Universidad deValladolid

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ESCUELA DE INGENIERIAS INDUSTRIALES

Grado en Ingeniería Mecánica

Diseño de un sistema automático para ayudar a personas con movilidad reducida a
levantarse de la cama.

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| TÍTULO: | Design of automated system for helping people with reduced mobilty <br> to get up from bed |
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## Resumen en español (max 150 palabras)

Diseño de un sistema capaz de ayudar a personas con movilidad reducida a levantarse de la cama de manera autónoma. El objetivo del sistema es colocar al usuario sentado al borde de la cama. Esto se lleva a cabo mediante la creación de dos máquinas. Primero un respaldo que coloca el tronco del usuario en una posición recta. A continuación, un sistema piñóncremallera que empuja las piernas fuera de la cama para alcanzar la posición final. Ambas maquinas son motorizadas por dos motores eléctricos.

Los cálculos realizados se focalizan en las cargas soportadas y la transmisión de potencia, incluyendo el diseño de los ejes, sistema de engranajes, selección de los motores eléctricos y rodamientos. También se incluye una estimación económica del proyecto.

Palabras clave: Respaldo, cama, autonomía, personas, movilidad reducida.

## Abstract (max 150 words)

In this bachelor`s degree final work was designed a system capable of helping people to get up from bed. The main objective of the system is to put the user In a sit position on the edge of the bed. This is fulfilled by the creation of two machines.

Firstly, the back`s lift system put the user`s trunk on a straight position. This system is powered by an electric motor that transmits the power by a gear system to the back`s lift. Secondly, a pinion rack system, also powered by an electric motor, push the legs out of bed in order to get the final position. Literature review of this paper presents information about the systems used nowadays to help disabled people to move from bed and to transport them. Therefore, it is explained the advantages and disadvantages of this systems and the reason to design a new one. Calculations parts focus on the load supported and power transmission, including the design of shafts, gear system, selection of electric motors and bearings. Economical estimation is also included.

Keywords: Back`s lift, bed, reduced mobility, automated, people.

# VILNIUS GEDIMINAS TECHNICAL UNIVERSITY <br> FACULTY OF MECHANICS <br> DEPARTMENT OF MECHANICAL AND MATERIAL ENGINEERING 

Carlos Izquierdo Conde

# Design of Automated System for Helping People with Reduced Mobility to get up from Bed 

Bachelor‘s degree final work (project)<br>Mechanical Engineering study programme, state code 612 H 33001<br>Machine design specialisation<br>Mechanical engineering study field

## VILNIUS GEDIMINAS TECHNICAL UNIVERSITY <br> FACULTY OF MECHANICS DEPARTMENT OF MECHANICS AND MATERIALS ENGINEERING



Carlos, Izquierdo Conde

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## OBJECTIVES FOR BACHELOR'S DEGREE FINAL WORK (PROJEĆT) 202006 of No. 30. <br> Vilnius

For student Carlos Izquierdo Conde
(Name, Sumame)
Final work (project) title: Design automated system for helping people with reduced mobility to get up from bed.


The Final work has to be completed by .............. $1 . . .06 . . . . . . . . . . . . . . . . ., ~$
(Day, Month)
(Year)

## THE OBJECTIVES:

The aim of this project is to design an automated system to help old people and moderate disable people to get up from bed without assist from other person. This is going to be achieved by designing two machines. Firstly one person sit down on the bed.

Data:

Explanatory note:
Introduction; Literature Review; Calculations necessary to ensure proper work and stability, Description of the design and operating principle; Design of manufacturing technological process;Composing of the work safety and recommendations; List of references.
Drawings:

General view drawing of the system (1 A1 sheet); Assembly drawings of the subassembly "Gear Box" (1 A) sheet); Work drawings of selected parts of assembly or subassemblies ( 1 A1 sheet); Technological sketches of part machining operation ( 0,5 AI sheet);Economical rates ( 0.5 of A1 sheet)

Consultants of the final degree work (project):

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## Annotation

In this bachelor`s degree final work was designed a system capable of helping people to get up from bed.The main objective of the system is to put the user $\ln$ a sit position on the edge of the bed.This is fullfilled by the creation of two machines.

Firstly, the back's lift system put the user`s trunk on a straight position. This system is powered by an electric motor that transmits the power by a gear system to the back`s lift. Secondly, a pinion rack system, also powered by an electric motor, push the legs out of bed in order to get the final position.
Literature review of this paper presents information about the systems used nowadays to help disabled people to move from bed and to transport them. Therefore, it is explained the advantages and disadvantages of this systems and the reason to design a new one.
Calculations parts focus on the load supported and power transmision, including the design of shafts, gear system, selection of electric motors and bearings. Economical estimation is also included.

Structure: introduction, literature review, calculations,design of technological process,work safety and environmental requirements, economical estimation, conclusions and suggestions, references.

Thesis consist of: 80 p . text without appendixes, 58 pictures, 38 tables, 30 bibliographical entries.

Keywords: Back`s lift, bed, reduced mobility..

# (the document of Declaration of Authorship in the Final Degree Project) 

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| DECLARATION OF AUTHORSHIP |
| IN THE FINAL DEGREE PROJECT |

June 11, 2020


#### Abstract

I declare that my Final Degree Project entitled „Design of Automated System for Helping People with Reduced Mobility to get up from Bed" is entirely my own work. The title was confirmed on March 12, 2020 by Faculty Dean's order No. 60me. I have clearly signalled the presence of quoted or paraphrased material and referenced all sources.

I have acknowledged appropriately any assistance I have received by the following professionals/advisers: Doctor Paulius Ragauskas.

The academic supervisor of my Final Degree Project is Doctor Paulius Ragauskas. No contribution of any other person was obtained, nor did I buy my Final Degree Project.


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## 1. INTRODUCTION.

Nowadays, technology has improved daily lives of people. For disabled people too, but not enough for the complete independence. Some of them need help for the daily routine or it takes them some time to do simple things. At this moment, hospitals have the facilities, necessary equipment and well-prepared people to get this kind of tasks done. The problem is when this person is at home.

Transfer cranes are usually expensive and most of them need another person to make them work. The aim of this paper is to help people with mobility problems to get up from bed by their own, with no help of nurses or other people. This aim is going to be achieved by the system proposed in this paper.

It consists of two machines. Firstly, a machine capable of lifting the back until a straight back position. This machine is managed by an electric motor controlled by the patient. When the user is on a sit position, the second machine begins to work. It is composed by a pinion rack system that will push the legs out of bed, leaving the patient sit on the edge of the bed. The system must be managed by the patient himself with a remote control that is not going to be consider in this project. The system must be adaptable to different sizes of beds and people with different physical constitution. It also must be easy to assemble and to install on user`s home, without previous works needed. The design has to be simple and using appropriate safety coefficients for the user`s safety. Standard parts will be used when possible to reduce manufacturing costs.

## 2. LITERATURE REVIEW.

## 2.1- Related work.

References: [1], [2], [3], [4], [5], [6], [7], [8], [9]
In this section the information of previous work related to this topic is written. It also includes previous research and a catalogue of different systems available on market.

Previous transfer systems
Most used system for moving a person from his bed are transfer cranes. There are lot of different types for each situation. Transfer cranes attached to a wall are more suitable for bathroom and bedrooms, only requiring a bar on the wall to hold the crane. On the other hand, cranes attached to the ground are the most suitable for swimming pools. Mobile cranes are the most commonly used at hospitals and nursing homes since more space is needed. One of the most important part of the crane is the harness that allows to transport people. It exists different kinds of them. There are two pieces harness, that allows to bathe the person; hammock type, it is the most comfortable for people with mobility difficulties in the trunk. Plastic chairs are also used, specially indicated for swimming pools or showers. In addition to the harness other important design aspects to take into consideration are handle height for the caregiver, the height of the legs to go through under armchairs and beds and the width of the crane so that allow a person to be lifted from the wheelchair. Transfer cranes use is specially indicated for people suffering any mobility deficiency. They present a series of advantages that should be highlighted, both for the user and caregiver, instead of manual transfer.

User advantages:

- Decrease the discomfort and, in some cases, pain that usually causes manual transfer.
- More security for the transfers since it avoids risk of falling.
- More autonomy for user.

Caregiver/familiar advantages:

- Decrease backpains since it avoids doing excessive force.
- One caregiver is enough for moving a person.

One Spanish company (Virmedic) has carried out the development of four transfer cranes models with the following specifications:

- Crane for hospitals and big capacity nursing homes (up to 240 kg )
- Crane for hospitals and standard capacity nursing homes (up to 185 kg )
- Crane for private homes (up to 150 kg )
- Crane for small private homes (up to 130 kg )

Validation process of the cranes took place in different hospitals, nursing homes and twelve private homes of the Spanish region of Valencia, for fifteen days. The results of the research project and the conclusions reached are:

Global results

- Possibility of making transfers with minimum effort.
- Good system for preventing pain and back injuries for the caregiver.
- Light and strong simultaneously
- Great stability
- Easy transportation
- It allows transportation from the ground
- Very suitable for shower use
- Correct battery duration
- Space needed for a correct use.


## Workgroup conclusions

- Users and experts' criteria have been essential for the crane's development.
- Initial rejection for using cranes at homes and hospitals due to ignorance of use and advantages that provides.
- Good training is necessary to ensure the correct use of the cranes.

The following is a list of different transfer systems available on market, and their characteristics:

- Molift partner - TB05001

Electric lift crane. Each of the support legs has three pairs of wheels to ensure the movement. It has adjustable handles. Hanger design allows to modify the position of user in bed. Different types and harness sizes. Characteristics: Material: steel and aluminium. Max Load: 60 kg . Weight: 28 kg .

Figure 2.1.Molift Partner

- Sumax electronic lifter-TB05002

Electronic operation by their own batteries. With a complete charge can do from forty to fifty hauls. Central Control Unit with digital indicator of battery level and emergency stop button. Sound indicator of battery recharge. Remote control. Electrical mains connection for recharging and use. 100 mm swivel wheels; both rear ones equipped with self-locking brake to secure the elevator. Support base adjustable in width to facilitate access to its interior in wheelchairs or similar. Easy to clean and waterproof harnesses, made from special anti-allergic materials. Structure made of steel tube and painted in the oven with high-strength bilayer metallic paint baked with high scratch resistance bilayer metallic paint. Partial folding for daily storage. Adjusted dimensions for use in confined spaces. Characteristics: Maximum load: 140 Kg . Full folding for transport or storage (up to $155 \times 55 \times 35 \mathrm{~cm}$ ).


Figure 2.2. Sumax electronic lifter.

- Hydraulic elevator Tempo-TB05003

Hydraulic piston drive by lever. 100 mm swivel wheels; both rear ones equipped with self-locking brake to secure the elevator. Support base adjustable in width to facilitate access to its interior in wheelchairs or similar. Easy to clean and waterproof harnesses, made of special anti-allergic materials. Structure made of steel tube and painted in the oven with metallic paint bilayer with high resistance to scratching. Partial folding for daily storage. Adjusted dimensions for use in confined spaces. Characteristics: Maximum load: 140 kg . Full folding for transport or storage (up to $155 \times 55 \times 35 \mathrm{~cm}$ ).


Figure 2.3. Hydraulic elevator Tempo.

## - Sunlift Major Crane- TB05006

Specially designed for those who require a lightweight crane that is easy to carry or who need to move in tight spaces. Because of its size and features it is specially designed for use in residences and hospitals. Available in hydraulic and electric version. Lifting capacity: 175 Kg .


Figure 2.4. Sunlift Major Crane.

- Electric Crane AKS- TB05007

Electric crane to transport a person safely and effortlessly, a single person can do it so by simply pressing a button. The legs are opened with a pedal for greater stability or to approach chairs or sanitary facilities, etc. After its use it can be fold up in seconds without tools. Batteries do not need maintenance and they are charged automatically. Characteristics: Maximum height: 2 m . Weight: 38 kg . Maximum load: 150 kg . Width: 61 cm . Total length: 120 cm .


Figure 2.5.Electric Crane AKS.

- Mobile crane for general use-TB05009

Mobile crane of general use with 1 wheel on each leg and double front wheels. It is detachable, it has a two pieces harness, hammock for separated legs. Electric lifting system for the radial arm. Characteristic: Max load: 135 kg . Weight:33, 8 kg .


Figure 2.6. Mobile Crane.

- Oxford Voyager 550- TB05013

Transfer crane, it increases caring of the sick quality and gives maximum security to user in his daily routine. Easy handling. Different rails to avoid every obstacle. Different


Figure 2.7. Oxford Voyager 550.
type of harnesses allows to transfer from bed to wheelchair, transfer to bathroom, nappy change, transfer to shower. Different sizes for every harness.

- Molift Quick Raiser- TB05014

Biped station crane with platform to support the feet, padded support for knees and special belt that is placed under the armpits. Weight: 30 kg .


Figure 2.8.Molift Quick Raiser

- Oxford Stand aid - TB05015

Electric crane designed to transport the person in semi-erguid position. Patient rests knees on crane so it goes perfectly attached, feeling much safer and more comfortable than on a conventional crane. Features: Available in foldable version, lightweight and easy to carry. Maximum load: 135 kg .


Figure 2.9.Oxford Standaid.

- Fixed Crane Curator - TB05016

It is installed on the room or bathroom's wall to do the transfers from the bed to wheelchair, shower, WC. Its measurements were studied for the case to be installed in a double room could do the transfer between the two beds.


Figure 2.10. Fixed Crane Curator.

## - Fixed Crane PoolVir- TB05018

Fixed Crane for swimming pool and bathroom, with two pieces harness and separated legs hammock. Hydraulically operated radial arm lifting system. Two types of bases anchored to the ground or recessed. The whole set is removable which allows us to have several bases and have more than one point of use. Characteristics: Max weight. user: 185 Kg. Crane weight: 39 Kg .


Figure 2.11. Fixed Crane PoolVir

- Oxford Mermaid - TB05019

Its small size and versatility define this crane as an indispensable help to do the bath transfers. It lifts and descend the seat inside the bath. The seat turns in the highest position. Characteristics: Material: Steel. Maximum load:127 kg. Weight: 32 kg .


Figure 2.12. Oxford Mermaid.

- Carix Crane- TB05021

This crane is specially indicated for no mobility people and they must be transferred on a stretcher. Characteristics: Total length: 120 cm . Total height: 136 cm . Width: 60 to 120 cm. Maximum user height: 190 cm .


Figure 2.13. Carix Crane.

- Letix Crane - TB05022

The crane introduces o mobility people onto the bath. It is suitable with all stretchers available on market. It can be hydraulic or electric. Characteristics: Total length: 188 cm . Total height: 119 cm . Widht:57 a 65 cm .


Figure 2.14.Letix Crane

## - Aquatic Lifter

Hydraulic lift that facilitates access to water for people with physical limitations. User can do it by himself. The seat can be placed perpendicular or parallel to the edge of the pool. Only a water intake with a pressure of 3.5 kg per cubic centimetre is required for operation. Easy to install. It has a single-control shower built in so that the user can shower before and after the bath without great effort. Maximum load of 120 kg .


