

Response Profiles to a Controlled Adverse Desiccating Environment Based on Clinical and Tear Molecule Changes.

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Short title: Response profiles under adverse environment.

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ABSTRACT

Purpose: To investigate response profiles in the lacrimal functional unit of dry eye disease (DED) and healthy volunteers after exposure to a controlled adverse desiccating environment (CADE) by identifying groups of individuals with similar clinical and molecular changes.

Methods: Clinical parameters and tear molecule levels of 20 mild-moderate DED patients and 20 healthy volunteers were evaluated pre- (baseline) and post-CADE exposure. Clustering based on relative change from baseline values was used to identify response profiles. One-vs-all logistic regression was used to identify baseline predictors for response clusters.

Results: Four response profiles were identified. Cluster 1: tear break-up time (TBUT) decrease and matrix metalloproteinase 9 (MMP-9) increase. Cluster 2: marked increase in corneal staining, up-regulation of both MMP-9 and interleukin (IL)-6 levels, and down-regulation of epithelial growth factor (EGF). Cluster 3: increase in fractalkine, vascular endothelial growth factor (VEGF), MMP-9, IL-6, IL-8, IL-1 receptor antagonist (IL-1Ra) and RANTES (regulated on activation, normal T expressed and secreted) tear levels; and increased corneal staining and decreased TBUT and phenol red thread scores. Cluster 4: decreased single-item score dry eye questionnaire (SIDEQ) scores and increased corneal staining. Predictive models using baseline variables found that cluster membership depended on: corneal and conjunctival staining, SIDEQ score, interferon gamma-induced protein (IP)-10, VEGF, and IL-1Ra concentrations.

Conclusions: The response of both mild-moderate DED and healthy asymptomatic individuals to environmental stress (CADE) can be predicted based on baseline (pre-exposure) clinical and tear molecular parameters. Thus, identifying individuals with a predictable response could improve patient enrollment in DED clinical trials.

Keywords: Dry eye disease; controlled adverse desiccating environment; clustering; predictors; clinical signs; tear molecules.

Abbreviations: **AUC** = area under the receiver operation characteristic curve; **BIC** = bayesian Information criterion; **BCVA** = best corrected visual acuity; **CI** = confidence interval; **CADE** = controlled adverse desiccating environment; **CCL** = Chemokine [C-C motif] ligand; **CXCL** = Chemokine [C-X-C motif] ligand; **CX3CL** = Chemokine [C-X3-C motif] ligand; **DED** = dry eye disease; **DERP** = desiccating environment response prediction; **EGF** = Epidermal Growth Factor; **FC** = fold change; **IFN-g** = interferon - gamma; **IL-1b**= Interleukin-1b; **IL-1RA** = Interleukin-1 Receptor Antagonist; **IL-2** = Interleukin-2; **IL-6** = Interleukin-6; **IL-8** = Interleukin-8; **IL-10** = Interleukin-10 ; **IL-12p70** = Interleukin-12p70; **IL-17A** = Interleukin-17A; **IP-10** = interferon- gamma– Induced Protein-10; **LFU** = lacrimal functional unit; **LOOCV** = leave-one-out-cross-validation; **MMP-9** = matrix metalloproteinase-9; **OSDI** = ocular surface disease index; **PC** = principal component; **PCA** = principal component analysis; **RANTES** = Regulated on Activation, Normal T cell Expressed and Secreted; **ROC** = receiver operation characteristic; **SIDEQ** = single-item score dry eye questionnaire.

1 **1. INTRODUCTION**

2 The influence of environmental conditions on the lacrimal functional unit (LFU)
3 has been already proven and revised [1]. The LFU is exposed constantly to
4 adverse environmental conditions. These adverse conditions are triggering
5 factors for exacerbating dry eye disease (DED) [2], mainly because tear
6 evaporation is increased [3]. Even normal subjects are also negatively affected
7 by adverse climate-related conditions [4].

8 Desiccating environmental conditions can be reliably reproduced using
9 controlled environmental laboratories, or customized goggles in which case the
10 exposure is restricted to the periorcular area [1,5]. In recent years, many studies
11 have demonstrated the usefulness of these facilities to measure the clinical
12 effect of adverse environmental conditions [6-12]. Moreover, taking into account
13 the inflammatory nature of DED, changes in concentrations of tear molecules
14 commonly associated with DED have also been reported after undergoing
15 desiccating stress conditions [6,8,9]. These include interleukin (IL-) 6, epidermal
16 growth factor (EGF) and matrix metalloproteinase-9 (MMP-9).

17 Controlled environment laboratories enable the standardization of
18 environmental conditions through continuous regulation of temperature,
19 humidity and airflow, or even barometric pressure. Thus, they are
20 recommended to be used when planning clinical studies and especially, clinical
21 trials on DED [13]. On the one hand, the large influence of environmental
22 conditions could be a major drawback to demonstrate the clinical efficacy of
23 treatments involving the LFU, such as DED. The ability to control the
24 environment allows patients to be equally exposed to the same conditions, thus

25 minimizing the potential confounding effect of the environment when evaluating
26 DED therapy outcomes in clinical trials. In fact, environmental chambers (or
27 customized goggles) have been already used to evaluate the safety and
28 efficacy of anti-inflammatory DED therapies in clinical trials [14-16]. On the
29 other hand, recruiting patients with a particular reaction to adverse
30 environmental conditions provides a good opportunity to reduce sample sizes,
31 because individuals with more reproducible and homogeneous responses,
32 could be enrolled. However, it is necessary to take into consideration the wide
33 variability in the individual response to adverse environmental conditions. Some
34 authors have used environmental chambers for deciding which particular
35 individuals should be included in a DED clinical trial [17]. Their aim was to
36 identify participants showing DED worsening to adverse environmental
37 conditions. This procedure can improve patient recruitment by identifying
38 participants with the ability to exacerbate signs and symptoms, however, the
39 cost and time of recruitment during screening might be increased.

40 A simpler and especially, least-cost solution, would be to identify patients
41 with similar response profiles to a controlled environment based solely on
42 screening data (clinical and tear molecular variables). Therefore, in the present
43 study, we have used a clustering procedure to identify the response profiles
44 based on changes induced by a 2-hour controlled adverse desiccating
45 environment (CADE) on several DED signs and symptoms, as well as on tear
46 molecule concentrations. Once these profiles have been defined, predictive
47 models for them have been built using pre-exposure data alone.

48 **2. METHODS**

49 **2.1. Participants and study design**

50 This prospective cross-sectional study adhered to the tenets of the Declaration
51 of Helsinki. Informed consent was obtained from the subjects after explanation
52 of the nature and possible consequences of the study. The University of
53 Valladolid Ethics Committee approved the study.

54 Forty participants were recruited. The sample was composed of 20 mild and
55 moderate DED patients (Level 1 and 2 disease as classified by the first
56 International Dry Eye Workshop (DEWS) dry eye severity grading scheme [18]),
57 and 20 healthy volunteers with similar age and gender distribution. The
58 inclusion criteria for DED patients were ocular surface disease index (OSDI)
59 above 12 and corneal fluorescein staining grade 1 or 2 (Oxford scale). While for
60 control asymptomatic volunteers, the inclusion criteria were an OSDI score <12
61 and corneal fluorescein staining ≤ 1 (Oxford scale). Exclusion criteria for all
62 participants were contact lens wear, ocular surgery during the last 6 months,
63 any acute or chronic ocular disease other than DED and use of any topical
64 medication other than artificial tears. DED patients could have history of topical
65 anti-inflammatory therapies (i.e. steroids or cyclosporine), but not during the
66 previous 3 months, and only artificial tears were allowed. Pregnancy or nursing
67 was also an exclusion criterion.

68 Study participants were evaluated before and after a 2-hour adverse
69 exposure within the controlled environment laboratory (CELab) previously
70 described [9]. The environmental conditions selected were a temperature of
71 23°C, 5% relative humidity, and localized airflow (mean velocity: 0.43 m/s).
72 These conditions are referred to as CADE (controlled adverse desiccating
73 environment). Participants were watching a documentary on a conventional
74 light-emitting diode television monitor during the exposure.

75 **2.2. Clinical tests**

76 Objective and subjective ocular clinical examinations were performed. The
77 objective measures were: (i) Tear osmolarity (TearLab Corporation, San Diego,
78 California, USA); (ii) Phenol red thread test (Menicon Company Ltd, Nagoya,
79 Japan) to evaluate tear production; (iii) Conjunctival hyperemia in bulbar nasal
80 and temporal areas based on the Efron scale [19]; (iv) TBUT was performed
81 after instillation of 5 μ L of 2% sodium fluorescein and calculated as the average
82 value of 3 repetitions; (v) Corneal fluorescein staining using a cobalt-blue filter
83 over the light source of the slit-lamp biomicroscope (SL-8Z; Topcon Corp,
84 Tokyo, Japan) and a yellow Wratten no.12 filter (Eastman Kodak, Rochester,
85 New York, USA), 2 minutes after instillation of 5 μ L of 2% sodium fluorescein.
86 The Oxford and a modified Baylor scheme [9] dividing the cornea into central,
87 superior, temporal, inferior, and nasal areas were used; (vi) Conjunctival
88 staining was evaluated using lissamine green strips (GreenGlo; HUB
89 Pharmaceuticals, LLC, Rancho Cucamonga, California, USA), and according to
90 the Oxford scheme in nasal and temporal areas; and (vii) Schirmer I test without
91 topical anesthesia.

92 The subjective dry-eye feeling was evaluated by the modified single-item
93 score dry eye questionnaire (SIDEQ) using a visual analog scale [9]. SIDEQ
94 items were considered individually and jointly through averaging.

95 **2.3. Tear inflammatory molecule analysis**

96 A glass capillary tube (Drummond Scientific, Broomall, PA, USA) was used to
97 collect 2- μ L of tear sample. The samples were diluted and frozen as described
98 previously [20]. Two commercial immune bead-based assays were used to

99 analyze 16 molecules in the tear samples using a Luminex IS-100 equipment
100 (Luminex Corporation, Austin, Texas, USA). The concentrations of epidermal
101 growth factor (EGF); vascular endothelial growth factor (VEGF); chemokine [C-
102 X3-C motif] ligand 1 (CX3CL1)/fractalkine; chemokine [C-X-C motif] ligand 8
103 (CXCL8)/IL-8; chemokine [C-X-C motif] ligand 10 (CXCL10)/interferon gamma-
104 induced protein 10 (IP-10); interferon (IFN)-gamma; interleukin (IL)-1b;
105 interleukin-1 receptor antagonist (IL-1RA); IL-2; IL-6; IL-10; IL-12p70; IL-17A;
106 chemokine [C-C motif] ligand 5 (CCL5)/regulated on activation, normal T cell
107 expressed and secreted (RANTES), and tumor necrosis factor (TNF)-alpha
108 were measured simultaneously with a 15-plex assay (HCYTO-60K 15X-
109 Milliplex; Millipore Iberica, Spain). Matrix metalloproteinase-9 (MMP-9)
110 concentration was measured in a separate assay with a MMP-9 single-plex
111 assay (HMMP2-55K Panel 2; Milliplex), which recognized the MMP-9 inactive
112 zymogen and MMP-9 active forms. The samples were analyzed according to
113 the manufacturer's protocol as previously described [20]. Molecule
114 concentrations were analyzed as base-2 log-transformed variables. Cytokine
115 levels below the limit of detection were imputed using the robust regression on
116 order statistics (robust ROS) method introduced by Helsel and Cohn [21] and
117 implemented in the NADA (Non-detects And Data Analysis) R package [22].
118 Limits of detection and detection rates are shown in table A1 (Appendix A).

