# The History of the Seven Wise Mistrisses of Rome (1663) as Children's Literature: Textual History, Gender and Folktale Motifs 

The History of the Seven Wise Mistrisses of Rome (1663) como literatura infantil: historia textual, género y motivos de la literatura popular

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#### Abstract

This article analyses The History of the Seven Wise Mistrisses of Rome, attributed to Thomas Howard, and traditionally underrated by literary critics and historians as a mere imitation of the Seven Sages, despite its enormous success. The early parts examine the literary and editorial relationship with its source text, and Howard's prefatory "Epistle." The latter parts concentrate on the frame story and the fifteen exemplary tales. Special attention is drawn to the gender/feminist issues in the original extension of the frame story, and to the folktale motifs displayed in this compilation, stylistically and thematically conceived to help children improve their reading competence. Keywords: Restoration fiction; The Seven Wise Mistresses of Rome; gender; folktales; children's literature. Summary: Introduction. Wise Mistresses and Its Source Text. Thomas Howard's Prefatory "Epistle to the Reader." The Frame Story. The Exemplary Tales. Conclusion. Appendix.

Resumen: Este artículo analiza The History of the Seven Wise Mistrisses of Rome, atribuido a Thomas Howard, y tradicionalmente infravalorado por la crítica e historia literarias como una simple imitación de Los siete sabios de Roma, a pesar de su enorme éxito. Las dos primeras partes examinan la relación literaria y editorial con el texto fuente, y la epístola inicial de Howard. Las partes finales se centran en la historia principal y los quince cuentos moralizantes. Especial atención merecen los temas de género/feministas en la novedosa extensión de la historia marco, y los motivos de cuentos populares presentes en esta colección, estilística y temáticamente ideada para ayudar al público más joven a mejorar su competencia lectora.


Palabras clave: Ficción de la Restauración; Las siete sabias de Roma; género; literatura popular; literatura infantil.
Sumario: Introducción. Wise Mistresses y su texto fuente. Thomas Howard y su "Epístola al lector". La historia marco. Los cuentos moralizantes. Conclusión. Anexo.

## Introduction

Killis Campbell only mentioned The History of the Seven Wise Mistrisses of Rome (henceforth Wise Mistresses) in a footnote in his study of The Seven Sages of Rome (1899). He described it as "a chap-book modelled after the chap-book version of the History of the Seven Wise Masters of Rome [henceforth Wise Masters], and a sort of counterpart to it. . . . [B]ut, though very interesting, they possess little value" (93). Campbell's assessment was correct. Firstly, if Wise Masters is a prose version of the rich tradition of the Seven Sages romances, Wise Mistresses signalled a further alteration by featuring female characters in the main roles, while both books increasingly targeted younger readers in format and language. Secondly, their interest is unquestionable. They proved to be highly successful as children's literature and were in great demand until 1850. However, while Wise Masters still attracts scholarly attention, Wise Mistresses has been criticised rather badly, ${ }^{1}$ and remains almost ignored, even though-unlike The Seven Sages and Wise Masters-it was a purely English project. It is traditionally collected in bibliographical lists of seventeenth-century fiction, but rarely mentioned in scholarly studies. Margaret Spufford only indicated that Pepys kept a copy (225), and Paul Salzman classified it as "Didactic Fiction," describing it as a "series of exempla in romance frame" (359), but omitting any reference to its target public. This essay will attempt an introductory analysis of Wise Mistresses as a children's book-with special emphasis on gender issues and folktale motifs-by focusing on its relationship with its source text, Thomas Howard and his prefatory letter, the traditional frame story and its new extension, and its fresh compilation of exemplary tales.

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## 1. Wise Mistresses and Its Source Text

The History of the Seven Wise Mistrisses of Rome was first published in octavo format in London in 1663, "Printed for M. Wright, at the Kings Head in the Old Bailey" (fol. A3r). ${ }^{2}$ It has always been attributed to Thomas Howard, the signatory of the prefatory letter. According to the Stationers' Company register, "Mrs. Mary Wright" entered Wise Mistresses on 10 April (Eyre 322). Since she was active in the book trade from 1658 to 1662 (Plomer 198), and perhaps until 1664, she was more likely the widow of John Wright than the wife of his namesake son, who edited Wise Masters in 1673, 1677, 1682 and 1684, always announcing stock availability of Wise Mistresses in the advertisements. After 1687, Wise Masters was published by Wotton and Conyers, who also financed the next extant edition of Wise Mistresses in $1686 .{ }^{3}$ It was revised and updated in the early eighteenth century, when it also appeared under Roman Stories and in abridged editions. By the end of that century, it had been published several times in America. The book totalled over forty editions by 1850, when it was last printed in Dublin jointly with Wise Masters.

The first printer of Wise Mistresses was probably Robert Ibbotson. He had worked for Mary Wright in the publication of Thomas Gouge's Christian Directions in 1661 (Plomer 198), and his initials "R. I." coincide with the printer of the 1656 edition of Wise Masters for Edward

[^1]Blackmore, who died in 1658. In fact, the printer of Wise Mistresses uses the same material as in the previous editions of Wise Masters: black-letter font for the body text; Roman type for the prefatory letter, headings, indented quotations of poems and one letter, and characters' names; italics in the prefatory letter; ornamental glyphs, as well as the illustrationsdesigned for the 1633 edition by Thomas Purfoot and reproduced in the next two editions of 1653 and 1656-even though they obviously did not depict any scene from Wise Mistresses.