Figure 2.15. Aquatic Lifter.

- Domus crane- TB05028

Crane suitable for use in homes, especially those whose architectural characteristics prevent the use of a portable crane. Its dimensions and arm articulation system allow it to be used for transfers from the wheelchair to the bed, the bath, the sofa. By using various supports and due to the ease of placement of the crane and its folding system
and reduced weight, all transfer needs in a home can be covered. It can rotate more than 180 degrees depending on the placement of the bracket. Maximum load: 130 kg .


Figure 2.16. Domus Crane.

- Driver Crane-TB05029

This crane has been designed to be installed on all type of vehicles. Easy transfer between wheelchair and vehicle. It is connected to the car`s battery system, Maximum load: 120 kg .


Figure 2.17.Driver Crane

As seen before, there are different kind of systems to transfer people from one place to another. There are mobile cranes like the top of the list above. Basically, it is a two-leg structure with wheels to move it, and a hydraulic or electric arm with a harness attached to it. Then, fixed cranes are the same system but instead of wheels it is attached to the wall. It can hold more weight than the mobile ones. There are aquatic cranes too, to transfer people to bath or
swimming pool, t made of stainless steel. And finally, other systems not related to this topic like cranes to move people from the driver seat to a wheelchair and systems of bipedsation, to hold people on a standing position.

## Beds

Although there are lots of different cranes to help patients to get up from bed like it is seen before, the bed itself can help to do the required task. Along history, hospital beds have been improved to offer comfortability and a better performance, both to patient and nurse. First pushbutton hospital beds were created in the 40s (figure 18a). The bed movements were inspired by the principle of foil movement, inspired by the movements when nurses change patients' position. In 1946, after a plane crash, Howard Hughes created a hospital bed adapted to him. It consisted on 6 sections, 30 electric engines and cold and hot water flow


Figure 2.18.a) Example of one of the first push-button hospital beds. 1945 b) Hill 's first bed with electric engine, 1952. c)Circ-Oèlectric bed 1958.
. In the 50 ss, the Hill-Rom company, built and marketed its first electrical beds (figure 18b). In the 60 's and 70 's appeared different models for special care cases, such as the Circ-O`lectric bed (figure 18c). This design allowed the caregiver to control body rotation by electric actuators.

From 1970 all hospital beds incorporated rails with control panels. The first mattresses for preventing pressure ulcers appeared. The use of hospital beds for home use increase in this time. During $80 `$ s and $90 `$ s medical devices suffered a great improvement. Some patents included a weighing scale incorporated to bed (figure 19). Others included new systems to call nurse for disabled patients. In the 90 `s, more beds with improved mechanical systems appeared, such as the possibility of sitting in a chair position to exit the bed (figure 20).


Figure 2.20. Images of a 1994 patent showing a weighing Figure 2.20. Hill-Rom Total Care model of 1998. scale included in the wheels.

The voice control system is mentioned in some patents during this time. However, its efficiency in the 90 's was limited compared to present ones. The first regulation on medical devices appears in 1993 (the Council Directive 93/42/CEE), and the first standard for electrically operated hospital beds is published. In 2000 the European standard EN1979, was published. Then, the ISO standard was published in 2009 and enforced in 2013, dealing with basic safety and essential performance of medical beds.

The analysis of the timeline of hospital beds allows highlighting some conclusions:

- Increasing delegation of functions. Easing the work of caregivers and facilitating the independence care of user.
- Growing specialization in different models of electric beds, with morphologic, functional aspects made for specific environment and groups of patients (for hospitals, private homes, geriatrics...)
- At last, there is a growing trend towards relocating and re-discovering new implementations for the increasing range of technologies available. This fashion will attain the advances for current marketplace demands, such as: inclusion of tactile interfaces, functions of connectivity and complex real-time monitoring, as properly as of recent sensors and actuators. These factors permit the creation of new and improved
versions of those devices, making a new way for builders to advocate new editions of added value for this family of products (focused in the experience of the user), while preserving the equipment's basic functions. This synthesis and technological growth have changed the visible face of the market of high complexity mechatronic beds in the last decades.


## Basic structure

The electric bed movements were based on the study of the biomechanics of the care givers, which was translated to technological principles. Figure 2,21 shows the support structure of a conventional electric bed.


Figure 2.21. View in perspective an electrical bed, with 4 sections a support surface and elevation control.

The surface of support is divided in three sections that can be driven by the user or caregivers: Back, thighs and calves. In this kind of product is typical to have a fourth section fixed to an end of the back and another one to the thighs support. This allows to avoid significant deformation in the mattress, even when all sections are in limit position. Two different actuator drive individually the back and leg section. movement of the las one allows to achieve chair position. There is a high risk of suffering falls for patients, when the support level is elevated, both when trying to enter or exit the bed. This situation led to the development of a new segment of " low beds " in the market, especially created to avoid those problems. Likewise, it turns appropriate for the medical personnel to be able to rely on ways that set the elevation of the
patient, according to the different stages of treatment or care, as well as on ergonomic aspects of managing the patient and the product, facilitating the performance of these tasks. In addition to have siderails, electric beds have different means to control the elevation of the support surface of the patient, through actuators that activates "scissor" type mechanism or through extensible columns. Moreover, if the bed has two or more independent elevation mechanisms over the support surface, they allow to achieve specific positions as cardiac chair. In general, these beds measure 1 m of width and 2 m of length, admit elevations from $0,4 \mathrm{~m}$ to $0,8 \mathrm{~m}$ for the base support level of the patient. The sections of the back support admit angles up tom 70 ${ }^{\circ}$. The siderails are made in order to minimize risks of trapping and injuring during operations. New versions of electrical beds are leading to the incorporation of additional mechanisms of mobilization on the basis structure.

Control system
There have been studies about different control systems for electric beds at hospitals. Chi-Chun Lo proposed a non- contact control system on 2016. The proposed system shows a new way of operating the electric bed without manual operation. This way patients can use can control position of medical bed without help of nursing assistants. In the traditional medical beds, there are two different kinds of adjustment, foot-operated mode and hand-shaken mode. The modern electric beds are operated by control panel and remote controller. In addition, electric beds are more comfortable than the conventional ones, and more suitable for long-stay patients. The system works with a tablet with icons of the different bed positions. User must focus on the wanted position, and the bed receive the signal and change its position. The first step for patient at using this system is to focus on the unlock icon to unlock system and then focus on the icon. After that, he can lock the system again.


Figure 2.22. Icons of the different position showed in a tablet.
(a)


Electric bed
Figure 2.23.a) Basic scheme. b)Photograph of proposed non-contact controller of the electric bed.

## Previous Patents

- Height Adjusting Lifter for Hospital Bed


Figure 2.24. Drawing of the height adjusting lifter for hospital bed.
This invention was made in order to allow the patient to get in and out of bed, for that purpose the height of the bed is desired to be as small as possible, and , on the other hand to allow nurses and medics to get the most appropriated position to do their job, usually, the bed has to be on a higher level. For the lifter, a vertically expandable and collapsible link mechanism is used, as in an industrial table lifter of the hydraulic type. The link mechanism is actuated by an actuator
device such as a hydraulic cylinder so that the bed may be moved up and down. The link mechanism should be capable of minimizing the bed's height when it is on the lowest position.

- Hospital Bed with Electric Emergency Lowering Device


Figure 2.25. Drawing of the patent.
The objective of this invention is bringing the upper part of the body back to a horizontal position as fast as possible in order to revive collapsed patients in the event of a cardiac arrest or other emergency. If the back section of the hospital bed is manually operated, this operation is relatively easy. However, the problems appear when the hospital bed is driven by an electric motor, like the ones that the back section is adjusted by the patient. The actuators used for this purpose are self-blocked to keep the bed in the desire position. Typically, this problem was overcome by decoupling the gearing of the actuator to neutralize the self-locking effect. Even though, other parts of the gearing still act as a brake. The speed of the back section is a result of the weight of the patient ant the friction in the gearing. This may lead to an abrupt lowering, if the patient is heavy, that must be solved by the hospital personnel. On the other hand, lightweight patients may require hospital personnel to make an additional force upon the back section. In any case, this type of lowering disengaging the gearing is quite problematic. Based on this, the objective of the invention is to develop a new system in which the emergency lowering is achieved electrically.


Figure 2.26. Drawing of the electric hospital bed.
This patent of the 70 s stried to solve the problems caused using clutches in hospital beds. Various type of clutches was interposed between the electric motor and the driving mechanisms that perform the movements required by the patient, the invention employs gear selector mechanism instead of clutches, providing a single manually operable member for each three functions: High-Low, head and knee.

- Control Device for a Hospital Bed


Figure 2.27. Drawing of the control device for a hospital bed.

Some hospital beds have a bed-mat made of movable particles. This sensor's objective I to detect an excessive bad temperature in the case of a controller malfunction and control the operation of a cooler. The circuit is designed so that an air compressor runs intermittently with the aid of timers while the sensor performs its functions at a temperature above the predetermined temperature level.

- Double Insulated Electric Hospital Bed


Figure 2.28. Drawing of a double insulated hospital bed.
During the 60 's, The Electronic News and the National Enquirer both report that an estimated 1.200 patients were killed in electric beds each year in hospitals in the United States. One of these articles reported that some electrics equipment furnished to hospitals had excessive leakage and when that equipment is connected to a patient can result into an electrocution due to the patient touch something that is connected to ground. The aim of this invention is to reduce the possibility of electrocution of a patient by grounding the motor case and then isolating it from the bedframe through the use of high dielectric materials to ensure that the maximum leakage from the grounded apparatus to the bedframe is less than one microampere. This way, the danger of electrocuting a patient is almost eliminated, even under the most dangerous circumstances.

## 2.2- Conclusion.

As seen before, there are plenty of ways to help people to get up from bed, even some of them can move people from bed to other places. All these systems are expensive and many of them need to be used by another person, not only patient. Cranes seen above are big, heavy and need some training to use them properly. Hospital beds are expensive and complex. The system proposed in this papercan be used by the patients with no help of other people. It is made to be installed in a conventional bed.

## 3. CALCULATIONS NECESSARY TO ENSURE PROPER WORK AND STABILITY OF THE OBJECT DESIGNED, DESCRIPTION OF THE DESIGN AND OPERATING PRINCIPLE OF THE OBJECT DESIGNED.

The system designed consist on an automatic lift for the patient's body and a pinion-ruck system to move the legs out of bed in order to leave the patient on a sit position. The automatic lift is actuated by an electric motor. This motor can be managed by the patient with a remote control, as well as the electric motor that controls the pinion-rack.

The system is developed for an individual bed with the following measures: 190 cm length, 90 cm width, 50 cm height .In order to satisfy the greatest number of potential clients, all the anthropometric data is referred to the average of the Lithuanian population.

## 3.1- Anthropometric data.

References: [10], [11], [12]
In the first place, the weight and length of the patient's trunk is needed to design the back's lift. The lift's aim is to move the superior part of the body from zero degrees to eighty eighty-five degrees. The superior part consists on the trunk, head, neck and complete arms. The total mass $m_{t}$ is calculated like:

$$
\begin{equation*}
m_{t}=m_{\text {trunk }}+m_{\text {head }+ \text { neck }}+m_{\text {arms }} \tag{3.1.1}
\end{equation*}
$$

Where $m_{t}$ is total mass, $\mathrm{kg} ; m_{\text {trunk }}$ is mass of the trunk, $\mathrm{kg} ; m_{\text {head }+ \text { nec }}$ is mass of head and neck, kg ; $m_{\text {arms }}$ is mass of the arms, kg .

The mass of each part can be calculated like a percentage of the total person`s mass:

$$
\begin{gather*}
m_{\text {trunk }}=0,5 \cdot \text { Totalmass }  \tag{3.1.2}\\
m_{\text {head }+ \text { neck }}=0,084 \cdot \text { Totalmass }  \tag{3.1.3}\\
m_{\text {arms }}=0,051 \cdot \text { Totalmass } \tag{3.1.4}
\end{gather*}
$$

The average weight for a male person in Lithuania is $86,8 \mathrm{~kg}$, and the average height is 1,79 m.Resolving equations 3.1.2, 3.1.3, 3.1.4 and then equation 3.2.1: $\mathrm{m}_{\mathrm{t}}=55,12 \mathrm{~kg}$. Expressed in Newtons $\mathbf{P 1}=\mathbf{5 4 0 , 1 4} \mathbf{N}$.

The mass center of the superior part can be also calculated. The position of the mass center of each part is showed in the following picture:


Figure 3.1. Mass centre positions of different parts of human body.

It is assumed that the arm ends in the bottom part of the cylinder that represents the trunk to ease the calculations. It is only needed the y position; it is assumed that the body is perfectly symmetric, and the origin is situated on the symmetry axis at the bottom of trunk's cylinder. The mass of the arm and forearm is distributed in proportion to the length.

$$
\begin{equation*}
Y c m=\frac{\sum_{i} m \cdot y}{\sum_{i} m} \tag{3.1.5}
\end{equation*}
$$

Where $Y c m$ is position of the absolute mass centre, $\mathrm{cm} ; y$ is position of the mass centre of each part of the body, $\mathrm{cm} ; m$ is the mass of each part of the body, kg .

The result is $\mathbf{Y}_{\mathbf{c m}}=\mathbf{3 4 , 1 5} \mathbf{~ c m}$.

## 3.2- Back’s lift design.

The mass centre of it should be as close as possible to the position calculated before to avoid inertia problems .It must have a part to support the head while the system is moving in order to avoid any back injuries. It must be light and strong enough to bear the loads are going to be applied. Taking these into consideration a first design of it is made on Solidworks.


Figure 3.2.Views of the back's lift.
Figure 3.2 shows the design of the lift. It has a curved shape to be ergonomic and improve the comfortability of the user. The holes at the sides are for the arms that transmit the rotational movement. It is shell in order to be as light as possible. This first design is 1-meter width from 50 cm diameter holes centre and 750 cm length. Material chosen is polypropylene copolymer (see properties of the material on Table 3.1).

Table 3.1. Properties of Polypropylene Copolymer.

| Properties |  |
| :---: | :---: |
| Name: | PP Copolymer |
| Model type: | Linear  <br> Isotropic  |
| Tensile strength: | 2,76e+07 N/m^2 |
| Elastic modulus: | $8,96 \mathrm{e}+08 \mathrm{~N} / \mathrm{m}^{\wedge} \mathbf{2}$ |
| Poisson's ratio: | 0,4103 |
| Mass density: | $890 \mathrm{~kg} / \mathrm{m}^{\wedge} 3$ |
| Shear modulus: | 3,158e+08 ${ }^{\text {/m^2 }}$ |

It is light and can bear the different loads applied. Weight of the piece is $\mathbf{P 2}=\mathbf{5 2 , 0 6 3 1} \mathbf{N}$.

## 3.3- Arms` lift design.

The arms have a $\emptyset 50.4$ standard profile. Standard tubular profiles are shown on Table 3.2.

