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# Supercritical rosemary extracts, their antioxidant activity and effect on hepatic tumor progression

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23 **Abstract**

24 The use of supercritical fluid technology as an innovative technology to extract bioactive  
25 compounds has grown considerably in recent decades. Particularly, the recovery of  
26 antioxidants from different herbs is a matter of continuous research and development.  
27 Antioxidants can protect cells against the effects of free radicals and thus, play an important  
28 role in heart illness, cancer and other diseases.

29 Rosemary (*Rosmarinus officinalis* L.) has been recognized as one of the Lamiaceae plant  
30 with many important biological activities. Particularly, large antioxidant power has been  
31 recognized in rosemary and main substances related with this activity were the phenolic  
32 diterpenes such as carnosol, rosmanol, carnosic acid, methyl carnosate, and phenolic acids  
33 such as the rosmarinic and caffeic acids. Moreover, carnosic acid and carnosol are recognized  
34 as the most abundant antioxidants present in rosemary.

35 In this work, supercritical fluid technology was applied to produce rosemary extracts with  
36 different composition and thus, with different bioactivity properties. Selected extracts, from  
37 the variety of samples obtained, were used to study the capability of rosemary supercritical  
38 extracts to inhibit the proliferation of human liver carcinoma cells. These extracts showed a  
39 dose-dependent effect on inhibiting the proliferation of human hepatoma cells. Moreover,  
40 observed citoestaticity appeared to be significantly influenced by their different composition,  
41 suggesting a relevant role of the technology to produce the extracts and the consequently  
42 obtained compositions on the potential antitumoral activity of rosemary.

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46 **Keywords:** *Rosmarinus officinalis*; Antioxidant; Supercritical extraction; Hepatic cancer.

47

## 48 1. Introduction

49 Recent studies reveal that the extracts of many plants and herbs are potential anticancer drugs  
50 owing to their capacity to prevent, reverse and/or inhibit certain processes of carcinogenesis  
51 before the development of invasive cancer [1, 2]. This effect has been attributed to certain  
52 substances present in the vegetal matter, and many scientific studies are currently under  
53 development to prove that these substances possess specific functional activities. For example,  
54 the catechins of green tea [3], resveratrol present in grapes, berries and peanuts [4], lycopene  
55 of tomato [5], ellagic acid which is a natural phenol antioxidant found in numerous fruits and  
56 vegetables [6], have been reported to show the capability to prevent cancer development.

57 Particularly, rosemary (*Rosmarinus officinalis* L.) is a perennial herb from Lamiaceae family,  
58 typical of the Mediterranean region, which has been recognized to have numerous and  
59 important biological properties, such as hepatoprotective [7], antidiabetic [8], antioxidant [9],  
60 antiproliferative [10], antiviral [9], antimicrobial [12], antinociceptive [13] and antidepressant  
61 [14], among others. Some of these activities point to a promising beneficial effect of  
62 rosemary in controlling cancer development. Accordingly, it has been previously reported  
63 that rosemary extracts and their isolated components show inhibitory effects on the growth of  
64 breast, liver, prostate, lung and leukemia cancer cells [14] and represses the initiation and  
65 promotion of tumorigenesis of melanoma and glioma in animal models [15-17]. However,  
66 the potential synergism among components, as well as the putative mechanism of action by  
67 which it exerts this biological activity has not been clearly addressed to date.

68 One of the most appreciated properties of rosemary extract is its antioxidant capacity, which  
69 is related to the presence of antioxidant phenolic substances, such as carnosol, rosmanol,  
70 carnosic acid, methyl carnosate, rosmarinic and caffeic acids [18-20]. Moreover, carnosic  
71 acid and carnosol are the most abundant antioxidant of rosemary. Some *in vitro* investigations  
72 have shown that carnosic acid has an antioxidant activity three times higher than that of

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73 carnosol [21]. Nevertheless, also the contrary conclusion was reported, depending on the  
74 method employed to evaluate the antioxidant activity [22].

75 On the other hand, different authors [23, 24] compared rosemary extracts produced by  
76 supercritical fluid extraction (SFE) with those obtained using liquid solvents (ethanol and  
77 hexane) or hydro-distillation, and demonstrated the superior antioxidant activity of the  
78 supercritical extracts.

79 The SFE of rosemary leaves to produce natural antioxidant extracts has been extensively  
80 investigated and reported; the reader is referred to some of the abundant literature available in  
81 this respect [23-31]. The main advantage of SFE is related to the possibility of fractionation  
82 of the extract to separate the essential oil substances from the phenolic compounds. In general,  
83 fractionation was accomplished by applying different conditions in two sequential extractions  
84 (multi-step fractionation) or by producing a cascade decompression of the extract in two or  
85 more separator vessels (on-line fractionation). Further, to increase the concentration of  
86 phenolic compounds in the extract and get more antioxidant power, the supercritical CO<sub>2</sub>  
87 extraction using small amounts of a polar cosolvent (ethanol) was applied.

88 Multi-step fractionation arrangement consist in performing a first extraction step at low CO<sub>2</sub>  
89 density to extract the most soluble compounds (e.g. the volatile oil) followed by a second  
90 extraction step at high CO<sub>2</sub> density to remove the less soluble substances (e.g. antioxidants).  
91 Ibañez et al. [29] employed this fractionation scheme and a low-antioxidant but essential oil  
92 rich fraction was obtained in the first step (10 MPa and 40°C, CO<sub>2</sub> density = 630 kg/m<sup>3</sup>) and  
93 a high-antioxidant fraction was produced in the second step (40 MPa and 60°C, CO<sub>2</sub> density  
94 = 891 kg/m<sup>3</sup>). Ibañez et al. [30] and Ivanovic et al., [31] employed similar multi-step  
95 fractionation scheme to isolate an antioxidant fraction from rosemary.