119 **2.4. Data analysis**

120 Quantitative variables were expressed as mean \pm standard deviation (SD).
121 Median and interquartile range (IQR) were used to summarize distributions of
122 ordinal variables.

123 Two datasets were considered:

124 2.4.1. CADE Effect dataset

125 Thirty-two clinical and molecular variables evaluated immediately before and
126 after the 2-hour exposure to CADE were used to identify and describe response
127 profiles. The CADE effect for each clinical parameter was computed as the
128 relative change from pre-exposure baseline values. To take into account the
129 minimum and maximum boundary values, the rate of change per individual was
130 calculated as the relative difference between post- and pre-exposure values
131 with respect to the maximum change over the considered times. The CADE
132 effect for each tear molecule was quantified by log₂ fold change (FC). Up and
133 down-changes of the same magnitude in tear molecule expression have
134 negative and positive symmetrical log₂ values, respectively. One log₂ FC
135 (post/pre) means that the post-exposure value is twice as large as the pre-
136 exposure one; two log₂ FC means that the post-exposure value is 4 times as
137 large as the pre-exposure one, and so on. Analogously, if the log₂ FC value is -
138 1, the post-exposure value is half of the pre-exposure one, and so on.

139 2.4.2. CADE Response Prediction dataset

140 This group of variables was used to identify baseline variables that may have
141 been contributing to membership in a particular response profile (Cluster).
142 Clinical and molecular variables evaluated immediately before exposure to
143 CADE were included in this group. Additionally, age, gender, and OSDI score
144 before exposure were added to this dataset.

145 *2.4.2.1. Definition of response profiles to CADE*

146 The starting point was the CADE Effect dataset. Firstly, a pre-processing step
147 was performed using the caret (Classification And Regression Training) R

148 package [23]. All variables that showed no changes in at least 60% of our
149 sample were ignored in the subsequent analysis.

150 A principal component analysis (PCA) was performed for reducing overlap
151 and redundancy in the previously selected informative CADE Effect variables.
152 PCA produces uncorrelated components, called principal components (PCs).
153 These PCs are estimated as linear combinations of original variables and
154 defined in such a way that the first PC accounts for as much of the variability in
155 the data as possible. And each succeeding PC has the highest variance
156 possible under the constraint that it is orthogonal to the preceding components.
157 In this work, we kept the PCs necessary to explain at least 95% of the total
158 variability in the data. Since skewness and the magnitude of the variables
159 influence the PCA results, each of the features was centered, scaled and
160 applied a Box and Cox transformation [24] to reduce skewness prior to the
161 application of PCA.

162 The following stage of the analysis was the unsupervised classification of
163 our study participants based on their joint clinical and tear molecular changes. A
164 clustering procedure was performed using the PCs identified in the PCA.
165 Trimmed k-means was applied to define the response profiles (Clusters) [25].
166 This procedure is a robust variant of k-means clustering method where a known
167 fraction α of outliers is trimmed off, and the remaining observations are
168 clustered into k groups. Its implementation is available in the tclust (robust
169 trimmed clustering) R package [26] and parameters k (number of groups) and α
170 (trimming proportion) should be fixed in advance. Classification trimmed
171 likelihoods curves [27] were used to choice for k and α parameters.

172 The idea that a clustering algorithm should produce consistent results when
173 applied to data sampled from the same source was used to evaluate the
174 stability of our output partition. We used the algorithm proposed by Hennig [28].
175 Repeatedly, we generated 500 overlapping subsamples of 75% of the original
176 sample and without replacement. Each subsample was clustered individually
177 and the resulting partition was compared by Jaccard similarity coefficient [29] to
178 our final clustering output for the overlapping shared set of points. We
179 computed a stability value for each cluster as the average of subsamples
180 Jaccard indexes. Clusters with a stability value less than 0.6 were considered
181 unstable. Values between 0.6 and 0.75 indicated a pattern in the data. Clusters
182 with stability values above 0.85 were considered highly stable [30]. To test the
183 validity of the final clusters and facilitate their interpretation, a profile analysis
184 was conducted, including a descriptive summary of all variables in the CADE
185 Effect dataset. Statistically significant changes in clinical parameters greater
186 than 25% were considered relevant changes. For tear molecule levels, this
187 threshold was established at 2-fold (1 log₂-FC).

188 *2.4.2.2. Prediction of response profiles to CADE*

189 One-vs-all logistic regression was used to quantify the association between the
190 response profile and CADE Response Prediction variables. On a first stage,
191 each CADE Response Prediction variable separately was used as independent
192 variable in the four (one per cluster) simple logistic regression analyses.
193 Variables associated with a cluster at the 10% significance level were identified
194 as potential predictors of the corresponding response profile. Then, potential
195 predictors were evaluated simultaneously to fit four multivariate logistic
196 regression models, a multivariate classifier per cluster. The final panel of

197 predictors of a particular response profile was defined as the optimal subset of
198 its potential predictors, optimizing the Bayesian Information Criterion (BIC) by
199 exhaustive search. The leave-one-out-cross-validation (LOOCV) procedure was
200 used to estimate the prediction accuracy of the fitted models, and the receiver
201 operation characteristic (ROC) curve analysis was used to assess the
202 discriminate ability. The final models were evaluated according to the area
203 under the ROC curve (AUC). In addition, sensitivity and specificity were
204 obtained by setting an optimal threshold using the pROC (display and analyze
205 ROC curves) R package [31].

206

207 **3. RESULTS**

208 Forty participants, 20 DED (14 females and 6 males) and 20 healthy (14
209 females and 6 males), were evaluated before and after the 2-hour exposure to
210 CADE. Their ages ranged from 39 to 76 years, the mean age of DED group was
211 64.6 ± 8.1 years, and the healthy group was 59.1 ± 8.4 years.

212 **3.1. Detection of response profiles to CADE**

213 Table 1 summarizes the clinical and molecular parameters before and after 2-
214 hours of exposure to CADE effect. Twenty-one informative variables of the
215 initial 32 clinical and molecular parameters were condensed into a smaller set of
216 components by PCA (Table 1). From the 21 centered, scaled and skewness-
217 corrected variables, the PCA discovered 14 statistically-independent
218 dimensions (PCs), which together explained 95.8% of the total variation
219 (Appendix A. Table A2).

220 Using the PCs and before clustering, classification trimmed likelihoods
221 curves revealed an optimal number of four clusters and a trimming proportion of
222 0.025 (Appendix B. Figure B1). Applying trimmed k-means algorithm with these
223 parameters, 39 participants were classified into 4 clusters, and one participant
224 was trimmed out. Stable Jaccard coefficients were obtained for all clusters
225 (Cluster 1: 0.83; Cluster 2: 0.71; Cluster 3: 0.78; Cluster 4: 0.69). Figures 1 and
226 2 show clinical and molecular profiles, respectively, for each of the 4 clusters
227 found. Numerical description is shown in Table A3 (Appendix A). The key
228 characteristics of each cluster are summarized as follows, and groups are
229 named to resemble their dominant features.

230 Cluster 1: Mild response. Eighteen (45%) participants (11 DED patients and
231 7 healthy individuals) were classified within this cluster. This group exhibited no
232 major relevant changes in the clinical features. Only TBUT showed an average
233 decrease above 25% (-27.1%; 95%CI: -37.6%, -16.2%). MMP-9 was the only
234 tear molecule whose levels increased (log₂-FC: 1.17; 95%CI: 0.41, 2.02).

235 Cluster 2: Corneal epithelial integrity response. Ten (25%) participants (2
236 DED patients and 8 healthy individuals) were classified within this cluster.
237 Individuals in this cluster suffered an important increase in corneal staining after
238 CADE. Of particular note was the change in inferior and nasal corneal staining,
239 with an increase of 60% (95%CI: 40%, 80%) and 53.3% (95%CI: 40%, 69.2%),
240 respectively. Additionally, MMP-9 increased its tear level more than four times
241 after exposure (log₂-FC: 2.41; 95%CI: 1.13, 3.63). Another two additional
242 molecules showed approximately two-fold change: EGF decreased (log₂-FC: -
243 1.21; 95%CI: -1.8, -0.64), while IL-6 increased (log₂-FC: 1.28; 95%CI: 0.57,
244 1.98).

245 Cluster 3: Tear molecular response. Six (15%) participants (5 DED patients
246 and 1 healthy individual) were assigned to this cluster. This group was mainly
247 characterized by a tear molecular response, as most of the studied cytokines
248 showed a significant change (Appendix A. Table A3). Particularly large, about 8-
249 fold, were the increases of IL-1Ra (log₂-FC: 2.85; 95%CI: 1.76, 3.94) and
250 fractalkine (log₂-FC: 2.78; 95%CI: 2.29, 3.14). Tear molecules that increased
251 more than 4-fold were: VEGF (log₂-FC: 2.51; 95%CI: 1.8, 3.22), MMP-9 (log₂-
252 FC: 2.42; 95%CI: 0.41, 4.83), and IL-8 (log₂-FC: 2.28; 95%CI: 1.45, 3.27).
253 Finally, RANTES (log₂-FC: 1.81; 95%CI: 0.98, 2.85), and IL-6 (log₂-FC: 1.76;
254 95%CI: 0.59, 2.75) increased more than twice. Only EGF and IP-10 showed
255 non-relevant changes. Regarding significant clinical changes, there were an
256 increase in inferior corneal staining (55.6%; 95%CI: 33.3%; 77.8%) and in
257 Schirmer test value (44%; 95%CI: 9.3%, 78.6%), and a decrease in TBUT (-
258 34.4%; 95%CI: -60.6%, -7.8%) and phenol red thread test (-32.9%; 95%CI: -
259 41.8%, -22.7%).

260 Cluster 4: Symptomatic adaptation response. This cluster included 5
261 (12.5%) participants (1 DED patient and 5 healthy individuals). Their clinical
262 response profile was similar to that of cluster 2 in terms of increased corneal
263 staining, however SIDEQ scores showed lower values after CADE exposure,
264 especially the dryness item (-95%; 95%CI: -100%, -85%). Besides, although the
265 clinical profile was similar to that of cluster 2, none of the tear molecules
266 showed a relevant change.