Table 3.2. Tubular section properties.


| Profile | Dimensions |  |  | Section Terms |  |  |  |  |  | $\begin{gathered} \text { Weight } \\ p \\ \mathrm{kp} / \mathrm{m} \end{gathered}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{gathered} \mathrm{d} \\ \mathrm{~mm} \end{gathered}$ | $\begin{gathered} \text { e } \\ \text { mm } \end{gathered}$ | $\begin{aligned} & \mathrm{u} \\ & \mathrm{~mm} \end{aligned}$ | $\begin{gathered} \mathrm{A} \\ \mathrm{~cm}^{2} \end{gathered}$ | $\begin{gathered} \mathrm{S} \\ \mathrm{~cm}^{3} \end{gathered}$ | $\begin{gathered} I \\ \mathrm{~cm}^{6} \end{gathered}$ | $\begin{gathered} \mathrm{w} \\ \mathrm{~cm}^{3} \end{gathered}$ | $\begin{gathered} \mathrm{i} \\ \mathrm{~cm} \end{gathered}$ | $\begin{gathered} I_{6} \\ \mathrm{~cm}^{4} \end{gathered}$ |  |  |
| $\varnothing \quad 40.2$ | 40 | 2 | 126 | 2,39 | 1,44 | 4,33 | 2,16 | 1,35 | 8,66 | 1,88 | P |
| $\varnothing \quad 40.3$ | 40 | 3 | 126 | 3,49 | 2,05 | 6,01 | 3,00 | 1,31 | 12,00 | 2,74 | P |
| $\varnothing 40.4$ | 40 | 4 | 126 | 4,52 | 2,60 | 7,42 | 3,71 | 1,28 | 14,80 | 3,55 | C |
| $\varnothing \quad 45.2$ | 45 | 2 | 141 | 2,70 | 1,85 | 6,26 | 2,78 | 1,52 | 12,50 | 2,12 | P |
| $\varnothing 45.3$ | 45 | 3 | 141 | 3,96 | 2,65 | 8,77 | 3,90 | 1,49 | 17,50 | 3,11 | P |
| $\varnothing 45.4$ | 45 | 4 | 141 | 5,15 | 3,37 | 10,90 | 4,84 | 1,45 | 21,80 | 4,04 | C |
| $\varnothing 50.2$ | 50 | 2 | 157 | 3,02 | 2,30 | 8,70 | 3,48 | 1,69 | 17,40 | 2,37 | P |
| $\varnothing 50.3$ | 50 | 3 | 157 | 4,43 | 3,31 | 12,20 | 4,91 | 1,66 | 24,50 | 3,47 | P |
| $\varnothing 50.4$ | 50 | 4 | 157 | 5,78 | 4,23 | 15,40 | 6,16 | 1,63 | 30,80 | 4,53 | P |
| $\varnothing \quad 55.2$ | 55 | 2 | 173 | 3,33 | 2,81 | 11,70 | 4,25 | 1,87 | 23,40 | 2,61 | C |
| $\varnothing \quad 55.3$ | 55 | 3 | 173 | 4,90 | 4,06 | 16,60 | 6,04 | 1,84 | 33,20 | 3,85 | C |
| $\varnothing \quad 55.4$ | 55 | 4 | 173 | 6,41 | 5,21 | 21,00 | 7,64 | 2,01 | 42,00 | 5,03 | C |

In order to choose the material of them, a static and fatigue studies are carried out.

## 3.4- Static study.

References: [13], [14], [15], [16], [17]


Figure 3.3.Representation of the loads applied to the arm.
Figure 3.3 shows a distributed force called "P" that represent the weight of the patient's body and of the back's lift. It doesn't consider the part for the head, so it is irrelevant and simpler to calculate. For this part it is assumed that the mass centre of body and lift coincide. "L" is the
length of the lift in cm and d is the distance between the lift and the end of the arm. Blue part is the piece that join the arm with the rotation axis.

Most critical section is on point " $a$ ". There is a change of section and a discontinuity that can lead to fatigue problems even to a break of the piece.

Momentum respect point a is calculated:

$$
\begin{gather*}
\sum M=0  \tag{3.4.1}\\
M_{a}=P \cdot L \cdot\left(\frac{L}{2}+d\right)
\end{gather*}
$$

Where $M_{a}$ is the bending moment respect the point a, Nm; $P$ distributed force, $\mathrm{N} / \mathrm{m} ; L$ is distance of distributed force, $\mathrm{m} ; d$ is distance from P to point $\mathrm{a}, \mathrm{m}$.
$\mathrm{L}=0,5 \mathrm{~m}, \mathrm{P}=1184,40 \mathrm{~N} / \mathrm{m}, \mathrm{d}=0,05 \mathrm{~m}, \mathrm{Ma}=177,66 \mathrm{Nm}$
It is also considering the torque produced on the arms by the load P .


Figure 3.4. Torque produced in one of the arms.

$$
\begin{equation*}
T=P \cdot \mathrm{~L} t \tag{3.4.3}
\end{equation*}
$$

Where $T$ is torque, $\mathrm{Nm} ; L_{t}$ is the distance between the centre of the arm and the mass centre of the group lift and body, m.
$\mathrm{L}_{\mathrm{t}}=0,535 \mathrm{~m} . \mathbf{T}=\mathbf{3 1 6 , 8 3} \mathbf{N m}$. Now the maximum flexion strength " $\sigma_{\text {max }}$ " and maximum torsional strength " $\tau_{\max }$ " can be calculated.

$$
\begin{gather*}
\sigma_{\max }=\frac{32 \cdot M}{\pi \cdot D^{3}}  \tag{3.4.4}\\
\tau_{\max }=\frac{16 \cdot T}{\pi \cdot D^{3}} \tag{3.4.5}
\end{gather*}
$$

Where D is the external diameter of the arm, $\mathrm{m} ; \sigma_{\max }$ is the maximum flexion strength, MPa; $\tau_{\text {max }}$ maximum torsional strength, MPa .
$\mathrm{D}=0,05 \mathrm{~m} ; \boldsymbol{\sigma}_{\text {max }}=\mathbf{1 4 , 4 8} \mathbf{~ M P a} ; \boldsymbol{\tau}_{\boldsymbol{m a x}}=\mathbf{1 2 , 9 1} \mathbf{~ M P a}$
Then, Von-Misses criteria can be applied.

$$
\begin{equation*}
\sigma_{e q}=\frac{S_{y}}{n} \tag{3.4.6}
\end{equation*}
$$

Where Sy is yield strength of material, MPa ; n is the safety coefficient and " $\sigma_{e q}$ " is equivalent strength,MPa:

$$
\begin{equation*}
\sigma_{e q}=\sqrt{\sigma_{\max }^{2}+3 \tau_{\max }^{2}} \tag{3.4.7}
\end{equation*}
$$

In this case the loads can be calculated, and the operation of the machine is taking place on common environments, like a house, safety coefficient value is $\mathrm{n}=2$. Result of equation 3.4.7 is $\boldsymbol{\sigma}_{\boldsymbol{e q}}=\mathbf{2 6 , 6 5} \mathbf{~ M P a}$. Replacing on eq 3.4.6 ,Sy is calculated, $\mathbf{S y = 5 3 , 3} \mathbf{~ M P a}$.

## 3.5- Fatigue study.

First step is to represent the loads within the time.


Figure 3.5. Representation of the movement and loads of the system.
Figure 3.5 shows the movement of the arm along the $\theta$ angle $\left(0^{\circ}\right.$ to $\left.85^{\circ}\right)$, where G is the centre of mass of the group body and lift and F is the distributed force P concentrated on the centre of mass.

$$
\begin{equation*}
M(\theta)=F \cdot L / 2 \cdot \cos \theta \tag{3.5.1}
\end{equation*}
$$

$\mathrm{F}=592,20 \mathrm{~N}, \mathrm{~L}=0,5 \mathrm{~m}$.
Bending moment depending on $\theta$ is represented on figure 3.6.


Figure 3.6. Representation of momentum vs time.

On figure 3.6 the maximum momentum coincides with the alternating momentum " Ma "( $\mathrm{Ma}=177,66 \mathrm{Nm}$ ) and the medium value is zero. The Torque is also represented on a figure 3.7.


Figure 3.7. Representation of torque vs time.
In this case, torque does not depend on time so in the graphic is a straight line.
On figure 3.7 medium torque " T " $(\mathrm{Tm}=316,83 \mathrm{Nm})$ has a constant value and alternating torque is zero.

Goodman criteria is applied, in order to get the ultimate strength in tension of the material, $\mathrm{S}_{\mathrm{ut}}$.

$$
\begin{equation*}
\frac{\sigma_{m}^{e q}}{S_{u t}}+\frac{\sigma_{a}^{e q}}{S_{e}}=\frac{1}{n} \tag{3.5.2}
\end{equation*}
$$

Where Se is the endurance limit, $\mathrm{PA} ; \sigma_{m}^{e q}$ is the equivalent medium strength, $\mathrm{MPa} ; \sigma_{a}^{e q}$ is the equivalent alternating strength, $\mathrm{MPa} ; S_{u t}$ is the ultimate strength limit, $\mathrm{MPa} ; \mathrm{n}$ is the safety coefficient.

Firstly, piece is defined, that means to calculate Se value,

$$
\begin{equation*}
S e=K a \cdot K b \cdot K c \cdot K d \cdot S e \tag{3.5.3}
\end{equation*}
$$

Where K values are coefficients and $\mathrm{Se}^{`}$ is endurance limit estimation, MPa .

- Ka: Surface finish factor, Table 3.3.

Table 3.3. Surface finish factor values .

| Surface finish | FACTOR $a$ |  |  |
| :--- | :---: | :---: | :---: |
|  | kpsi | MPa | $b$ |
| Sanding | 1.34 | 1.58 | -0.085 |
| Machining or cold drawing | 2.70 | 4.51 | -0.265 |
| Hot rolling | 14.4 | 57.7 | -0.718 |
| Forged | 39.9 | 272. | -0.995 |

$$
\begin{equation*}
K_{a}=a \cdot S_{u t}^{b} \tag{3.5.4}
\end{equation*}
$$

Part will be manufactured by turn machining.

- Kb: Size factor, Table 3.4

Table 3.4.Size factor values.

$$
k_{b}= \begin{cases}(d / 0.3)^{-0.107}=0.879 d^{-0.107} & 0.11 \leq d \leq 2 \text { pulg } \\ 0.91 d^{-0.157} & 2<d \leq 10 \text { pulg } \\ \hline \frac{d / 7.62)^{-0.107}=1.24 d^{-0.107}}{1.51 d^{-0.157}} & 2.79 \leq d \leq 51 \mathrm{~mm} \\ \hline\end{cases}
$$

Diameter is expected to be between 2,79 and 51 mm .

- Kc: Reliability factor, Table 3.5

Table 3.5. Reliability factor values.

| Reliability, \% | Reliability factor, Kc |
| :---: | :---: |
| 50 | 1.000 |
| 90 | 0.897 |
| 95 | 0.868 |
| 99 | 0.814 |
| 99.9 | 0.753 |
| 99.99 | 0.702 |
| 99.999 | 0.659 |
| 99.9999 | 0.620 |

It is supposed a reliability of the $99 \%$.

- Kd: Temperature factor, Table 3.6.

Table 3.6. Temperature factor values.

| Temperature, ${ }^{\circ} \mathrm{C}$ | $\mathbf{S}_{\boldsymbol{T}} / \mathbf{s}_{\mathbf{r r}}$ | Temperature, ${ }^{\circ} \mathrm{F}$ | $\mathbf{S}_{\boldsymbol{T}} / \mathbf{S}_{\mathbf{z r}}$ |
| :---: | :---: | :---: | :---: |
| 20 | 1.000 | 70 | 1.000 |
| 50 | 1.010 | 100 | 1.008 |
| 100 | 1.020 | 200 | 1.020 |
| 150 | 1.025 | 300 | 1.024 |
| 200 | 1.020 | 400 | 1.018 |
| 250 | 1.000 | 500 | 0.995 |
| 300 | 0.975 | 600 | 0.963 |
| 350 | 0.943 | 700 | 0.927 |
| 400 | 0.900 | 800 | 0.872 |
| 450 | 0.843 | 900 | 0.797 |
| 500 | 0.768 | 1000 | 0.698 |
| 550 | 0.672 | 1100 | 0.567 |
| 600 | 0.549 |  |  |

The machine will work on standard conditions.

Factor values chosen are shown on Table 3.7.

Table 3.7. Different factor values used for the fatigue calculations.

| Factor values |  |
| :--- | :--- |
| Ka | $4,51 \cdot$ Sut $^{-0,265}$ |
| Kb | 0,81 |
| Kc | 0,814 |
| Kd | 1 |

Se`: Endurance limit estimation,

$$
\begin{equation*}
S e^{`}=0,504 \cdot S_{u t} \tag{3.5.5}
\end{equation*}
$$

With all the values mentioned before, Se can be calculated depending on Sut (eq. 3.5.2). After defining the piece, load can be defined. By replacing $\mathrm{M}_{\mathrm{a}}$ and $\mathrm{T}_{\mathrm{m}}$ on the equations number 3.4.4 and 3.4.5, respectively, $\sigma_{a}$ and $\tau_{m}$ can be calculated. $\boldsymbol{\sigma}_{\boldsymbol{a}}=\mathbf{1 4 , 4 8} \mathbf{~ M P a ; ~} \boldsymbol{\tau}_{\boldsymbol{m}}=\mathbf{1 2 , 9 1} \mathbf{M P a}$. To correct their values, next formulas are used:

$$
\begin{equation*}
\sigma_{a}^{\text {corr }}=K_{f} \cdot \sigma_{a} \tag{3.5.6}
\end{equation*}
$$

Where Kf is the notch correction factor; $\sigma_{a}^{\text {corr }}$ is the corrected alternating strenthg, MPa .
Kf: Notch correction factor.

$$
\begin{equation*}
K_{f}=1+q \cdot\left(K_{t f}-1\right) \tag{3.5.7}
\end{equation*}
$$

Where q is the notch radius, mm .
For the case of a chamfer with sharp edge, $\mathbf{K f}=\mathbf{2 , 5}[B]$
For torque the same is done.

$$
\begin{equation*}
\tau_{m}^{c o r r}=K_{f} \cdot \tau_{m} \tag{3.5.8}
\end{equation*}
$$

Where $\tau_{m}^{c o r r}$ is the corrected medium torsional strength, MPa.
Kf is the same.
$\mathrm{q}=0,95 ; \mathrm{Kt}=1,4 ; \mathrm{Kf}=1,38$.
$\sigma_{a}^{c o r r}=\mathbf{3 6 , 2 1} \mathrm{MPa} ; \tau_{\boldsymbol{m}}^{\text {corr }}=\mathbf{3 2 , 3 8} \mathbf{M P a}$
Finally, the equivalent strengths can be calculated.

$$
\begin{gather*}
\sigma_{m}^{e q}=\sqrt{\sigma_{m}^{\text {corr }}+3 \tau_{m}^{c o r r^{2}}}  \tag{3.5.9}\\
\sigma_{a}^{e q}=\sqrt{\sigma_{a}^{\text {corr }}+3 \tau_{a}^{\text {corr } 2}} \tag{3.5.10}
\end{gather*}
$$

$\sigma_{m}^{e q}=\mathbf{5 5 , 9 2} \mathrm{MPa} ; \sigma_{a}^{e q}=\mathbf{3 6 , 2 1} \mathrm{MPa}$
Replacing all on equation 3.5.2, $\mathrm{S}_{\mathrm{ut}}$ is calculated. $\mathbf{S u t}_{\mathbf{u t}}=\mathbf{3 3 7} \mathbf{8} \mathbf{~ M P a}$. Strenthg limits are shown on Table 3.8.

