bedrooms may exhibit PM_{2.5} concentrations in the
246 range of 25-1526 and 13-27 $\mu\text{g}/\text{m}^3$, while concentrations of 10-44 and 3-23 $\mu\text{g}/\text{m}^3$ have been
247 recorded in offices and schools, respectively. Shopping complexes also present high
248 concentrations of PM_{2.5} (74-164 $\mu\text{g}/\text{m}^3$) (Armendáriz-Arnez et al., 2010; Barmparesos et al.,
249 2018; Broderick et al., 2017; Canha et al., 2017; Datta et al., 2017; Mandin et al., 2017; Pokhrel
250 et al., 2015; Sidhu et al., 2017; Singh et al., 2016; Vasile et al., 2016; Yip et al., 2017).

251 Carbon monoxide is a colorless, odorless, tasteless, non-irritant toxic gas emitted as a result of
252 incomplete combustion processes. CO is usually produced from fossil fuels in power
253 generation, road transportation and heating and cooking devices. However, this pollutant is also
254 emitted by natural sources, accounting for one third of the total emissions. The main indoor

255 sources of CO are tobacco smoke, defective cooking and heating devices, fireplaces and vehicle
256 gases from attached garages. Outdoor air exchange in dense traffic and parking areas or highly
257 industrialized districts also mediates the intrusion of CO in indoor environments (Carazo
258 Fernández et al., 2013; Kotzias et al., 2005; Leung, 2015; Royal College of Physicians, 2016;
259 Singh et al., 2016; US Environmental Protection Agency, 1995; World Health Organization
260 and WHO Regional Office for Europe, 2010). Inhalation is the main entrance to human body
261 of CO, which is able to bind reversibly to hemoglobin with an affinity 200-250 times higher
262 than oxygen. CO toxic effects are thus based on the interference with O₂ transportation through
263 the human body resulting in tissue hypoxia. The extent of health damage depends on the
264 concentration and duration of exposure, and include cardiovascular, respiratory and
265 neurological problems. CO can even cause death under high acute exposure (>1000 ppm_v) or
266 long-term exposure (Kotzias et al., 2005; Leung, 2015; US Environmental Protection Agency,
267 1995; World Health Organization and WHO Regional Office for Europe, 2010). Concentrations
268 of 0.5-17 ppm_v, 0.9-3.8 ppm_v and up to 8.5 ppm_v have been recorded in kitchens, bedrooms and
269 shopping areas, respectively (Broderick et al., 2017; Canha et al., 2017; Sidhu et al., 2017;
270 Singh et al., 2016; Vasile et al., 2016; Yamamoto et al., 2014; Yip et al., 2017; Zielinska et al.,
271 2012).

272 Nitrogen monoxide (NO) and nitrogen dioxide (NO₂) are the most common and important
273 nitrogen oxides. These pollutants are generated by combination of oxygen and nitrogen during
274 combustion in power generation industries, transportation and heating systems. NO is produced
275 in a larger extent and is further oxidized to NO₂ in the presence of oxygen, ozone or VOCs
276 (European Environment Agency, 2017; World Health Organization and WHO Regional Office
277 for Europe, 2010). The most frequent indoor sources of NO_x are gas appliances like stoves,
278 ovens or water heaters. ETS and fireplaces can also contribute to NO_x emissions (Carazo
279 Fernández et al., 2013; Kotzias et al., 2005; Leung, 2015; Luengas et al., 2015; Royal College
280 of Physicians, 2016; Singh et al., 2016; US Environmental Protection Agency, 1995; World

281 Health Organization and WHO Regional Office for Europe, 2010). Infiltration from outdoor air
282 strongly influences indoor levels, in particular within short distance from roadways or high-
283 density industrial areas. Inhaled NO₂ is converted to nitric acid in the lungs, with the associate
284 damage to cells and to the immune system. Inhalation can cause respiratory malfunctioning
285 when other pathologies are previously present (limit for protection of asthmatic of 200 µg/m³
286 1-h average; ≈2000 µg/m³ impact normal individuals). NO₂ can cause also eye irritation by
287 direct contact (Carazo Fernández et al., 2013; Kotzias et al., 2005; Leung, 2015; US
288 Environmental Protection Agency, 1995; World Health Organization and WHO Regional
289 Office for Europe, 2010). Concentrations of 5-17 µg/m³, 16-18 µg/m³ and up to 30 µg/m³ have
290 been measured in houses, offices and shopping areas, respectively (Broderick et al., 2017;
291 Langer et al., 2015; Mandin et al., 2017; Prasauskas et al., 2016; Singh et al., 2016; Vasile et
292 al., 2016).

293 Benzene is an organic volatile compound with a characteristic aromatic odor and widely used
294 in industry as a solvent and in the synthesis of several plastics, resins and pharmaceuticals.
295 Outdoor air intrusion contributes to indoor levels, with benzene originated by traffic road and
296 industrial activity (European Environment Agency, 2017; Jantunen et al., 1998; World Health
297 Organization and WHO Regional Office for Europe, 2010). Indoor sources of benzene include
298 ETS, combustion devices and construction materials such as polymeric furnishings, carpets,
299 paints, solvents and wooden furniture (Campagnolo et al., 2017; Carazo Fernández et al., 2013;
300 Jantunen et al., 1998; Kotzias et al., 2005; Royal College of Physicians, 2016; SCHER, 2007;
301 Singh et al., 2016; World Health Organization and WHO Regional Office for Europe, 2010).
302 Benzene (and other pollutants) emissions from these materials decay with time, thus levels are
303 much higher in new or renovated buildings. Health risks for acute intoxication are low (e.g.
304 headaches for 5-h exposure to 150-500 mg/m³), although benzene is a proven carcinogenic and
305 genotoxic chemical under chronic exposure. Benzene can also induce blood illnesses and
306 neurological and reproductive problems (Carazo Fernández et al., 2013; Kotzias et al., 2005;

307 Leung, 2015; World Health Organization and WHO Regional Office for Europe, 2010). No
308 safe level of exposure is recommended. The highest level of benzene has been recorded in
309 shopping areas ($2.5\text{-}48\ \mu\text{g}/\text{m}^3$) followed by offices ($1.4\text{-}5.5\ \mu\text{g}/\text{m}^3$), homes ($0.7\text{-}4.4\ \mu\text{g}/\text{m}^3$) and
310 schools ($0.5\text{-}3\ \mu\text{g}/\text{m}^3$) (Broderick et al., 2017; Dodson et al., 2008; Du et al., 2015; Edwards et
311 al., 2001; Geiss et al., 2011; Kotzias et al., 2009; Langer et al., 2015; Rösch et al., 2014; Singh
312 et al., 2016; Xu et al., 2016; Zielinska et al., 2012).

313 Toluene is also an aromatic compound used in several industrial processes and emitted also by
314 power generation industries and traffic (Campagnolo et al., 2017; Jantunen et al., 1998; Kotzias
315 et al., 2005; Leung, 2015; Royal College of Physicians, 2016). Toluene, present in gasoline,
316 paints, resins, adhesives, cosmetics and coatings, is one of the most common indoor air
317 pollutants and the most abundant among BTEX (benzene, toluene, ethylbenzene and xylene).
318 Indoor sources are infiltration from outdoor air, tobacco smoke, combustion devices and a
319 variety of household products (Carazo Fernández et al., 2013; Jantunen et al., 1998; Kotzias et
320 al., 2005; Royal College of Physicians, 2016; SCHER, 2007; Singh et al., 2016). Toluene is not
321 a confirmed carcinogenic substance, and therefore no long-term health effects have been
322 studied yet. Exposure to toluene increases risks of developing asthma and other respiratory
323 conditions, while short and long-term exposure can affect central nervous system (Kotzias et
324 al., 2005). Shopping complexes present the highest toluene concentrations ($15\text{-}164\ \mu\text{g}/\text{m}^3$),
325 followed by offices ($6\text{-}32\ \mu\text{g}/\text{m}^3$) and homes ($3\text{-}20\ \mu\text{g}/\text{m}^3$). The presence of toluene in schools
326 is marginal ($1.8\ \mu\text{g}/\text{m}^3$). Concentrations are typically higher in new or recently renovated
327 buildings as a result of the new installed materials (Broderick et al., 2017; Dodson et al., 2008;
328 Du et al., 2015; Edwards et al., 2001; Geiss et al., 2011; Langer et al., 2015; Mandin et al.,
329 2017; Rösch et al., 2014; Singh et al., 2016; Xu et al., 2016; Zhong et al., 2017; Zielinska et al.,
330 2012).