267 A participant was trimmed out. The molecular profile of this individual was
268 atypical presenting very important decreases in all studied cytokines (Appendix
269 A. Table A3).

270 The percentage of DED patients was higher in cluster 3 and cluster 1, but
271 none of the pairwise comparisons was statistically significant (multiple
272 comparison adjusted $p > 0.30$).

273 **3.2. Prediction of response profiles to CADE**

274 Table 2 summarizes the variables into CADE response profiles dataset by
275 response profile (cluster). Figure 3 shows the associations among each of the 4
276 response profiles (clusters) previously established and each separate CADE
277 response profile.

278 After fitting for each cluster a multivariate logistic regression based on the
279 best subset of potential predictors, the optimal models included 3 potential
280 predictors for cluster 1 and cluster 2; and only one predictor for cluster 3 and
281 cluster 4 (Appendix A. Table A4). Table 3 shows the final estimated odds ratio
282 in every particular case. Membership in cluster 1 was predicted by low scores of
283 corneal staining and conjunctival staining in nasal area, and high levels of IP-
284 10. Low baseline level of IP-10, high scores of corneal staining in temporal area
285 and low SIDEQ score were identified as predictors of cluster 2 membership.
286 Low levels of VEGF served as a predictor of response profile related to cluster 3
287 and high levels of IL-1Ra for cluster 4.

288 After carrying out the internal validation of final multivariate classifiers by the
289 LOOCV procedure, the four models were characterized by high discrimination
290 ability, showing AUC values statistically different from 0.5. Sensitivity and
291 specificity values ranged from 68% to 100%. In all cases, sensitivity values
292 were higher than specificity except for cluster 2, where the specificity was
293 slightly higher than sensitivity value (Table 4).

294 Figure 4 shows a summary of all the phases of the statistical analysis
295 carried out, and the most relevant outcomes obtained in each one of them.

296 **4. DISCUSSION**

297 The use of controlled environments has been recommended to evaluate the
298 effects of DED therapies and to study the underlying mechanisms of this
299 disease [5,13]. Selection of DED patients with positive, reproducible and
300 homogeneous responses to controlled conditions could improve patient
301 recruitment by decreasing the variability and required sample sizes in clinical
302 trials. In the current study, we have focused primarily on identifying response
303 profiles based on changes of different clinical and molecular variables after 2-
304 hour exposure to CADE in our facility (CELab). Then, for each particular profile,
305 we have selected baseline parameters that enabled us to predict the most likely
306 profile (Cluster) that each participant can be suited in. Thus, recruitment
307 procedures in clinical trials where all patients should be evaluated before and
308 after adverse condition exposure [17], could be even simplified.

309 We identified four clusters with high stability values. A slight DED
310 exacerbation (Cluster 1: Mild-response cluster) was the most common type of
311 response profile in our sample. It must be taken into account that participants
312 were mild-moderate DED patients and similarly aged control volunteers. In this
313 profile, only TBUT and MMP-9 showed a clinically relevant change (decrease
314 and increase, respectively). Although we considered as clinically relevant a 25%
315 change for clinical variables, and a 2-fold change for tear molecule
316 concentrations, it must be also highlighted that inferior corneal staining
317 increased 23% in this cluster. The mild exacerbation observed in this cluster
318 does not seem to be specific because it was, to a greater or lesser degree,

319 observed across all clusters identified. Therefore, we considered these changes
320 as a common basic response of the LFU to an adverse environment, regardless
321 of the presence of DED. It may be expected that exposure to a desiccating
322 environment would provoke an increase in tear evaporation, resulting in tear
323 hyperosmolarity that leads to altered cellular mechanisms [32]. Tear
324 hyperosmolarity triggers MMP-9 release, thus initiating an inflammation process
325 [33]. Furthermore, hyperosmolarity is negatively associated with TBUT [34], and
326 in DED patients, this measure of tear film stability is inversely correlated with
327 MMP-9 levels [33]. Consistently, we have observed that the increase of MMP-9
328 tear levels and the decrease of TBUT (as well as inferior corneal staining) are
329 common responses in our sample population. Thus, it could be considered one
330 of the basic effects resulting from a desiccating stress exposure.

331 The other three clusters were comprised of participants showing a more
332 severe response to the desiccating environment. A common feature of these
333 three groups is a clinically relevant increase in corneal fluorescein staining. This
334 variable has been commonly used as primary endpoint to assess efficacy in
335 many DED clinical trials, and in fact, it is one of the best ways for assessing
336 ocular surface damage and dysfunction [35].

337 At the molecular level, in addition to the explained tear MMP-9 increase, a
338 reduction in EGF and an increase in IL-6 were observed in cluster 2 (Corneal
339 epithelial integrity response cluster). Change in the tear concentration of these 3
340 tear molecules have been widely reported in DED patients. A decreased
341 concentration of EGF has already been associated with different types of DED
342 patients [36,37]. Besides, IL-6 is a pro-inflammatory molecule frequently over-
343 expressed in DED patients [37,38]. Moreover, this tear molecule rapidly

344 increases when subjecting in vitro corneal epithelial cells to a short term
345 desiccation (30 minutes) [39]. From a clinical viewpoint, this cluster is mainly
346 characterized by a great increase of corneal fluorescein staining.

347 Individuals within cluster 3 (Tear molecular response cluster) were mainly
348 characterized by a great up-regulation of pro-inflammatory tear molecules. It
349 was observed a great acute inflammatory response involving modifications in
350 concentrations of all tear molecules evaluated. These individuals clearly
351 showed a great imbalance in the LFU, which overreacted to the corneal insult
352 secreting a huge amount of cytokines and chemokines as well as MMP-9.

353 Finally, in cluster 4 (Symptomatic adaptation response cluster), individuals
354 were mainly characterized by their symptomatic response to the desiccating
355 exposure. They also showed an increase in corneal staining, and, in contrast to
356 those of the other clusters, these participants reported a marked recovery in dry
357 eye symptoms. This phenomenon has been previously published by Ousler et
358 al [40]. These authors demonstrated that healthy and mild-moderate DED
359 patients exposed to adverse conditions can show a worsening in ocular
360 discomfort followed by a temporary improvement, in contrast to severe DED
361 patients who do not follow this pattern. This scenario was explained as a natural
362 compensation to the adverse environment using mechanisms like blinking and
363 tearing. Besides, it is well known that there is a poor correlation between
364 symptoms and DED signs [41]. Thus, if DED-related symptoms are to be
365 selected as primary end-point in a clinical trial, cluster 4 individuals should not
366 be recruited as they are not likely to report differences in symptoms between
367 experimental and control medications.

368 Using cluster analysis, we were able to find four different patterns of
369 response to a desiccating environment (CADE) based on changes in clinical
370 and tear molecular variables. The cluster analysis has demonstrated that there
371 are different types of responses to the same environmental stimuli depending in
372 each individual. Although the identification and interpretation of these response
373 profiles might be restricted to our sample population, it would be genuinely
374 useful to be able to classify individuals into response subgroups before
375 undergoing desiccating stress when performing clinical studies and trials. This
376 methodology would reduce recruitment time and clinical trial costs. The
377 predictors that we found were not only clinical (corneal and conjunctival staining
378 as well as modified SIDEQ score) variables, but also biochemical ones (IL-1Ra,
379 IP-10 and VEGF tear levels). This finding shows that, in addition to clinical
380 ocular examination, it is worth assessing tear molecular status as well in DED
381 patients recruited for clinical trials [42]. Taking into account that pivotal phase III
382 trials are necessary to get marketing approvals from regulatory agencies
383 worldwide, it could be interesting to perform cluster analysis and fitting
384 classifiers (clinical and biochemical) during phase II trials. This methodology
385 could improve patient recruitment and selection of efficacy end-points for phase
386 III clinical trials.

387 Small sample size is the main limitation of the present study. K-means is
388 one of the more popular partitioning clustering methods for its efficiency and
389 simplicity. However, when dimensionality increases, this algorithm could not
390 work well. To improve its efficiency, we applied PCA on original data set and
391 obtained a reduced dataset containing uncorrelated variables. Hence, clustering
392 was performed in a lower-dimensional dataset and the resulting clusters may be

393 more meaningful. On the other hand, the K-means result may not be accurate
394 due to presence of outliers, participants that are different from (or inconsistent
395 with) the rest of the recruited individuals. Moreover, the influence of outliers will
396 be more important when the sample size is small, since typically larger sample
397 sizes allow more accurate estimations. To overcome this problem, trimmed k-
398 means was performed [25]. In regard to the prediction step, some authors
399 recommended a minimum sample of 10 events per independent variable in a
400 logistic regression [43], although more recent simulation analysis suggested
401 that this rule can be too conservative [44]. A first attempt to reduce the number
402 of predictors was to select as a candidate for the multivariate analysis only
403 those variables having a significant univariate test at the 10% level. This
404 approach greatly reduced the problem, especially in the smaller cluster (Cluster
405 4, n=5). It is important to emphasize that we have found possible existing
406 patterns and predictors that need to be validated in external samples.
407 Nevertheless, these preliminary results look promising. Our evaluations, based
408 on internal validation measures, were appropriate for both clustering and
409 predicting stages. Additionally, the response profiles have shown a consistent
410 interpretation with clinically meaningful outcomes. Another limitation is that the
411 definition and identification of response patterns was carried out on data from a
412 prospective study involving mild-to-moderate DED patients and asymptomatic
413 participants. Therefore, any conclusion about these response profiles may not
414 be appropriate for patients with severe epithelial damage and for also patients
415 with no corneal staining but mild-moderate conjunctival damage and patients
416 with no epithelial damage but decreased BUT and/or increased tear film

417 osmolarity. Other dissimilar populations may have a slightly different response
418 to the desiccating stress exposure.

419 **5. CONCLUSIONS**

420 In conclusion, we showed that the response of most common DED patients
421 and control individuals to desiccating stress can be grouped into diverse
422 clusters. The response is always a deterioration of the LFU, however,
423 depending on each individual the response might be characterized differently. In
424 addition, we demonstrated that it might be possible to determine some clinical
425 and tear biochemical classifiers that could predict the response of each
426 individual (type of cluster) to desiccating stress. The ability to predict LFU
427 response is especially important, because it could be very useful to improve
428 recruitment in clinical trials that try to show therapeutic effectiveness in DED.

Disclosure/Conflict of Interest Statement

No conflicting relationship exists for any author. Disclosures of Dr. Margarita Calonge are the following: Research/clinical trials contracts, consultanships, advisory boards and/or lectures for Novaliq, Chiesi, Santen, Johnson and Johnson, Horus Pharma, Avizorex, and Roche laboratories. Disclosures of Dr. Michael Stern are the following: Research/clinical trials contracts, consultanships, advisory boards and/or lectures for Novaliq, Shire and Ocugen laboratories. The remaining authors have no relationship to disclose.