Table 3.8. Strength limits of the arm.

| Strength limits of the arm. |  |
| :--- | :--- |
| Sut $(\mathrm{MPa})$ | 337,8 |
| Sy $(\mathrm{MPa})$ | 53,3 |

Knowing the values of Sut and Sy, the election of the material of the arms can be done.Properties of different types of steel are shown on Table 3.9.

Table 3.9.Specifications of different standard steels..

| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| UNS núm. | SAE y/o AISI núm. | Manufac turing | Sut, <br> Mpa(kpsi) | Sy, Mpa(kpsi) | Stretching <br> ,\% | Area <br> reduction | Brinell hardness |
| G10060 | 1006 | HR | 300 [43] | 170 (24) | 30 | 55 | 86 |
|  |  | CD | $330\|48\|$ | $280(4)$ | 20 | 45 | 95 |
| G10100 | 1010 | HR | 320 [47) | 180 (26) | 28 | 50 | 95 |
|  |  | CD | 370 [53) | 300 (44) | 20 | 40 | 105 |
| G10150 | 1015 | HR | 340 (50) | 190 (27.5) | 28 | 50 | 101 |
|  |  | CD | 390 (56) | 320 (47) | 18 | 40 | 111 |
| G10180 | 1018 | HR | 400 [58) | 220 (32) | 25 | 50 | 116 |
|  |  | CD | 440 [64] | 370 (54) | 15 | 40 | 126 |
| G10200 | 1020 | HR | 380 (55) | 210 (30) | 25 | 50 | 111 |
|  |  | $C D$ | 470 \|68) | 390 (57) | 15 | 40 | 131 |
| G10300 | 1030 | HR | 470 \|68| | 260 (37.5) | 20 | 42 | 137 |
|  |  | $C D$ | 520 (76) | 440 (64) | 12 | 35 | 149 |
| G10350 | 1035 | HR | 500 (72) | 270 (39.5) | 18 | 40 | 143 |
|  |  | CD | 550 (80) | 460 (67) | 12 | 35 | 163 |
| G10400 | 1040 | HR | 520 (76) | 290 (42) | 18 | 40 | 149 |
|  |  | $C D$ | 590 (85) | 490 (7) | 12 | 35 | 170 |
| G10450 | 1045 | HR | 570 (82) | 310 (45) | 16 | 40 | 163 |
|  |  | $C D$ | 630 (91) | 530 (77) | 12 | 35 | 179 |
| G10500 | 1050 | HR | 620 (90) | 340 (49.5) | 15 | 35 | 179 |
|  |  | CD | 690 (100) | 580 (84) | 10 | 30 | 197 |
| G10600 | 1050 | HR | 680 (98) | 370 (54) | 12 | 30 | 201 |
| G10800 | 1080 | HR | 770 (112) | 420 (61.5) | 10 | 25 | 229 |
| G10950 | 1095 | HR | 830 (120) | 460 (60) | 10 | 25 | 248 |

The material chosen must have strength values bigger than the ones calculated before to ensure the endurance of the piece during its work-life. $\mathrm{S}_{\mathrm{ut}}$ and $\mathrm{S}_{\mathrm{y}}$ correspond to columns 4 and 5 , respectively. Material chosen is steel AISI 1015 Cold Drawing, it fits the specifications and it is available on Solidworks. Weight of one arm is $\mathbf{P 3}=\mathbf{2 8 , 9 7} \mathbf{~ N}$.

A simulation is carried out on Solidworks, with all specifications mentioned before (See figure 3.8). Back`s lift material is PP Copolymer, arms` material is Steel 1015 CD. For the pieces connected to the arm (Arm Support) the same material is given.


Most critical section is placed on the joint between the arm and the arm support like predicted.


Figure 3.9. Zoom into the most critical section.

As shown in figure 3.9 , on the part analysed in the static study, strength is 48 MPa , very close to 53 MPa calculated by hand.

## 3.6- Electric motor.

In order to manage the lift, an actuator is needed. In this case an electric motor. This motor must ensure to produce more than the bending moment needed in the lift's axis, and also the speed required. This moment is called Mc.

$$
\begin{gather*}
M c=\mathrm{P} 1 \cdot Y a \cdot \cos \theta+\mathrm{P} 2 \cdot Y b \cdot \cos \theta  \tag{3.6.1}\\
+2 \cdot \mathrm{P} 3 \cdot Y c \cdot \cos \theta
\end{gather*}
$$

Where Mc is the bending moment produced on the axis, Nm; P1 is load applied by the body, N ; P2 is the load applied by the back`s lift weigth,N; P3 is the load applied by the arms weigth, $\mathrm{N} ; \mathrm{Y}_{\mathrm{i}}$ are the mass center position of the body, back's lift and arm, respectively,mm.


Figure 3.10. Mass centre`s locations of the different parts of assembly, respect the rotation axis.
$\mathrm{Ya}=510,91 \mathrm{~mm} ; \mathrm{Yb}=511,5 \mathrm{~mm} ; \mathrm{Yc}=445 \mathrm{~mm}$.
Equation 3.6.1 will reach its maximum value when $\theta$ value is zero. $\mathbf{M c}(\boldsymbol{\theta}=\mathbf{0})=\mathbf{3 2 8}, \mathbf{6 6} \mathbf{N m}$.


Figure 3.11. Image and specifications of the electric motor.
The motor chosen is from the Chinese company ZD Motor. It produces 300 Nm at $1,5 \mathrm{rpm}$ speed (see figure 3.11). It fits with our needs, though a gear system is needed to get the speed and the momentum on the axis.

## 3.7- Gear system.

References: [13], [14] , [18], [19].
A gear system is needed in order to transmit the speed and momentum from the motor to the shaft of the system.

Table 3.10. Boundary conditions for the shaft.

|  | Motor | Machine |
| :--- | :--- | :--- |
| $\mathrm{w} \mathrm{(rad} / \mathrm{s})$ | 0,157 | 0,1 |
| M (Nm) | 300 | 328,66 |

Gear ratio is calculated;

$$
\begin{equation*}
i=\frac{w_{1}}{w_{2}}=\frac{Z_{2}}{Z_{1}} \tag{3.7.1}
\end{equation*}
$$

Where $I$ is the gear ratio; $w_{1}$ is the rotational speed of the pinion, rpm; ; $\mathrm{w}_{2}$ is the rotational speed of the secondary gear, rpm; $Z_{1}$ is the tooth number of the pinion; $Z_{2}$ is the tooth number of the secondary gear.
$\mathrm{i}=1,57$.
Knowing that the height of the bed is 50 cm , the distance between axis is going to be 33 cm , in order to avoid the gear touching the floor and other interferences. Next step is to choose the size of gear from a catalogue.

$$
\begin{equation*}
a=\frac{m}{2}\left(Z_{1}+Z_{2}\right) \tag{3.7.2}
\end{equation*}
$$

a: distance between axis, mm ; m:module.
In the catalogue of Transmisiones Zaragoza S.L it is found that module 4 may fit the specifications. Equation 3.7.1 can be written like $\mathrm{Z}_{2}=1,57 \mathrm{Z}_{1}$, replacing it on equation 3.7.2 and knowing $\mathrm{a}=330 \mathrm{~mm}$ and $\mathrm{m}=4, \mathrm{Z1}=64$ and $\mathrm{Z}_{2}=100,8$. In catalogue the closest numbers are $\mathbf{Z 1}=\mathbf{6 5}$ and $\mathbf{Z}_{2}=\mathbf{1 0 0}$. Dimensions are shown on Table 3.11.

Table 3.11. Dimensions of the gear.

| Dimensions of the gear. |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- |
| Number | $Z$ | $\operatorname{De}(\mathrm{~mm})$ | $\mathrm{Dp}(\mathrm{mm})$ | $\mathrm{Dm}(\mathrm{mm})$ |
| 1 | 65 | 268 | 260 | - |
| 2 | 100 | 408 | 400 | - |



Once the size of gear is chosen, next step is to choose the material of them. For gear is necessary to consider shearing of the teeth and wear on surface.

### 3.7.1 Shearing of the teeth.

Criteria follow the ISO methodology:

$$
\begin{equation*}
\sigma_{\text {blim }}=\frac{S_{107}}{Y_{s a} \cdot C_{s}} \tag{3.7.1.1}
\end{equation*}
$$

$\sigma_{\text {blim }}:$ Limit strength, MPa; $\mathrm{S}_{107}:$ Strength of material, MPa; $\mathrm{C}_{\mathrm{s}:}$ Safety coefficient; $\mathrm{Y}_{\mathrm{sa}}$ : Stress concentration factor.

$$
\begin{equation*}
\operatorname{Plim}=\frac{10^{-6}}{1,96} \cdot \sigma_{b l i m} \cdot b \cdot \frac{m^{2}}{\cos (B a)} \cdot \frac{n \cdot Z}{Y_{f a} \cdot Y_{\varepsilon} \cdot Y_{B}} \tag{3.7.1.2}
\end{equation*}
$$

Plim: Power Limit, kW ; b:gear`s width, mm ; Ba : tangent plane angle, ${ }^{\circ} ; \mathrm{n}=$ rotation speed ,rpm; Z: number of teeth; $\mathrm{Y}_{\mathrm{fa}}$ : Shape factor ; $Y_{\varepsilon}$ : Driving factor; $\mathrm{Y}_{\mathrm{B}}$ : Inclination factor.

$$
\begin{equation*}
\text { Plim }=M \cdot w \tag{3.7.1.3}
\end{equation*}
$$

Where M is the bending moment, Nm ; w is the rotational speed, rpm .
Plim=14,1 W.

$$
\begin{equation*}
Y_{\varepsilon}=0,25+\frac{0,75}{\varepsilon_{\alpha}} \tag{3.7.1.4}
\end{equation*}
$$

$\varepsilon_{\alpha}=\frac{1}{\pi \cdot \cos \alpha} \cdot\left(\sqrt{\frac{Z 1^{2}}{4} \cdot \operatorname{sen}^{2}(\alpha)+y 1^{2}+Z 1 \cdot y 1}+\sqrt{\frac{Z 2^{2}}{4} \cdot \operatorname{sen}^{2}(\alpha)+y 2^{2}+Z 2 \cdot y 2}-\left(\frac{Z 1+Z 2}{2}\right)\right.$. $\operatorname{sen} \alpha$ )

Where $\varepsilon_{\alpha}$ : Glacing degree, ${ }^{\circ} ; \alpha$ : Pressure angle $=20^{\circ} ; \mathrm{y}=1$ (straight round teeth)
$\boldsymbol{\varepsilon}_{\boldsymbol{\alpha}}: 1,82 ; \boldsymbol{Y}_{\boldsymbol{\varepsilon}}=0,66$
Stress concentration factor is obtained from figure 3.13.


Figure 3.13. Stress concentration factor.

On the abscissa axis is represented number of teeth. On the ordinate axis is represented the stress concentration factor. x curves represent the displacement tool distance, in this case $x=0$. The intersection between the number of teeth value $Z$, and $x=0$ provides the value of $\mathrm{Ysa}=1,98$.


Figure 3.14. Size factor graphic.

On figure 3.14 is represented number of teeth on the abscissa axis and size factor on the ordinate axis. The intersection with the $\mathrm{x}=0$ curve provides a value of $\mathrm{Y}_{\mathrm{fa}}=2,3$.

Knowing that: $\mathrm{b}=40 \mathrm{~mm} ; \mathrm{m}=4 ; \cos (\mathrm{Ba})=1 ; \mathrm{n}=1,5 \mathrm{rpm} ; \mathrm{Z}=65$ for the pinion. Replacing these values on equation 2.7.1.2 results on $\boldsymbol{\sigma}_{\text {blim }} \mathbf{= \mathbf { 2 } , \mathbf { 2 4 } \mathbf { d a N } / \mathbf { m m } ^ { \mathbf { 2 } } \text { . Replacing it on equation 3.7.1.1 }}$ with $\mathrm{C}_{\mathrm{s}}=1$ (on the limit), $\boldsymbol{S}_{\mathbf{1 0 7}}=\mathbf{4 , 4 4} \mathbf{~ d a N} / \mathbf{m m}^{2}$. With this value, the material can be found in figure 3.15 .


Figure 3.15. Ultimate strength of different materials.
So, the material for the pinion will be grey-cast iron. Doing the same for the secondary gear the following results are obtained:

Table 3.12. Specifications of gear system.

| Specifications of gear system. |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | $Z$ | $\mathrm{n}(\mathrm{rpm})$ | Ysa | Yfa | $\sigma_{\text {blim }}\left(\mathrm{daN} / \mathrm{mm}^{2)}\right.$ | $\mathrm{S}_{107}$ |
| Pinion (1) | 65 | 1,5 | 1,98 | 2,3 | 2,24 | 4,44 |
| Secondary(2) | 100 | 0,95 | 2,05 | 2,2 | 2,2 | 4,51 |

The other data is the same for pinion and secondary. Secondary gear material will be also greycast iron with an ultimate tension strength, SUT, bigger than $\mathbf{2 3} \mathbf{~ d a N} / \mathbf{m m}^{2}$

### 3.7.2 Wear on surface.

Wear on surface strength, $\sigma_{H l i m}$, is obtained from the following equations:

$$
\begin{equation*}
\operatorname{Padm}=\frac{10^{-6}}{1,96} \cdot \sigma_{H l i m}^{2} \cdot b \cdot(m \cdot z)^{2} \cdot \frac{i}{i+1} \cdot \frac{n}{Z_{H}^{2} \cdot Z_{E}^{2} \cdot Z_{\varepsilon}^{2}} \tag{3.7.2.1}
\end{equation*}
$$

Where $\sigma_{\text {Hlim }}$ is wear on surface strength, $\mathrm{MPa} ; \mathrm{Z}$ are different factors:

- $Z_{\varepsilon}$ : Driving Factor

$$
\begin{equation*}
Z_{\varepsilon}=\sqrt{\frac{\left(4-\varepsilon_{\alpha}\right)}{3}} \tag{3.7.2.2}
\end{equation*}
$$

- $\quad Z_{\mathrm{E}}$ : Elastic Factor.

$$
\begin{equation*}
Z_{E}=\sqrt{0,175 \cdot E} \tag{3.7.2.3}
\end{equation*}
$$

Where E:Elasticity modulus.