96 On-line fractionation is another fractionation alternative which allows operation of the  
97 extraction vessel at the same conditions during the whole extraction time, while several

1 98 separators in series (normally, no more than two or three) are set at different temperatures and  
2 99 decreasing pressures. The scope of this operation is to induce the selective precipitation of  
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4 100 different compound families as a function of their different saturation conditions in the  
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7 101 supercritical solvent. This procedure has been applied with success in the SFE of essential  
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9 102 oils as it was well established by Reverchon and coworkers in the 1990s [32-34].  
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12 103 Supercritical rosemary extraction and on-line fractionation in a two-step depressurization  
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14 104 system was studied by Cavero et al. [25] using pure CO<sub>2</sub> and CO<sub>2</sub> with ethanol cosolvent; the  
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16 105 antioxidant fraction was isolated in the first separator, while the volatile oil was recovered in  
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18 106 the second separator. Nevertheless, the authors concluded that for increased CO<sub>2</sub> densities a  
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21 107 decrease of carnosic acid recovery was obtained. Further, when using ethanol as cosolvent,  
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23 108 the differences in the distribution of carnosic acid between fractions recovered in the first and  
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25 109 second separators were smaller, showing a decrease in selectivity.  
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28 110 A different on-line fractionation alternative to improve the isolation and yield of the rosemary  
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30 111 antioxidants has been recently presented by the authors [35]. The temperature and pressure of  
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33 112 the extractor vessel were kept constant (30 MPa and 40°C) during the whole extraction time,  
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35 113 but the depressurization procedure was varied with time. At the beginning (first period) on-  
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37 114 line fractionation of the extract was accomplished; owing to the lower solubility of the  
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39 115 antioxidant compounds in comparison to the essential oil, antioxidants would precipitated in  
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41 116 the first separator (S1) while the essential oil would be recovered in the second separator (S2).  
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44 117 Nevertheless, after some time, the amount of volatile oil in the plant matrix would be  
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46 118 significantly reduced but large amounts of antioxidants would still remain in plant matrix  
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49 119 [28]. Then, during the rest of the extraction (second period) the pressure of the first separator  
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51 120 is reduced and all substances extracted were recovered in S1 (and mixed with the material  
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53 121 recovered there during the first period). The authors [35] varied the time of the first period  
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56 122 and determined the optimum in order to maximize antioxidant activity and yield in the  
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123 fraction collected in S1. In this way, a product was obtained with a 2-fold increase of  
124 antioxidants in comparison with a scheme with no fractionation, and with a yield almost five  
125 times higher than that obtained when on-line fractionation is accomplished during the whole  
126 extraction time.

127 In this work, rosemary supercritical extracts with different concentration of antioxidant and  
128 volatile oil compounds were produced, using diverse extraction conditions such as pressure,  
129 amount of co-solvent (ethanol) and taking advance of the different fractionation procedures  
130 reported in the literature and concisely explained above. The antioxidant power of the  
131 different samples produced was evaluated by the DPPH test, and some selected supercritical  
132 rosemary extracts were employed to study the potential antitumor activity of the extracts  
133 when added to liver cancer cells.

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## 136 **2. Materials and methods**

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### 138 **2.1 Chemicals and samples**

139 2, 2- Diphenil-1-ptycyl hydrazyl hydrate (DPPH, 95% purity), Camphor (>97%), Bornyl  
140 acetate (95%) and Linalool (>97%) were purchased from Sigma-Aldrich. Carnosic acid  
141 ( $\geq 96\%$ ) and Carnosol was purchased from Alexis Biochemical. 1,8 cineole (98%) and  
142 Borneol (>99%) were purchased from Fluka. Ethanol and phosphoric acid (85%) were HPLC  
143 grade from Panreac. Acetonitrile was HPLC grade from Lab Scan (Dublin, Ireland). CO<sub>2</sub>  
144 (N38) was supplied from Air Liquid.

145 The rosemary (*Rosmarinus officinalis L.*) raw material consisted of dried leaves (water  
146 content < 5 % wt) obtained from an herbalist's producer (Murcia, Spain). The sample was  
147 ground in a cooled mill. Sample particle size was in the range of 200 and 600  $\mu\text{m}$ .

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## 2.2 Supercritical extraction and fractionation schemes

Extractions were carried out using a supercritical fluid pilot-plant (Thar Technology, Pittsburgh, PA, USA, model SF2000) comprising a 2 L cylinder extraction cell and two different separators (S1 and S2), each of 0.5 L capacity with independent control of temperature ( $\pm 2^\circ\text{C}$ ) and pressure ( $\pm 1$  bar). The extraction equipment also includes a recirculation system, where  $\text{CO}_2$  is condensed, pumped up to the desired extraction pressure and heated up to the selected extraction temperature.

The extraction conditions were planned on the basis of previous studies reported in the literature [23-31, 35] with respect to the SFE of rosemary leaves to produce antioxidant fractions. Different fractionation alternatives (described in the Introduction) to improve the concentration of antioxidants were scheduled also according to prior studies.