One of the printing novelties of Wise Mistresses was a woodcut factotum for the initial S. It apparently depicts the imperial couple of the framework story - the empress and the late emperor, linked by the rose emblem of England. Maureen Mulvihill has shown that it was already used in 1660, and later, in 1679, in a poem which she attributes to Lady Mary Villiers, maid of honour to Queen Henrietta Maria and wife (in her third marriage) of Thomas Howard. ${ }^{4}$ The other printing novelty-this time exclusive for Wise Mistresses-was a poor woodcut as frontispiece, portraying the nine female characters of the frame story, i.e., the seven ladies, Princess Sabrina, and Empress "Lucresius" (fol. B1r).

The question whether the Empress's name was an intentional antiphrasis or a mistake by the staff seems controversial. Her name only appears in the opening sentence, and she is identified as the "Empress" or "her mother" from then on. Thomas Purfoot had chosen the image of Lucretia stabbing herself as the emblem of his bookshop and his publications, in which he would insert a woodcut colophon depicting the Roman maiden, as in his 1633 edition of Wise Masters. Thus, like a Derridean spectre, the choice of the Empress's name for Wise Mistresses suggests a posthumous tribute to Thomas Purfoot and an acknowledgment of the source text. However, the masculine instead of the feminine form of the name may be problematic. Perhaps there was no proofreading, the mistake was overlooked, or simply assumed to be the correct name. In any case, the masculine ending was maintained in the 1686 edition, despite a new typesetting. ${ }^{5}$ If it was a kind of intentional antiphrasis (i.e., "A figure of speech by which words are used in a sense opposite to their proper meaning" OED), the interpretation is twofold. The masculine name would

[^2]invest the Empress with manly authority and dignity; but it could also denote a male public identity of somebody who is actually a woman, possibly mirroring the same relationship between the signatory of the prefatory letter (Thomas Howard) and the true writer of the exemplary tales, who could also have been a woman, as will be hinted in the following sections.

Wise Mistresses reproduced the same frame story of Wise Masters, but reversing the characters' sex and extending Sabrina's history until her death. Thus, Emperor Pontianus, Prince Dioclesian and his step-mother the young Empress were respectively changed into Empress "Lucresius," Princess Sabrina and Governor Radamentus. In the frame-story extension, Sabrina's husband King Alexander of Egypt was taken from Dioclesian's story in the source text. Like the wise masters, the wise ladies-Halicuja, Mardula, Cicre, Penthisilia, Debora, Dejanara, and Boadicia-were not personages of the history of Rome, except perhaps Cicre, Circe. In fact, no historical background, literary or mythological association, or biographical sketch is ever given in the book. They merely act collectively; the narrator does not even indicate the teller of all four stories, but only their ordinal numbers. Except Halicuja and Mardula, their names were not unfamiliar for the average mid-seventeenth-century audience. Moreover, the lives of Amazon Queen "Penthisilia," biblical "Debora," and Celtic "Boadicia"three powerful, non-Roman female leaders-had been written by Thomas Heywood in The Exemplary Lives and Memorable Acts of Nine the Most Worthy Women in the World in 1640. In this respect, besides the tradition of the Seven Sages, Wise Mistresses can also be ascribed to the tradition of Chaucer, and Boccaccio before him, ${ }^{6}$ foregrounding good women to thwart the misogynist slant in the characterisation of the step-mother- the Empress-as a plotting, ambitious, incestuous and adulterous woman in Wise Masters, inherited from the Seven Sages.

## 2. Thomas Howard’s Prefatory "The Epistle to the Reader"

Wise Mistresses has always been attributed to Thomas Howard because he signed the prefatory "Epistle" and his authorship was stated in the advertisements of the book; but his identity-whether a real name or a pseudonym-remains uncertain. Maureen Mulvihill has recently proposed

[^3]two candidates. For her, the "the most sensible . . . and satisfying candidate for the authorship" is the 14th Earl of Arundel (1585-1646). As he died in 1646, it is highly unlikely he wrote a preface for a female version of Wise Masters and recommended it as an alternative to "hard books appertaining to Divine Knowledge" (fol. A7r) for improving reading competence in schools, placing it at the same level as "Historical Fables" (fol. A7r). Even so, the use of Howard instead of Arundel would have echoed the moral prestige of the "Father of vertu in England," while dissociating the "Epistle" from his authorship.

The second candidate is "Colonel Thomas Howard" ("Northern Tom"), ${ }^{7}$ who married Mary Villiers secretly in 1664, once the matter of a duel in 1662 had been cleared up. This other profile of Thomas Howard as a military man, a duellist, and childless does not portray the pedagogic sensibility required to write the extension of Princess Sabrina's storyapparently, the only original part of the book-and much less somebody with enough authority and credibility in the eyes of his contemporaries to preface and recommend a book for the young. However, as Mulvihill has argued, Wise Mistresses, "surely intersects with the explicitly feminist tastes of . . . Mary Villiers . . . ; for [it] praises wise women, . . . [and was] published and sold by a woman . . . , a fact which would have pleased a reader of Mary Villiers' feminist leanings." Indeed, whoever adapted the misogynistic Wise Masters would have had similar qualities to a schoolmaster or a governess, such as the one Mary Villiers would have employed for her daughter, aged nearly twelve when the book was published.