331 Ethylbenzene is a colorless liquid compound at ambient temperature, with a strong gasoline-
332 like scent. Sources of pollution include plastics, paints, adhesives and other products where

333 ethylbenzene is used as a solvent during manufacturing. Ethylbenzene is also emitted during
334 combustion processes such as traffic (ethylbenzene is included in gasolines), heating devices
335 and cooking (Campagnolo et al., 2017; Jantunen et al., 1998; Leung, 2015; Singh et al., 2016).
336 Acute effects at relatively high concentrations include eye and throat irritation and dizziness.
337 No long-term effects have been described yet in humans. Ethylbenzene has been classified as a
338 potential human carcinogen by the International Agency for Cancer Research (ATSDR, 2007).
339 Concentrations of ethylbenzene up to 16 $\mu\text{g}/\text{m}^3$ have been detected in offices and shopping
340 complexes. On the other hand, homes and schools exhibit maximum concentrations of 8 and
341 0.2 $\mu\text{g}/\text{m}^3$, respectively (Broderick et al. 2017; Dodson et al. 2008; Edwards et al. 2001; Rösch
342 et al. 2014; Singh et al. 2016; Xu et al. 2016; Zhong et al. 2017; Zielinska et al. 2012).

343 Xylene is a colorless liquid at room temperature with an aromatic odor present as three isomers:
344 ortho, meta and para (*o*-, *m*- and *p*-, respectively). Xylene is used as a solvent in industry and
345 as an additive in gasoline. Indoor sources of xylenes include paints, adhesives, dyes, polymers,
346 cleaning products and pharmaceuticals. Outdoor air is also a source of indoor pollution if dense
347 traffic or industrial facilities using xylene are nearby (Campagnolo et al., 2017; Jantunen et al.,
348 1998; Kotzias et al., 2005; Leung, 2015; SCHER, 2007; Singh et al., 2016). An acute exposure
349 to xylene can cause eye and throat irritation, headache and nausea. Long-term exposure is
350 associated with problems in the respiratory, gastrointestinal and central nervous systems, lungs,
351 kidney, heart and reproductive system. Xylene is a suspected carcinogenic chemical, associated
352 with an increased risk of leukemia, non-Hodgkin's lymphoma and colon/rectum cancer
353 (Kotzias et al., 2005). Shopping areas, with levels ranging from 1.3 to 74 $\mu\text{g}/\text{m}^3$, and offices,
354 with levels of 2.2 to 16 $\mu\text{g}/\text{m}^3$, rank among the most polluted sites. Maximum xylene
355 concentrations of 3.1 and 0.3 $\mu\text{g}/\text{m}^3$ have been measured at homes and schools (Broderick et al.
356 2017; Dodson et al. 2008; Edwards et al. 2001; Geiss et al. 2011; Langer et al. 2015; Mandin
357 et al. 2017; Singh et al. 2016; Vasile et al. 2016; Xu et al. 2016; Zhong et al. 2017; Zielinska et
358 al. 2012).

359 Naphthalene is a white crystalline solid at ambient temperature, with a characteristic aromatic
360 odor (mothballs), widely used as a raw material in the chemical industry. The main emission
361 source is traffic as a result of the inherent presence of naphthalene in gasoline and diesel. Indoor
362 sources include tobacco smoke, defective combustion devices, herbicides, rubber materials and
363 insect repellents (usually contaminating clothes) (Kotzias et al., 2005; Royal College of
364 Physicians, 2016; World Health Organization and WHO Regional Office for Europe, 2010).
365 Outdoor air is a mayor source in high-traffic and industrial areas. Inhalation is the principal
366 naphthalene intake mechanism in humans, although accidental ingestions of mothballs have
367 been reported. Acute naphthalene intoxication can induce hemolytic anemia and cataracts. No
368 long-term adverse health effects or evidence of human carcinogenicity or genotoxicity have
369 been reported (Kotzias et al., 2005; World Health Organization and WHO Regional Office for
370 Europe, 2010). Naphthalene concentrations ranging from 3 to 26 $\mu\text{g}/\text{m}^3$ have been recorded at
371 homes (Du et al. 2015; Xu et al. 2016; Zhong et al. 2017).

372 Formaldehyde (HCHO) is a colorless, odorous, highly reactive gas emitted during incomplete
373 reaction of hydrocarbons in industries, traffic and other processes. Formaldehyde is also
374 produced by oxidation of other VOCs with ozone or radiation (Campagnolo et al., 2017; Kotzias
375 et al., 2005; US Environmental Protection Agency, 1995; World Health Organization and WHO
376 Regional Office for Europe, 2010). This chemical is widely used in resins, glues, paints, paper
377 products, cosmetics, electronic equipment, cleaning agents or fabrics. Formaldehyde is present
378 in construction materials such as insulation foams of wooden-based materials employed in
379 floorings or furniture. However, emissions from these materials (e.g. plywood, particleboard or
380 fiberboard) usually decay within several weeks (Carazo Fernández et al., 2013; Jantunen et al.,
381 1998; Kotzias et al., 2005; Royal College of Physicians, 2016; World Health Organization and
382 WHO Regional Office for Europe, 2010). Formaldehyde is rapidly absorbed by the respiratory
383 or gastrointestinal system. Acute exposure effects include odor, irritation, headache and
384 eczema. Formaldehyde is a known carcinogenic and genotoxic chemical, whose long-term

385 exposure can originate nasopharyngeal cancer and myeloid leukemia (Kotzias et al., 2005; US
386 Environmental Protection Agency, 1995; World Health Organization and WHO Regional
387 Office for Europe, 2010). The level of exposure in homes, offices and schools is comparable
388 (7.7-30, 8-17, 9-17 $\mu\text{g}/\text{m}^3$) (Broderick et al., 2017; Canha et al., 2017; Dodson et al., 2008;
389 Geiss et al., 2011; Kotzias et al., 2009; Langer et al., 2015; Mandin et al., 2017; Prasauskas et
390 al., 2016; Zhong et al., 2017; Zielinska et al., 2012).

391 Trichloroethylene (TCE) is a volatile chemical with sweet chloroform odor, widely produced
392 by the industry, and used as solvent and cleaning agent (vapor degreasing of metals). TCE can
393 be present in contaminated waters and soils, which could indirectly contribute to indoor levels.
394 Indoor sources include products where TCE is used as solvents such as lubricants, varnishes,
395 paint removers, adhesives and typewriter correction fluids. TCE can be also present in some
396 bleach household products and other cleaning agents (Jantunen et al., 1998; Singh et al., 2016;
397 World Health Organization and WHO Regional Office for Europe, 2010). Human exposure to
398 this VOC occurs by dermal absorption, ingestion and inhalation. Exposure to TCE is often
399 intermittent, as the products that contain this pollutant are not constantly used. Acute exposure
400 to TCE affects the central nervous system at concentrations of $\sim 270 \text{ mg}/\text{m}^3$, causing a reduced
401 sensorial capacity. TCE is a carcinogenic chemical under long-term exposure, and a chronic
402 exposure may cause liver, kidney and bile duct cancer and non-Hodgkin's lymphoma.
403 Therefore, no safe threshold is recommended due to its carcinogenicity (World Health
404 Organization and WHO Regional Office for Europe, 2010). TCE concentrations ranging from
405 0.3 to 0.6 $\mu\text{g}/\text{m}^3$ are typically recorded at homes, and from 0.6 to 4.7 $\mu\text{g}/\text{m}^3$ in shopping
406 complexes (Dodson et al., 2008; Edwards et al., 2001; Mandin et al., 2017; Singh et al., 2016;
407 Xu et al., 2016).

408 Alpha-pinene is a colorless liquid with a strong pine scent. This terpene is naturally present in
409 plants and a common constituent of essential oils. Pinene is used as a solvent in some paints
410 and waterproof substances, and can be found in perfumery products, deodorizers and cleaning

411 products. Pinene emissions can also originate from wooden materials like furniture or flooring,
412 particularly those made from pine wood (Campagnolo et al., 2017; Kotzias et al., 2005; Luengas
413 et al., 2015; Royal College of Physicians, 2016). No significant pinene concentrations are found
414 outdoors, except in forest areas. On the other hand, limited data of pinene health risks is
415 available. While acute exposure to high concentration can produce irritation and inflammation,
416 no chronic exposure risks have been reported yet. Health risks might be expected when ozone
417 or other reactive radicals are present, due to their high reactivity with pinene and other
418 unsaturated molecules (Hubbard et al., 2005; Kotzias et al., 2005; Leung, 2015; SCHER, 2007).
419 These reaction by-products would produce eye and upper airways irritation in a more extended
420 way than pinene itself. The largest pinene concentrations are found at homes (11-32 $\mu\text{g}/\text{m}^3$) and
421 libraries (10-30 $\mu\text{g}/\text{m}^3$), while offices and schools exhibit concentrations up to 6.3 and 1.5
422 $\mu\text{g}/\text{m}^3$, respectively (Dodson et al. 2008; Edwards et al. 2001; Geiss et al. 2011; Langer et al.
423 2015; Mandin et al. 2017; Rösch et al. 2014; Xu et al. 2016; Zhong et al. 2017).