The differences between the SFE assays carried out in this study are described in detail in Table 1. The temperature of the extraction cell and separators was maintained at  $40^\circ\text{C}$  and  $\text{CO}_2$  flow rate was 60 g/min in all experimental assays (Extractions 1 to 5 in Table 1). For each experimental assay 0.55 kg of rosemary leaves (ground and sieved to 200-600  $\mu\text{m}$ ) were employed. In selected assays (see Table 1) fractionation of the extracted material was accomplished by setting the pressure of the first separator (S1) to 100 bar, while the second separator (S2) was maintained at the recirculation system pressure (50 bar). In this case, two different samples were collected: one sample from S1 and the other from S2. When no fractionation of the extract was accomplished, S1 was set to the recirculation system pressure and thus, only one sample was recovered from S1.

The solid fractions obtained in S1 and S2 were recuperated and placed in vials. In order to ensure an accurate determination of extraction yield with time, separators were washed with ethanol and the residual material recovered in each case was mixed with the corresponding

173 solid fraction. Ethanol was eliminated by evaporation (35°C) and then, homogeneous solid  
174 samples were obtained and kept under N<sub>2</sub> at -20°C in the dark until analysis.

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### 176 **2.3 GC-MS analysis**

177 The essential oil compounds of samples were determined by GC-MS-FID using 7890A  
178 System (Agilent Technologies, U.S.A.), comprising a split/splitless injector, electronic  
179 pressure control, G4513A auto injector, a 5975C triple-Axis mass spectrometer detector, and  
180 GC-MS Solution software. The column used was an Agilent 19091S-433 capillary column,  
181 30 m x 0.25 mm I.D. and 0.25 µm phase thickness. Helium, 99.996% was used as a carrier  
182 gas at a flow of 29.4 ml/min and inlet pressure of 28.823 Psi. Oven temperature programming  
183 was 60°C isothermal for 4 min then increased to 106 °C at 2.5 °C/min and from 106°C to  
184 130°C at 1°C/min and finally from 130°C to 250 °C at 20°C/min, this temperature was kept  
185 constant for 10 min. Sample injections (1 µl) were performed in split mode (1:10). Injector  
186 temperature was of 250°C and MS ion source and interface temperatures were 230 and 280°C,  
187 respectively. The mass spectrometer was used in TIC mode, and samples were scanned from  
188 40 to 500 amu. Key volatiles were identified by comparison with standard mass spectra,  
189 obtained in the same conditions and compared with the mass spectra from library Wiley 229.  
190 The rest of compounds were identified by comparison with mass spectra from Wiley 229  
191 library. A calibration curve was employed to quantify each of the key volatiles. GC-MS  
192 analyses were carried out by duplicate and the average standard deviation obtained was ±  
193 0.08%.

194

### 195 **2.4 HPLC analysis**

196 Carnosic acid and carnosol content in the samples were determined using an HPLC (Varian  
197 Pro-star) equipped with a Microsorb-100 C<sub>18</sub> column (Varian) of 25 cm × 4.6 mm and 5 µm



198 particle size. The analysis is based on the work of Almela et al [36]. The mobile phase  
199 consisted of acetonitrile (solvent A) and 0.1% of phosphoric acid in water (solvent B)  
200 applying the following gradient: 0–8 min, 23% A, 8-25 min, 75% A, 25-40 min 75% A and  
201 the 40-45 min 23% A . Initial conditions were gained in 5 min. The flow rate was constant at  
202 0.7 ml/min. Injection volume was 20  $\mu$ l and the detection was accomplished by using a diode  
203 array detection system (Varian) storing the signal at a wavelength of 230, 280 and 350 nm.  
204 Samples were analyzed by HPLC in duplicate and the obtained average standard deviation  
205 was  $\pm$  0.13%.

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## 207 **2.5 Antioxidant activity by the DPPH test**

208 The method consists in the neutralization of free radicals of DPPH by an antioxidant sample  
209 [37]. An aliquot (50  $\mu$ l) of ethanol solution containing 5-30  $\mu$ g/ml of rosemary extract, was  
210 added to 1.950  $\mu$ l of DPPH in ethanol (23.5  $\mu$ g/ml) prepared daily. Reaction was completed  
211 after 3 h at room temperature and absorbance was measured at 517 nm in a Nanovette Du 730  
212 UV spectrophotometer (Beckman Coulter, USA). The DPPH concentration in the reaction  
213 medium was calculated from a calibration curve determined by linear regression ( $y =$   
214  $0.0265 \cdot x$ ;  $R^2 = 0.9998$ ). Ethanol was used to adjust zero and DPPH-ethanol solution as a  
215 reference sample. The amount of extract necessary to decrease the initial DPPH concentration  
216 by 50% or  $EC_{50}$  ( $\mu$ g/ml) was determined and employed to value the antioxidant power of the  
217 sample; the lower the  $EC_{50}$ , the higher the antioxidant power.

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## 219 **2.6 Cell culture**

220 Human hepatoma HepG2 cells, obtained from American Type Culture Collection (ATCC,  
221 Manassas, VA, USA), were cultured in Dulbecco's modified Eagle medium (DMEM)  
222 supplemented with 10% fetal bovine serum (FBS) (Gibco, Grand Island, NY, USA) and 1%

223 of antibiotic-antimycotic solution (containing 10 000 units/mL of penicillin base, 10 000  
224  $\mu\text{g/mL}$  of streptomycin base, and 25 000 ng/mL of amphotericin B; Gibco). The cells were  
225 maintained under standard conditions of temperature (37°C), humidity (95%), and carbon  
226 dioxide (5%).