- $\mathrm{Z}_{\mathrm{H}}$ : Geometrical Factor.

$$
\begin{equation*}
Z_{H}=\sqrt{\frac{2 \cdot \cos B a}{\operatorname{sen} \alpha \cdot \cos \alpha}} \tag{3.7.2.4}
\end{equation*}
$$

Factor values are presented on Table 3.13.
Table 3.13. Factor values and strength of gear system.

| Factor values and strength of gear system. |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | Z | $\mathrm{n}(\mathrm{rpm})$ | $Z_{\varepsilon}$ | $\mathrm{Z}_{\mathrm{E}}$ | $\mathrm{Z}_{\mathrm{H}}$ | $\sigma_{\text {Hlim }}\left(\mathrm{daN} / \mathrm{mm}^{2}\right)$ |
| Pinion (1) | 65 | 1,5 | 0,85 | 107,55 | 2,49 | 24,13 |
| Secondary (2) | 100 | 0,95 | 0.85 | 150,6 | 2,49 | 2,69 |

Knowing wear on surface strength value, stiffness of the material needed can be found on figure 3.16.


Figure 3.16. Brinell hardness for different materials depending on wear on surface strength.

On the abscissa axis Brinell Hardness is represented and on the ordinate axis wear on surface strength limit , $\sigma_{\text {Hiim }}$.Material will be grey-cast iron with more than $\mathbf{1 0 0} \mathbf{~ H B}$ stiffness for both gear and $S_{u t}$ bigger than $\mathbf{2 3} \mathbf{d a N} / \mathbf{m m}^{\mathbf{2}}$. Exact specifications are obtained from Table 3.14.

Table 3.14. Properties of different types of grey- cast iron.

| ASTM | Sut, kpsi | Suc, kpsi | Ssut, kpsi | Elasticity module, Mpsi |  | Se, kpsi Brinell <br> Hardness, HB |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Tensión ${ }^{\text {t }}$ | Torsiór |  |  |
| 20 | 22 | 83 | 26 | 9.6.14 | 3.9-5.6 | 10 | 156 |
| 25 | 20 | 97 | 32 | 11.5•14.8 | 4.0-0.0 | -11.5 | 174 |
| 30 | 31 | 109 | 40 | 13.16.4 | 5.2-6.6 | 14 | 201 |
| 35 | 36.5 | 124 | 48.5 | 14.5-17.2 | 5.8-6.9 | 16 | 212 |
| 40 | 42.5 | 140 | 57 | 16.20 | 6.4.7.8 | 18.5 | 235 |
| 50 | 52.5 | 164 | 73 | 18.8-22.8 | 7.2-8.0 | 21.5 | 262 |
| 60 | 62.5 | 187.5 | 88.5 | 20.4-23.5 | 7.8-8.5 | 24.5 | 302 |

Gear will be made of ASTM 25 grey-cast iron.

## 3.8- Shafts.

References:, [14], [16], [17], [20] , [20].
Shafts will be design considering the fatigue study. Material for both shafts will be Steel 4130 tempering at $540 \mathrm{C}^{\mathbf{o}}$, Sut=1030 MPa. The minimum diameter capable of bear the external forces will be calculated using Goodman Criteria.

### 3.8.1 Input shaft.

Input shaft critical sections are shown on figure 3.17.


Figure 3.17. Input shaft critical sections.
First, exterior forces are calculated. Radial force applied from the electric motor (section A) can be calculated as:

$$
\begin{equation*}
F_{r}=\frac{T}{2 \cdot d} \tag{3.8.1}
\end{equation*}
$$

Where Fr is the radial force applied from the electric motor, $\mathrm{N} ; \mathrm{T}$ is the torque applied to the shaft, Nm ; d the diameter of the shaft, m .

Gear apply a torque, T, same as before, and radial Force, F (Section C).


Figure 3.18. Vectorial scheme of the forces over gear.


Figure 3.19. Breakdown of forces over the gear.

$$
\begin{equation*}
F_{t g}=\frac{T}{r_{g}} \tag{3.8.2}
\end{equation*}
$$

Where $\mathrm{F}_{\mathrm{tg}}$ is tangential force, N : $\mathrm{r}_{\mathrm{g}}$ is radius of gear.

$$
\begin{equation*}
F=\frac{F_{t g}}{\cos \alpha} \tag{3.8.3}
\end{equation*}
$$

Where F is the normal force produced by gear, $\mathrm{N} ; \alpha$ is the pressure angle $=20^{\circ}$.

## $F_{t g}= \pm 2238,8 \mathrm{~N} ; \mathbf{F}= \pm \mathbf{2 3 8 3}, 5 \mathrm{~N}$

In this case, Goodman criteria is like:

$$
\begin{equation*}
\frac{\sigma_{a}^{e q}}{S_{e}}=\frac{1}{n_{f}} \tag{3.8.4}
\end{equation*}
$$

The forces are alternating so $\sigma_{m}=0$.
Se is obtained from equation 3.5.3, but a new term is added: $K e=\frac{1}{K f}$, where Kf is the notch factor. For keyways it is $\mathrm{Kf}=1,6$ and for security rings grooves it is $\mathrm{Kf}=2,2$. Security factor nf is 2 . Most critical section is D.

In section $\mathrm{D}, \mathbf{T}=\mathbf{T a}=\mathbf{3 0 0} \mathbf{N m}$. Calculating the bending moment in section D as:

$$
\begin{equation*}
M=\sum F_{i} \cdot d_{i} \tag{3.8.5}
\end{equation*}
$$

Where $M$ is the bending moment over the section, $N ; F_{i}$ forces applied on other sections, $N ; d_{i}$ between section $D$ and sections where are forces applied (A y C), m.
$\boldsymbol{M}=\boldsymbol{M a}=\left(\frac{\mathbf{2 4}}{\boldsymbol{d}}+\mathbf{1 4 2 , 9 5}\right) \boldsymbol{N m} . \sigma_{a}$ and $\tau_{a}($ eqs 3.4.4 and 3.4.5) are calculated in function of d. Then, they are replaced on equation 3.4.7 to get $\sigma_{a}^{e q}$.For Se , factors are obtained the same way as previously mentioned in this paper but adding the new factor Ke.

Table 3.15. Correction factors for the input shaft.

| Ka | 0,71 |
| :--- | :--- |
| Kb | 0,87 |
| Kc | 0,814 |
| Kd | 1 |
| Ke | 0,45 |
| $\mathrm{Se}(\mathrm{MPa})$ | 519,12 |

## $\mathrm{Se}=\mathbf{1 1 8 , 6 8} \mathrm{MPa}$

Replacing everything on equation 3.8.4 and calculating the diameter, $\mathrm{d}=48,97 \mathrm{~mm}$. In order to get standard items $\mathbf{d}=\mathbf{5 0} \mathbf{~ m m}$.

### 3.8.2 Output shaft.

Critical sections of the output shaft are shown on figure 3.20


Figure 3.20. Output shaft critical sections.

Most critical section is D. Forces are applied on sections A and C. Bigger bending moment is placed on section Equations are the same as before, results are presented on Table 3.16:

| $\operatorname{Fr}(N)$ | $\frac{462}{2 d}$ |
| :---: | :---: |
| $\mathrm{Ftg}(\mathrm{N})$ | $\pm 2264,7$ |
| $\mathrm{~F} \mathrm{(N)}$ | $\pm 2410,05$ |
| $\mathrm{Ma} \mathrm{(Nm)}$ | $\left(\frac{36,96}{\mathrm{~d}}+144,603\right)$ |
| $\mathrm{Ta}(\mathrm{Nm})$ | 462 |
| Ka | 0,71 |
| Kb | 0,87 |
| Kc | 0,814 |
| Kd | 1 |
| Ke | 0,45 |
| $\mathrm{Se`}(\mathrm{MPa})$ | 519,12 |
| $\mathrm{Se}(\mathrm{MPa})$ | 118,68 |
| d | $53,7 \mathrm{~mm}$ |

In order to get standard $\mathbf{d}=\mathbf{5 5 m m}$.

## 3.9- Bearings.

References: [14], [15], [16] , [20], [21].
The shafts will be held by two ball bearings each. Failure criteria will be:

$$
\begin{equation*}
C \cdot\left[\frac{10^{6}}{L_{10}}\right]^{\frac{1}{a}}=C_{s e r v} \cdot F_{e q} \tag{3.9.1}
\end{equation*}
$$

Where $C$ is the Dynamic rating, $N ; L_{10}$ is Rating life, $h ; a=3$; Cserv is the Service rating; $F_{\text {eq }}$ are Equivalent forces, N .

$$
\begin{equation*}
F_{e q}=F_{r}+F \tag{3.9.2}
\end{equation*}
$$

Cserv is obtained from Table 3.17.

Table 3.17. Service rating factors.

| Típo de aplicación | Factor de carga |
| :--- | :--- |
| Engranajes de precisión | $1.0-1.1$ |
| Engranajes comerciales | $1.1-1.3$ |
| Aplicaciones con sellos deficientes en los cojinetes | 1.2 |
| Maquinaria sin impactos | $1.0-1.2$ |
| Maquinaria con impactos ligeros | $1.2-1.5$ |
| Maquinaria con impactos moderados | $1.5-3.0$ |

For commercial gears the factor is Cserv=1,3.Rating life is obtained from Table 3.18.
Table 3.18.Rating life for different operations.

| Tipo de aplicación | Vida, kh |
| :--- | :---: |
| Instrumentos y aparatos de uso poco frecuente | Hasta 0.5 |
| Motores de aeronaves | $0.5-2$ |
| Máquinas de operación corta o intermitente, donde la interrupción <br> del servicio resulta de poca importancia | $4-8$ |
| Máquinas de servicio intermitente donde una operación confiable <br> es de gran importancia |  |
| Máquinas para servicio de 8 h , que no siempre se usan completamente | $8-14$ |
| Máquinas para servicio de 8 h, que se utilizan plenamente | $14-20$ |
| Máquinas para servicio continuo las 24 h | $20-30$ |
| Máquinas para un servicio continuo de 24 h , donde la confiabilidad | $50-60$ |
| $\quad$ es de suma importancia | $100-200$ |

For short-operation machine $\mathrm{L}_{10}=8 \mathrm{kh}$.

|  | Input Shaft | Output shaft |
| :--- | :--- | :--- |
| $\mathrm{C}(\mathrm{kN})$ | 1,415 | 1,718 |

Knowing this value, it is possible to go to the manufacturer catalogue, SKF in this case, and choose the ball bearings.

Table 3.19.SKF Ball bearings catalogue


| Principal dimensions |  |  | Basic load ratings dymamic static |  | Fatigue load limit | Speed ratings Reference Limiting speed speed |  | Mass | Designation |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| d | 0 | B | c | $c_{0}$ | $\mathrm{P}_{*}$ |  |  |  |  |
| mm |  |  | kN |  | kN | r/min |  | kg | - |
| 40 | 52 | 7 | 4.49 | 3.75 | 0.16 | 26000 | 16000 | 0.032 | 61808 |
|  | 62 | 12 | 13,8 | 10 | 0.425 | 24000 | 14000 | 0.12 | 61908 |
|  | 68 | 9 | 13.8 | 10.2 | 0.44 | 22000 | 14000 | 0.13 | - 16008 |
|  | 68 | 15 | 17.8 | 11 | 0.49 | 22000 | 14000 | 0.19 | - 6008 |
|  | 80 | 18 | 32.5 | 19 | 0.8 | 18000 | 11000 | 0.37 | - 6208 |
|  | 80 | 18 | 35,8 | 20.8 | 0,88 | 18000 | 11000 | 0,34 | 6208 ETN9 |
|  | 90 | 23 | 42,3 | 24 | 1.02 | 17000 | 11000 | 0.63 | - 6308 |
|  | 110 | 27 | 63.7 | 36.5 | 1.53 | 14000 | 9000 | 1.25 | 6408 |
| 45 | 58 | 7 | 6.63 | 6.1 | 0.26 | 22000 | 14000 | 0.04 | 61809 |
|  | 68 | 12 | 14 | 10.8 | 0.465 | 20000 | 13000 | 0.14 | 61909 |
|  | 75 | 10 | 16.5 | 10.8 | 0,52 | 20000 | 12000 | 0,17 | - 16009 |
|  | 75 | 16 | 22,1 | 14.6 | 0.64 | 20000 | 12000 | 0.24 | - 6009 |
|  | 85 | 19 | 35.1 | 21.6 | 0.915 | 17000 | 11000 | 0.42 | - 6209 |
|  | 100 | 25 | 55,3 | 31.5 | 1,36 | 15000 | 9500 | 0.84 | - 6309 |
|  | 120 | 29 | 76.1 | 45 | 1.9 | 13000 | 8500 | 1.55 | 6409 |
| 50 | 65 | 7 | 6,76 | 6.8 | 0,285 | 20000 | 13000 | 0.052 | 61810 |
|  | L2 | 12 | 166 | 118 | 05 | 18000 | 12000 | 014 | 61910 |
|  | 80 | 10 | 16.8 | 11.4 | 0.56 | 18000 | 11000 | 0.18 | -16010 |
|  | 80 | 16 | 22.9 | 16 | 0.71 | 18000 | 11000 | 0.26 | - 6010 |
|  | 90 | 20 | 37,1 | 23.2 | 0.98 | 15000 | 10000 | 0.45 | * 6210 |
|  | 110 | 27 | 65 | 38 | 1.6 | 13000 | 8500 | 1,1 | - 6310 |
|  | 130 | 31 | 87.1 | 52 | 2.2 | 12000 | 7500 | 1.95 | 6410 |
| 55 | 72 | 9 | 9.06 | 8.8 | 0.375 | 19000 | 12000 | 0.083 | 61811 |
|  | 80 | 13 | 165 | 16 | 06 | 17000 | 11000 | 0.19 | 61911 |
|  | 90 | ${ }^{11}$ | 20.3 | 14 | 0.695 | 16000 | 10000 | 0.27 | * 16011 |
|  | 90 | 18 | 29.6 | 21.2 | 0.9 | 16000 | 10000 | 0.39 | - 6011 |
|  | 100 | 21 | 46.2 | 29 | 1.25 | 14000 | 9000 | 0,61 | - 6211 |
|  | 120 | 29 | 74.1 | 45 | 1.9 | 12000 | 8000 | 1.35 | - 6311 |

Ball bearings input shaft: SKF 61910
Ball bearings output shaft: SKF 61911

### 3.10- Protective casing.

The protective casing protects and isolates the internal elements from the corrosive external agents. It also works as the structural support of the elements designed before. Protective casing must be rigid enough to avoid deformation produced by the different loads of the system. If it is not like that, deformations would be produced, both for shafts and gears, causing malfunction and a premature failure. To ensure that it meets all mechanical requirements, and given these are not very strict, grey cast iron will be used. This material is optimal for this task due to its good ability to shape and is easy to machine. It consists of five parts, bottom , middle, top, input-shaft cover, output-shaft cover. This arrangement is used to easily assemble the elements. Joints will be made using screws. It also has holes for the lubrication filling and emptying.

### 3.11- Gear lubrication.

Lubrication of the gear system will be made by splash oil lubrication. A fling plug is placed on the top of the protective casing in order to ease the filling process. It is selected from the Tecnodin catalogue shown on Table 3.20.

Table 3.20. TECNODIN catalogue for filling plugs.