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TABLES

Table 1. Clinical data and tear molecule levels before and 2 hours after exposure to a controlled adverse desiccating environment (CADE). CADE effect for each clinical parameter was computed as the relative change (percentage) from pre-exposure time. For each tear molecule level this effect was quantified by log2-Fold change (FC). Non change percentage (last column) is the percentage of participants not having a modification in the parameter score after 2 hours of CADE. For clinical and molecular parameters 0% and 0 log2-FC are the no-change values, respectively. Variables showing no changes in at least 60% of sample were considered as non-informative features.

Parameters	Before CADE	2 hour after CADE	CADE effect		
	Mean \pm SD or Median \pm IQR	Mean \pm SD or Median \pm IQR	Mean \pm SD	Non change percentage (95% CI)	Informative variable
Conjunctival hyperemia					
Nasal	1 ± 1	1 ± 1	5.8 ± 16.1	75% (58.5%; 86.8%)	
Temporal	1 ± 0	1 ± 1	4.6 ± 21.6	67.5% (50.8%; 80.9%)	
Tear osmolarity (mOsm/l)	317.2 ± 22.9	318.2 ± 22	0.5 ± 6.7	2.5% (0.1%; 14.7%)	✓
Phenol red thread t	20.3 ± 7.4	19.4 ± 6.9	11.3 ± 79.3	0% (0%; 10.9%)	✓
TBUT	2.8 ± 1.8	2.0 ± 1.0	-22.1 ± 30.7	22.5% (11.4%; 38.9%)	✓
Corneal staining (Oxford)	0 ± 1	1 ± 1	13.9 ± 13	42.5% (27.4%; 59%)	✓
Corneal staining (Baylor)					
Central	0 ± 0	0 ± 1	6 ± 23.4	72.5% (55.9%; 84.9%)	
Nasal	0 ± 1	1 ± 2	19.4 ± 43.5	32.5% (19.1%; 49.2%)	✓
Temporal	0.5 ± 1	1 ± 1.2	19 ± 29.9	42.5% (27.4%; 59%)	✓
Superior	0 ± 0	0 ± 0	5.6 ± 15.5	85% (69.5%; 93.8%)	
Inferior	1 ± 1	2 ± 1	42.1 ± 40.4	17.5% (7.9%; 33.4%)	✓
Total	2.4 ± 2.3	6 ± 3.9	20.1 ± 18.4	10% (3.3%; 24.6%)	✓
Conjunctival staining					
Nasal	1 ± 1	1 ± 1	5.2 ± 10	77.5% (61.1%; 88.6%)	
Temporal	0.5 ± 1	0.5 ± 1	-2.8 ± 32.1	70% (53.3%; 82.9%)	
Schirmer test	12.2 ± 9.3	14.1 ± 10.7	34.4 ± 77.1	17.5% (7.9%; 33.4%)	✓
SIDEQ					
Dry eye	1.4 ± 1.9	1.5 ± 2	-11.8 ± 40.2	52.5% (36.3%; 68.2%)	✓
Foreign body sensations	1.6 ± 2.4	1.4 ± 2	-9.4 ± 29.5	47.5% (31.8%; 63.7%)	✓
Burning	1.2 ± 2	1.1 ± 1.7	-3.5 ± 18.7	62.5% (45.8%; 76.8%)	
Pain	0.6 ± 1.4	0.4 ± 1.2	-7.9 ± 27.6	77.5% (61.1%; 88.6%)	
Itching	0.9 ± 2	1 ± 1.9	-0.1 ± 10.6	73.7% (56.6%; 86%)	
Photophobia	1.1 ± 2.3	0.9 ± 1.7	-12.6 ± 38.3	60.5% (43.5%; 75.5%)	
Blurred vision	0.7 ± 1.7	0.7 ± 1.6	-8.4 ± 34.4	69.2% (52.3%; 82.5%)	
Average	1.1 ± 1.6	1 ± 1.5	-13.2 ± 30.3	35% (21.1%; 51.7%)	✓

Parameters	Before CADE	2 hour after CADE	CADE effect		
	Mean \pm SD or Median \pm IQR	Mean \pm SD or Median \pm IQR	Mean \pm SD	Non change percentage (95% CI)	Informative variable
Tear molecule levels (pg/mL) detected in at least 80% of participants					
EGF	1683.6 \pm 1431.3	991.4 \pm 731.2	-64.1 \pm 139.7	0% (0%; 10.9%)	✓
CX3CL1/ Fractalkine	1068.3 \pm 990	1016.8 \pm 1075.5	16.2 \pm 176.1	2.5% (0.1%; 14.7%)	✓
IL-1Ra	7488.4 \pm 7198.5	7588.7 \pm 8371.1	16.5 \pm 239.4	0% (0%; 10.9%)	✓
IL-6	56.8 \pm 104.3	61 \pm 45.7	75.7 \pm 137.6	2.5% (0.1%; 14.7%)	✓
CXCL8/ IL-8	859.1 \pm 1350.8	856.6 \pm 777.6	36.7 \pm 140.2	0% (0%; 10.9%)	✓
CXCL10/ IP-10	54692.8 \pm 66230.5	57969.8 \pm 64277.3	13.3 \pm 181.7	0% (0%; 10.9%)	✓
CCL5/ RANTES	20.9 \pm 14.6	42.1 \pm 109.2	37 \pm 141.5	2.5% (0.1%; 14.7%)	✓
VEGF	641 \pm 677.9	636.9 \pm 475.8	41.4 \pm 144.9	2.5% (0.1%; 14.7%)	✓
MMP-9	12006.3 \pm 36722.2	20861.9 \pm 59663.6	162.9 \pm 210.4	0% (0%; 10.9%)	✓

SD= Standard Deviation; IQR= Interquartile Range; CI=Confidence interval; TBUT = Tear film Break-Up Time; SIDEQ = Single-Item Score Dry Eye Questionnaire; EGF = Epidermal Growth Factor; CX3CL = Chemokine [C-X3-C motif] ligand; IL-1RA = Interleukin-1 Receptor Antagonist; IL-6 = Interleukin-6; CXCL = Chemokine [C-X-C motif] ligand; IL-8 = Interleukin-8; IP-10 = interferon- γ - Induced Protein-10; CCL = Chemokine [C-C motif] ligand; RANTES = Regulated on Activation, Normal T cell Expressed and Secreted; VEGF = Vascular Endothelial Growth Factor; MMP-9 = matrix metalloproteinase-9.

Table 2. Description of controlled adverse desiccating environment (CADE) response prediction dataset for each cluster (response profile).

Mean and standard deviation was used to describe quantitative variables. For ordinal variables, median and interquartile range are shown in italic font. For gender, the percentage of males (and its 95% confidence interval) is calculated.

	Cluster 1 (n=18) Mild response	Cluster 2 (n=10) Corneal epithelial integrity response	Cluster 3 (n=6) Tear molecular response	Cluster 4 (n=5) Symptomatic adaptation response
Demographic parameters				
Age	61.9 ± 9.6	60.2 ± 7.7	66.8 ± 4.6	57.8 ± 10.3
Gender (male)	44.4% (22.4% ; 68.7%)	20% (3.5% ; 55.8%)	16.7% (0.9% ; 63.5%)	20% (1.1% ; 70.1%)
Clinical parameters				
Conjunctival hyperemia				
Nasal	<i>1 ± 1</i>	<i>1 ± 0</i>	<i>1.5 ± 1</i>	<i>1 ± 0</i>
Temporal	<i>1 ± 0</i>	<i>1 ± 0.8</i>	<i>1.5 ± 1</i>	<i>1 ± 0</i>
Tear osmolarity (mOsm/l)	312.9 ± 19.7	314.9 ± 16.9	344.3 ± 31	307.6 ± 16.5
Phenol red thread test	21.6 ± 7.4	17.8 ± 8.2	21 ± 5.8	19.4 ± 9.1
TBUT	3.3 ± 2.4	2.3 ± 0.9	1.9 ± 0.3	2.9 ± 1.7
Corneal staining (Oxford)	<i>0 ± 0</i>	<i>1 ± 1</i>	<i>1 ± 0</i>	<i>1 ± 1</i>
Corneal staining (Baylor)				
Central	<i>0 ± 0</i>	<i>0 ± 0</i>	<i>0 ± 0</i>	<i>0 ± 0</i>
Nasal	<i>0 ± 0.8</i>	<i>1 ± 0.8</i>	<i>1 ± 0.8</i>	<i>0 ± 1</i>
Temporal	<i>0 ± 1</i>	<i>1 ± 0.8</i>	<i>1 ± 0.8</i>	<i>0 ± 0</i>
Superior	<i>0 ± 0</i>	<i>0 ± 0</i>	<i>0 ± 0</i>	<i>0 ± 0</i>
Inferior	<i>0.5 ± 1</i>	<i>1 ± 0.8</i>	<i>1 ± 0.8</i>	<i>1 ± 1</i>
Total	1.4 ± 1.6	3.5 ± 3	3.7 ± 1.8	1.4 ± 1.3
Conjunctival staining				
Nasal	<i>0 ± 1</i>	<i>1 ± 1.5</i>	<i>1 ± 0</i>	<i>0 ± 1</i>
Temporal	<i>0 ± 1</i>	<i>1 ± 1</i>	<i>1 ± 0.8</i>	<i>1 ± 1</i>
Schirmer test	12.7 ± 9.4	11.1 ± 8.4	11.7 ± 12	13.2 ± 10.7
SIDEQ				
Dry eye	1.1 ± 1.7	0.4 ± 1	3.5 ± 2.6	2 ± 1.5
Foreign body sensations	2.2 ± 2.7	0 ± 0	4.1 ± 2.3	0.4 ± 0.9
Burning	1.4 ± 2.4	0.1 ± 0.3	3 ± 2.2	0.4 ± 0.9
Pain	0.9 ± 1.6	0 ± 0	1.3 ± 2.4	0 ± 0
Itching	1.4 ± 2.7	0 ± 0	1.2 ± 1.6	1 ± 1.7
Photophobia	1.1 ± 2.3	0.2 ± 0.6	2.4 ± 3.4	1.6 ± 3
Blurred vision	0.7 ± 1.7	0 ± 0.1	2 ± 3.1	0.8 ± 1.1
Average	1.3 ± 1.7	0.1 ± 0.2	2.6 ± 1.8	0.9 ± 1.2
OSDI	22.2 ± 20	7.6 ± 12	30.7 ± 20.5	13.2 ± 17
Molecular tear levels (pg/mL) detected in at least 80% of participants				
EGF	1710.7 ± 1460.5	1649.1 ± 1277.5	638.8 ± 618.5	2341.6 ± 1600.4
CX3CL1/ Fractalkine	1166.2 ± 846.3	980.9 ± 843.2	355.7 ± 698.1	1087.6 ± 877.7
IL-1Ra	6649.7 ± 5386.7	7785 ± 6618.1	1440.2 ± 1991.9	14570 ± 10729.9