227

## 2.7 Cell viability assay

229 The antiproliferative activity of supercritical rosemary extracts was measured by MTT assay.

230 Cells in the exponential growth phase were seeded in 96-well plates using 200  $\mu\text{L}$  of cell

231 suspension at a density of 6000 cells per well, and incubated overnight. Then, the number of

232 viable cells in the control wells was determined by colorimetric assay (described below);

233 immediately afterwards, medium was replaced with new culture medium (blank wells) or

234 supplemented with increasing concentrations of the corresponding rosemary extract. Cell

235 viability was determined after 48. In order to determine the number of viable cells, 20  $\mu\text{L}$  of

236 MTT solution (5 mg/mL in PBS) was added to each well and incubated for 3 h; subsequently,

237 the medium was removed and 200  $\mu\text{L}$  of dimethyl sulfoxide (DMSO) was added to lyse the

238 cells and resuspend the formazan (the metabolic product of MTT). Quantities of formazan

239 product, which are directly related to the number of viable cells, were measured at 560 nm

240 using a scanning spectrophotometer microplate reader (UVM 340 Biochrom, Cambridge,

241 UK). At least three independent experiments were performed in triplicate.

242

## 2.8 Statistical analysis

244 Experimental supercritical extractions were carried out by duplicate in the SFE system.

245 Standard deviations of extraction yields obtained were calculated as follows:

$$246 \quad StD = \sqrt{\frac{1}{2} \times [(x_1 - \bar{x})^2 + (x_2 - \bar{x})^2]} \quad (1)$$

247 Being  $x_1$  and  $x_2$  the values obtained in each of the experiments and  $\bar{x}$  the corresponding  
248 average value.

249 Quantification of carnosic acid and main volatile oil compounds together with the antioxidant  
250 activity tests were also carried out by duplicate, employing the mixture of extracts obtained in  
251 the duplicate extraction assays. Equation (1) was applied in order to test the reproducibility of  
252 the data obtained.

253 Cell viability assays were carried out in quadruplicate, and two independent experiments  
254 were performed with each selected rosemary extract. Concentration values corresponding to  
255 cell sensitivity (IC50), growth inhibition (GI50) and cytostaticity (TGI) were calculated  
256 according to the NIH definitions using a logistic regression. These parameters, as well as the  
257 ratio of viable cells, were expressed as mean  $\pm$  s.e.m., which was calculated as follows:

258  $s.e.m = \frac{StD}{\sqrt{n}}$  being  $n$  the number of independent experiments performed. Comparisons

259 between groups were done using the non-parametric Man-Whitney test. Two side p-values  
260 less than 0.05 were considered statistically significant. All calculations were performed using  
261 SPSS software, version 19.0 (SPSS Inc, Chicago, Illinois).

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### 264 **3. Results and discussion**

265

#### 266 **3.1. Supercritical rosemary extracts**

267 The different conditions applied in the rosemary supercritical extractions (Table 1) were  
268 target to produce samples with different content of antioxidant substances and volatile oil  
269 compounds, with the intention of detecting a relation between the composition of the extract  
270 and its effect on liver cancer cells.

271 Table 2 shows the extraction yield, the carnosic acid content and the total content (% w/w) of  
272 the most abundant volatile compounds (borneol, bornyl acetate, camphor, 1,8-cineol and  
273 verbenone) of the supercritical rosemary extracts produced in Extractions 1 to 5 defined in  
274 Table 1. Low amounts of carnosol (< 3 % w/w) were obtained in all samples collected.  
275 Additionally, the normalized composition (% peak area) of the main volatile oil compounds  
276 was determined and is given in Table 3.  
277 As can be observed from Table 2, the higher carnosic acid contents were obtained when  
278 ethanol was employed as CO<sub>2</sub> cosolvent (M1, M3-2 and M4-2 samples). Additionally, a low  
279 content of essential oil compounds were determined in samples M3-2 and M4-2, what could  
280 be attributed to the fact that, in both experiments, the plant matrix was previously extracted  
281 with pure CO<sub>2</sub> and thus, essential oil substances were almost exhausted.  
282 Lower % w/w of carnosic acid was obtained in M2 than in M1 demonstrating a decrease of  
283 selectivity of the process when high amounts of a polar cosolvent is employed. That is, the  
284 high yield obtained in Extraction 2 (10% w/w cosolvent) supposes a high co-extraction of  
285 substances other than antioxidants or essential oil. Thus, the concentrations of both carnosic  
286 acid and volatile oil compounds obtained in M2 sample (10% w/w ethanol) were  
287 considerably reduced with respect to M1 sample, which was produced at identical extraction  
288 conditions but using lower percentages of cosolvent (5% w/w cosolvent).  
289 As expected, due to the fractionation procedure accomplished in Extraction 5 (no cosolvent  
290 was employed) the extract collected in S1 (M5-1) contains higher amounts of carnosic acid  
291 and lower amounts of volatile oil compounds than the sample collected in S2 (M5-2).  
292 Nevertheless, lower extraction yield was obtained for M5-1 fraction in comparison to the  
293 samples obtained using ethanol as cosolvent.  
294 Based on the SFE assays carried out in this work, it can be concluded that high amounts of  
295 antioxidants (e.g. carnosic acid) might be obtained only when a polar co-solvent (ethanol) is

296 employed in the supercritical CO<sub>2</sub> extraction procedure. Further, is more convenient the use  
297 of low percentages of ethanol cosolvent ( $\approx$  5% w/w) to produce a supercritical rosemary  
298 extract with high concentration of antioxidants. At this respect, if no ethanol is utilized,  
299 fractionation of the extract can improve the antioxidant activity of one of the fractions  
300 collected, but process yield might be noticeably reduced.

301 Analysis of the essential oil composition (Table 3) show that despite the concentration of  
302 essential oil obtained in the extracts, the composition of the essential oil recovered is quite  
303 similar, being 1,8 Cineole and Camphor the more abundant key volatiles present in rosemary  
304 essential oil.