424 Limonene is a natural terpene present as two isomers (*d*- and *l*-), which have citric and pine
425 scent, respectively. Limonene is used in a wide variety of household products like cleaning
426 agents, resins, air fresheners, deodorants, fragrances and shampoos (Campagnolo et al., 2017;
427 Kotzias et al., 2005; Luengas et al., 2015; Royal College of Physicians, 2016). This terpene is
428 also found in food as an additive due to its citric odor and flavor. Limonene intake occurs by
429 inhalation or ingestion. This pollutant has low acute toxicity, no symptoms further than eye or
430 skin irritation have been described. Chronic health effects for limonene have not been studied,
431 and there is no evidence of carcinogenicity or genotoxicity. Heath risks are associated to
432 ambient reaction with ozone or reactive radicals, which form byproducts such as aldehydes,
433 carboxylic acids and peroxides, responsible of irritation and odor annoyance at low
434 concentrations (Hubbard et al., 2005; Kotzias et al., 2005; Leung, 2015; SCHER, 2007).
435 Maximum concentrations of 32, 19 and 11 $\mu\text{g}/\text{m}^3$ have been recorded at homes, offices and
436 schools, respectively (Dodson et al., 2008; Du et al., 2015; Edwards et al., 2001; Geiss et al.,

437 2011; Langer et al., 2015; Mandin et al., 2017; Rösch et al., 2014; Xu et al., 2016; Zhong et al.,
438 2017).

439

440 **3. Prevention of indoor air pollutant emission**

441 Among the different approaches to control indoor air quality, prevention of pollutant formation
442 and emission rank first in terms of cost-effectiveness. Several strategies to prevent the emission
443 and to decrease the concentration of gas pollutants in indoor environments have been proposed.
444 Overall, ventilation is the easiest measure to prevent the accumulation of indoor pollutants.
445 Indoor pollutant concentrations typically decrease when increasing outdoor air exchange rate
446 unless outdoor pollutant concentrations are high (such as in areas with intense traffic or
447 industrial activities). Mechanical ventilation systems introduce outdoor fresh air into the
448 building, which dilutes the concentration of indoor air pollutants. Some sources can be sealed
449 or removed by professionals, like asbestos and other insulation fibers (Chenari et al. 2016;
450 Kotzias et al. 2005; Leung 2015; Luengas et al. 2015). Smoking bans are also a very effective
451 measure since tobacco smoke is a source of multiple harmful chemicals in elevated
452 concentrations. The suppression of tobacco smoke in indoor places has resulted in consistent
453 IAQ improvements (Kotzias et al., 2005; US Environmental Protection Agency, 1995). Finally,
454 an adequate control of the relative humidity and temperature is crucial to control the emissions
455 of organic pollutants from indoor materials. In this context, air conditioning systems can control
456 the temperature and relative humidity, potentially using smart systems to automatize
457 ventilation or heating depending on the indoor atmosphere (high CO₂ levels, low temperatures)
458 or occupants' activities (Chenari et al. 2016; Luengas et al. 2015; Zhou et al. 2017).

459 Many indoor air pollutants, including PM, BTEX, NO_x or CO, are emitted during combustion
460 processes at homes, such as cooking or heating. Increased ventilation rates and the reduction of
461 these combustion gases from cooking stoves, boilers or fireplaces prevent indoor pollutant
462 accumulation. Combustion devices in buildings must be regularly checked and maintained to

463 prevent malfunctioning and emissions of harmful pollutants to the indoor atmosphere (Carazo
464 Fernández et al., 2013; Leung, 2015; SCHER, 2007; US Environmental Protection Agency,
465 1995). Highly polluting fuels like biomass or kerosene need to be replaced by more efficient
466 fuels such as natural gas or electricity at homes, although there is an increasing popularization
467 of biomass in developed countries due to its higher sustainability. This effect was demonstrated
468 in rural kitchens in Nepal, where emissions of PM_{2.5} from different fuels were investigated. A
469 remarkable improvement in IAQ when using electricity and liquified petroleum gas (PM_{2.5}
470 levels of 80 and 101 µg/m³, respectively) compared to wood and rice husk (PM_{2.5} levels of 630
471 and 656 µg/m³, respectively) (Pokhrel et al., 2015). In addition, improved cooking stoves have
472 been proved to reduce emissions of PM and CO (Armendáriz-Arnez et al., 2010; Sidhu et al.,
473 2017; Yip et al., 2017). Other combustion sources, such as candles or scented incense, may also
474 contribute to a reduced IAQ (Kotzias et al., 2005).

475 Some VOCs are emitted from common construction materials. The manufacture of some
476 wooden-based materials, like plywood or fiberboard, often implies the utilization of resins and
477 varnishes that contain formaldehyde and other VOCs. Paints, glues, plastics and other
478 construction materials include VOCs (usually BTEX) as solvents or additives. Some of these
479 emissions can be prevented by using low-emitting materials like improved plastics and paints
480 (phenol resins instead of urea resins, polyurethane coatings, etc.) and solid wood or old furniture
481 (Carazo Fernández et al. 2013; Environmental Protection Agency 1995; Kotzias et al. 2005;
482 Wei et al. 2015).

483 Occupancy of buildings should be avoided during several weeks after construction or
484 renovation, as pollutant emissions from these sources typically decrease in time until reaching
485 low emission steady state levels. Indeed, pollutant concentrations were found higher even four
486 months after renovation (Broderick et al., 2017). Similarly, emissions of VOCs from paints,
487 adhesives, cleaning products and fuels can be partially mitigated by properly sealing and storing

488 these liquid materials and minimizing storage periods to prevent leakages and emissions (US
489 Environmental Protection Agency, 1995).

490 A wide variety of indoor pollutants originate from household and personal care products. Some
491 compounds like pinene and limonene are used as scents in cleaning products, deodorants,
492 cosmetics and even in food (Carazo Fernández et al., 2013; Kotzias et al., 2005; SCHER, 2007).
493 Pollutant emissions can be partially avoided by using household products according to
494 manufacturer instructions (good ventilation, no mixing, being aware of warnings). In addition,
495 unused or nearly empty containers should not be stored for long periods and must be disposed
496 safely (Environmental Protection Agency 1995; Wei et al. 2015).

497

498 **4. Physical-chemical technologies for indoor air treatment**

499 The intrusion or generation of indoor air pollutants cannot always be reduced or suppressed in
500 a cost-effective or technically feasible manner. In these scenarios, active abatement units can
501 be installed in order to lower or eliminate the levels of indoor air contaminants. Traditionally,
502 these devices consisted of physical-chemical technologies such as filters or ozonisers installed
503 as part of a central heating and ventilation system or operated as portable units (Luengas et al.,
504 2015). Real-time sensing has been applied to these devices to optimize their performance. These
505 sensors on-line monitor ambient conditions (temperature, humidity, concentrations of key
506 pollutants) and activate the abatement units based on the need of the occupants and their
507 activities, with the subsequent energy savings (Guyot et al., 2018; Kumar et al., 2016; Tran et
508 al., 2017; Yang et al., 2019). Today, the market of physical/chemical technologies for indoor
509 air treatment is dominated by mechanical and electronic filtration, adsorption and ozonation
510 (Tables 2 and 3).

Design parameters	Air flow (m ³ /h)	Single pass efficiency (%)	Reference
<i>Mechanical filtration</i>			
Multilayer (glass + synthetic fibers) non-woven filter (≈ MERV 16 filter) filter installed in HVAC system 5.08cm depth	2.5 m/s	Black Carbon: 88% / Ultrafine PM: 86% PM(0.3-2.5 μm): 91% / PM(>2.5 μm): 88%	(Polidori et al., 2013)
MERV16 filter + 12 gas-phase filters + particle postfilter Dimensions: 0.41m ² × 1.95m (portable)	1362	Black Carbon: 90% / Ultrafine PM: 94% PM(0.3-2.5 μm): 92% / PM(>2.5μm): 75%	(Polidori et al., 2013)
PVC/PU fibers (8 w/w%) on filter paper support Membrane: 100 cm ² , 20.72 g/m ²	1.91 / 5.01	PM (0.3-0.5 μm): >99.5%	(Wang et al., 2013)
Polyester filter with sericin coating	145	PM(2.5,10 μm): ≈56%	(Verma et al., 2019)
ZIF8-SiO ₂ nanofiber composite membrane (2h growing time) Dimensions: Ø30mm disc (7.07cm ²)	0.05	Soft smoke PM: > 99.95%	(Zhu et al., 2019)
Double layer nonwoven filter: PP-g-DMAEMA (Dimethylaminoethylmethacrylate)-rGO (reduced graphene oxide) (6.3%) + PP-g-DMAEMA sheet Filter: 25g/m ²	19.2	65% (PP-DMAEMA-rGO) 76.4% (PP-DMAEMA) 72.2% (Double Layer)	(Tang et al., 2020)
<i>Electronic filtration</i>			
Ion-spray with carbon fiber electrodes (charger and plates) Charger outside-mounted (emit ions to ambient air) Dimensions: 120×185×85mm ³	120	PM (0.3μm; laboratory): 47.8% PM (0.3μm; real chamber): 39.8%	(Sung et al., 2019)
Electrostatic precipitator based on corona discharge and parallel plates	120	PM (0.3/0.5/1/3): 67.7/67.7/40.6/14.5%	(Zeng et al., 2020)

511

512 **Table 2.** Performance of physical-chemical technologies for the removal of particulate matter.