The possibility of a ghost (female) writer should not be discarded. Howard is ambiguous in this matter. In the "Epistle," he-perhaps rhetorically-detaches himself from the authorial figure when he declares: "if thou wouldst ask the Author from whence he gathered all these varieties of Delight? He doth answer . . ." (fol. A5v); but, in the end, he claims that his compilation task took "some certaine yeares" (fol. A6r) and endorses his achievement: "as I have taken the pains in Collecting it, so do thou spend thy labour in Reading it" (fol. A7v). A comparison of the preface with the main text does not solve this question. While the tone of "Epistle" features a resolute male engaged in one way or another in children's education, the unadorned style and simple language of the new tales hinder any conclusive ascription of the main text to either gender. In any case, the

[^4]example of Madelaine de Scudéry in France evinces that the customary procedure for women writers was to publish fiction under a male name (or anonymously), while the opposite would trigger a scandal, best instanced by Margaret Cavendish who, like Villiers, was a maid of honour to Queen Henrietta Maria.

Even though the masculine form of the Empress's name may be indicative of a female pen and a male public author, Wise Mistresses is far removed from Cavendish's radical (proto-)feminism. Nonetheless, the book shares her same agenda of elevating the condition of women, but never explicitly revealing that it was a gender counterpart of Wise Masters, or naturally addressed to girls. Perhaps the publication of Wise Mistresses may seem irrelevant for contemporary feminism, but one should bear in mind that, in 1663, the book was not even conceived as entertainment for adults; however, it provided girls in particular with a compilation of tales which mirrored their sex in the main roles, and fictionalised women as sites of wisdom and artificers of justice.

A comparison of the "Epistle to the Reader" with other prefaces of Wise Masters and Wise Mistresses shows their development from high literature to popular chapbooks especially suitable for children. The first preface to Wise Masters was written by Thomas Greene to "the learned Reader" (fol. A2r) in the 1576 edition by Thomas Purfoot. Greene's main concern was to justify the updated spelling and diction, attributing the faults to the "stile of this translatour" (fol. A2v). It was reproduced in the 1602 edition. In the 1633 edition, Thomas Purfoot (junior) removed the adjective "learned" from the reader, and devoted his preface to marketing the book in several ways: by spotlighting the beautiful illustrations "to my great cost" (fol. A2r); by variously describing the stories as "example," alluring "tales and fables," (fol. A2r), and "fabulous storie" (fol. A2v); and by elaborating an extraordinary interpretation of the moral teaching and allegory of Wise Master (i.e., the traditional frame story of the Seven Sages):

The Emperor may signifie the World, who hauing but one only beloued Sonne (who is MAN) him to bring up well, is all his care. But Man, loosing his owne Mother (who is Reason, or divine Grace,) and falling into the hands of his Step-mother, (signifiying Sinne) who is an Empresse of great bewitching, and one that Commaunds the World, shee workes by all meanes possible to utter confusion of Man. . . . . hee [Man] hath Seaven wise Maisters,
which are Seaven liberall Sciences, to give him wholesome instructions, and by these helps saue him from mortall danger. (fols. A2v-A3r)

This preface was reprinted in 1653 and 1656 by Edward Blackmore, and in the subsequent editions by John Wright, at least in 1673 and 1677.

In 1663, Howard described the subject of Wise Mistresses in terms of "Counsel and Wisdom" (fol. A4v), its form as "Examples and Declarations to a Moral Sense" (fol. A5v), and its moral message as "the platform of sincerity, Truth, Zeal and Fidelity; whereby Treason is discovered, Truth is advanced, Treachery is executed, Vertue is exalted, and Vice is confounded" (fol. A5r). The most substantial part of his epistle aims to defend the genre of history as a literary art.

Perhaps influenced by the classics, he remarked on the capacity of history for preserving past events and lives unforgotten and unaffected by the limitations of time and space, but his short exemplary "histories" are untouched by any principle of modern historiography whatsoever. In fact, "Rome" could be replaced by any other city. There are tales set, for example, in China, Cappadocia, or Burgundy, and Princess Sabrina became the ruler of the "Eastern part of the World" (fol. L7r) in the Kingdom of Epirus. Instead, Howard defended his "histories" for their moral instruction and literary beauty. He linked the moral teachings, which the reader could extract from the profane stories, with religious instruction when, in a short paragraph, he recalled the Last Four Things: "From all which thou wilt learn, Vanity to contemn it; Death to expect it; Judgement to avoid it; Hell to escape it; and Heaven to desire it" (fol. A5v). He also remarked on the stimulating charm of this genre for young readers: "Therefore History ought to be praised not contemned; for it doth encourage Youth through the pleasantness of the Story, whereby he doth sooner attain to his English Tongue, and is still more desirous to read further" (fol. A7r).