305 The rosemary supercritical samples selected to carry out the studies about their antitumor  
306 effect on liver cancer cells were M4-1, M5-1, M1 and M4-2. Moreover, all samples contain  
307 similar amounts of key volatile oil compounds (around 12 % w/w), except M4-2 which  
308 contains a significant reduced amount of volatile oil compounds (2 % w/w). Figure 1 show a  
309 comparison between the GC chromatogram obtained for samples M5-1 and M4-2.  
310 Particularly, M4-1 and M5-1 were selected since both samples were produced without using  
311 ethanol as cosolvent. This is an important factor to be considered to evaluate the commercial  
312 production of the extract, since evaporation of cosolvent is an expensive task to be  
313 accomplished.

314 Table 4 shows the EC<sub>50</sub> value determined for the selected samples using the DPPH test. As  
315 expected, the EC<sub>50</sub> value decreased (and the antioxidant power of the samples increased) as  
316 the content of carnosic acid antioxidant increased. Also given in Table 4 is the carnosic acid /  
317 key volatiles ratio; as mentioned before while M4-1, M5-1 and M1 contain ratios close to 1-2,  
318 while sample M4-2 was almost completely deodorized (carnosic acid / key volatiles ratio =  
319 15).

320

321 **3.3. Differential effect of supercritical rosemary extracts on the inhibition of the**  
322 **proliferation of human hepatoma cells.**

323 Despite the reported hepatoprotective activity of rosemary [7], its potential activity against  
324 liver tumor progression has not been described yet. Thus, in order to address this issue, and to  
325 examine the potential effect of the different selected rosemary supercritical extracts (M4-1,  
326 M5-1, M1 and M4-2 samples), cell proliferation was analyzed by MTT assay in human  
327 hepatoma cancer cells after treatment with increasing concentrations (from 0 to 120 µg/mL)  
328 of the different compositions of extracts for 48 h. As it can be observed in Figure 2, each  
329 supercritical rosemary extract exhibited a significant dose-dependent effect on cell  
330 proliferation. Furthermore, those extracts with the highest content of carnosic acid, M1 and  
331 M4-2, are significantly more active against human hepatoma cells than those with the lowest  
332 content of this compound, M4-2 and M5-1 (Figure 2).

333 In addition, values representing cell sensitivity to the extracts (IC50), growth inhibition (GI50)  
334 and cytostaticity (TGI) were determined (Table 5). The variation of these parameters with  
335 the % w/w of carnosic acid of the sample is depicted in Figure 3. As it can be observed in the  
336 individual graphs, a considerably reduction of the proliferative activity of the cells is  
337 observed for increasing amounts of carnosic acid from M4-1 to M1 samples, in accordance  
338 with the conclusion attained by Yesil-Celiktas et al. [38]. These authors recently compare the  
339 anticarcinogenic activity of soxhlet and supercritical CO<sub>2</sub> extracts of rosemary, as well as  
340 their main antioxidant components, carnosic and rosmarinic acid, on the growth of various  
341 human cancer cell lines, and including liver carcinoma cells. They concluded that the  
342 findings confirm the superiority of supercritical CO<sub>2</sub> extraction over solvent extraction  
343 yielding higher amounts of active compounds, particularly carnosic acid, which was in turn  
344 reflected by the high antiproliferative effects.

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345 That is, the higher the concentration of carnosic acid in these samples, the lower the values of  
346 IC50, GI50 and TGI. However, although sample M4-2 contains higher concentration of  
347 carnosic acid than sample M1 and consecutively presents higher antioxidant activity, M4-2  
348 anti-proliferative effect is not increased with respect to M1, resulting even lower.  
349 Accordingly, percentage of human hepatoma viable cells after treatment with the different  
350 extracts is comparable and significantly higher for M1 and M4-2 (Figure 2), though M4-2  
351 shows a 50% increased antioxidant activity. Furthermore, though to a lower extent, the  
352 biological activity found for M4-1 and M5-1 is also comparable (Figure 2), whereas  
353 antioxidant activity is two-fold higher for M5-1, reaching levels even close to that of M1  
354 (Table 4). Thus, these results suggest that the potential antitumoral activity of rosemary  
355 extracts against human hepatoma cells is not related to their antioxidant activity, but it is to  
356 the extract composition which is determined by the extraction procedure employed.  
357 In this sense, though comparable range of antiproliferative effect is observed for M1 and M4-  
358 2, the most active extract in abrogating liver tumoral cell growth is M1 (Table 5), containing  
359 around 12% w/w of volatile oil compounds whereas M4-2 contain only ca. 2%w/w (Table 2).  
360 Thus, these results suggest that reaching a significant content of carnosic acid, the presence of  
361 volatile oil compounds do not interfere with its antitumoral activity, but by contrast, might  
362 synergize in this effect.

## 363 364 365 **Conclusions**

366 Supercritical rosemary extracts were produced employing different extraction and  
367 fractionation conditions. Fractionation of the extract improved the antioxidant activity of one  
368 of the fractions collected, although process yield was reduced. Moreover, the higher amounts  
369 of antioxidants were obtained only when ethanol was employed as cosolvent.