513

Design parameters	Air flow (m ³ /h)	Pollutant Removal Capacity	Single Pass Efficiency (%)	Reference
<i>Adsorption</i>				
Indoor passive panels (gypsum based; different treatments) Dimensions: 0.089 m ²	0.2	HCHO: 40-140 µg/m ² ·h Toluene: 30-210 µg/m ² ·h	-	(Zuraimi et al., 2018)
Granular activated carbon Ø46mm, 150mm tube ; 7.0 g of adsorbent Thermal desorption (300°C)	0.06	-	Benzene: 81.5-91.6 Toluene: 86.6-100 Ethylbenzene: 91.6-99.2 Xylene: 89.9-100	(Jo and Yang, 2009)
Porous ferrihydrite/SiO ₂ composite (different aging times) ; 0.27g of adsorbent in Ø140mm petri	-	HCHO: 6.30-8.11 mg/g 6mg/g after 7 cycles		(Xu et al., 2013)
Polyester filter with sericin coating	145	-	Benz: 2.96 ; Tol: 2.96 Et-Benz: 3.71 ; Xyl: 4.18	(Verma et al., 2019)
Carbon nanotubes (LNCT) and carbon microspheres (LCM) Dimensions: Ø16mm, 90mm ; Adsorbent: 3g	0.001	Tol / Et-Benz / <i>o</i> -xyl LCNT: 52.2, 78.0, 102 mg/g LCM: 47.1, 64.0, 62.7 mg/g	Tol / Et-Benz / <i>o</i> -xyl LCNT: 57.8, 47.5, 61.8 LCM: 51.7, 53.5, 52.6	(Srivastava et al., 2019)
Alkaline-treated carbon nanotubes (LNCT) and carbon microspheres (LCM) Dimensions: Ø16mm, 90mm ; Adsorbent: 2g	0.001	Tol / Et-Benz / <i>o</i> -xyl LCNT: 1821, 964, 1076 mg/g LCM: 1093, 895, 996 mg/g	Tol / Et-Benz / <i>o</i> -xyl LCNT: 84.0, 83.3, 82.6 LCM: 82.5, 83.4, 74.8	(Srivastava et al., 2019)
High-grade activated carbon filter (portable)	510		HCHO: 0.6 ; Toluene: 32.0 n-decane: 40.0 Tetrachloroethylene: 31.3	(Chen et al., 2005)
Activated carbon prefilter (portable)	569		HCHO: 0.2 ; Toluene: 7.8 n-decane: 12.5 Tetrachloroethylene: 6.0	(Chen et al., 2005)

Carbon-zeolite mixture impregnated with potassium iodide (29.5 kg)	272		HCHO: 4.0 ; Toluene: 19.4 n-decane: 31.3 Tetrachloroethylene: 33.1	(Chen et al., 2005)
Activated charcoal filter (portable)	225		HCHO: 0.4 ; Toluene: 5.6 n-decane: 6.0 Tetrachloroethylene: 5.2	(Chen et al., 2005)
Non-woven polyester filter (2 layers) impregnated with activated carbon (portable)	340		HCHO: 1.5 ; Toluene: 26.0 n-decane: 62.0 Tetrachloroethylene: 22.5	(Chen et al., 2005)
Granular activated carbon + KMnO ₄ -impregnated alumina (in-duct)	-		HCHO: 1.4 ; Toluene: 3.5 n-decane: 3.4 Tetrachloroethylene: 3.3	(Chen et al., 2005)
<i>Photocatalytic oxidation</i>				
Indoor passive panels + UV-Vis light (TiO ₂ -wood flooring; wallpaper; fabric) Dimensions: 0.089 m ²	0.2		Toluene: 59-120 µg/m ² ·h ; 58-70 µg/m ² ·h ; <15 µg/m ² ·h	(Zuraimi et al., 2018)
Roofing tiles (three types) and corrugated sheets containing TiO ₂ (143cm ² ; 12.1-46.4 mg/cm ² and 90cm ² ; 22.2 mg/cm ² , respectively)	-		Toluene (RT / CS): 308-512 µg/m ² ·h at RH47% 248 µg/m ² ·h at RH47%	Toluene (RT /CS): 28.2-62.9 at RH47% ; 78±2% at RH1%22.7 at RH47% (Demeestere et al., 2008)
UV light (253.7 nm) TiO ₂ converter (+MERV11 filter) (in-duct)	720		Benz: 0.58; Tol: 0.58; Et-Benz: 0.50; Xyl:0.32; EtOH: 0.19%; n-hex: 0.26; HCHO: 0.08	(Kadribegovic et al., 2011)
UV light (253.7 nm) TiO ₂ converter (+MERV11 filter) (in duct)	3600		O ₃ (UV off): <2 O ₃ (UV on): 15	(Kadribegovic et al., 2011)
ZnO nanorod-wrapped PTFE nanofiber antibacterial membrane with Ag nanoparticles Ø30mm (7.07cm ²) ; 0.1mm thick	Bacteria: 0.06 HCHO: 0.013	HCHO: 1989 µg/m ² ·h	Bacteria: >99 HCHO: ≈60	(Feng et al., 2017)

Cellulose/Polyester/Polyamide filter coated with P25 TiO ₂ /SiO ₂ as catalyst (in duct) Filter: 400cm ² , 250 μm thick, 17g/m ² TiO ₂	25.8	Toluene: 15687 μg/m ² ·h n-decane: 15071 μg/m ² ·h TCE: 1646.9 μg/m ² ·h	Toluene: 8.63 n-decane: 5.76 TCE: 0.17	(Héquet et al., 2018)
VUV lights + MnO _x /TiO ₂ on Ni foam catalyst Photocatalyst: 834cm ² , 8mm thick	120		TVOC (UV off/on): 50.14 / 74.86	(Zeng et al., 2020)
Polyacrylonitrile (PAN)-TiO ₂ filter at different designs (simple membrane ; monolith ; truncated cone ; corrugated) ; Properties (cm ² , g/cm ²): 30, 0.33 ; 198, 0.48 ; 136, 0.23 ; 121, 1.01	9.5	Acetaldehyde Membrane: 2300 mg/m ² ·h Monolith: 2228 mg/m ² ·h Trunc. cone: 2300 mg/m ² ·h Corrugated: 3414 mg/m ² ·h	Acetaldehyde Membrane: 5.36% Monolith: 4.43% Truncated cone: 5.36% Corrugated: >4.99%	(Roso et al., 2019)
Two honeycomb monoliths coated with TiO ₂ as catalyst + 3 UV lamps (in-duct)	-		HCHO: 1.6 ; Toluene: 1.8 n-decane: 2.5 Tetrachloroethylene: 0.7	(Chen et al., 2005)
SiO ₂ /TiO ₂ -coated glass fiber tissue 6.5g/m ² SiO ₂ + 6.5g/m ² TiO ₂ Ø76mm in-coated tube	2		Benzene: ≈30 Propionic acid: ≈49.8	(Zadi et al., 2020)
<i>Non-thermal plasma</i>				
Post-catalytic plasma with different catalysts (Pt/Al ₂ O ₃ , Cu-Mn/TiO ₂ , Fe ₂ O ₃ +MnO ₂ , CuO+MnO ₂) and energy densities (J/L) Ø42mm tube; 15g of catalyst	0.6		Toluene (all catalyst): >90 at RH0%, 2.5J/L Toluene (Pt/Al ₂ O ₃): 39-61 at RH30-72%, 10J/L O ₃ (Pt/Al ₂ O ₃): ≈90 at all RH	(Van Durme et al., 2009)
Dielectric barrier discharge NTP Dimensions: Ø12mm, 20mm tube (exposure time of 0.06 / 0.12s)		Bacteria: 0.75 Fungi: 1.71	Bacteria: >95 Fungi: 85-98	(Liang et al., 2012)
Dielectric barrier discharge NTP 6.5g/m ² SiO ₂ + 6.5g/m ² TiO ₂ Ø76mm in-coated tube	2		Benzene: 29-52 Propionic acid: 10.3-34.7	(Zadi et al., 2020)