Filling tap 487016000 is chosen. A emptying tap is also installed on the bottom part of the protective casing in order to ease the emptying process. Selected from Table 3.21.

Table 3.21.TECNODIN catalogue for drain plugs.

-Thermoplastic hex plug with magne
-The plug is fited to the bottom of the transmission or tank to be used as drain plug: the magnet atract leerrous metal parts preventing damage to gears and othe moving components


-Production colour black marked MAGNETIC on the her
surface.
-Oir resistant asbestos-free seal

- In larger quantbies. these plugs are avalable with treads
other than those shown ie M6-18-20-22

| Code | $F$ | Ch | 0 | h2 | h1 | h3 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| TM-14 | 6W- | 17 | 20 | 9 | 7 | 5 |
| TM-38 | 63/8 | 18 | 22 | 10 | 75 | 10 |
| TM-12 | GVE | 24 | 27 | 11 | 8 | 9 |
| TM-36 | $635^{\circ}$ | 30 | 34 | $\pi$ | 9 | 65 |
| TM-1 | GT | 35 | 12 | 12 | 105 | 4 |
| TM-1415 | 100015 | 17 | 20 | 9 | 7 | 5 |

T,-1415 drain plug is selected. Lubricant used will be ISO VG 320.

### 3.12- Shaft shoulder.

On the other side of the machine there is a 55 mm diameter shaft of the same material as the output shaft. This shaft it is supported by a triangle support attached to the ground, with a ball
bearing and two covers of grey-cast iron in each side of the shaft to avoid its longitudinal movement. This part is made in grey-cast iron.

### 3.13- Legs pusher design.

The system that will move legs out of bed, it is composed by a pinion managed by an electric motor and a rack connected to a surface that will move the legs. Rack is attached to a plastic arm which is also connected to a plastic paddle that moves the legs. Both of them made in Polypropylene Copolymer to be as light as possible. The arm slides over two rails.

### 3.14- Pinion and rack.

References: [14] , [15] , [16], [20], [21], [22], [23], [24].
Firstly, it is necessary to calculate the force generated by the legs.

$$
\begin{equation*}
F_{f}=M \cdot g \cdot \mu \tag{3.14.1}
\end{equation*}
$$

Where $\mathrm{F}_{\mathrm{f}}$ is the frictional force, $\mathrm{N}: \mathrm{M}$ :mass of the legs, $\mathrm{kg} ; \mu$ : coefficient of friction of the bed.
M is obtained from equations 3.1.2, 3.1.3 and 3.1.4, giving the percentage of the total mass that correspond to legs. In this case $\mathrm{M}=36,5 \%$ Totalmass $=31,68 \mathrm{~kg}$. The friction between the legs and the bed is difficult to calculate, it depends of the type of the bedsheet, mat. It is supposed to value $\mu=0,1$. So $\mathbf{F}=\mathbf{3 1 , 0 5} \mathbf{N}$. The pinion used for the system will be with $Z=12$, chosen from Transmisiones Zaragoza S.L catalogue.

Table 3.22. Pinion gear dimensions.

| $Z$ | De(mm) | $\operatorname{Dp}(\mathrm{mm})$ | $\operatorname{Dm}(\mathrm{mm})$ |
| :--- | :--- | :--- | :--- |
| 12 | 14 | 12 | - |

The rack is also chosen from the same catalogue.

Table 3.23. Rack dimensions.

| $\mathrm{A}(\mathrm{mm})$ | $\mathrm{B}(\mathrm{mm})$ | $\mathrm{L}(\mathrm{mm})$ | $\mathrm{p}(\mathrm{mm})$ |
| :--- | :--- | :--- | :--- |
| 15 | 15 | 1000 | 3,14 |



Figure 3.21. Rack dimensions.

Torque generated can be calculated by:

$$
\begin{equation*}
T=\frac{F \cdot d_{g}}{2000} \tag{3.14.2}
\end{equation*}
$$

Where $\mathrm{d}_{\mathrm{g}}$ is diameter of gear,mm.

## $\mathrm{T}=\mathbf{0 , 1 8 6} \mathrm{Nm}$.

Next step is to calculate turns of the pinion need to complete the 1000 m of the rack.

$$
\begin{equation*}
L=p \cdot n_{p} \tag{3.14.3}
\end{equation*}
$$

L:Length of rack, $m$; p :tooth pitch, $\mathrm{mm} ; \mathrm{n}_{\mathrm{p}}$ : number of tooth pitch.

$$
\begin{equation*}
\text { Turns }=\frac{n_{p}}{z} \tag{3.14.4}
\end{equation*}
$$

## Turns=26,5.

The objective is to move the legs in 10 s . So, speed will be $2,65 \mathrm{rps}$, expressed on rpm, $\mathbf{n}=\mathbf{1 6 0}$ rpm. Now the electric motor is chosen.


Figure 3.22.Electric motor for pinion-rack.

Table 3.24. Specifications of the electric motor.

| Attribute | Value |
| :--- | :--- |
| Exit Speed | 240 rpm |
| Supply Voltage | 24 V dc |
| Maximum Output Torque | $0,3 \mathrm{Nm}$ |
| DC Motor Type | With brushes |
| Shaft Diameter | 8 mm |
| Length | 63.5 mm |
| Width | 101 mm |
| Depth | 84 mm |
| Dimensions | $63,5 \times 101 \times 84 \mathrm{~mm}$ |
| Axis angle | Straight |
| Normative compliance | BS EN ISO 9001: 2008, UL |
| Serie | UBD |

At the speed required, $\mathrm{n}=160 \mathrm{rpm}$, the motor provides $\mathrm{T}=0,2 \mathrm{Nm}$.

### 3.8.3 Shaft.

Diameter of shaft is known $\mathrm{d}=6 \mathrm{~mm}$, so the material needs to be calculated.


Figure 3.23. Critical sections of the shaft.

Goodman criteria is used, like on equation 3.8.4. Most critical section is D. Equations are the same as before, results are shown in Table 3.25:

Table 3.25.Results for the pinion-rack shaft calculations.

| $\mathrm{Fr}(\mathrm{N})$ | 12,5 |
| :---: | :---: |
| $\mathrm{Ftg}(\mathrm{N})$ | $\pm 33,3$ |
| $\mathrm{~F}(\mathrm{~N})$ | $\pm 35,47$ |
| $\mathrm{Ma}(\mathrm{Nm})$ | 1,2 |
| $\mathrm{Ta}(\mathrm{Nm})$ | 0,2 |
| Ka | $4,51 \cdot \mathrm{Sut}^{-0,265}$ |
| Kb | 1,023 |
| Kc | 0,814 |
| Kd | 1 |
| Ke | 0,45 |
| $\mathrm{Se}{ }^{`}(\mathrm{MPa})$ | $0,504 \mathrm{Sut}$ |
| $\sigma_{a}(\mathrm{MPa})$ | 56,58 |
| $\tau_{a}(\mathrm{MPa})$ | 4,71 |
| $\sigma_{a}^{e q}(\mathrm{MPa})$ | 57,16 |
| $\mathrm{Sut}(\mathrm{MPa})$ | 785 |

Material is chosen from Table 3.9. Shaft will be made of steel 1095 Hot Rolled with an ultimate strength, Sut=830 MPa.

### 3.8.4 Bearings.

Ball bearings are calculated using equation 3.9.1 and 3.9.2. Same factors as before.

| Feq $(N)$ | 47,97 |
| :--- | :--- |
| $\mathrm{C}(\mathrm{kN})$ | 0,012 |

Ball bearings SKF 618/6.

### 3.8.5 Shaft support.

A plastic support for the shaft is also designed. It is attached to the rails by screws and provides the accommodation for the bear.

## 4. DESIGN OF MANUFACTURING TECHNOLOGICAL PROCESS FOR THE INPUT SHAFT.

This section defines the technological conditions and operations by which the different parts are achieved. The component selected for this study is the Input Shaft of the gear box.


Figure 4.1.Input shaft views.
The shaft is machined from a round bar stock of Steel 4130 tempering at $540 \mathrm{C}^{\circ}$, with 55 mm diameter and 265 mm length. The stock presents an offset of material in order to avoid any surface imperfection. Surface roughs values for typical applications are shown on Table 4.1,

Table 4.1. Approximate values of surface roughness for fits.

| Table 4.1 Aproximate values of surface roughnes for fits |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Nominal diameter | $\begin{array}{ll} \hline \text { From } & 1 \\ \text { To } & 6 \end{array}$ |  | 6 <br> 10 |  | $10$$18$ |  | $\begin{aligned} & 18 \\ & 80 \end{aligned}$ |  | $\begin{aligned} & 80 \\ & 250 \end{aligned}$ |  | $\begin{aligned} & 250 \\ & 500 \end{aligned}$ |  |
| ISO quality | Admissible value |  |  |  |  |  |  |  |  |  |  |  |
|  | Ra | Rz | Ra | Rz | Ra | Rz | Ra | Rz | Ra | Rz | Ra | Rz |
| 5 | 0,4 | 2.5 | 0,4 | 2,5 | 0,8 | 4 | 0,8 | 4 | 0,8 | 6,3 | 0,8 | 6,3 |
| 6 | 0,8 | 4 | 0,8 | 4 | 0,8 | 4 | 0,8 | 6,3 | 1,6 | 10 | 1,6 | 10 |
| 7 | 0,8 | 6,3 | 0,8 | 6,3 | 0,8 | 6,3 | 1,6 | 10 | 1,6 | 16 | 1,6 | 16 |
| 8 | 1,6 | 6,3 | 1,6 | 10 | 1,6 | 10 | 3,2 | 3.2 | 3,2 | 25 | 6,3 | 40 |
| 9 | 1,6 | 10 | 3,2 | 16 | 16 | 3.2 | 16 | 16 | 3,2 | 25 | 6.3 | 40 |
| 10 | 3,2 | 16 | 6,3 | 25 | 6,3 | 25 | 6,3 | 40 | 6,3 | 40 | 12,5 | 63 |
| 11 | 6,3 | 25 | 12,5 | 40 | 12.5 | 40 | 12,5 | 6,3 | 12,5 | 6.3 | 25 | 100 |

The final surface roughness of the external surface is $\mathrm{Ra}=0,8 \mu \mathrm{~m}$ and for the keyways $\mathrm{Ra}=2$ $\mu \mathrm{m}$.

## 4.1- Material.

References: [25], [26].
Material for the part was chosen before (see section 2.8.1).AISI 4130 steel is a chromemolybdenum series low alloy steel with high strength, toughness and hardenability. It is usually used in quenched and tempered condition. Chemical composition of the AISI 4130 is presented on Table 4.2.

Table 4.2. AISI 4130 Chemical Composition.

|  | AISI 4130 Chemical Composition (\%) |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Steel Grade (UNS) | C | Si | Mn | $\mathrm{P}(\leq)$ | S ( $\leq$ ) | Cr | Mo |
| 4130 (G41300) | 0.28-0.33 | 0.15-0.35 | 0.40-0.60 | 0.035 | 0.040 | 0.80-1.10 | 0.15-0.25 |

AISI SAE 4130 alloy steel can be made into steel plate, steel sheet, steel pipe or tube. In this case stock is obtained from a round bar. Material properties are presented on Table 4.3.

Table 4.3.AISI 4130 properties.

| Steel <br> (UNS) | Tensile strength (Mpa) | Yield strength (Mpa) | Elongation in 50 mm, \% | Reduction in area, \% | Hardness (HB) | Sample diameter | Conditions |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { AISI } \\ & 4130 \\ & \text { (G41300) } \end{aligned}$ | 670 | 435 | 25.5 | 59.5 | 197 | $\begin{aligned} & 25 \mathrm{~mm}(1 \\ & \text { inch) } \end{aligned}$ | Normalized at 870 ${ }^{\circ} \mathrm{C}\left(1600{ }^{\circ} \mathrm{F}\right)$ |
|  | 560 | 460 | 21.5 | 59.5 | 217 |  | $\begin{aligned} & \text { Annealed at } 865^{\circ} \mathrm{C} \\ & \left(1585^{\circ} \mathrm{F}\right) \end{aligned}$ |
|  | 1040 | 979 | 18.1 | 63.9 | 302 |  | Water quenched from $855^{\circ} \mathrm{C}(1575$ $\left.{ }^{\circ} \mathrm{F}\right)$ \& tempered at $540^{\circ} \mathrm{C}\left(1000^{\circ} \mathrm{F}\right)$ |

Its high tensile strength allows the shaft to work properly fatigue conditions.

## 4.2- Machines.

References: [27].
Machining process of the shaft consists in turn operations in order to get the revolution shape and in mill operations to get the keyways.

Machining operations are performed on the JYOTI AX 200 Turn-Mill Center. Its specifications are shown on Table 4.4.

Table 4.4. Turn- mill machine specifications.

| Capacity |  | AX 200 |
| :---: | :---: | :---: |
| Swing Over Bed | mm | 550 |
| Swing Over Carriage | mm | 396 |
| Max. Tuning Da** | mm | 370 |
| Max. Turning Length* | mm | 3251625 |
| Chuck Dia. | mm | 200 |
| Slides |  |  |
| X-Axis Travel | mm | 200 |
| Y.Axis Traval | mm | NA |
| ZAxis Travel | mm | 305 \| 625 |
| Fapid Trawel ( $X, Y$ \& Z - Axis) | mimin | 24/NA/35 |
| Main Spindle (Motorized) |  |  |
| Spindle Motor Power (Cont.)-Senenvfrus | kW | 9.15 |
| Spindie Nose |  | A6 |
| Max. Bar Capocity | mm | 82 |
| Spindie Speed Range | rpm | 4500 |
| Sub-Spindle (Motorized) |  |  |
| Spindle Motor Power (Cont)-Semenvfrow | kW | NA |
| Spindie Nose |  | NA |
| Spindle Speed Range | rpm | NA |
| Soindie Trawel | mm | NA |
| Turret |  |  |
| Turee Type |  | Servo |
| No. of Stations |  | 12 |
| Max. Boring Bar Capacly | mm | 40 |
| Tool Sieo (Croes Sectiona) | mm | $25 \times 25$ |
| Live Tool Power (Siemens/Fanuc) | kW | NA |
| Live Tool Speed (Siemens) | rpm | NA |
| Live Tool Speed (Fanuc) | rpm | NA |
| Live Tool Type |  | NA |
| Tail Stock |  |  |
| Tailstock Type |  | Digital |
| Taistock Travel | mm | $330 \mid 630$ |
| Livo Quill Taper |  | MT 3 |
| Quill Dia. | mm | 85 |
| Thrust | kg ! | 350 |
| Accuracy (As per DGQ 3441) |  |  |
| Positioning Uncertainty (P) | mm | 0.005 |
| Repeatablity (Ps Medium) | mm | 0.003 |
| Other Data |  |  |
| Machine Weight \& (Approx.) | kg | $4100 \mid 4500$ |
| Machine Oimension \# (Approx) |  |  |
| Length | mm | 2610 \| 2910 |
| Wioth | mm | 1735 |
| Height | mm | 1960 |

This election is made in order to perform all operations in the same machine, without losing time changing the part between turn and mill machines.