In the late seventeenth century, these tales were commonly used in schools. In his preface to Prince Eratus (1674), Francis Kirkman recommended Wise Masters in particular and mentioned the great esteem it enjoyed in Ireland, where "Children are in general put to read in it, and I know that only by that Book severall have Learned to read well, so great is the pleasure that young and old take in reading thereof" (fol. A2r). The educational usefulness of Wise Mistresses was also explicitly underlined in both prefaces of the two versions published in the early eighteenth century. In the updated, revised, and shortened note in G[eorge] Conyers's
edition of around 1705, it was described as "fitting to be Taught in all Schools" (fol. A3v). Similarly, the one-page note "To the Reader" in George Conyers's edition of Roman Stories addressed it to children for its content and style: "This small Book . . . , by the diverting Stories therein, encourages and allures Children and Youth to learn to read English; for which End it is written in an intelligible and easy Style, adapted to the meanest Capacities" (fol. A2v; original emphasis). Both reproduced Howard's formulation of the book's moral message (quoted above). However, the note to the traditional text maintained the reference to the Last Four Things, possibly to meet the taste of the more conservative public, while the note to the Roman Stories reworded the fourfold benefits of reading "Histories," which Howard had originally pointed out: "For in Histories are to be found numerous Delights pleasing the Fancy, expelling Melancholly, sharpning the Wit, illuminating the Understanding, and refining the Tongue to the purity of all Oratory" (fol. A6r). The publisher of Roman Stories strove to modernise Wise Mistresses by retitling it, and by revising the language and the extended part of the frame story to give it a more tenable (or, at least, less strikingly fictitious) Roman historical background. Moreover, in T[homas] Sabine's edition of Roman Stories [circa 1795], the addition of two extra short stories or "Choice Novels" (1) at the end, ${ }^{8}$ "A Pleasant Story of the Unhappy Counterfeit, or Fortunate Gipsey" and "A Remarkable Story of the Gratitude of a Reformed Whore," suggests a wider profile of potential readers than young learners.

## 3. The Frame Story

The frame story replicates the Wise Masters plot, but reversing the characters' sex. Thus, after the introduction of the Empress "Lucretius" and her daughter Sabrina, we learn that the Emperor, on his deathbed, asked his wife to give the princess the best education and to employ a governor to assist her in the state affairs. It was decided that seven wise mistresses would educate Sabrina (in ecclesiastical and civil wisdom, natural philosophy, all arts and sciences, and marvellous things) and that Radamentus would aid the Empress. Seven years later, Radamentus plotted Sabrina's destruction through a law whereby anyone found guilty of fornication or adultery would be punished with the death penalty. He persuaded the Empress to bring Sabrina back to the palace. On receiving

[^5]the order, the mistresses read in the stars Radamentus's intentions and the perils awaiting Sabrina. They also advised her to utter only one word-justice-and to remain silent for seven days, and this she did. Ramadentus tried to seduce her. On rejection, he accused her of fornicating with another. The Empress commanded her to be burned at the stake, but the court tried to change her mind. Sabrina was imprisoned instead. Radamentus told the Empress a tale to convince her to carry out the sentence. When Sabrina was being taken to the stake, the first mistress appeared in her defence and succeeded in stopping the execution while she told the Empress a story. Radamentus complained further and gave a second example, which was counteracted by another mistress, and so on for seven days, after which Sabrina was allowed to speak. She revealed Radamentus's wicked plot and treachery, and had his favourite stripped naked to show that "he" was indeed a woman. Sabrina also told a tale-an abbreviated variation of Dioclesian's example in Wise Masters, reversing the sex of the main characters. Radamentus and his concubine were sentenced to death. When the Empress died, Sabrina was crowned, and renowned for her wisdom and power. The imitation of the Wise Masters' frame story ends here.

The original extension of it covers Sabrina's life until her death. She became a powerful and respected monarch. No nation declared war against her, except the Tartars, whom she defeated with the invaluable assistance of "a champion in her army called Gorgon, a giant" (fol. L8r). Sabrina married King Alexander of Egypt. The King of "Syra" invaded her realm of Epirus. Sabrina and Alexander were forced "to flye into an uninhabited Island, wherein they spent the remnant of their dayes with three other petty kings. Soon after Alexander dyed, and his Empress, who in a Sepulchre which he hewed out himself, they were both interred" (fol. M7r). ${ }^{9}$ The story concludes with the epitaph on their tomb.

This narrative coda is significant in at least three ways. Firstly, unlike Margaret Cavendish' Empress in The Blazing World (1666), Sabrina portrays a much more radical empowerment of women by becoming monarch in her own right and in her own realm, and-despite her youth and singleness-by governing judiciously through her own wisdom and

[^6]virtue, gaining the respect of other kings. Yet, Cavendish's transgression was stronger. While Wise Mistresses was popular literature for the young, an adaptation of the Wise Masters' plot, and written by or attributable to a male author, The Blazing World was a wholly original piece for learned readers and authored by a famous noblewoman who had already provoked considerable scandal for that reason alone. Secondly, Alexander's poetical expression of love for his wife, "O Sweet Sabrina" (fols. M3v-M5r), is followed by a turn in their fortunes and bliss when the King of "Syra" challenged and defeated the couple's armies, and laid waste to Egypt and Epirus. The apparently unhappy ending of Sabrina and Alexander's surrender and subsequent exile taught a moral lesson about the transience of earthly happiness and the dramatic reversals of fate, which the characters nobly endured through the consolation of their mutual love. Thirdly, the choice of the name "Gorgon" for the giant in Sabrina's army is problematic, as it raises doubts about the male authorship of the text. According to Sigmund Freud, the Medusa's head is linked with "the terror of castration" (105). He argued that the goddess Athena was unapproachable because she wore this symbol on her dress. Similarly, Sabrina is also unapproachable because she is shielded by Gorgon. Yet, the giant's "petrifying" efficiency against the enemy is not caused by the representation of the "horrifying effects" (106) of female genitals, since he is male. Instead, he bore a (phallic) club "like the mast of a Ship" (fol. L8r). In the same essay, Freud adds that "the erect male organ also has an apotropaic effect . . . . To display the penis (or any of its surrogates) is to say: I am not afraid of you. I defy you. I have a penis" (106). Gorgon symbolically displays Sabrina's power at war (the most masculine activity in seventeenth-century England), while she remains wholly feminine.