Hybrid methods

Activated carbon (Jo et al.) + PCO device Inner surface Ø20mm tube, 0.5mg/cm ² of TiO ₂ Thermal desorption (300°C)	0.06		Benzene: 95.0-98.7 Toluene: 97.5-100 Ethylbenzene: 98.3-100 Xylene: 96.6-100	(Jo and Yang, 2009)
Plasma deodorization unit + Activated charcoal filter (portable)	408		HCHO: 1.2 ; Toluene: 6.7 n-decane: 9.6 Tetrachloroethylene: 5.8	(Chen et al., 2005)
Electronic cell + Activated carbon postfilter (portable)	544		HCHO: 0.3 ; Toluene: 2.0 n-decane: 8.1 Tetrachloroethylene: 1.5	(Chen et al., 2005)
High intensity UV lamp + Photocatalytic semiconductor + Pleated activated carbon filter (in-duct)	-		HCHO: 3.0 ; Toluene: 42.1 n-decane: 44.8 Tetrachloroethylene: 46.6	(Chen et al., 2005)
ZIF8-SiO ₂ nanofiber composite membrane Dimensions: Ø30mm disc (7.07cm ²)	0.013	HCHO: 36.04 µg/m ² ·h; 48.87mg/g	HCHO: ≈80	(Zhu et al., 2019)
Dielectric barrier discharge NTP + UV light + SiO ₂ /TiO ₂ -coated glass fiber tissue 6.5g/m ² SiO ₂ + 6.5g/m ² TiO ₂ Ø76mm in-coated tube	2		Benzene: 58-90 Propionic acid: 63.8-94.8	(Zadi et al., 2020)
Electrostatic precipitator + Vacuum-UV lights + MnO _x /TiO ₂ on Ni foam catalyst + MnO ₂ catalyst for O ₃ removal MnO _x /TiO ₂ catalyst: 834cm ² , 8mm thick	120		TVOC: 4.04 No O ₃ generation	(Zeng et al., 2020)
MOF TiO ₂ /UiO-66-NH ₂ composites + UV light Toluene exp: 100mg of cat. on 250-mesh screen Acetaldehyde exp: 100mm, Ø6mm tube	0.06	Toluene (25/75/90%w TiO ₂): 106.7/164.4/142.0 mg/g CH ₃ CHO: (75%w TiO ₂): 275.3 mg/g	Toluene (25/75/90%w TiO ₂): 47.2/72.7/62.8 CH ₃ CHO: (75% w TiO ₂): 70.74	(Zhang et al., 2020)

Double layer nonwoven filter: PP-g-DMAEMA (Dimethylaminoethylmethacrylate)-rGO (reduced graphene oxide) (6.3%) + PP-g-DMAEMA sheet ; Filter: 25g/m ²	0.18	Benzene / Toluene / Xylene PP-DMAEMA-rGO: 51.4 / 50.6 / 48.9 mg/g PP-DMAEMA: <5mg/g each Double layer: 39.1 mg/g overall	(Tang et al., 2020)
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514

515 **Table 3.** Performance of physical/chemical technologies for the removal of VOCs.

516 Mechanical filtration, based on the forced circulation of air through a fibrous material where
517 pollutants are captured, is the simplest and most popular method for PM removal. PM removal
518 efficiencies depend on several factors such as the type and material of the filter or the air flow
519 (Harriman et al., 2019; Luengas et al., 2015). These filters need regular replacements to
520 maintain the capture efficiency, prevent the re-emission of pollutants and to avoid the growth
521 of microorganisms on the organic matter trapped in the filter material (Guieysse et al., 2008).
522 Single pass efficiencies higher than 90% are typically achieved in conventional filters, even at
523 high areal flow rates of 3240 m³/m²h (Polidori et al., 2013). New materials such as zeolites
524 (Zhu et al., 2019) or polymers (Tang et al., 2020; Wang et al., 2013) have been tested as
525 effective filters for particulate matter (Table 2).

526 Electronic filtration is based on the attraction of negatively charged particles to a plate with
527 opposite polarity, where particles are retained. Two commercial devices are available:
528 electrostatic precipitators ionizing pollutant particles and ion generators dispersing into the air
529 ions that will subsequently attach to pollutants. This technology exhibits higher capital and
530 operating costs than mechanical filtration (particularly ion generators) and requires an active
531 removal of the particles accumulated on the plates. Electronic filtration also entails the
532 generation of harmful pollutants such as ions, ozone or other compounds from VOCs ionization
533 (Hubbard et al., 2005; Luengas et al., 2015). The efficiencies achieved by electronic filters are
534 lower than those provided by mechanical filtration, and range between 14.5% and 67.7% for
535 different PM size (Zeng et al., 2020) (Table 2).

536 Adsorption consists of the capture of organic and inorganic volatile pollutants on the surface of
537 an adsorbent material. The most popular materials are activated carbon and zeolites, although
538 alumina, silica gel or polymers are also used (Jo and Yang, 2009; Kim and Ahn, 2012; Luengas
539 et al., 2015). These adsorbent materials can be even incorporated in construction materials,
540 which are easy to integrate in interior surfaces (Cros et al., 2012; da Silva et al., 2017; Gall et
541 al., 2011; Zuraimi et al., 2018). A high relative humidity and the inherent variability of pollutant

542 levels in indoor environments decrease the efficiency of adsorption filters. In addition, the
543 adsorption specificity of the material with one pollutant may inhibit the efficient adsorption of
544 other gas pollutants. These systems can also accumulate microorganisms hazardous to human
545 health. Adsorbent materials need to be periodically replaced or regenerated upon saturation to
546 maintain the efficiency and prevent re-emission, thus increasing operating costs (Guieysse et
547 al., 2008; Luengas et al., 2015). VOC removal efficiencies in adsorption devices are very
548 heterogeneous and dependent on pollutant hydrophobicity (Chen et al., 2005). Nevertheless,
549 removal rates of 90% are achieved for BTEX using activated carbon (Jo and Yang, 2009) and
550 carbon nanocomposites (Srivastava et al., 2019) as adsorbent materials. Removal capacities up
551 to 140 $\mu\text{g}/\text{m}^2\cdot\text{h}$ (Zuraimi et al., 2018) or 8.11 mg/g (Xu et al., 2013) have been reported for
552 formaldehyde. Likewise, Srivastava et al. achieved retention capacities of 1821, 964 and 1076
553 mg/g for the removal of benzene, toluene and xylene, respectively (Table 3). Overall,
554 adsorption technologies are considered the best physical/chemical technology to remove indoor
555 VOCs.

556 Ozonisers generate O_3 molecules from ambient O_2 by high-voltage discharge or UV radiation .
557 O_3 is a strong oxidant that can react with VOCs and VICs present in indoor air. Although the
558 levels of some VOCs may be reduced, the abatement efficiencies of ozonisers are not superior
559 to their physical/chemical counterpart (Luengas et al., 2015). In addition, health problems may
560 arise from high indoor levels of ozone or by hazardous secondary pollutants produced by the
561 reaction of O_3 with VOCs, particularly with terpenes (Chen et al., 2005; Hubbard et al., 2005;
562 Luengas et al., 2015). The performance of ozonisers has not been evaluated in this review as
563 they are not recommended for indoor air treatment due to their above-mentioned health risks.

564
565 UV photolysis relies on the degradation of VOCs, bacteria, fungi and viruses by ultraviolet
566 radiation. Indeed, this technology constitutes an effective method for sterilization at ambient
567 temperature and pressure (De Robles and Kramer, 2017). However, UV radiation is harmful

568 for human health and only some air pollutants are effectively destroyed. The high cost of lamp
569 acquisition and intensive energy consumption rank among the main disadvantages of this
570 technology. In addition, undesired compounds such as ozone or secondary organic pollutants
571 might be released to indoor air as a result of the unspecific action of UV radiation (Chen et al.,
572 2005; Guieysse et al., 2008; Luengas et al., 2015). The performance of stand-alone photolysis
573 units was not herein evaluated since this technology is commonly implemented as
574 photocatalytic oxidation.

575 Photocatalytic oxidation (PCO) utilizes catalytic semiconductors to create reactive radicals
576 from ambient O₂ and radiation (generally UV), which further react with indoor air pollutants.
577 TiO₂ is the most popular catalyst due to its low cost, non-toxicity, biocompatibility and
578 effectiveness. Other metallic oxides and sulfides (SnO₂, ZnO, CdS) are also used as catalysts
579 (Chen et al., 2005; Mo et al., 2009). This technology can cope with a larger spectrum of
580 pollutants than photolysis (Guieysse et al., 2008). The generation of harmful radicals and
581 secondary organic aerosols, along with the high costs of catalyst media replacement, limit the
582 widespread use of this technology (Chen et al., 2005; Luengas et al., 2015). Single pass
583 efficiencies in photocatalytic devices are pollutant and catalyst specific. For instance, Feng et
584 al. (2017) reported a removal efficiency of 60% for formaldehyde (Feng et al., 2017), while
585 Zeng et al. (2020) reported a 75% removal of TVOC (Zeng et al., 2020). The areal elimination
586 capacity is an important design parameter in PCO, with values as high at 3414 mg/m²·h reported
587 for acetaldehyde (Roso et al., 2019) (Table 3).

588 Plasma consists of a cloud of highly ionized gas containing electrons, positive ions, oxidants
589 and free radicals able to degrade organic pollutants, precipitate particulate matter and kill
590 pathogens (Luengas et al., 2015). Non-thermal plasma (NTP) is generated at ambient
591 temperature by high voltage discharges (usually corona discharge) at the expenses of a high
592 energy consumption. Similarly to UV or photocatalytic oxidation, plasma mediates the
593 generation of O₃ and other by-products or oxidation intermediates that may be as dangerous for

594 human health as the parent pollutants (Chen et al., 2005; Luengas et al., 2015). NTP can achieve
595 removal efficiencies of up to 90% for VOCs (Van Durme et al., 2009) and microorganisms
596 (Liang et al., 2012), although operation under real conditions (i.e. high humidity and low
597 pollutant concentrations) could reduce its abatement performance (Table 3).