The shaft will be hold by a three jaw chucks in order to get the part's axis aligned with turn`s rotation axis.


Figure 4.2. Three jaw chucks.

## 4.3- Tools and inserts.

References: [28].
The inserts and the corresponding tools are chosen using Sandvik Tool guide, introducing the values required for each operation.

- ISO SNMG 1204 12-PR 4325;ISO DSSNR 2020K 12

Specifications presented on Table 4.5 and Table 4.6.

Table 4.5.Insert specifications.


Table 4.6.Tool specifications.


| Product data |  |
| :---: | :---: |
| Tool Cuting edge angle (KGPR\| | Toollead ange (PSif) |
| 45 deg | 45 deg |
| Part 2 of cutting tem interface idenstiers ICUTINTMASTER SNMG 120408 | Adaotive interfoce machine direction (ADINTMS) Rectangular shank -metric: $20 \times 20$ |
| Maximum ramoing angle RPMPD | Werciece sce oody ange BAWS\| |
| 0 deg | 0 deg |
| Machine side oody ange (BaMS) | Maxmum ovenang (1) |
| 0 deg | 27.5 mm |
| Hand Mavil | Damoing property (DPC) |
| R | false |
| Coolant enty style code (CNSO) | Coolantexts style code (Cisc) |
| 0: without coolant | 0 : no coolant exit |
| Shankwidh (B) | Srank height (-) |
| 20 mm | 20 mm |
| Protruding length ( PPa $^{\text {a }}$ | Functional length (L) |
| 133.32 mm | 125 mm |
| Functoral wien (W) | Functiona heigntin |
| 25 mm | 20 mm |
| Othogonal are enge (cama) | Inciration ange Lavsi |
| -8deg | 0 deg |
| Toraue (to) | Body matena code emal |
| 3.9 Nm | Steel |
| Master insertiderstication (MiDMO | Weight oftem (WT |
| SNMG 120408 | 0.393 kg |
| Sensor embedded property (5EP) | Lfe cyce stas: (LCS) |
| 0 | Released |
| Reiesse packid releasepacio |  |
| 98.1 |  |

Squared insert suitable for external rough turning operations like facing or chamfered.

- ISO SNMG 2507 24-PR 4325;ISO DSDNN 4040S-25

Specifications presented on Table 4.7 and Table 4.8.
Table 4.7. Insert specifications.
Table 4.8. Tool specifications.


Squared insert suitable for external rough turning operations.

- ISO CP-B1108-M5 4325; ISO CP-25BR-2020-11

Specifications presented on Table 4.9 and 4.10.

Table 4.9. Insert specifications.


Product data

| Material classfication level 1 (TMCl15O P K | Insert size and shaoe ICUTINTSIZESHAPE Coroturn PRIME CP-B11 |
| :---: | :---: |
| Cutting edge count ( $C E D C$ ) | inscribed circle diameter (IC) |
| 2 | 11 mm |
| Comer radus (RE) | Wiper edge property (WEP) |
| 0.8 mm | false |
| Hand (HAND) | Grade (GRade) |
| N | 4325 |
| Suostrate (SUBSTRATE | Coasing (COATING) |
| нс | CVD TICN+AL2O3+TIN |
| Inserthickness (\$) | Clearance angle major (AN) |
| 5 mm | 6 deg |
| Weignt of tem (WT) | Sensor embedded property (SEP) |
| 0.01 kg | . |
| Life cycle state (LCS) | Release packid (RELEASEPACK) |
| Released | 17.1 |
| Startvalues |  |
| $302 \mathrm{~mm}(0.5-4)$ |  |
| P fn $0.59 \mathrm{~mm} / \mathrm{r}(0.31-1.21)$ |  |
| vc $380 \mathrm{~m} / \mathrm{min}(450-280)$ |  |

Table 4.10. Tool specifications.


| Tool Cutting edge ange (KAPR\| 95 deg |
| :---: |
| Or20f cutingitem interface identifers CuIntwaste | CoroTurn PRIME (P-8.8 (CP-B1108)

Maxmum ramaing angle RMPD
23 deg
Machine side body angle eams
odeg
Maximum overnang (OHXC
40 mm
Damoing prooerty (DPC)
talse
Coolartent stye code cosc|
0 : no coolant exit
Shankreig
20 mm
Eunctional wioth
25 mm
Orhogonal rake angle (GaMD
odeg
Torque (Ta)
4 Nm
Master insert
CP-81108
Sensor embedded property ISEP
${ }_{17}^{\text {Relesse osckid RELEASEPACK) }}$


Tool lesd angle (PSIR)
-5 deg Adsotvive interfoce maccine oirection LaDINTMS Rectangular shank -metric: $20 \times 20$ Workiece side body angle baws
Odeg Minimum overnang ( (OHW)
37.88 mm
${ }_{\mathrm{R}}^{\mathrm{Mandmand}}$
Coolant entry stve coce cinsq
0: witho
0 : without coolant
Snankwion (B)
20 mm
Functional length (LF)
Functional length (LT)
125 mm
125 mm
Functional height $1-\mathrm{F})$
20 mm
20 mm
Incliration angel LaMSS)
0 deg
Sody material code ema)
Body ms
Steel
Weight of cem (wn
0.359 kg
Lie cycle state (Cos)

Rhombic shape insert suitable for turn finishing operation.

- ISO N123E2-0200-0002-GM 4325; ISO N123E20-25A 2

Specifications presented on Table 4.11 and 4.12.

Table 4.11. Insert specifications


| Material classficaction level 1 (TMC1ISO) <br> P K | Chip breaker manufacture's designation (CBMD GM |
| :---: | :---: |
| Inser size and shape (CuTINTSIESHAPE) | Cuting edge count (CEDC) |
| Corocut 1-2-size E2 | 2 |
| Outing widh ( 0 m | Cuting width lower toerance ( CWTOLL) |
| 2 mm | 0 mm |
| Cutting width upper tolerance (CWTOU) | Cornerradius left(RE) |
| 0.1 mm | 0.2 mm |
| Comer radus ight (REF) | Corner radius lower tolerance (RETOLI) |
| 0.2 mm | -0.1 mm |
| Comer radus upper toierance (RETOLU) | Cutting depth maximum (CDX) |
| 0.1 mm | 18.8 mm |
| Machine side body angle (EAMS) | Hand (IAND) |
| 0 deg | N |
| Grade (GRADE) | Costing (COATING) |
| 4325 | CVD TICN+AL2O3+TIN |
| Clearance angle major (AN) | Lenoth interferng edge (UG) |
| 7 deg | 19.58 mm |
| Weionh: of tem (WT) | Sensor embedded property (SEP) |
| 0.003 kg | 0 |
| Lfe cycle state (LCS) | Reeease packid Releasepack |
| Released | 14.2 |
| Startvalues |  |
| fin $0.07 \mathrm{~mm} /$ /(0.05-0.1) |  |
| P vo $250 \mathrm{~m} / \mathrm{min}(290-230)$ | K vo $190 \mathrm{~m} / \mathrm{min}(220-175)$ |

Table 4.12. Tool specifications.


Insert suitable for grooving operations.

- ISO R390-11 T3 12E-PM 1130; ISO RA390-016M19-11L

Specifications presented on Table4.13 and 4.14.

Table 4.13. Insert specifications.



Table 4.14. Tool specifications


| Proovetoata |  |
| :---: | :---: |
| Cutrng oameer (DC) | Outrg rem count ciction) |
| 15875 mm |  |
| outng temoout cich <br> 2 |  Corovill 390 -size 11 (R390-11) |
| Deprot ot cutmavimumasucern 10.008 mm | Conve outting capabily 1000 talse |
| Depro or cut mavimum (ARWXFFW 10.008 mm | Depenotoutmaymum $\angle P$ noxerm 5.5 mm |
| 1/aximumramping ange RUPRFFW 10.5 deg | 1/aximum plunge oxpm (az) 1 mm |
| Usabelengen (wu) 25908 mm | Outng paten amerenta (cpor <br> talse |
| Pergheral efectis cuting eoge count [zEPF <br> 2 | Adaptve intertace machine drectioniadimus Weloon (DiN6535-HB) -Inch: 3/4 |
| $\begin{aligned} & \text { Hana manal } \\ & R \end{aligned}$ | Damping property $\operatorname{DPC}$ talse |
| Cobanterty by/a cose chisc 1: axal concentric entry | $\begin{aligned} & \text { cooantpesture (CP) } \\ & 10 \mathrm{bar} \end{aligned}$ |
| Conneection damear iDCON 19.05 mm | Connewson oamatar :orance (TcDCow n6 |
| sandard funcer (stomot) 1503338-2 | Stanordiemer (stoleti) wE |
| Functoral iengin LP) <br> 8255 mm | $\begin{aligned} & \text { Troque (To) } \\ & 12 \mathrm{Nm} \end{aligned}$ |
| BODymateral code BMC <br> Steel | Rotational speeso maxumum RPM, <br> 41800 1/min |
| Weigrtortiam wh 0.14 kg | Sensor emoeadeo progerty ISEP |
| Ufe ojcle sta:e (CS) Released | 2eemespackia pelensepack 983 |

Insert suitable for milling operation.

- ISO QD-NE-0200-0003-CR 1125; ISO QD-NR2E26-25ª

Specifications presented on Table 4.15 and 4.16.


## 4.4- Machining process.

References: [28], [29].
The machining process begins in the turn machine, following the next steps:

- Face rough of 4 mm .
- Turn rough of 51 mm diameter and 215 mm length.
- Turn finish of 50 mm diameter and 215 mm length.
- $2 x$ Groove of 47 mm diameter and $2,15 \mathrm{~mm}$ length.

After using the turn machine, the shaft is finished on the mill machine:

- Groove of the keyways.

Finally, the shaft is part off the stock bar.

### 4.4.1 Operation 1: Rough facing.

First operation is the facing of both sides of the initial stock. In order to choose the rotational speed of the turn machine next formula is used:

$$
\begin{equation*}
V c=\frac{D m \cdot \pi \cdot n}{1000} \tag{4.4.1.}
\end{equation*}
$$

Where Vc: cutting speed; n:rotational speed.

The cutting speed Vc is obtained from the corresponding insert table. When n is calculated (must be less than the maximum speed of the machine, 4500 rpm in this case), machining time is obtained from next formula:

$$
\begin{equation*}
T c=\frac{l}{f n \cdot n} \tag{4.4.2}
\end{equation*}
$$

Where Tc: machining time; 1 : machined length; fn:feed per revolution.

Feed per revolution value is also obtained from insert table. Choosing the recommend values of fn and Vc and respecting the maximum value of rotational speed, Table 4.17 is completed for each operation. Where ap is depth of cut in mm .

Table 4.17. Op1: Rough facing.

| OPERATION 1:ROUGH FACING |  |  | INSERT | SNMG 1204 <br> $12-P R ~ 4325$ |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | TOOL | ISO DSSNR <br> 2020 K 12 |  |  |  |
| Pass | $1(\mathrm{~mm})$ | $\mathrm{n}(\mathrm{rpm})$ | $\mathrm{ap}(\mathrm{mm})$ | Dm(mm) | $\mathrm{fn}(\mathrm{mm} / \mathrm{rev})$ | $\mathrm{Vc}(\mathrm{m} / \mathrm{min})$ | $\mathrm{t}(\mathrm{s})$ |
| 1 | 4 | 1500 | - | 55 | 0,41 | 259,05 | 0,390243902 |

4.4.2 Operation 2: Rough turning $\emptyset 51 \times 215$.

Machining parameters presented on Table 4.18.

Table 4.18 .Op2: Rough Turning 51x215.

| OPERATION 2:ROUGH TURNING $\emptyset 51 \times 215$ |  |  |  |  |  | INSERT | $\begin{aligned} & \text { SNMG } 2507 \\ & \text { 24-PR } 4325 \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  | TOOL | $\begin{aligned} & \text { DSDNN } \\ & \text { 4040S-25 } \end{aligned}$ |
| Pass | 1(mm) | n(rpm) | $\mathrm{ap}(\mathrm{mm})$ | Dm(mm) | $\mathrm{fn}(\mathrm{mm} / \mathrm{rev})$ | $\mathrm{Vc}(\mathrm{m} / \mathrm{min})$ | t(s) |
| 1 | 215 | 1250 | 2 | 55 | 1,04 | 215,875 | 9,923076923 |

### 4.4.3 Operation 3: Finishing $\varnothing \mathbf{5 0 x} \mathbf{2 1 5}$.

Machining parameters presented on Table 4.19

Table 4.19 .Op3: Finishing 50x215.

| OPERATION 3:FINISIHING $\emptyset 50 \times 215$ |  |  |  |  |  | INSERT | $\begin{aligned} & \text { CP-B1108-M5 } \\ & 4325 \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  | TOOL | $\begin{aligned} & \text { CP-25BR-2020- } \\ & 11 \end{aligned}$ |
| Pass | 1(mm) | n (rpm) | $\mathrm{ap}(\mathrm{mm})$ | Dm(mm) | $\mathrm{fn}(\mathrm{mm} / \mathrm{rev})$ | $\mathrm{Vc}(\mathrm{m} / \mathrm{min})$ | t (s) |
| 1 | 215 | 2250 | 0,5 | 51 | 0,59 | 360,315 | 9,717514124 |

4.4.4 Operation 4: 2xGroove 2,15x1,5.

Machining parameters presented on Table 4.20.

Table 4.20.Op4:Groove.


### 4.4.5 Operation5: Milling keyway 16x6x50.

Machining parameters presented on Table 4.21.
Table 4.21. Milling keyway $16 x 50$.

| OPERATION 5:MILLING KEYWAY 16x6x50 |  | INSERT | R390-11 T3 12E- <br> PM 1130 |  |
| :--- | :--- | :--- | :--- | :--- |
|  |  | TOOL | RA390-016M19- <br> 11L |  |
| Pass | $\mathrm{n}(\mathrm{rpm})$ | $\mathrm{ap}(\mathrm{mm})$ | $\mathrm{fz}(\mathrm{mm})$ | $\mathrm{Vc}(\mathrm{m} / \mathrm{min})$ |
| 1 | 3910 | 2,47 | 0,0992 | 195 |
| 2 | 3910 | 4,94 | 0,124 | 195 |
| 3 | 4470 | 0,0625 | 0,25 | 200 |
| 4 | 4410 | 5 | 0,32 | 220 |
| 5 | 4470 | 0,0625 | 0,312 | 200 |

### 4.4.6 Operation 6:Milling keyway 16x6x45.

Machining parameters presented on Table 4.22.

Table 4.22 Milling keyway $16 \times 45$.

| OPERATION 6:KEYWAY 16x45 |  | INSERT | R390-11 T3 12E- <br> PM 1130 |  |
| :--- | :--- | :--- | :--- | :--- |
|  |  | TOOL | RA390-016M19- <br> 11L |  |
| Pass | $\mathrm{n}(\mathrm{rpm})$ | ap $(\mathrm{mm})$ | $\mathrm{fz}(\mathrm{mm})$ | Vc(m/min) |
| 1 | 3910 | 2,47 | 0,0992 | 195 |
| 2 | 3910 | 4,94 | 0,124 | 195 |
| 3 | 4470 | 0,0625 | 0,25 | 200 |
| 4 | 4410 | 5 | 0,32 | 220 |
| 5 | 4470 | 0,0625 | 0,312 | 200 |

### 4.4.7 Operation 7: Parting off .

Machining parameters presented on Table 4.23.