Gorgon's exaggerated height and deeds certainly demolish whatever credibility the story may claim, even though such marvellous types and episodes were to be expected in romances at any point of the plot. The mindful and playful narrator lets the (young) audience decide on the factuality of the Gorgon episodes: "But whether you may take this to be incredible or no, Ile leave that to your judgement" (fol. M1r); thus, this sudden display of wonder reinforces the suspension of disbelief in the rest of the frame story.

## 4. The Exemplary Tales

Like its source text, Wise Mistresses contains fifteen tales, alternating each example told by Radamentus with one by each of the seven ladies in the sixth chapter, followed by the example of Sabrina, which is part of the frame story and, thus, placed in the next chapter (wrongly numbered 6). They bear no similarity to the Wise Masters stories, except " 1 R "10 about a magic well-a variation of the magic tree in the first example of the Empress-and the first part of Sabrina's example. A comparison with Wise Masters evinces that the narrative elements of the new compilation were purposely simplified; however, the new tales were selected and arranged to generate a more consistent and sustained debate between Radamentus and Sabrina's female defenders about the conflict at hand.

Like in Wise Masters, Radamentus's elucidation of the allegory in " 1 R, ," whereby the well and the spring respectively symbolise the Empress and Sabrina, outlines his view of the situation. "Debora" (fol. C7v), or "Hallicuja" (fol. D2v), contests Radamentus's views by telling a story that sharply pinpoints a treacherous counsellor at the core of the conflict. As a counterargument, Radamentus abandons the allegory, describes the present facts with a tale that mirrors the frame-story events from his perspective (i.e., spotlighting the daughter's evil nature), and forecasts a most tragic denouement. His next tales warn of the perils of believing in deceitful wise women, neglecting sensible advice, and indulging inveterate evil daughters-a theme he foregrounds in his last tale. Meanwhile, the mistresses tell stories about treacherous employees and councillors, and the fatal consequences of taking hasty decisions based on unverified evidence. Their concluding story portrays a mighty, rich widow cheated by her administrator's (a minister) deceitful language. This is the sole story close to the fabliaux, which abound in Wise Masters. In Wise Mistresses, they are substituted by tales more appropriate for the Empress and young readers, ${ }^{11}$ involving children or young characters, animals and witches, but

[^7]equally avoiding-though not suppressing-magic and the supernatural. ${ }^{12}$ Moreover, the characters are archetypal, the plots even more episodic and, in general, the style is simpler.

Howard's emphasis on the arduous gathering of the tales suggests they are not original, but variations, adaptations, abridgements, and combinations, of existing stories. In the "Epistle," he claimed he had collected them from "various sorts of Histories: as, Plato, Virgil, Ovid, Dares, ${ }^{13}$ old Homer, and divers others" (fol. A5v). However, the tales seem not to have been derived directly from their works, except the adaptation of Dares' account of the Trojan War in " 4 M ," unless he was also considering the manifold medieval retellings of the classics.

Similarly, it is possible that a medieval adaptation of a classic hero's return from the underworld could have inspired the agreement between the lady and the Charon-like Devil in "2M." This story is the most complex in the collection. The main motif-an unverified report causes the killing of a grateful and loyal lion-is preceded by a sequence of unrelated episodes inspired by several sources, including an underlying pattern of the Parable of the Prodigal Son. This story also contains a variation of "Androcles and the lion," popularised for young readers through Aesop's Fables ("The Slave and the Lion") and Gesta Romanorum, chapter 104 (Swan 18082 ), ${ }^{14}$ whose chapter 27 partly inspired " 6 R " as well. The shadowy hand which wrote the enigmatic words on the wall in Sabrina's example is borrowed from the biblical Belshazzar's feast in the "Book of Daniel." Robert Greene's Pandosto (more precisely The Pleasant Historie of Dorastus and Fawnia), rather than Shakespeare's Winter's Tale, is the source of Debora's tale, " 5 M ," which, though set in China, manifests an uncommon preference for the national rather than the classical or contemporary European literary background. This tale is one of the best in the collection, together with " 3 M ," the most accomplished one, which can be read as an allegory against predestination. The examples also tend to narrate events likely to happen in their pre-scientific, popular view of the world, though hard to believe, as in " 3 R ," about witches transformed into

[^8]cats whose limbs, when severed, return to their former appearance. Stories of this kind exist in the folklore of every European country, but the famous case of the witches of Thurso in early eighteenth-century Scotland proves that such incidents could be heard long after Wise Mistresses was published.

Wise Mistresses shares with Wise Masters and Gesta Romanorum their educational usefulness for improving reading beyond the verbal reproduction of the written signs. The stories are followed by an explanation, which is longer after the tales of Radamentus, who delves into the figurative, allegorical meaning, usually in separate sections called "The Declaration of the Example." The instructive purpose of the book may constitute a reason to exclude it from the canon of children's books. In 1932, Harvey Darton defined children's books as "printed works produced ostensibly to give children spontaneous pleasure, and not primarily to teach them, nor solely to make them good, nor to keep them profitably quiet" ( 1 ; original emphasis). He also situated the emergence of this genre as a distinctive branch of English literature in the mid eighteenth century, remarking that "there were no children's books in England before the seventeenth century, and very few even then" (1)-among them Aesop's Fables and a few romances, though he also mentioned Wise Masters in passing (37). In 1954, Percy Muir tried to expand Darton's canon in what he called "The Prehistoric Age" (23-44), i.e., before 1740, but none of these titles was mentioned. In 1989, Mary Jackson contended that "major developments in children's books reflect diverse influences from the adult world and reflect the nearly universal assumption that children were resources to be molded or engineered to needs and specifications determined by a prevailing social standard" (xi). Her brief comment on Wise Masters alluded to the Arabic, probably Sanskrit, origin of the frame story and its misogynist plot (62-63). Wise Mistresses, however, was once again ignored despite its extraordinary relevance in the history of children's literature in Britain. Unlike Wise Masters-it was not a children's "adopted" book, ${ }^{15}$ but originally addressed to the younger readership. Moreover, the gender inversion of the frame story (and the corresponding selection of tales) was not an imported design, but an English one. Also, though almost every exemplum ends with a death (either by justice or despair), the innovative extension of the frame story