598 Membrane separation is based on the transfer of indoor air pollutants to another fluid through
599 a semipermeable membrane. This technology has been consistently proven at high pollutant
600 concentrations, but its efficiency at the low levels of pollutants found in indoor air is not
601 guaranteed (Guieysse et al., 2008). Mechanical resistance and pressure drop, and therefore
602 operational costs, are higher compared to other technologies. In addition, VOCs captured on
603 the other side of the membrane must be appropriately managed or destroyed in a separate unit
604 (Guieysse et al., 2008; Luengas et al., 2015). Membrane separation is still a developing
605 technology in indoor air treatment.

606 Overall, there is no single physical-chemical technology capable of coping with all indoor air
607 pollutants in a cost-effective manner, which requires the use of sequential technology
608 configurations at the expenses of superior capital and maintenance costs. Mechanical filtration
609 is typically installed to eliminate particulate matter prior to other abatement technology
610 (Luengas et al., 2015). The broad nature of VOCs and VICs requires tandems of gas pollutant
611 abatement technologies. For instance, Jo and Yang (2009) reported removal efficiencies of
612 BTEX of ~100% using a granular activated carbon adsorbent coupled with a PCO-TiO₂ unit
613 (Jo and Yang, 2009). Likewise, Zhu et al. (2019) (Zhu et al., 2019)(Zhu et al., 2019) achieved
614 a removal efficiency of 80% for formaldehyde, with an adsorption capacity of 48.9 mg/g (gram
615 of adsorbent) (Zhu et al., 2019). Zhang et al. (2020) recorded capacities of up to 164.4 mg/g for
616 toluene and 275.3 mg/g for acetaldehyde (Zhang et al., 2020), while a capacity of 39.1 mg/g
617 has been reported by Tang et al. (2020) for benzene, toluene and xylene (Tang et al., 2020)
618 (Table 3).

619

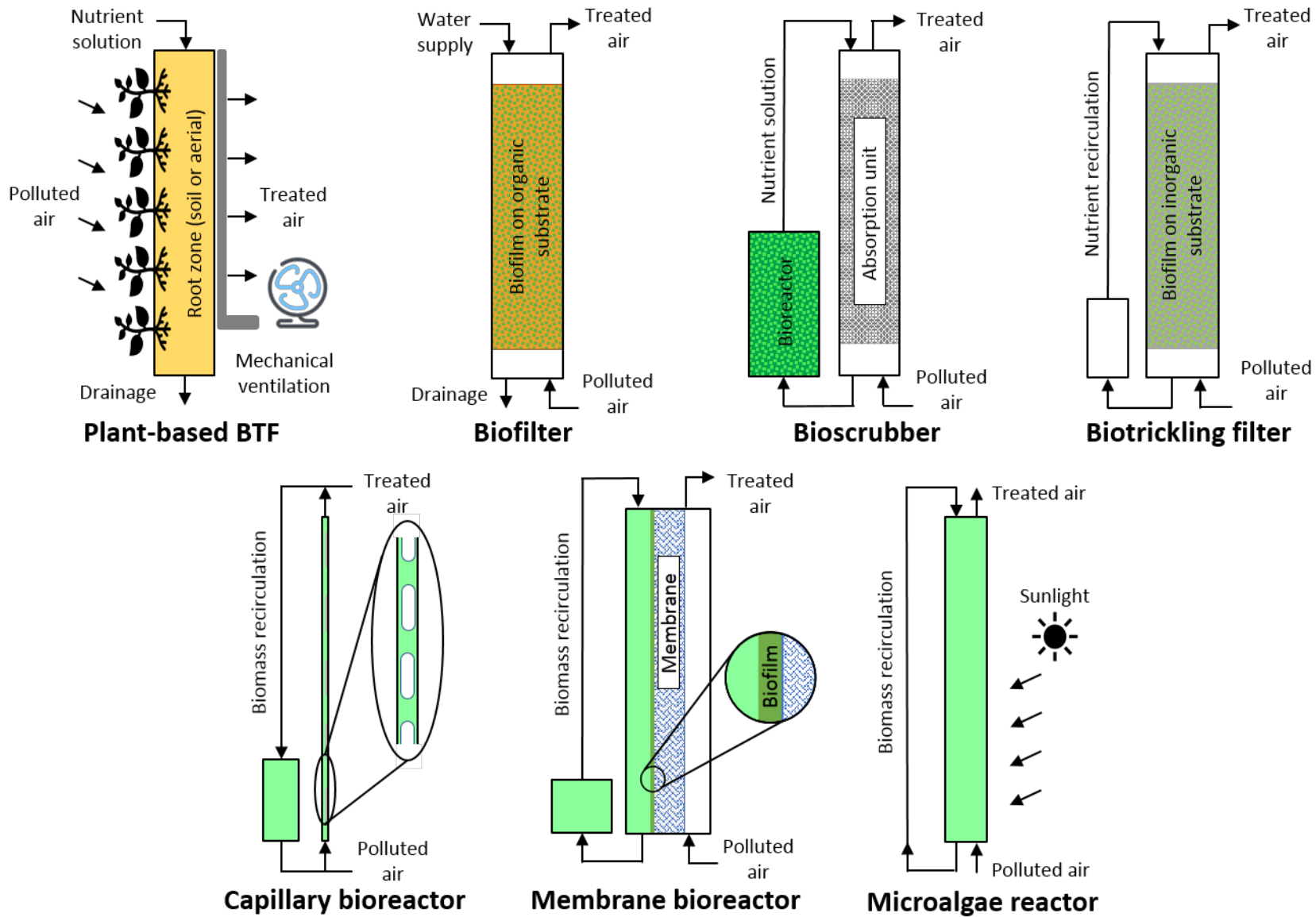
620 **5. Biological Based Purification Methods**

621 The performance of conventional physical-chemical methods for indoor air purification is
622 hampered by the low concentrations, the diversity and the variability of VOCs in indoor
623 environments. However, these limitations represent an opportunity for biological based
624 purification systems. Biotechnologies are based on the action of microorganisms or plants,
625 which are able to eliminate or transform the gas pollutants by utilizing them as energy and/or
626 carbon source for either cell maintenance or replication (Guieysse et al., 2008). Overall, indoor
627 air pollutant biodegradation relies on the action of oxidative enzymes, which function at
628 ambient pressure and temperature without the need of additional chemicals. In botanical
629 technologies, both plant and soil microenvironment are responsible of pollutant degradation.
630 On the other hand, gas-water contactors are based on the biocatalytic action of suspended or
631 immobilized microorganisms, which bio-convert air pollutants into CO₂, H₂O and new
632 microorganisms. These microorganisms need to be integrated by diverse, versatile and adaptive
633 microbial communities of bacteria, fungi, microalgae or yeasts able to remove simultaneously
634 a wide spectrum of pollutants at variable concentrations without generating undesirable by-
635 products (Soreanu, 2016). Microorganisms are typically present as biofilms, which consist of a
636 moist layer of cells adhered to the surface of a support material. Biofilms provide a protected
637 environment to microorganisms and support a direct contact between the gas pollutants and
638 cells, which enhances pollutant mass-transfer, a commonly limiting parameter in gas-phase
639 bioreactors (Guieysse et al., 2008; Soreanu, 2016; Soreanu and Dumont, 2020).

640 Biotechnologies have been successfully developed for industrial applications, where varying
641 concentrations of multiple gas pollutants from different sources are cost-effectively treated
642 (Estrada et al., 2011; Kennes and Veiga, 2013; Soreanu and Dumont, 2020; Van Groenestijn
643 and Kraakman, 2005). However, the potential of biotechnologies for indoor air purification
644 remains unexplored due to the particular and challenging conditions of indoor environments
645 (Pacheco-Torgal et al., 2015). Mass-transfer limitations and the rapidly changing

646 concentrations of a large spectrum of gas pollutants are the main drawbacks associated with
647 indoor air treatment. Additionally, a cost-competitive CO₂ removal and the control of biological
648 hazards need to be addressed prior in-house implementation of biotechnologies. Biological-
649 based purification systems for indoor air would improve the energy efficiency of buildings,
650 while providing additional benefits in indoor environmental quality such as aesthetic and
651 psychological improvements (Guieysse et al., 2008; Moya et al., 2019). As indoor environments
652 are often condensed spaces, biotechnologies need to be compact and aesthetically integrated
653 units with high effectiveness treating large air flowrates. In this context, new configurations of
654 bioreactors such as membrane, capillary or two-phase reactors have been successfully tested to
655 maximize the mass-transfer of gas pollutants (Kraakman et al., 2011; Muñoz et al., 2012;
656 Soreanu, 2016). Alternatively, botanical biofiltration could have additional economic,
657 environmental and social benefits, including remarkable psychological impacts of ‘greening’
658 the indoor space with plants. In addition, plants are able to effectively decrease CO₂
659 concentration, which has been proved to impact on human decision-making performance
660 (Satish et al., 2012).