	Cluster 1 (n=18) Mild response	Cluster 2 (n=10) Corneal epithelial integrity response	Cluster 3 (n=6) Tear molecular response	Cluster 4 (n=5) Symptomatic adaptation response
IL-6	64.3 ± 127.6	38.3 ± 44.6	79.1 ± 153.9	41.8 ± 27
CXCL8/ IL-8	1285.7 ± 1882.4	503.1 ± 377.8	106.9 ± 104.1	923 ± 636.9
CXCL10/ IP-10	74845.6 ± 90516.7	29572 ± 26266	37328.3 ± 38581.3	50520 ± 24676.9
CCL5/ RANTES	24.9 ± 11.1	15.3 ± 11	8.1 ± 10.1	29.2 ± 24.1
VEGF	975.9 ± 842.1	401.6 ± 259	66.7 ± 21	485.7 ± 235.5
MMP-9	16763.3 ± 50780.5	15498.2 ± 27568.1	696.4 ± 601.8	3742.6 ± 6040.3

SD= Standard deviation; IQR= InterQuartile Range; CI=Confidence interval; TBUT = Tear film Break-Up Time; SIDEQ = Single-Item Score Dry Eye Questionnaire; OSDI = Ocular Surface Disease Index; EGF = Epidermal Growth Factor; CX3CL = Chemokine [C-X3-C motif] ligand; IL-1RA = Interleukin-1 Receptor Antagonist; IL-6 = Interleukin-6; CXCL = Chemokine [C-X-C motif] ligand; IL-8 = Interleukin-8; IP-10 = interferon- γ - Induced Protein-10; CCL = Chemokine [C-C motif] ligand; RANTES = Regulated on Activation, Normal T cell Expressed and Secreted; VEGF = Vascular Endothelial Growth Factor; MMP-9 = matrix metalloproteinase-9.

Table 3. Predictors for each response profile (cluster). Estimated odds ratio (OR) by the final multivariate logistic regression models. The table shows OR with 95% confidence intervals. Significant results are denoted in bold. Borderline significant P-values ($0.05 < P < 0.1$) are denoted in italics. Only controlled adverse desiccating environment (CADE) response prediction variables finally selected in some of the fitted models are shown.

	Cluster 1 (n=18) Mild response	Cluster 2 (n=10) Corneal epithelial integrity response	Cluster 3 (n=6) Tear molecular response	Cluster 4 (n=5) Symptomatic adaptation response
Corneal staining (Oxford)	0.08 (0.01; 0.57)	-	-	-
Temporal corneal staining	-	12.65 (1.38;115.85)	-	-
Nasal conjunctival staining	<i>0.2 (0.04; 1.06)</i>	-	-	-
SIDEQ. Average	-	<i>0.09 (0.01; 1.21)</i>	-	-
IL-1Ra	-	-	-	<i>3.08 (0.9; 10.5)</i>
CXCL10/ IP-10	2.2 (1.09; 4.42)	0.26 (0.07; 0.91)	-	-
VEGF	-	-	<i>0.01 (0; 1.18)</i>	-

SIDEQ = Single-Item Score Dry Eye Questionnaire; IL-1RA = InterLeukin-1 Receptor Antagonist; CXCL = Chemokine [C-X-C motif] ligand; IP-10 = interferon- γ - Induced Protein-10; VEGF = Vascular Endothelial Growth Factor.

Table 4. Discrimination ability of the final multivariate logistic regression models. Area under the curve (AUC), sensibility and specificity values based on leave-one-out-cross-validation (LOOCV) procedure, are shown. AUC values statistically different from 0.5 (random chance) are denoted in bold.

	AUC (95% CI)	Sensitivity (%) (95% CI)	Specificity (%) (95% CI)
Cluster 1 (n=18) Mild response	0.8175 (0.6809; 0.954)	83.33 (66.12; 100)	71.43 (52.11; 90.75)
Cluster 2 (n=10) Corneal epithelial integrity response	0.8793 (0.689; 1)	90.00 (71.41; 100)	96.55 (89.91; 100)
Cluster 3 (n=6) Tear molecular response	0.9545 (0.891; 1)	100.00 (87; 100)	87.88 (76.74; 99.01)
Cluster 4 (n=5) Symptomatic adaptation response	0.7353 (0.544; 0.9262)	80.00 (44.94; 100)	67.65 (51.92; 83.37)

AUC = area under the curve; CI = confidence interval; LOOCV = leave-one-out-cross-validation

FIGURE LEGENDS

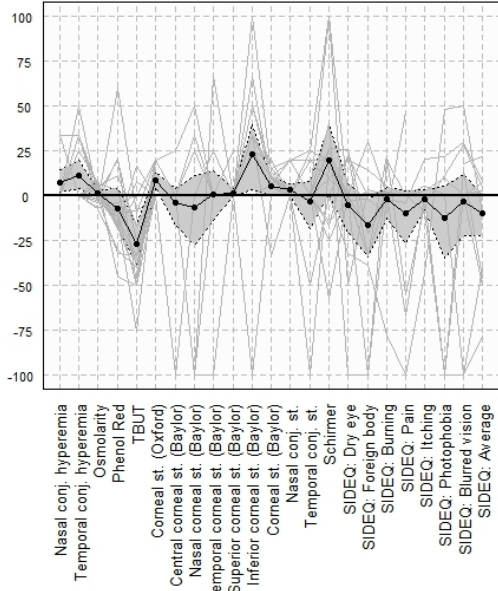
Figure 1. Clinical response profiles to controlled adverse desiccating environment (CADE) for each of the four clusters found in CADE effect dataset by trimmed k-means clustering with $k=4$ and $\alpha=0.025$. The Y-axis represents the relative change (percentage) between pre-exposure and post-exposure values. Each of the equi-spaced vertical ticks on X-axis represents a different clinical variable in CADE effect dataset. A different solid grey line for each participant is plotted. Solid black lines and circles represent the average response profile. Shaded area indicates the 95% confidence intervals for the mean constructed using bootstrap procedure based on 5000 replications. Increase in corneal staining and decrease in tear break-up time occurs across the four clusters, in contrast, subjective change is only clearly manifested in cluster 4.

Figure 2. Molecular response profiles to controlled adverse desiccating environment (CADE) of each of 4 cluster found in CADE effect dataset by trimmed k-means clustering with $k=4$ and $\alpha =0.025$. The Y-axis represents the log₂-Fold change from pre- to post-CADE exposure. Each of the equi-spaced vertical ticks on X-axis represents a different detected cytokine in CADE effect data set. A different grey line for each subject is plotted. Solid black lines and circles represent the average response profile. Shaded area indicates the 95% confidence intervals for the mean constructed using bootstrap procedure based on 5000 replications. A modest but significant unbalance of tear inflammatory biomarkers should be expected, except for some individuals (cluster 3) who might show an overwhelming response.

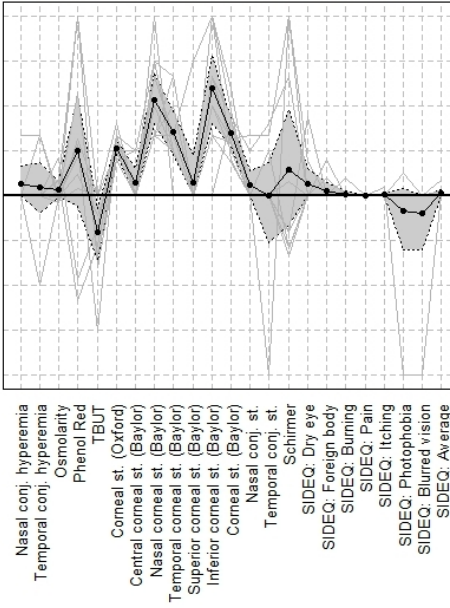
Figure 3. Association between each controlled adverse desiccation environment (CADE) response prediction variable and the response profiles (clusters). The x-axis is the base-2 logarithmic odds ratio (\log_2 OR) estimated by one-vs-all binary logistic regression analysis. Black circles and triangles indicate statistically significant associations at 5% and 10% significance levels, respectively. White small circles indicate no significant associations at 10% level. The 95% confidence intervals for \log_2 OR are plotted as horizontal lines. The vertical bold line represents the no association value. For each CADE response prediction variable, positive values (right to the vertical line) mean positive association between CADE response prediction variable and cluster membership, while negative values (left to the vertical line) mean negative association. Clinical and tear molecule variables that characterize each cluster might not be the same ones that can predict the response of each cluster.

Figure 4. Summary of the statistical procedure performed and sequential outcomes obtained. LOD = Limits of detection; CADE = Controlled adverse desiccating environment; PCA = Principal component analysis; PC = Principal component; Cl = Cluster.

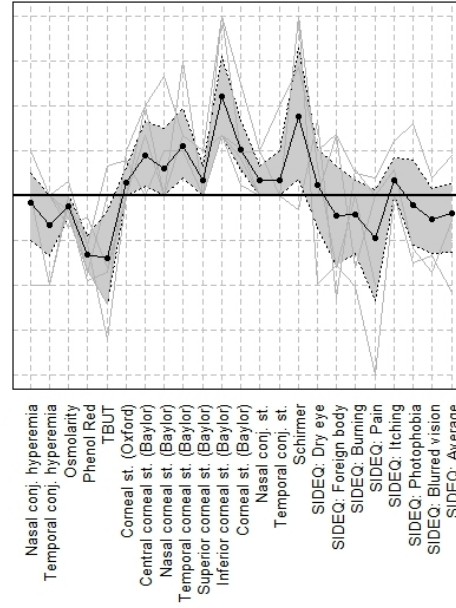
Cluster 1: Mild response (n=18)



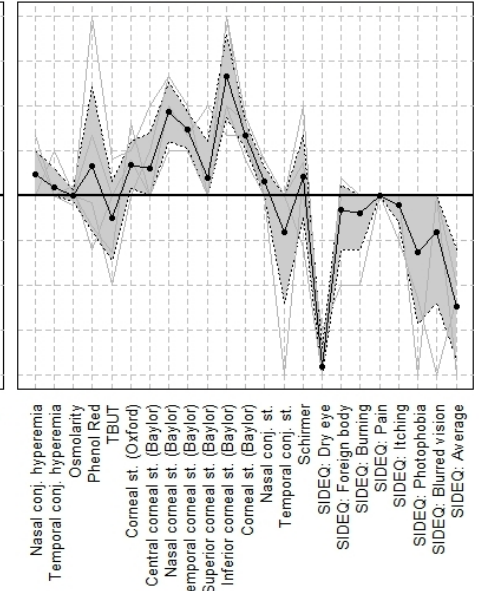
Cluster 2: Corneal epithelial integrity response (n=10)