[^9]accentuates the purely entertaining, pleasurable reading from the giant Gorgon's episodes and King Alexander's long poem to Sabrina. Furthermore, following the model of Wise Masters, the tale allegories are interpreted in terms of the frame-story plot, rather than Christian doctrine and morality as in Gesta Romanorum.

The scholarly disregard of Wise Mistresses is shared by many other chapbooks of prose fiction likely printed for the younger public in the early years of the Restoration, such as The Noble Birth and Gallant Atchievements of Robin Hood (1662), Nicolas de Herberay's Don Flores of Greece (1664), as part of the Amadis of Gaul revival in the 1660s, Charles Croke's picaresque Fortune's Uncertainty, or Youth Unconstancy (1667), and the closing three little "novels" in Richard Preston's Angliae speculum morale (1670). Each one of these titles represents a different genre, attesting to the variety available on the market for young readers. In this literary spectrum, the tales of Wise Mistresses, imitating the medieval flavour of their hypotext, simulate or actually emanate from popular, folktale literature (though they are too modern to become a classic).

The analysis of Wise Mistresses as folktale literature sets out to identify the folktale motifs as catalogued by Stith Thompson in MotifIndex of Folk-Literature (1955-1958), this being the most widely accessible edition. ${ }^{16}$

Regarding the frame story, Gorgon falls into the category of giants (F531) and his enormous weapon in the entry F531.4.5. Wise Masters is indexed as "youth educated by seven sages" (J141). However, in Thompson's translation of Antti Aarne's The Types of the Folktale, another version (The Prince's Seven Wise Teachers) was initially registered by the Finnish folklorist (875D*) and later indexed by Thompson in the motif of "Potiphar's Wife" (K2111).

In the tales, as the appendix makes clear, $50 \%$ of the motifs fall in group K ("Deception"), especially related to slander, false accusation, hypocrisy, treachery and villainy. Sometimes a narrative element is not exactly described by Thompson's formulation of very precise motifs. For example, the four-coloured cat in " 3 R " comes under the type B731.0.1, "animals of strange and varied coloring." However, while Thompson

[^10]added a subtype for "polychromatic dogs" (B731.6.0.1), none exists for such cats. Furthermore, the reversal of the main characters' sex in Wise Mistresses can also prove a source of new motifs. For example, within type K2214, which applies to "treacherous children," subtype K2214.3 features a "treacherous son: leads revolt against his father," yet in " 2 R " it is a daughter who challenges and annihilates her mother. Other episodes, such as the uncommon pact with the devil in " 2 M " (as the woman succeeds through her good deeds, symbolised by the lion), and the father's request that the wise knight name his ill-fated son and be his godfather in " 3 M " may also be instances of unrecorded motifs in folktale literature.

## Conclusion

Although Wise Mistresses has only been referred to as a chapbookimitation of the Wise Masters (and this rarely), it was a remarkable publication in many respects as this introductory essay has tried to show. Wise Mistresses originally targeted a younger readership; but, like many other books in the early Restoration period, it has not yet been acknowledged as children's literature. Despite being didactic fiction, the tales were considered so entertaining and alluring as to stimulate young learners' reading skills.

Owing to the simplified narrative elements and the educational purposes, the resulting book lacks literary lustre. Yet, it is a valuable English text because it pioneered feminist implications in early modern children's literature. The very project of reversing the misogynistic bias of Wise Masters heralded a significant innovation in the early years of the Restoration, when romances bearing a single female name proliferated, while female novelists or playwrights remained a source of scandal. In this context, veiling the gender implications of Wise Mistresses and highlighting the book's educational benefits would allow it to be accepted by the general public, while providing female readership in particular with a text in which women are the source of wisdom and moral instruction. Whether or not Howard actually wrote the book and whether his identity was true or fictional are matters that remain unclear; but his role as a protective social shield to conceal a female author is strongly suggested, especially by the figure of the giant Gorgon in Sabrina's army. Furthermore, Sabrina's education, virtue, and wisdom epitomised the ideals of the period's incipient feminism, best represented by Margaret Cavendish's agenda.

The discussion of the book's textual history and tales shows that Wise Mistresses is rooted in the folktale genre, though it is not a classic. The appendix to this essay provides a full description of the motifs in all fifteen tales. While some of them exactly match Stith Thompson's formulation, others may be regarded either as variations or even as uncommon, uncatalogued subtypes (e.g., the daughter's conspiracy in " 2 R ," the Devil episode in " 2 M " or the child naming in " 3 M "). In any case, while the ascription of Wise Mistresses to folktale literature might be questionable for its modernity, though not for its popularity, it should not be forgotten that it became the best-selling book of fiction originally published in England in the 1660s, and was widely read in Britain, Ireland and North America for two hundred years.