661 The most common technologies for indoor air treatment are discussed below. Furthermore,
662 some examples of these purification methods and their principal operational characteristics are
663 shown in Table 4 and in Figure 3.



664

665 **Figure 3.** Schematic operational configurations of different air purification biotechnologies.

Description of the Technology	Air flow (m ³ /h) EBRT (min)	Removal Efficiency (%) Elimination capacity (mg/m ³ ·h)	Inlet concentration Inlet load	Reference
Botanical technologies				
Active potted plant: <i>Epipremnum aureum</i> (2) Filter bed: 0.35×0.2×0.15 m ³ , granular activated carbon + shale pebbles (1:1 mixture; Ø5 mm) 5.1 m ³ chamber	50 m ³ /h	HCHO: 19.9-32.7% at RH55-90%	HCHO: 824±15 µg/m ³	(Wang et al., 2014)
Biowall: <i>Philodendron scandens</i> (18) + <i>Philodendron scandens</i> 'Brazil' (13) + <i>Asplenium antiquum</i> (19) + <i>Syngonium podophyllum</i> (13) 1.5 m ² module; 30 m ³ chamber Support: inorganic media + activated carbon	50 m ³ /h	Butanone: 55.1-58.5%	Butanone: 39.4-44.8 µg/m ³	(Torpy et al., 2018)
Biofilters				
Compost/perlite (75:25) as packing (8.5L) 120 cm, Ø10 cm PVC reactor Activated sludge as inoculum	1.57-0.53 min	H ₂ S: >99% Toluene: >99.9% Butanone: >98.9%	H ₂ S: 23.6-43.3 mg/m ³ Toluene: 0.40-0.60 mg/m ³ Butanone: 4.3-6.3 mg/m ³	(Lebrero et al., 2011)
Compost as packing 2L PVC column (53 cm, Ø8.3 cm) Irrigation flow rates: 30/120 mL/day Activated sludge as inoculum	0.72/0.30 min	MeSH: >98%; ≈1.2 g/m ³ ·h Toluene: >98%; ≈0.22 g/m ³ ·h α-pinene: >98%; ≈0.25 g/m ³ ·h n-hexane: 96-98%; ≈0.20 g/m ³ ·h	MeSH: 410-980 mg/m ³ ·h Toluene: 69-164 mg/m ³ ·h α-pinene: 76-182 mg/m ³ ·h n-hexane: 63-150 mg/m ³ ·h	(Lebrero et al., 2014)
Compost/pozzolan (80:20) as packing (3.8L) 0.25 m, Ø0.1 m reactor Activated sludge as inoculum	0.38 min	Toluene: ≈100%; ≈23.9 mg/m ³ ·h p-xylene: ≈65-100%; ≈14 mg/m ³ ·h	Toluene: 0-25 mg/m ³ ·h p-xylene: 0-22.5 mg/m ³ ·h	(Luengas et al., 2017)
Biotrickling filters				
<i>Pseudomonas putida</i> embedded in calcium alginate gel (granules); 30 cm, Ø6 cm column (4 beds); Liquid flow: 1.23 L/day	0.09 m ³ /h	HCHO: 68.6-93.5%; 25-158.4 mg/m ³ ·h	≈0.2-1.34 mg/m ³	(Lu et al., 2012)

PU foam as packing (2L, 1cm ³ cubes); PVC column (53 cm, Ø8.3 cm); Liquid flow: 1.5 m/h Activated sludge as inoculum	0.07-0.72 min	MeSH: >97%; ≈1.2 g/m ³ ·h Toluene: >97%; ≈0.22 g/m ³ ·h α-pinene: >97%; ≈0.25 g/m ³ ·h n-hexane: 88-95%; ≈0.20 g/m ³ ·h	MeSH: 410-980 mg/m ³ ·h Toluene: 69-164 mg/m ³ ·h α-pinene: 76-182 mg/m ³ ·h n-hexane: 63-150 mg/m ³ ·h	(Lebrero et al., 2014)
PU foam as packing (48 cubes; 4×4×4 cm ³) Acrylic 8×8×76 cm ³ reactor Liquid flow: 0.3/0.5 L/min Activated sludge as inoculum	0.12/0.30 m ³ /h 1.53/0.61 min	VOCs (normalized carbon content) 78-87%; 1.2-9.3 mg _{carbon} /m ³ ·h	1.5-10.7 mg _{carbon} /m ³ ·h	(Saucedo-Lucero and Revah, 2018)
PE Ralu-rings (1.5×1.5 cm ²) as packing (60 cm high); 100 cm, 48L reactor; Liquid flow: 1.2 m ³ /h Enriched culture inoculum	3.0-9.0 m ³ /h 0.96-0.32 min	Ethanol: 100%; 5-22 g/m ³ ·h DMS: 10-100%; 0.65-6.6 g/m ³ ·h Optimal 95% (low gas flux)	Ethanol: 5-22 g/m ³ ·h DMS: 2.8-8.5 g/m ³ ·h	(Bak et al., 2017)
Membrane biotechnologies				
Porous acrylonitrile support (50µm) + PDMS layer (0.3µm); 40 cm ² membrane in 200×5×2 mm ³ (8mL) compartments; Liquid flow: 0.03 L/min Activated sludge + hydrophobic bacteria as inoculum (+ silicon oil);	1.0-0.12 min	Acetone: 95-100% Toluene: 93-100% n-hexane: 7-28% Limonene: 88-100%	Acetone: 0.1-10.2 mg/m ³ ·h Toluene: 0.2-13.4 mg/m ³ ·h n-hexane: 0.1-5.6 mg/m ³ ·h Limonene: 0.1-9.6 mg/m ³ ·h	(Lebrero et al., 2013)
Commercial hollow-fiber membrane reactor (10600 PDMS fibers, Ø190 µm; V: 300 mL; A: 8300 cm ²); Liquid flow: 0.2 L/min; Activated sludge as inoculum	1.4-0.27 min	MeSH: 8.5-98%; ≈0.58 g/m ³ ·h Toluene: 67-99%; ≈0.11 g/m ³ ·h α-pinene: 70-99%; ≈0.12 g/m ³ ·h n-hexane: 38-58%; ≈0.09 g/m ³ ·h	MeSH: 210-1103 mg/m ³ ·h Toluene: 35-185 mg/m ³ ·h α-pinene: 39-205 mg/m ³ ·h n-hexane: 32-169 mg/m ³ ·h	(Lebrero et al., 2014)
Hybrid technologies				
Biofilter + Adsorption system Pyrex column (23 cm, Ø10 cm) packed with compost + Activated carbon adsorption column (2.9 cm, Ø2.5 cm column)	0.5 m ³ /h 0.22 min (BF) 0.002 min (AC)	Toluene: 88.2-98.2% (BF) Toluene: 84.9-99.9% (BF+AC)	Toluene: 17-52 µg/m ³ (4.2-14 mg/m ³ ·h) Peaks of 733±55 µg/m ³ (200±20 mg/m ³ ·h)	(Hort et al., 2014)

<p>Biofilter + Adsorption system 25 cm, Ø10 cm reactor; Compost/pozzolan (80:20) packing (1.26L) + Activated carbon (1.26L) column Activated sludge as inoculum</p>	<p>0.13-0.04 min</p>	<p>Toluene: ≈100% (at 45 mg/m³·h), up to 80 mg/m³·h (BF); ≈100%, up to 187 mg/m³·h (AC) p-xylene: ≈100% (at 32 mg/m³·h) up to 32 mg/m³·h ((BF); ≈100%, up to 63 mg/m³·h (AC)</p>	<p>Toluene: 0-235 mg/m³·h p-xylene: 0-63 mg/m³·h</p>	<p>(Luengas et al., 2017)</p>
<p>Biofilter + Adsorption system 25 cm, Ø10 cm reactor; Compost/pozzolan (80:20) packing (1.26L) + Activated carbon (1.26L) column Activated sludge as inoculum</p>	<p>0.13-0.04 min</p>	<p>Toluene: 100% at 45 mg/m³·h (BF); 100% at 187 mg/m³·h (AC) p-xylene: 100% at 32 mg/m³·h (BF); 100% at 63 mg/m³·h (AC)</p>	<p>Toluene: 0-235 mg/m³·h p-xylene: 0-63 mg/m³·h</p>	<p>(Luengas et al., 2017)</p>
<p>Bag filter + Photocatalytic reactor + BTF Bag filter: 90 cm, Ø60 cm reactor PC: 45×45×100 cm³; 10 UV lamps; 20 Ni foam plates (21.5×25.0 cm²) coated with TiO₂ BTF: 220 cm, Ø40 cm reactor; ceramic beads/Raschig rings (50:50) packing; 6×12cm bed layers</p>	<p>200 m³/h</p>	<p>TVOC: 84% (4+65+15%) PHAs: 87% (18+63+6%) PBDEs: 94% (80+11+3%) % for Bag filter, BTF and PC, respectively</p>	<p>TVOC: 48-920 µg/m³ PHAs: 0.94-1.2 µg/m³ PBDEs: 0.85-4.8 µg/m³</p>	<p>(Chen et al., 2016)</p>

666

667 **Table 4.** Performance of biological technologies for the removal of VOCs.