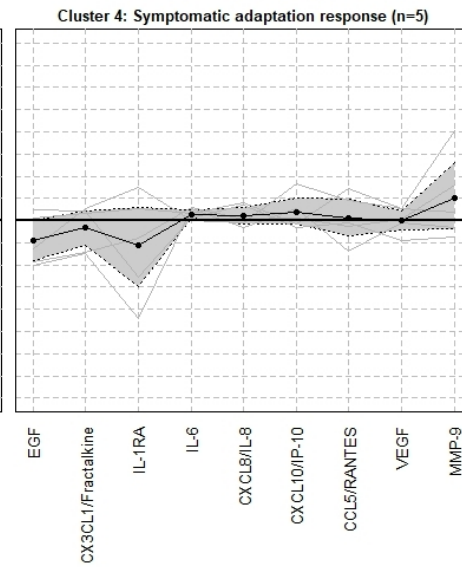
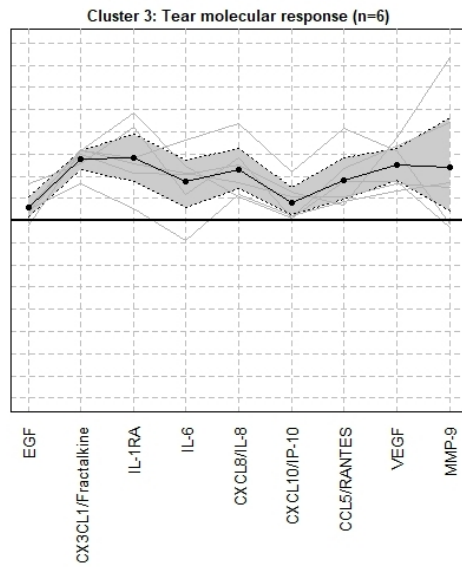
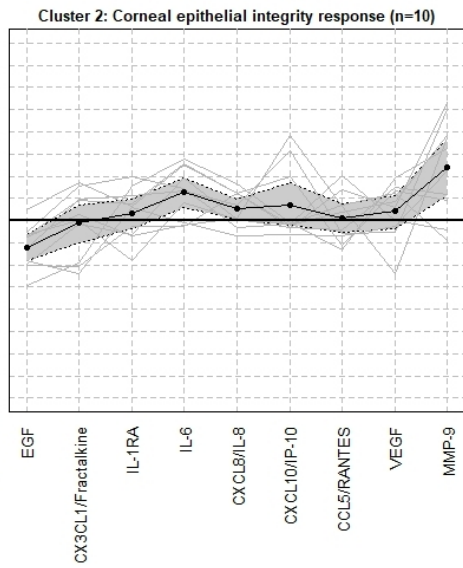
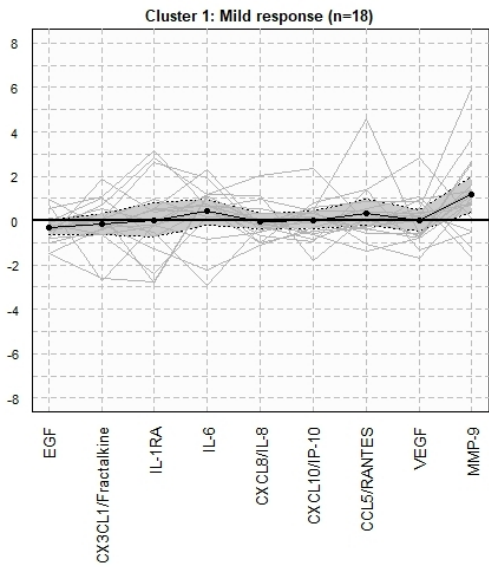


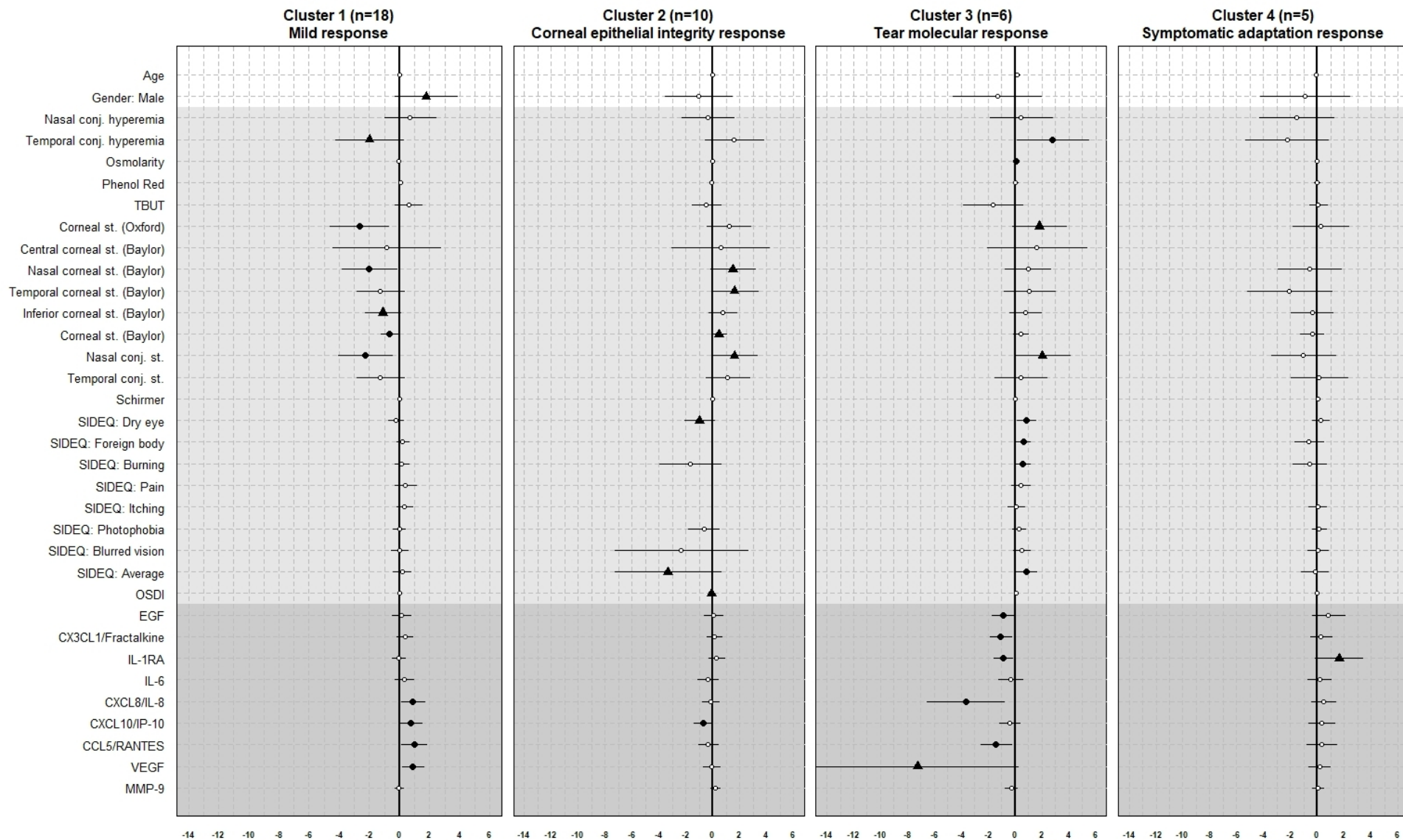
Cluster 3: Tear molecular response (n=6)

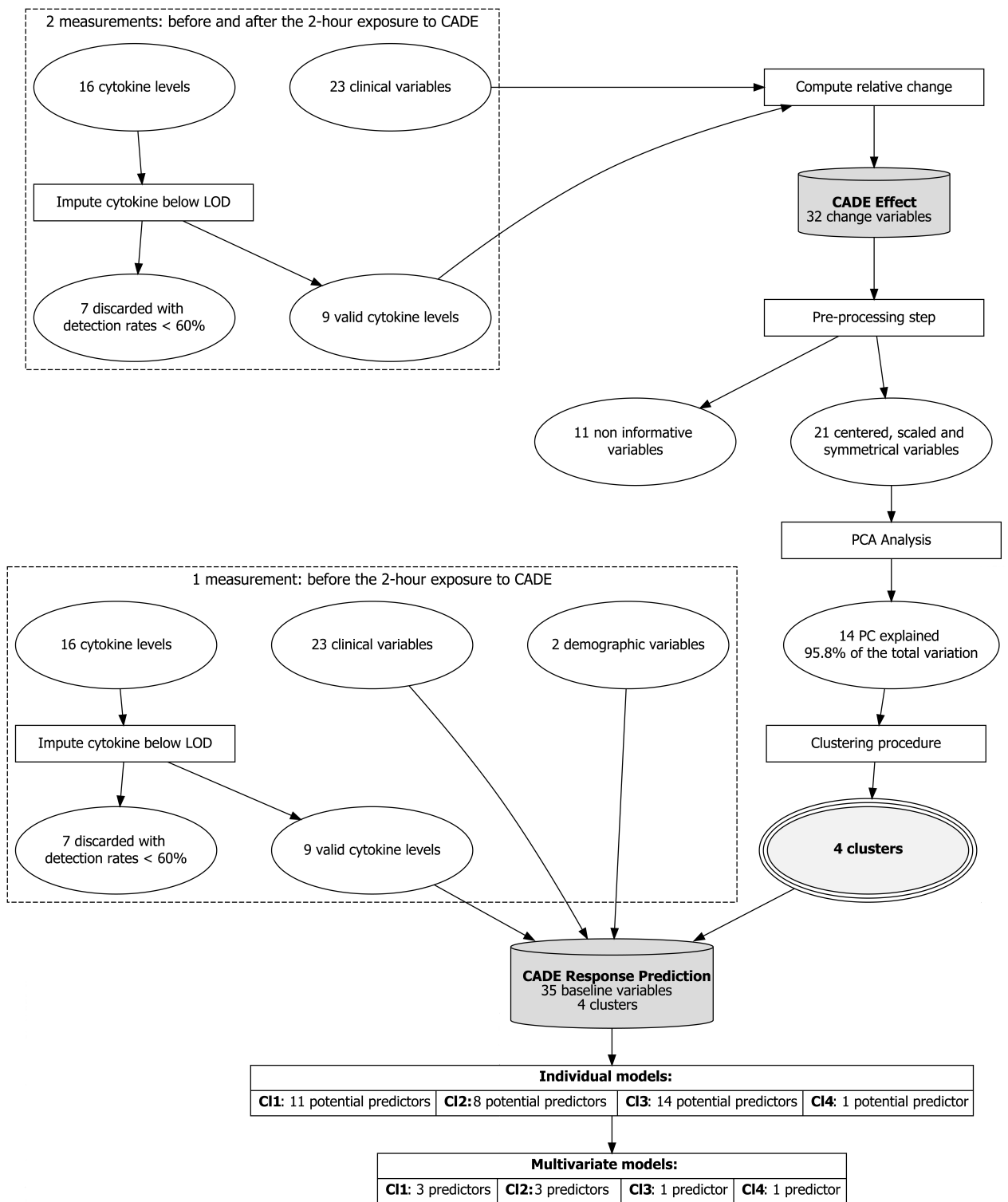


Cluster 4: Symptomatic adaptation response (n=5)









APPENDIX A

Table A1. Limit and percentage of detection of the 16 tear molecules analyzed in tear samples.