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## APPENDIX

This appendix provides detailed information about the folktale motifs in the fourteen exempla and Sabrina's story. It identifies both the main motif(s) and the secondary ones. A broad category reference is sometimes indicated either because the particular motif is not indexed, or it does not match any other subtype in that category. For this reason, there are two columns: one for the indexed motifs, and another for those that may illustrate a new subtype. In general, the sign * denotes the main motif/s; letters in superscript indicate other motifs; and "cf." is used for similar or related motifs. However, when the latter could potentially constitute nonindexed motifs, they will be marked with the symbols $\dagger, \ddagger, \S$ and listed in a separate column.

| Abbreviation, | Summary | Thompson's |
| :--- | :--- | :--- |
| title, \& |  | motifs | | Non- |
| :--- |
| indexed |
| signatures |$\quad$| motifs |
| :--- | :--- |


| 1R | A Cappadocian lady had a garden with a <br> magic healing well. ${ }^{\text {a She saw a small }}$ <br> spring flowing from a rock and asked <br> the gardener to hew the rock to make a <br> fountain from the spring. As the stream <br> was deep and the main current flowed to <br> the well, she ordered the destruction of <br> Example of <br> the well, believing the spring would <br> provide better water. But the water <br> tasted bitter because the stream ran <br> through a tin mine. Whosoever bathed <br> there would suffer from putrefied sores <br> and increasing pains.* | ${ }^{\text {a }}$ Magic well, D926; <br> cf. Magic healing <br> fountain, D1500.1.1 |
| :--- | :--- | :--- | :--- |
| C6r-C7r maims, D1403.2 |  |  |



3R

The third Example of
Radamentus.
E1v-E5v

A lady from the Kingdom of Utergo sent her only daughter to be educated by a learned mistress who was indeed a witch. $\dagger$ After seven years, the girl could transform herself into a cat.* The lady sent for her and she came with the mistress, who promised to present the lady with the finest cat if she could educate her daughter for seven more years. The lady accepted. The mistress delivered the girl transformed into a multi-coloured (black, red, green and yellow) cat, ${ }^{\mathrm{a}} \ddagger$ which began to steal.* The cat seriously injured the lady, who decided to return it and reclaim her daughter. She gave the girl a ring. At night, the daughter would adopt the shape of a cat and visit a nearby mill where she would meet five other cats.§ The mill worked by night. A man who tried to solve the mystery was found dead, and then another. A third man managed to disperse the cats, severing the front paw of one of them: the paw became a hand with a ring. $\dagger \dagger$ The lady saw it belonged to her daughter ${ }^{\text {b }}$ and sentenced her to be burned at the stake.

| * Witch in form of cat, G211.1.7 | $\dagger$ Sham wise man [woman], K1956 |
| :---: | :---: |
| ${ }^{a}$ Animals of strange and varied coloring, B731.0.1 | $\ddagger \mathrm{cf}$. <br> Polychromatic <br> dogs [cat], <br> B731.6.0.1 |
| * Treacherous daughter, K2214.1 <br> ${ }^{\mathrm{b}}$ Identification by | $\S$ cf. Castle (house) [mill] infested by demon cats, F771.4.2.1 |
|  | $\dagger \dagger \mathrm{cf}$. Witch in form of cat has hand cut off: recognized next morning by missing hand [the paw turned into a hand], G252 | A knight, staying overnight in a forest house, heard the host's wife in labour.

The Example of the third Mistris.

E7r-F4r

By the position of the planets, ${ }^{\text {a b }}$ he predicted the child was destined to be hanged.* He begged to delay the birth a few minutes, but the wife could not. The host asked the knight to name his son (be his son's godfather). ${ }^{\text {c }} \dagger$ He wrote the child's destiny in a parchment, sealed it, and placed it around the child's neck on a string. He instructed the father that the child should learn to read so as to know his destiny, and should constantly pray to God to relieve him of his misfortune. In due course, the boy opened the parchment and went out to meet his fate He was employed by a knight and twice promoted for his efficiency, but also envied by other servants, who plotted against him and accused him of stealing.* The knight interrogated the young man who proved both his truthfulness and identity, when he showed the knight the parchment that he had written. ${ }^{\text {d }} \ddagger$ The servants were hanged and the young man saved.*
${ }^{\text {a }}$ Horoscope taken by $\quad \dagger$ cf. Naming of means of stars, children, T596 M302.4
${ }^{\mathrm{b}}$ Astrologer, P481

* Prophecy: death by hanging, M341.2.23
[since the narrator never gives the child's name, this act of naming (or baptism), triggers an allegorical reading of the tale]
* False accusation of $\ddagger$ theft, K2127
${ }^{\mathrm{d}}$ Identification by token, H80
* Fulfilment of prophecy successfully avoided, M391.1
$\ddagger$
Circumstances of recognition, H150
(cf. Recognition by cup in sack: alleged stolen goods, H151.4 [as in biblical Joseph's life]).