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370 Supercritical rosemary extracts with different content of antioxidants (carnosic acid) and  
371 essential oil compounds were investigated on their effect to inhibit the proliferation of human  
372 liver carcinoma cells. Rosemary abrogates the growth of human hepatoma cells. In addition, a  
373 considerably reduction of the proliferative activity of the cells is observed for increasing  
374 amounts of carnosic acid in the samples. However, although the concentration of carnosic  
375 acid demonstrated to have a crucial effect on growth inhibition and cytostaticity, the putative  
376 antitumoral activity of supercritical rosemary extracts might not be exclusively attributed to  
377 carnosic acid antioxidant content. Thus, substances comprising the volatile oil fraction might  
378 synergize with rosemary in its antitumoral action. These results suggest that M1 might  
379 constitute an efficient composition to further analyze its effects as an antitumoral agent  
380 against liver cancer, and additional studies will be developed on this direction.

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### 383 **Acknowledges**

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2 **514 Figure captions**

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7 **516 Figure 1. Comparison between the GC chromatogram obtained for (a) M4-2 and (b) M5-1**  
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9 **517 supercritical rosemary extracts.**

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14 **519 Figure 2. Supercritical rosemary extracts inhibit the proliferation of human hepatoma cells in a**  
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16 **520 dose-dependent manner.**

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18 521 Dose-dependent effect of selected rosemary extracts on inhibiting the proliferation of human  
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20 522 hepatoma cells. Values represent the mean  $\pm$  s.e.m. of two independent experiments each performed  
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22 523 in quadruplicate. Asterisks indicate statistically different values in treated cells respect to control.

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27 **525 Figure 3. IC50 (a), GI50 (b) and TGI (c) as a function of the carnosic acid content (% w/w) of**  
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29 **526 the different extracts tested.**

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32 527 Cell sensitivity and cytoestaticity determined as IC50 (a), GI50 (b) and TGI (c) of the different  
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34 528 supercritical rosemary extracts on human hepatoma cells is represented as a function of their carnosic  
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36 529 acid content (% w/w). Results are shown as the mean  $\pm$  s.e.m. of two independent experiments each  
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38 530 performed in quadruplicate.

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**Table 1.** Production of supercritical rosemary extracts applying different process conditions.

P: extraction pressure; C: % weight cosolvent (ethanol); t: extraction time.

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Extraction number	Extraction and fractionation conditions	Samples obtained
1	P = 150 bar, C = 5 % w/w, t = 180 min. No fractionation of the extract.	One sample was collected from S1 separator (M1).
2	P = 150 bar, C = 10 % w/w, t = 180 min. No fractionation of the extract.	One sample was collected from S1 separator (M2).
3	P = 150 bar. First step (t = 60 min): C = 0. Second step (t = 120 min): C = 10 % w/w.	Two samples from the first (M3-1) and second (M3-2) steps.
4	First step: P = 300 bar, t = 360 min. Second step: P = 150 bar; C = 10 % w/w, t = 180 min.	Two samples from the first (M4-1) and second (M4-2) steps.
5	P = 300 bar, fractionation of the extract was accomplished during t = 60 min. Then, extraction continued for t = 300 min without fractionation.	Two samples: one from S1 (M5-1) and the other from S2 (M5-2).

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548 **Table 2.** Extraction yield, carnosic acid and main volatile oil compounds content (% w/w) in  
 549 the supercritical rosemary samples produced.

550

Ext.	Sample	Yield (g extract / g rosemary leaves x 100) <sup>a</sup>	Carnosic acid <sup>b</sup> (% w/w)	Main volatiles compounds <sup>c</sup> (% w/w)
1	M1	7.26	25.66	10.42
2	M2	13.44	14.18	4.69
3	M3-1	1.42	2.00	36.92
	M3-2	3.02	28.49	4.81
4	M4-1	4.52	10.89	12.79
	M4-2	4.93	30.69	2.04
5	M5-1	2.83	16.90	13.59
	M5-2	1.53	3.12	21.70

551 <sup>a</sup> mean standard deviation < 0.24

552 <sup>b</sup> values reported correspond to average value between duplicates; mean standard deviation < 0.53

553 <sup>c</sup> values reported correspond to average value between duplicates; mean standard deviation < 0.41

554

555



556 **Table 3.** Normalized (% peak area) composition<sup>a</sup> of main volatile oil compounds identified in  
 557 rosemary supercritical extracts.

558

Ext	Sample	1,8 cineole	Camphor	Borneol	Verbenone	Bornyl acetate
1	M1	54.82	28.12	8.62	6.20	2.25
2	M2	56.23	27.95	9.44	6.38	n.d.
3	M3-1	58.40	19.62	6.75	9.20	1.15
	M3-2	59.98	24.56	9.54	5.92	n.d.
4	M4-1	66.75	22.83	8.45	n.d. <sup>b</sup>	1.97
	M4-2	61.23	24.01	14.76	n.d.	n.d.
5	M5-1	64.43	23.96	5.78	4.14	1.69
	M5-2	48.28	32.29	10.44	7.27	1.71

<sup>a</sup> deviations between two injections < 0.08%

<sup>b</sup> n.d. = not detected

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561 **Table 4.** EC<sub>50</sub> values and content of carnosic acid (% w/w) of selected supercritical rosemary  
 562 samples produced in this work.

Rosemary extract	EC <sub>50</sub> value <sup>a</sup> (µg/ml)	carnosic acid (% w/w)	carnosic acid / volatile oil ratio
M4-1	32.97	10.89	0.85
M5-1	15.91	16.90	1.24
M1	14.77	25.66	2.46
M4-2	9.8	30.69	15.04

<sup>a</sup> values reported correspond to average value between duplicates; mean standard deviation < 1.1

567 **Table 5.** Cell sensitivity (IC50), growth inhibition 50 (GI50), and tumor growth inhibition  
 568 (TGI), indicative of the required concentration to induce a cytostatic effect of HepG2 cells  
 569 after 48 h treatment with the different extracts ( $\mu\text{g/mL}$ ).