	Limit of detection (pg/ml)	Rate of detection (%) (95% CI)	
		Pre-exposure	Post-exposure
EGF	27	95 (81.79 ; 99.13)	95 (81.79 ; 99.13)
CX3CL1/ Fractalkine	60	85 (69.48 ; 93.75)	92.5 (78.52 ; 98.04)
IFN-g	1	0 (0 ; 10.91)	0 (0 ; 10.91)
IL-1b	4	30 (17.09 ; 46.71)	20 (9.62 ; 36.14)
IL-1Ra	29	100 (89.09 ; 100)	100 (89.09 ; 100)
IL-2	3	20 (9.62 ; 36.14)	25 (13.25 ; 41.52)
IL-6	3	82.5 (66.64 ; 92.11)	95 (81.79 ; 99.13)
CXCL8/ IL-8	2	100 (89.09 ; 100)	97.5 (85.27 ; 99.87)
IL-10	3	7.5 (1.96 ; 21.48)	20 (9.62 ; 36.14)
IL-12p70	4	2.5 (0.13 ; 14.73)	0 (0 ; 10.91)
IL-17A	2	0 (0 ; 10.91)	0 (0 ; 10.91)
CXCL10/ IP-10	12	92.5 (78.52 ; 98.04)	95 (81.79 ; 99.13)
CCL5/ RANTES	10	87.5 (72.4 ; 95.31)	90 (75.4 ; 96.75)
TNF-a	1	2.5 (0.13 ; 14.73)	7.5 (1.96 ; 21.48)
VEGF	58	77.5 (61.15 ; 88.6)	85 (69.48 ; 93.75)
MMP-9	10	87.5 (72.4 ; 95.31)	90 (75.4 ; 96.75)

CI=Confidence interval; EGF = Epidermal Growth Factor; CX3CL = Chemokine [C-X3-C motif] ligand; IFN-g = interferon - g; IL-1b= Interleukin-1b;IL-1RA = Interleukin-1 Receptor Antagonist; IL-2 = Interleukin-2; IL-6 = Interleukin-6; CXCL = Chemokine [C-X-C motif] ligand; IL-8 = Interleukin-8; IL-10 = Interleukin-10 ; IL-12p70 = Interleukin-12p70; IL-17A = Interleukin-17A; IP-10 = interferon- gamma– Induced Protein-10; CCL = Chemokine [C-C motif] ligand; RANTES = Regulated on Activation, Normal T cell Expressed and Secreted; TNF-a = tumor necrosis factor - a; VEGF = Vascular Endothelial Growth Factor; MMP-9 = matrix metalloproteinase-9.

Table A2. Results of the principal component analysis (PCA) for condensing the 21 informative controlled adverse desiccating environment (CADE) effect variables into 14 statistically-independent dimensions. Since skewness and the magnitude of the variables influence the PCA results, each of the original variables was previously centered, scaled and applied a Box and Cox transformation. The table shows the contribution of each CADE effect variable to selected principal components (PCs).

	PC1	PC2	PC3	PC4	PC5	PC6	PC7	PC8	PC9	PC10	PC11	PC12	PC13	PC14
Tear osmolarity	-0.10	0.02	-0.29	0.59	-0.01	0.10	-0.18	0.30	-0.11	0.04	-0.25	0.22	-0.16	0.07
Phenol Red Thread Test	-0.11	0.21	0.22	-0.21	0.34	-0.32	-0.07	0.39	-0.25	-0.26	-0.15	-0.12	-0.08	0.17
TBUT	-0.24	0.08	-0.07	-0.12	0.21	0.47	0.23	0.23	-0.09	-0.25	0.26	-0.41	0.01	-0.05
Corneal staining (Oxford)	0.07	0.31	0.13	0.24	0.22	0.01	-0.43	0.25	0.42	0.14	0.11	-0.23	-0.04	0.06
Corneal staining (Baylor)														
Nasal	0.02	0.42	-0.04	0.06	0.14	-0.13	-0.04	-0.16	-0.38	0.47	0.40	0.14	-0.08	0.05
Temporal	0.03	0.43	-0.20	-0.08	-0.14	0.00	0.15	-0.15	-0.04	-0.36	-0.33	0.08	-0.36	-0.14
Inferior	0.13	0.31	0.21	-0.22	-0.33	0.13	-0.23	-0.10	0.29	-0.03	-0.22	-0.06	0.37	0.19
Total	0.09	0.52	0.00	-0.03	-0.02	0.03	0.22	-0.06	0.11	-0.05	0.14	0.11	-0.13	0.01
Schirmer test	0.05	0.04	-0.05	0.53	-0.09	-0.46	0.29	-0.16	0.14	-0.31	0.19	-0.34	0.23	0.09
SIDEQ														
Dry eye	0.04	-0.08	-0.45	-0.31	0.08	-0.34	-0.11	-0.02	0.33	0.05	0.04	0.06	-0.24	0.07
Foreign body sensations	-0.05	0.22	-0.39	0.03	-0.31	0.14	-0.29	0.00	-0.34	0.03	-0.10	-0.28	0.28	-0.06
Average	-0.03	-0.05	-0.53	-0.22	-0.03	-0.17	-0.16	0.21	0.08	-0.14	0.22	-0.04	0.17	-0.07
EGF	0.32	-0.22	0.12	-0.04	-0.06	-0.06	-0.28	0.06	-0.33	-0.08	0.02	-0.17	-0.06	-0.10
CX3CL1/ Fractalkine	0.37	-0.02	-0.03	-0.12	-0.15	-0.03	0.05	0.00	-0.24	-0.10	0.31	0.02	0.01	0.47
IL-1Ra	0.35	-0.11	-0.10	0.10	-0.03	0.25	0.06	0.11	0.01	-0.11	-0.12	-0.01	-0.24	0.52
IL-6	0.27	0.09	-0.13	-0.03	0.17	0.07	0.35	0.44	0.09	0.11	-0.05	0.36	0.48	-0.03
CXCL8/ IL-8	0.37	0.03	-0.09	0.06	0.19	0.00	0.11	-0.13	-0.14	-0.04	-0.17	0.00	0.19	-0.37
CXCL10/ IP-10	0.31	0.04	0.11	0.05	0.27	-0.08	-0.34	-0.07	-0.06	-0.39	0.06	0.20	0.05	-0.23
CCL5/ RANTES	0.31	-0.03	0.05	0.05	-0.29	0.21	0.02	0.22	0.19	-0.01	0.37	-0.06	-0.32	-0.40
VEGF	0.32	0.02	-0.06	-0.07	0.11	-0.15	0.21	0.08	-0.01	0.43	-0.35	-0.52	-0.14	-0.07
MMP-9	0.09	-0.05	-0.23	0.03	0.52	0.35	-0.09	-0.48	0.12	-0.03	0.02	-0.09	0.05	0.13
Variance explained (%)	25.49	14.64	11.64	7.00	6.64	5.60	5.04	4.47	3.96	3.29	2.50	2.23	2.01	1.32
Cumulative variance explained (%)	25.49	40.13	51.77	58.77	65.41	71.00	76.04	80.51	84.47	87.76	90.26	92.49	94.50	95.83

Table A3. Clinical and molecular response profiles to controlled adverse desiccating environment (CADE) for each of the 4 clusters found in CADE effect dataset by trimmed k-means clustering with k=4 and $\alpha=0.025$. Mean and 95% confidence intervals (CI) for the mean of all CADE effect variables are shown for each cluster. Confidence intervals are constructed using bootstrap procedure based on 5000 replications. *Italic font indicates statistical difference from 0 at the 0.05 level (the 95% CI does not contain zero value).* Relevant changes are shown in boldface. Statistically significant changes in clinical parameters greater than 25% were considered relevant changes. For tear molecule levels, this threshold was established at 2-fold (1 log₂-FC).

	Cluster 1 (n=18) Mild response	Cluster 2 (n=10) Corneal epithelial integrity response	Cluster 3 (n=6) Tear molecular response	Cluster 4 (n=5) Symptomatic adaptation response	Trimmed observations (n=1)
Clinical parameters (relative change from pre- exposure in %)					
Conjunctival hyperemia					
Nasal	7.4% (1.9%;14.8%)	6.7% (0%;16.7%)	-4.2% (-25%;12.5%)	11.7% (0%;25%)	0%
Temporal	11.6% (3.7%;19.9%)	5% (-11.7%;20%)	-16.7% (-33.3%;0%)	5% (0%;15%)	0%
Tear osmolarity	1.5% (-0.7%;3.6%)	3.2% (-0.7%;8%)	-6% (-12.2%;0.9%)	0.3% (-2.9%;3.3%)	-2.3%
Phenol red thread test	-7.1% (-17%;4.4%)	24.9% (-6.8%;55.3%)	-32.9% (-41.8%;-22.7%)	16.4% (-19.7%;60.7%)	23.8%
TBUT	-27.1% (-37.6%;-16.2%)	-20.4% (-35.7%;-7.8%)	-34.4% (-60.6%;-7.8%)	-12.2% (-36.3%;8.2%)	75.2%
Corneal staining (Oxford)	8.9% (4.4%;13.3%)	26.7% (22.8%;30.8%)	7.5% (0%;15.8%)	17% (4%;30%)	0%
Corneal staining (Baylor)					
Central	-4.2% (-16.7%;4.2%)	7.5% (0%;15%)	22.2% (5.6%;38.9%)	15% (0%;35%)	33.3%
Nasal	-6.5% (-27.8%;12.5%)	53.3% (40%;69.2%)	15.3% (0%;37.5%)	46.7% (30%;63.3%)	33.3%
Temporal	0.9% (-13.9%;13.9%)	35.8% (24.2%;47.5%)	27.8% (9.7%;48.6%)	36.7% (26.7%;46.7%)	33.3%
Superior	1.4% (0%;4.2%)	7.5% (0%;22.5%)	8.3% (0%;16.7%)	10% (0%;30%)	25%
Inferior	23.1% (3.7%;40.3%)	60% (40%;80%)	55.6% (33.3%;77.8%)	66.7% (43.3%;90%)	0%
Total	5.6% (-0.2%;9.9%)	34.9% (27.6%;43.1%)	26% (14.0%;41.7%)	33.8% (26.2%;40.9%)	30.8%
Conjunctival staining					
Nasal	3.3% (0%;6.7%)	5.8% (0%;14.2%)	8.3% (0%;16.7%)	8% (0%;16%)	0%
Temporal	-3.3% (-18.3%;7.8%)	-0.2% (-26.7%;18.8%)	8.3% (0%;25%)	-20% (-60%;0%)	0%
Schirmer test	19.7% (1.2%;39.3%)	14.4% (- 14.6%;46.8%)	44% (9.3%;78.6%)	10.5% (-11.4%;33.6%)	30%
SIDEQ					
Dry eye	-5.2% (-20%;6.5%)	6.3% (0%;17.1%)	5.7% (-20.5%;25.2%)	-95% (-100%;-85%)	0%
Foreign body sensations	-16.5% (-33.2%;0%)	3% (0%;7%)	-11.4% (-38.8%;16.3%)	-8% (-30%;6%)	0%
Burning	-2% (-12.5%;5.2%)	1% (0%;3%)	-10.7% (-32.1%;8.6%)	-10% (-30%;0%)	0%
Pain	-9.9%	0%	-23.3%	0%	0%