Table 4.23 Parting off.

| OPERATION 7:PARTING OFF |  |  |  |  |  | $\begin{array}{\|l\|} \hline \text { INSERT } \\ \hline \text { TOOL } \\ \hline \end{array}$ | $\begin{array}{\|l} \begin{array}{l} \text { QD-NE-0200- } \\ 0003-C R ~ 1125 ~ \end{array} \\ \hline \begin{array}{l} \text { QD-NR2E26- } \\ \text { 25A } \end{array} \\ \hline \end{array}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  |
| Pass | 1(mm) | n (rpm) | $\mathrm{ap}(\mathrm{mm})$ | Dm(mm) | $\mathrm{fn}(\mathrm{mm} / \mathrm{rev})$ | $\mathrm{Vc}(\mathrm{m} / \mathrm{min})$ | t(s) |
| 1 | 2 | 1000 | 25 | 50 | 0,13 | 157 | 0,923076923 |

After the machining, a quality control process is carried out.

## 5. COMPOSING OF THE WORK SAFETY AND ENVIRONMENTAL PROTECTION REQUIREMENTS FOR OBJECT DESIGNED.

## 5.1- Work safety.

Considering that the system presented in this paper is designed for elderly people or with mobility problems, safety is a crucial part of the design.

- The system is designed to work properly with people until 160 kg .
- The electric motors are programmed to work at constant slow speed, in order to avoid high speed or accelerations, which could be dangerous for the user.
- All parts have been designed with a safety coefficient.
- Back’s Lift cannot rotate more than 90 degrees to prevent possible back injuries or other risk situations.
- All sharp edges have been fillet.
- There are not any electric cables.
- All parts are attached by joints, no free parts.
- Keep out of reach of children.


## 5.2- Instructions guide.

- Once user is laid on bed , the Back's Lift can be activated.


Figure 5.1. Initial position.

- It can rotate any degree until 90 . User can get a comfortable position for reading a book, watch television or have lunch while using the system.


Figure 5.2. Back's lift can rotate any degree until $90^{\circ}$.

- When the Back`s lift it is in the final position, user can activate the Legs Pusher system.


Figure 5.3.Final position.

- When user is sit on the edge of bed, it is possible to get the system back to the initial position in order to be more comfortable and ease next movements.


## 5.3- Environmental protection.

Nowadays, global warming and climate change are common words in the vocabulary, and it is necessary to make changes in daily people live. This complicate situation it has been considered in the design.

- The system designed in this paper does not require of fossil fuels, energy for the electric motors can be obtained from a generator or the user`s house.
- The whole system only needs electricity to work. Shafts are supported by ball bearings and the lubrication of the gear is renewed in the maintenance time. Maintenance is necessary every 2 years.
- The system is designed to by easily assembled and disassembled when needed and get to the components fast and safely.
- Acoustic contamination is minimum. The noise is only produced when the machine is working, but the exposure time is short and harmless for the human body. This noise is produced mainly for the electric motor and the gear system. The system doesn't make noise while it is not been used.
- All components have been obtained with environmentally friendly procedures when possible.
- When the machine or any of its components are broken, worn or have reached the end of their expected lifespan and can no longer be used or repaired, they must be scrapped and disposed of in an appropriate manner.


## 6. ECONOMICAL ESTIMATION OF THE PROJECT.

## 6.1- Project cost calculation.

In this section the cos of producing one unit of the system is calculated, including the product design expenses and the means needed for manufacturing and construction.

Table 6.1.Standards parts costs.

| Nr | Item | Q. | Price per unit <br> (Eur) | $\begin{aligned} & \text { Sum } \\ & \text { (Eur) } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: |
| 1 | $\begin{gathered} \text { DIN EN } 24018-\text { M8 x } \\ 25-W C \end{gathered}$ | 25 | 0,11 | 2,75 |
| 2 | Hexagon Flange Nut DIN 6923 - M8 - C | 25 | 1,05 | 26,25 |
| 3 | KEY A 16X10X50 DIN 6885 | 2 | 1,35 | 2,70 |
| 4 | Plain Washer M12 ISO 7089 | 12 | 0,61 | 7,32 |
| 5 | $\begin{gathered} \text { DIN EN } 24018 \text { - M12 x } \\ \text { 45-WC } \end{gathered}$ | 12 | 0,37 | 4,42 |
| 6 | Hexagon Flange Nut DIN 6923-M12-C | 12 | 2,62 | 31,44 |
| 7 | $\begin{aligned} & \text { KEY A 16X10X65 DIN } \\ & 6885 \\ & \hline \end{aligned}$ | 2 | 1,54 | 3,08 |
| 8 | $\begin{gathered} \text { ISO 7046-1-M6 x } 20-Z \\ -20 N \end{gathered}$ | 12 | 0,52 | 6,20 |
| 9 | $\begin{gathered} \hline \text { ISO 7046-1-M8 x } 20-Z \\ -20 N \end{gathered}$ | 6 | 0,65 | 3,88 |
| 10 | $\begin{gathered} \text { ISO } 4018 \text { - M10 x 30- } \\ \text { WN } \end{gathered}$ | 2 | 0,70 | 1,40 |
| 11 | ISO-4034-M10-N | 2 | 0,29 | 0,58 |
| 12 | KEY A 2X2X20 DIN 6885 | 1 | 0,40 | 0,40 |
| 13 | Circlip DIN 471-6x 0.7 | 2 | 0,12 | 0,24 |
| 14 | Plain Washer M8 ISO 7089 | 25 | 0,29 | 7,20 |
| 15 | Circlip DIN 471-50x 2 | 2 | 1,92 | 3,84 |
| 16 | Circlip DIN 471-55x 2 | 2 | 2,24 | 4,48 |
|  |  |  | Total (eur) | 106,18 |

Table 6.2.Stock parts costs.

| Nr | Item | Description | Weight(kg) | Price per <br> kg (Eur) | Sum (Eur) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | Steel AISI 4130 <br> tempering at 540 |  |  |  |  |
| 2 | Steel AISI 4130 <br> tempering 5at 540 | $55 \times 265$ | 0,51 | 2,20 | 1,11 |
| 3 | Steel AISI 1095 HR | $10 \times 265$ | 0,67 | 2,20 | 1,48 |
| 4 | ASTM 25 Grey- <br> cast iron |  | 0,00 | 1,20 | 0,00 |
| 5 | PP Copolymer | 24,00 | 0,94 | 22,56 |  |
| 6 | AISI 1015 CD | CHS 50.4 <br> Profile | 6,66 | 0,24 | 1,60 |
| 7 | AISI 1015 CD | Square bar <br> 120 mm | 0,77 | 0,91 | 0,30 |
|  |  |  |  | Total (eur) | 27,75 |

Table 6.3. Catalogue parts costs

| Nr | Item | Q. | Price per unit <br> (Eur) | Sum (Eur) |
| :---: | :---: | :---: | :---: | :---: |
| 1 | SKF Ball Bearing <br> 61910 | 2 | 46,30 | 92,60 |
| 2 | Spur gear 1M <br> 12 T | 1 | 7,21 | 7,21 |
| 3 | Spur gear 4M <br> 65T | 1 | 92,16 | 92,16 |
| 4 | Spur gear 4M <br> 100T | 1 | 131,81 | 131,81 |
| 5 | SKF Ball Bearing <br> 61911 | 2 | 55,61 | 111,22 |
| 7 | SKF Ball Bearing <br> 618/6 | 2 | 6,14 | 12,28 |
| 8 | Rack | 1 | 1 | 72,22 |

Total cost of the supplies is 829,8 Eur.
Transportation costs can be calculated as the $10 \%$ of the supplies costs.

$$
\begin{equation*}
C t=P s \cdot 0,1 \tag{5.1.1}
\end{equation*}
$$

Where Ct are the transportation costs, Eur; Ps are the supplies costs, Eur.
$\mathrm{Ct}=82,98$ Eur.
Total costs of supplies will be $\mathbf{C s}=\mathbf{9 1 2 , 7 8}$ Eur.
The necessary equipment for manufacturing and construction will be hired for two weeks. Except casting process of the grey cast iron and plastic parts, that will be carried out by subcontractors. Equipment costs are presented on Table 6.4.

Table 6.4.Equipment costs.

| $\mathbf{N r}$ | Equipment (including transportation) | Price (Eur/year) |
| :---: | :---: | :---: |
| 1 | CNC JYOTI AX 200Turn-Mill Center | 2000 |
| 3 | Drill IBARMIA A35 | 1850 |
| 4 | Inspection tools | 60 |
| 5 | Tools and consumables | 400 |
|  | Total(Eur) | 4310 |

The approximate costs of the manufacturing tasks, labour included, for the manufacturing of one unit are shown in Table 6.5.

Table 6.5. Manufacturing costs.

| $\mathbf{N r}$ | Task | Price(Eur) |
| :---: | :---: | :---: |
| 1 | Turning | 30 |
| 2 | Milling | 80 |
| 3 | Drilling | 50 |
| 4 | Casting | 500 |
| 5 | Assembling | 40 |
|  | Total | 700 |

Consumables needed for the system to work properly are in table 6.6. Price for 2 weeks.
Table 6.6. Consumables costs.

| $\mathbf{N r}$ | Item | Price <br> (Eur) |
| :---: | :---: | :---: |
| 1 | Gear Lubricants | 100 |
| 2 | Greases for <br> bearings | 100 |

A local is rented in order to manufacture the product. Its costs are shown in Table 6.7.

Table 6.7. Workspace costs.

| $\mathbf{N r}$ | Item | Price (Eur/month) |
| :---: | :---: | :---: |
| 1 | Local renting | 2000 |
| 2 | Electricity costs | 400 |
| 3 | Others | 300 |
|  | Total | 2700 |

Some previous works are carried out on the workspace before manufacturing starts. Costs shown on Table 6.8.

Table 6.8. Previous works costs.

| $\mathbf{N r}$ | Item | Price <br> (Eur/year) |
| :---: | :---: | :---: |
| 1 | Coordination costs | 200 |
| 2 | Workshop tuning | 600 |
| 3 | Machines tuning | 400 |
| 4 | Personal protective equipment | 200 |
| 5 | Unanticipated additional costs | 1000 |
|  | Total(Eur) | 2400 |

The total project cost will be:

$$
\begin{equation*}
C T=C s+C e+C m+C c+C w+C w p \tag{6.1.2}
\end{equation*}
$$

Where Ce are the equipment costs, Eur; Cm are the manufacturing costs per unit, Eur; Cc are the consumables costs, Eur; Cw are the workspace costs,Eur; Cwp, are workspace previous works,Eur.

CT=11222,78 Eur.
The net profit per unit will be approximately the $20 \%$ of the unit cost:

$$
\begin{equation*}
N p=C u \cdot 0,2 \tag{6.1.3}
\end{equation*}
$$

$\mathbf{N p}=\mathbf{2 2 4 4 , 5 5}$ Eur.
The market price of the product will be $\mathbf{P}=\mathbf{1 3 4 6 7}, \mathbf{3 3}$ Eur.


Figure 6.1. Pie chart of costs per unit.

## 6.2- Break even point calculation.

Firstly, is needed to separate the fixed and variable costs, like shown on Table 6.8. Fixed costs related to equipment is calculated like the depreciation costs related to the equipment.

$$
\begin{equation*}
D=\frac{C e}{t} \tag{6.1.4}
\end{equation*}
$$

Where D is depreciation cost, Eur; t is time of usage, it is supposed $\mathrm{t}=5$ years.

Table 6.9. Fixed and variable costs.

| Fixed Costs |  | Variable Costs |  |
| :--- | :--- | :--- | :--- |
| Depreciation of equipment | 862 Eur | Material | 912,78 Eur |
| Consumables | 200 Eur | Manufacturing | 700 Eur |
| Workspace total costs | 5100 Eur |  |  |

Then this formula is used:

$$
\begin{equation*}
O p=P \cdot Q-V c \cdot Q-\text { Total } F c \tag{6.1.5}
\end{equation*}
$$

Where Op is the operating profit, Q is quantity of units; Vc are the variable costs per unit, Eur; Fc are the fixed costs per unit. Eur.

Breakeven point indicates when the product start to be profitable. In order to calculate how many units are needed to be produced and sold in the period specified, two weeks. Operating
profit is set to zero and Q is calculated. Providing a value of $\mathrm{Q}=0,52$. In one year is necessary to product $\mathbf{1 4}$ units of the product.

## 6.3- Payback period.

Initial investment for the project will be of 150.000 Eur (including designing costs, taxes, consultancy, marketing).Payback period is calculated following next formula:

$$
\begin{equation*}
P p=\frac{I V}{P p r} \tag{6.3.1}
\end{equation*}
$$

Where Pp is payback period, years; IV is initial investment, Eur; Ppp is profit per year, Eur.
To calculate profit per year, first is necessary to calculate EBIT, Earning before interest and taxes, which is calculated by:

$$
\begin{equation*}
E B I T=P-V c-F c \tag{6.3.2}
\end{equation*}
$$

EBIT $=5692,55$ Eur. This is the earnings for two weeks. In one year, total profit will be:

$$
\begin{equation*}
5692,55 \frac{€}{2 \text { weeks }} \cdot 52 \frac{\text { weeks }}{\text { year }}=148006,3 \frac{\text { Eur }}{\text { year }} \tag{6.3.3}
\end{equation*}
$$

Replacing on formula 6.3.1 Payback period $=1,01$ years $=\mathbf{1 2 , 1 6}$ months.


Figure 6.2. Payback period`s graphic.
Almost in one year the product becomes profitable.

## 7. CONCLUSIONS AND RECOMMENDATIONS

The initial conception of this project comes from the idea of trying to improve dependent people`s life by designing a system that helps them to get up from bed . Like it is mentioned on the literature review, it already exists systems like transfer cranes which help dependant people to move from bed to another place, but always requiring another person`s help to manage the crane.

- System designed can be managed by the patient himself.
- It does not need previous works to be installed.
- It can be adaptable to different beds and person size.
- It can be portable.
- The system can work until 160 kg .
- In 26 seconds can put a person in a sitting position.

These objectives have been achieved by designing two independent machines managed by a remote control.

Some improvements can be done in future projects related:

- Shafts have been studied in a fatigue case, not in a static one like it was done with the arm. Static study could be done to the shafts with a more restrictive criteria than the Von-Misses one, which is more optimistic than others.
- Back's design can be more ergonomic doing a proper anthropometric study.
- Back could move out of bed in order to allow user to sleep more comfortable.
- Protective casing could be lighter improving its design and making it thinner.
- Wheels could be added in order to ease system`s displacement.
- Costs could be reduced by mass production and doing better materials study.

ANNEXES



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SECTION A-A

$$
\sqrt{\operatorname{Ra} 3,2}^{\operatorname{Ra})}
$$