	M4-1	M5-1	M1	M4-2
% carnosic acid	10.89	16.90	25.66	30.69
IC50	110.71 $\pm$ 18.7	93.26 $\pm$ 22.1	42.16 $\pm$ 5.9	48.01 $\pm$ 3.2
GI50	78.98 $\pm$ 15.7	55.00 $\pm$ 10.0	20.00 $\pm$ 5.0	26.50 $\pm$ 6.5
TGI	99.18 $\pm$ 19.2	67.47 $\pm$ 12.3	28.40 $\pm$ 0.9	44.80 $\pm$ 6.0

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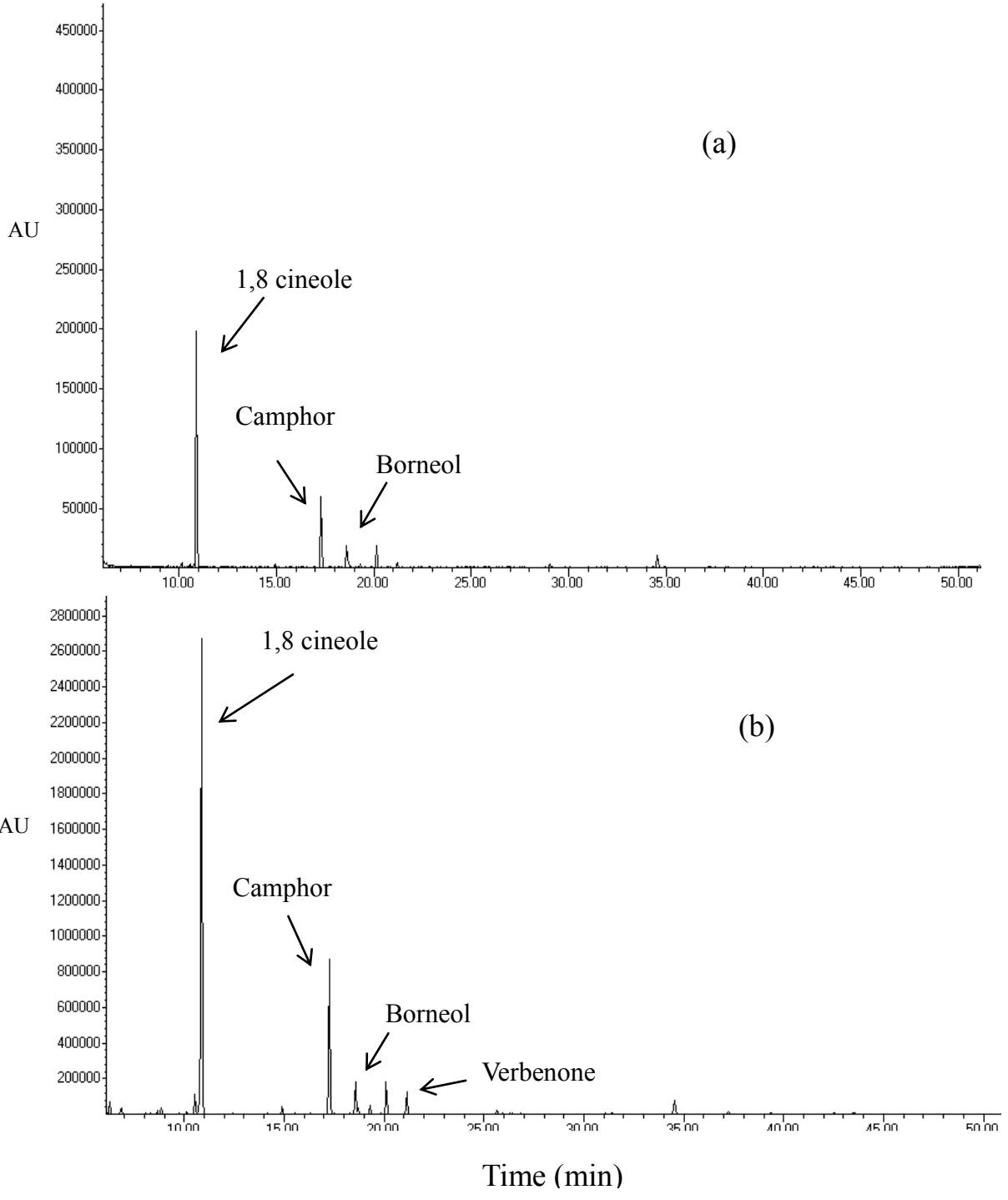
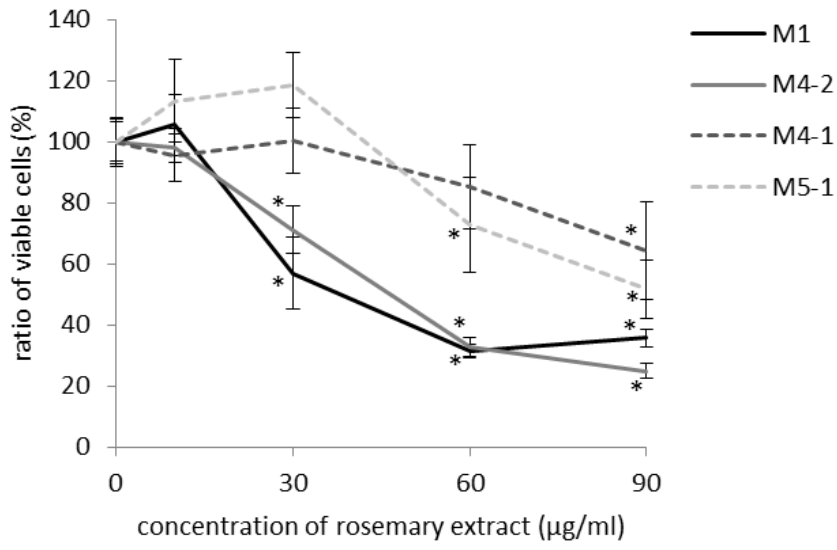


Figure 1.