668 Phytoremediation is an established method for the treatment of polluted soils and waters. The
669 application of botanical systems to indoor environments has been shown effective for removing
670 VOCs and PM (Liu et al., 2007; Pacheco-Torgal et al., 2015; Torpy et al., 2014; Wood et al.,
671 2006; Yang et al., 2009). Botanical technologies can be divided into passive (e.g. potted plants)
672 or active (plant-based biotrickling filters, PBTFs) systems. Passive systems rely on the diffusion
673 of gas pollutants, which is a slow process at the low concentrations typically present in indoor
674 environments. Active systems incorporate mechanical ventilation devices to increase the
675 availability of the gas pollutants. In PBTFs, the polluted air is forced to flow through the aerial
676 parts and roots of hydroponic plants to maximize the removal of pollutants. Additional benefits
677 of these active systems such as decreasing indoor temperature, increasing relative humidity or
678 acting as passive acoustic insulation have been identified (Moya et al., 2019). While CO₂, SO_x,
679 NO_x and O₃ appear to be taken up directly through the stomates of plants during daylight, VOCs
680 are mostly degraded by microorganisms present in the rhizosphere. A symbiotic relationship
681 between plants and microorganisms may be achieved (Moya et al., 2019; Oh et al., 2011;
682 Pacheco-Torgal et al., 2015; Torpy et al., 2014; Yang et al., 2009). The performance of
683 botanical technologies is still lower than that of other conventional technologies (Table 4).

684 Alike phytoremediation, biofiltration is a well-known and proven method for the removal of
685 gas pollutants, which can be engineered in multiple configurations (Figure 3). In biofilters
686 (BFs), microorganisms are immobilized in a packing media, traditionally an organic material
687 like compost, irrigation is intermittent, and moisture and nutrients are retained by the biofilm
688 and the packing media. BFs are the preferred option for the treatment of hydrophobic pollutants
689 based on the occurrence of a direct contact between the biofilm and the air emission.

690 Bioscrubbers consist of two separate units, where pollutants are initially transferred in a packed-
691 bed or mist absorption unit from the gas phase to an aqueous phase, which is recirculated to a
692 second unit where microorganisms growing in suspension biodegrade the dissolved pollutants.
693 This configuration provides high abatement efficiencies for hydrophilic pollutants. Biotrickling

694 filters (BTFs) are stand-alone units with packing media, typically inorganic materials with large
695 surface area supporting biofilm growth, with a solution of nutrients continuously trickling down
696 over the packing. BTFs are effective for the treatment of hydrophilic pollutants and typically
697 operate at lower gas residence time than BF or bioscrubbers (Soreanu, 2016; Soreanu and
698 Dumont, 2020). These systems are well-established technologies for air pollution control in
699 many industrial applications, providing an effective abatement performance, reliability and low
700 operating costs (Estrada et al., 2011; Kennes and Veiga, 2013; Soreanu and Dumont, 2020; Van
701 Groenestijn and Kraakman, 2005). Table 4 highlights the performance of BFs and BTFs
702 operating at the concentration range commonly found in indoor air. Removal efficiencies higher
703 than 95 % at gas residence times lower than 95 s have been reported in BFs and BTFs for a
704 wide range of pollutants.

705 Membrane bioreactors are based on the separation of gas and liquid phase by a membrane. A
706 nutrient solution, containing the pollutant degrading microorganisms, is continuously
707 recirculated at one side of the membrane, while the contaminated air flows (usually counter-
708 currently) on the other side. An attached biofilm might be formed on the aqueous side of the
709 membrane. The pollutants diffuse from the gas side through the membrane and are biodegraded
710 by the microorganisms in the biofilm or in the bulk cultivation medium (Soreanu and Dumont,
711 2020). Despite exhibiting high investment costs, membrane bioreactors bring some innovations
712 in the field of indoor air purification. First, the air stream and microorganisms in liquid phase
713 are physically separated, which allows a better control of operational conditions, including
714 biofilm thickness and nutrient supply, and prevents the drying of the biofilm. Secondly, the risk
715 of an undesired stripping of microorganisms is avoided and the excess of humidity in the
716 purified air is limited. Finally, the mass-transfer of gas pollutants is improved due to the affinity
717 and permeability of the membrane, especially in the case of hydrophobic pollutants (Kumar et
718 al., 2008; Studer and von Rohr, 2008). Membrane bioreactors have been tested for the treatment
719 of high VOC concentration, and their performance in indoor air applications remains

720 unexplored. Promising removal efficiencies have been obtained by Lebrero et al. (2013; 2014),
721 although the degradation of highly hydrophobic pollutants like n-hexane is still problematic.
722 (Lebrero et al., 2014, 2013).

723 Capillary bioreactors are a new approach on the abatement of gas pollutants. Capillary
724 bioreactors are engineered as parallel straight microchannels, with a maximum internal
725 diameter of 5 mm in air-water reactors (Kreutzer et al., 2005b). A segmented flow (or Taylor
726 flow) is desired inside the capillaries, which consists of alternating sections of gas and liquid
727 (air bubbles and liquid slugs) that flow co-currently either upwards or downwards. The mass-
728 transfer of gas pollutants is enhanced by the internal circulation within liquid slugs, which
729 increases the contact between the gas and the liquid phase. This configuration improves the gas-
730 liquid mass-transfer (much higher than conventional stirred systems), while pressure drop
731 remains low (Kraakman et al., 2011; Kreutzer et al., 2005b, 2005a; Rocha-Rios et al., 2013).
732 This technology could achieve better results than traditional bioreactors for a given power input
733 (Kreutzer et al., 2005a). Although capillary bioreactors are promising solutions for indoor air
734 purification, some problems such as the long-term maintenance of a robust Taylor flow needs
735 to be solved (Kreutzer et al., 2005a). In this context, some innovative designs have been
736 proposed, such as a capillary microbioreactor where pollutants are pre-concentrated to
737 guarantee an excellent performance of the Taylor flow bioreactor, (López De León et al., 2019).

738 Microalgae fix CO₂ during photosynthesis using light as energy source while releasing O₂ to
739 the ambient air. While plants can also perform photosynthesis, algae are much more effective
740 in this process because of the simpler cell structure and higher light utilization efficiencies
741 (Brennan and Owende, 2010; Soreanu and Dumont, 2020). Algae photobioreactors may be a
742 feasible solution for indoor environments with elevated CO₂ levels such as offices, schools or
743 shopping centers. Some species of microalgae are also able to use hydrocarbons from the
744 environment to obtain carbon and energy (heterotrophic metabolism), and even exhibit a mixed
745 metabolism depending on the environmental conditions. Microalgae systems have been widely

746 studied in recent decades for biofuel or food production and wastewater treatment, where
747 operational conditions are far from those encountered in indoors environments (Anbalagan et
748 al., 2017; Mendoza et al., 2013; Niederwieser, 2015; Soreanu and Dumont, 2020). However,
749 there are few studies assessing the performance of algal photobioreactors as facades for indoor
750 air purification as well as energy recovery systems (Araji and Shahid, 2018; Wilkinson et al.,
751 2017).

752

753 **Conclusions**

754 The problem of exposure to indoor air pollution has become more apparent in recent years, as
755 people spend more than 80% of the time indoors and buildings are progressively sealed against
756 the environment to obtain heating and cooling energy savings. Recent studies have shown that
757 poor indoor air quality is a major contributor to global health problems and causes multi-
758 millionaire losses. Currently, there is not a single physical-chemical technology that can
759 efficiently address all challenges related to indoor air purification. Biological based purification
760 systems are promising solutions to overcome the limitations of indoor air treatment, such as
761 diversity and hydrophobicity of pollutants, variability of concentrations, etc. Additionally, these
762 systems need to assure humidity control of purified air, prevent microorganism releases and
763 incorporate CO₂ removal. The accomplishment of all these features would lead to ‘green’
764 energy efficient systems able to improve IAQ. Some hybrid solutions integrating
765 biotechnologies with physical-chemical systems have been proposed to overcome these
766 limitations, where technologies complement each other to cover a wider range of action.

767 As modern building regulations are based on energy savings, which reduces air exchange and
768 increases the concentration of indoor pollutants, future research should focus on the progressive
769 development of bio-based systems. Hence, biotechnologies have the potential to successfully
770 deal with the problem of poor IAQ, although more investigation is necessary to develop cost-

771 effective systems that can be integrated in indoor spaces combining optimal performance with
772 acceptable aesthetics.

773

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