	Cluster 1 (n=18) Mild response	Cluster 2 (n=10) Corneal epithelial integrity response	Cluster 3 (n=6) Tear molecular response	Cluster 4 (n=5) Symptomatic adaptation response	Trimmed observations (n=1)
Itching	(-26.1%;3.8%) -1.6%	(0%;0%) 0.5%	(-58.3%;3.3%) 8.9%	(0%;0%) -5%	0%
Photophobia	(-8.1%;3.1%) -12.2%	(0%;1.5%) -8.8%	(0%;20.9%) -5.4%	(-15%;0%) -31.4%	0%
Blurred vision	(-33.5%;6.2%) -3.3%	(-30%;3.8%) -10%	(-28.1%;20%) -13.2%	(-71.4%;0%) -20%	0%
Average	(-22.2%;11.9%) -9.7%	(-30%;0%) 1.6%	(-32.4%;5%) -10.1%	(-60%;0%) -61.4%	0%
	(-22.2%;0.6%)	(0%;3.4%)	(-29.6%;6.5%)	(-91.4%;-30%)	

Tear Molecule levels detected in at least 80% of participants
(log2-fold-changes)

EGF	-0.31 (-0.6;-0.02)	-1.21 (-1.8;-0.64)	0.57 (0.16;1.08)	-0.9 (-1.79;-0.01)	-6.85
CX3CL1/ Fractalkine	-0.14 (-0.68;0.34)	-0.11 (-1.02;0.74)	2.78 (2.29;3.14)	-0.32 (-1.09;0.46)	-5.09
IL-1Ra	0.02 (-0.74;0.79)	0.33 (-0.36;0.99)	2.85 (1.76;3.94)	-1.13 (-3.04;0.67)	-8.47
IL-6	0.43 (-0.18;0.97)	1.28 (0.57;1.98)	1.76 (0.59;2.75)	0.3 (0.1;0.5)	-2.29
CXCL8/ IL-8	-0.04 (-0.39;0.35)	0.52 (0.07;0.99)	2.28 (1.45;3.27)	0.22 (-0.17;0.61)	-4.73
CXCL10/ IP-10	0.01 (-0.39;0.43)	0.71 (-0.2;1.77)	0.82 (0.28;1.48)	0.36 (-0.17;1.07)	-8.72
CCL5/ RANTES	0.3 (-0.2;0.94)	0.1 (-0.53;0.78)	1.81 (0.98;2.85)	0.11 (-0.72;0.9)	-3.06
VEGF	0.01 (-0.44;0.49)	0.43 (-0.38;1.13)	2.51 (1.8;3.22)	0.03 (-0.44;0.45)	-3.02
MMP-9	1.17 (0.41;2.02)	2.41 (1.13;3.63)	2.42 (0.41;4.83)	1 (-0.31;2.61)	0.44

CI=Confidence interval; TBUT = Tear film Break-Up Time; SIDEQ = Single-Item Score Dry Eye Questionnaire; EGF = Epidermal Growth Factor; CX3CL = Chemokine [C-X3-C motif] ligand; IL-1RA = Interleukin-1 Receptor Antagonist; IL-6 = Interleukin-6; CXCL = Chemokine [C-X-C motif] ligand; IL-8 = Interleukin-8; IP-10 = interferon- gamma– Induced Protein-10; CCL = Chemokine [C-C motif] ligand; RANTES = Regulated on Activation, Normal T cell Expressed and Secreted; VEGF = Vascular Endothelial Growth Factor; MMP-9 = matrix metalloproteinase-9.

Table A4. Summary of the exhaustive search performed to find the best multivariate classifiers. Multivariate logistic regression models of response profiles with optimal Bayesian information criterion (BIC) by number of predictors. Mk represents the model of size k, that is, based on k predictors (i.e. M1, M2, etc). Better model by size is the one with the lower BIC and it is highlighted with a grey-shaded area.

Cluster 1: Mild response

Potential predictors	M1	M2	M3	M4	M5	M6	M7	M8	M9	M10	M11
Gender						✓	✓	✓	✓	✓	✓
Nasal conj. hyperemia								✓	✓	✓	✓
Corneal staining (Oxford)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Nasal corneal staining						✓			✓		✓
Inferior corneal staining										✓	✓
Corneal staining (Baylor)					✓		✓	✓	✓	✓	✓
Nasal conj. staining			✓	✓	✓	✓	✓	✓	✓	✓	✓
CXCL8/ IL-8				✓	✓					✓	✓
CXCL10/ IP-10		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
CCL5/ RANTES						✓	✓	✓	✓	✓	✓
VEGF							✓	✓	✓	✓	✓
BIC	48.13	44.56	43.57	43.83	45.20	45.32	47.83	51.02	54.51	58.04	61.60

Cluster 2: Corneal epithelial integrity response

Potential predictors	M1	M2	M3	M4	M5	M6	M7	M8
Nasal corneal staining				✓	✓	✓	✓	✓
Temporal corneal staining			✓					✓
Corneal staining (Baylor)				✓	✓	✓	✓	✓
Nasal conj. staining					✓	✓	✓	✓

SIDEQ: Dry eye						✓	✓	✓
SIDEQ: Average	✓	✓	✓	✓	✓	✓	✓	✓
OSDI							✓	✓
CXCL10/IP-10		✓	✓	✓	✓	✓	✓	✓
BIC	37.28	34.43	29.92	31.72	33.69	36.92	40.20	43.79

Cluster 3: Tear molecular response

Potential predictors	M1	M2	M3	M4	M5	M6	M7	M8	M9 *
Temp. conj. hyperemia				✓	✓	✓	✓		
Tear osmolarity		✓		✓	✓	✓	✓	✓	✓
Corneal staining (Oxford)								✓	
Nasal conj. staining			✓				✓	✓	✓
SIDEQ: Dry eye					✓	✓	✓	✓	✓
SIDEQ: Foreign body			✓						
SIDEQ: Burning				✓	✓	✓	✓	✓	✓
SIDEQ: Average				✓	✓	✓	✓	✓	✓
EGF						✓	✓		✓
CX3CL1/ Fractalkine								✓	✓
IL-1Ra									✓
CXCL8/ IL-8			✓						
CCL5/ RANTES								✓	✓
VEGF	✓	✓							
BIC	16.09	19.49	21.29	24.46	27.78	30.57	34.19	41.4	47.28

Cluster 4: Symptomatic adaptation response

Potential predictors	M1
IL-1Ra	✓
BIC	26.92

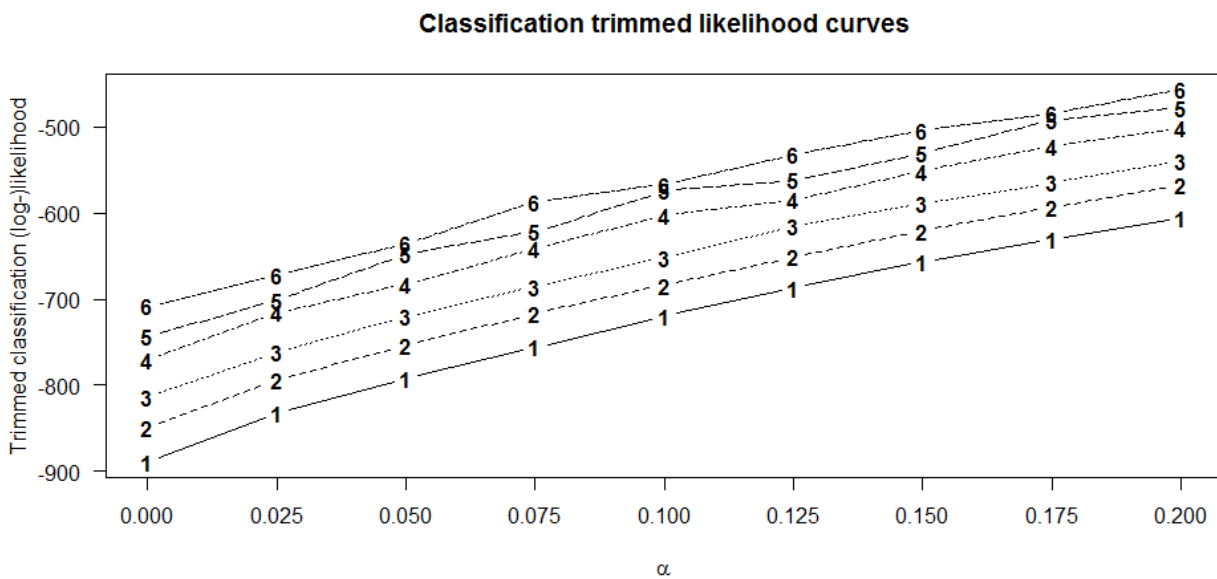
BIC = Bayesian Information Criterion; SIDEQ = Single-Item Score Dry Eye Questionnaire; EGF = Epidermal Growth Factor; CX3CL = Chemokine [C-X3-C motif] ligand; IL-1RA = Interleukin-1

Receptor Antagonist; CXCL = Chemokine [C-X-C motif] ligand; IL-8 = Interleukin-8; IP-10 = interferon-gamma– Induced Protein-10; CCL = Chemokine [C-C motif] ligand; RANTES = Regulated on Activation, Normal T cell Expressed and Secreted; VEGF = Vascular Endothelial Growth Factor.

* In Cluster 3, models based on 10 or more predictors are not valid. Models do not converge.

APPENDIX B

Figure B1. Classification trimmed likelihood curves when k is between 1 and 6 groups and α ranges in $[0, 0.2]$ with step size 0.025 trimming proportion. The evaluation of these curves suggests the choice of $k=4$ and $\alpha=0.025$ for applying trimmed k-means. There is no clear increase for $k=4$ with respect to the $k=5$ curve over the all range of α values, therefore we choose 4 groups. For $k=4$, parameter α is determined where the initial fast increase of the trimmed classification likelihood curve is stopped.



The Ocular Surface

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