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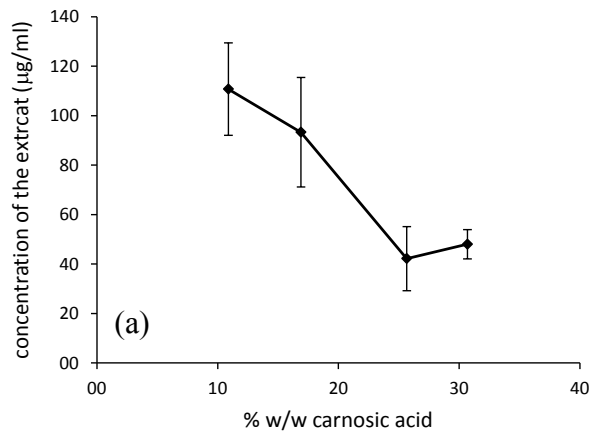


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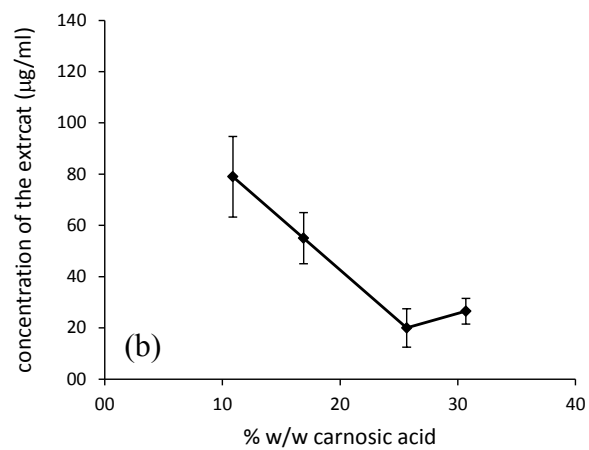
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633 **Figure 2.**

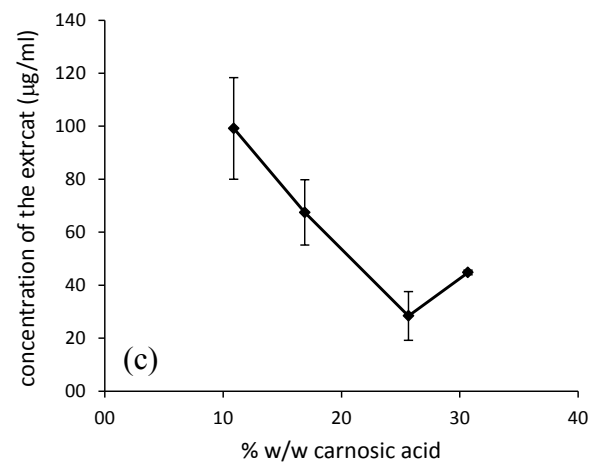
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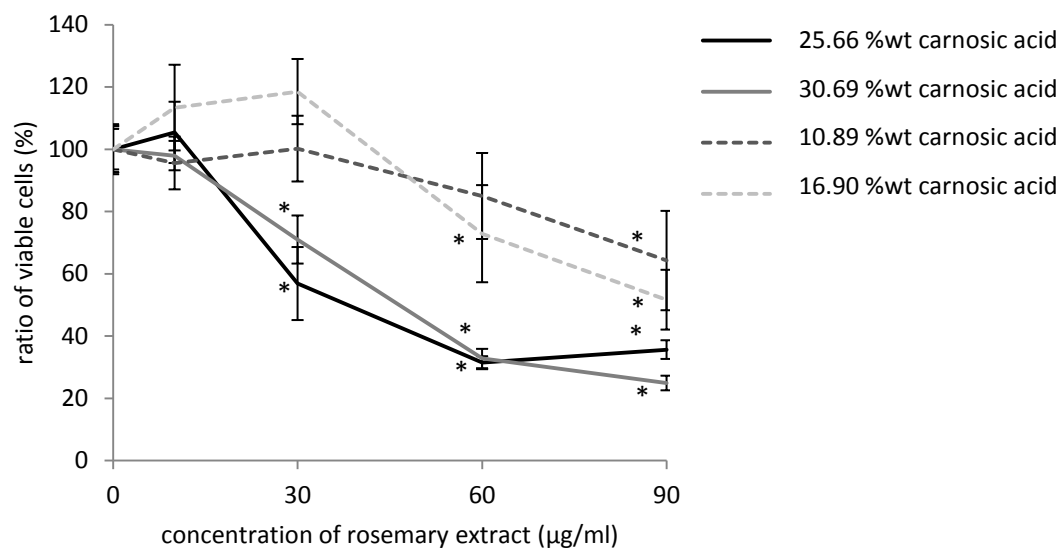
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**Figure 3.**

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## Highlights

- Production of different antioxidant supercritical rosemary extracts
- Their capability to inhibit the proliferation of human liver carcinoma cells
- Antioxidant content has a crucial effect on growth inhibition and cytostaticity
- Antitumoral activity might not be exclusively attributed to antioxidants content