$\left.\begin{array}{lll}\hline \text { 5M } & \begin{array}{l}\text { Debora's tale is set in China, where a } \\ \text { virtuous queen married a great eastern } \\ \text { king, who had an influential counsellor. }\end{array} & \begin{array}{l}\text { * Woman slandered as } \\ \text { adulteress, K2112; }\end{array} \\ \text { the Example of Mifthis. } & \begin{array}{l}\text { Soon after the marriage, the king had to } \\ \text { leave for half a year. During this time } \\ \text { the queen became pregnant. The } \\ \text { counsellor wrote to the king telling him } \\ \text { that he thought the child she was } \\ \text { expecting was a bastard.* The king } \\ \text { returned and repudiated his wife. The }\end{array} & \begin{array}{l}\text { bastard, K2128 }\end{array} \\ & \text { * Treacherous } \\ \text { counsellor, K2298 }\end{array}\right]$

interpret.* She told the queen that one day she would become a mighty princess, loved by all, especially by her mother who would give her a bowl of wine and kneel before her. $\ddagger$ The queen became furious and ordered her to be taken away to the forest, ${ }^{\text {a }}$ slain and her heart brought back. But the servants spared the girl's life and brought the queen the heart of a lamb instead. ${ }^{\text {b }}$ The girl was found by a strange knight who took her to his kingdom and further educated her. ${ }^{\text {c }}$ The young Emperor of Blodermario married her and they lived happily for three years until he died. She ruled over the whole empire. She saw in the stars that her mother had been deposed. ${ }^{\mathrm{d}}$ Feeling compassion for her, she went to her aid. The queen knelt before her, brought a bowl of wine, and bowed three times.* The empress repeatedly asked her if she had any children, and the queen told the whole story as she knew it. The empress replied that her strife against the determinations of God was much in vain and revealed her identity to her mother, telling her the true events.
${ }^{\text {a }}$ Exposure (murder)
of child to avoid $\quad \ddagger$ cf. Prophecy:
fulfilment of prophecy parents will
of future greatness, humble
M371.1
${ }^{\mathrm{b}}$ Compassionate executioner: substituted heart, K512.2
${ }^{c}$ cf. Travelers find exposed baby girl and take her to emperor's court, S354.2
${ }^{\mathrm{d}}$ Astrologer, P 481
* Fulfilment of prophecy, M391


[^0]:    ${ }^{1}$ W. A. Clouston described it in 1884 as a "wretched catchpenny of the Wise Masters" (356).

[^1]:    ${ }^{2}$ All citations of Wise Mistresses are taken from the first edition: The History of the Seven Wise Mistrisses of Rome. London: printed for M[ary] Wright, at the Kings Head in the Old Bailey, 1663 (EEBO facsimile reproduction of the Huntington Library copy (Acc. No. 55251). ProQuest, 2011). The subtitle and the content information on the title page read "Whose Names were Halicuja, Mardula, Cicre, Penthisilia, Debora, Dejanara, Boadicia. Wherein, the Treachery of Evil Counsel is discovered, the Innocency of harmless Virgins cleared, and the Wisdom of Seven Wise Women displayed, to the wonder of their own Nation, and the Admiration of all the World" (fol. A3r). The copy (Wing H3008) contains 95 leaves, of which 87 correspond to the main text. All gatherings are in eights and signatures run A to M . The first leaf, signed A , is blank; the last printed leaf is M7. Contents can be described as follows: preliminaries (fols. A1r-A3v), "Epistle to the Reader" (fols. A4r-A8v), "The History of the Seven Wise Mistrisses" (fols. B1rM 7 v ). 1 plate: frontispiece (fol. A2v). 18 illustrations (woodcuts; four of them are repeated twice).
    ${ }^{3}$ Millington catalogued in 1683 a Wise Mistresses copy published in 1676, which must now be lost or unregistered (fol. C2v). Esdaile also refers to "another edition. For D[orman] Newman, etc. $1684.12^{\circ}$. Hazlitt, H. 660" (247), now probably lost or held in a private library.

[^2]:    ${ }^{4}$ Mary Villiers is also known as Mary Stewart, Duchess of Richmond and Duchess of Lennox.
    ${ }^{5}$ The Empress's name read "Lucretia" in eighteenth-century editions. See, for example, Roman Stories (fol. A3r).

[^3]:    ${ }^{6}$ The lives of Deianira, Penthesilia and Circe are part of Boccaccio's De mulieribus claris (1361).

[^4]:    ${ }^{7}$ Brother to Charles Howard, 1st Earl of Carlisle.

[^5]:    ${ }^{8}$ Pagination restarts from 1 after the end of Roman Stories on page 107.

[^6]:    ${ }^{9}$ In Roman Stories, this narrative extension was updated to give it a more credible historical factuality. Thus, the Tartars were changed to the Gauls, Alexander was the King of Germany, and their challenging enemy was the King of Macedonia. The giant Gorgon was modernised to "General Gorgen" (101).

[^7]:    ${ }^{10}$ In the discussion, the tales of Radamentus and of the seven mistresses will be abbreviated with the corresponding number followed by R or M , respectively.
    ${ }^{11}$ However, sentences such as "the Daughter of the Empress is both a Whore and a Strumpet" (fol. C5v), getting rid of dogs by hanging them, or the violent denouements, are currently unfit for children's books.

[^8]:    ${ }^{12}$ For example, in " 1 R " we are told that tin made the water toxic. In other tales, witchery represents wickedness and opposes astrology, which is associated with wisdom and goodness.
    ${ }^{13}$ Roman Stories does not give the sources, while Dares was logically excluded in eighteenth-century editions.
    ${ }^{14}$ Cf. "The 23. History" in the Gesta Romanorum abridgement that circulated in Renaissance England.

[^9]:    ${ }^{15}$ For Muir, "adopted" are "those written for adults but firmly taken over by children" (40).

[^10]:    ${ }^{16}$ The motifs are outlined in detail in the appendix, which contains the plot summaries of the fifteen tales, thereby facilitating observation of the correlation, divergence or loose analogy between the narrative elements and their motifs. The motifs are listed in two columns, with Thompson's formulation followed by their reference.

