

Full reference	Esther del Amo-Mateos, Marina Fernández-Delgado, Susana Lucas , Juan Carlos López-Linares, M. Teresa García-Cubero , Mónica Coca (2023). <i>Valorization of discarded red beetroot through the recovery of bioactive compounds and the production of pectin by surfactant-assisted microwave extraction</i> . Journal of Cleaner Production 389, 135995.
DOI	https://doi.org/10.1016/j.jclepro.2023.135995
URI	https://uvadoc.uva.es/handle/10324/58288
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Project	Estrategias para la valorización efectiva de residuos hortofrutícolas: producción de compuestos bioactivos y biocombustibles avanzados. VALORFRUIT (2021-2024)
Funding	Spanish Ministry of Science, Innovation and Universities (PID2020-115110RB-I00/AEI/10.13039/501100011033)
Abstract	Discarded red beetroot (DRB) is an organic waste generated in the food industry. This study is focused on the valorization of DRB through the recovery of bioactive compounds. The characterization of the DRB juice confirmed a higher content of antioxidants (DPPH $504 \pm 24 \mu\text{mol TE/L}$, FRAP $10920 \pm 440 \mu\text{mol TE/L}$, ABTS $22012 \pm 592 \mu\text{mol TE/L}$), phenolic compounds ($1789 \pm 56 \text{ mg GAE/L}$), flavonoids ($471 \pm 17 \text{ mg CE/L}$) and betalains ($1426 \pm 24 \text{ mg/L}$) than commercial juices. DRB pomace contains pectin that was recovered by microwave extraction aided by a surfactant (polyethylene glycol, PEG4000). Conditions (temperature, time and surfactant concentration) for the extraction of galacturonic acid (GalA) or pectooligosaccharides (POS) were optimized by a central composite experimental design. POS were extracted at high temperatures ($160 \text{ }^\circ\text{C}$, 5.3 min, 8.4 g PEG4000/L, yield of 271.2 g POS/kg dry pomace). In comparison, galacturonic acid extraction was favored at moderate conditions ($137 \text{ }^\circ\text{C}$, 5 min, 2.5 g PEG4000/L, yield of 120.1 g GalA/kg dry pomace). The characterization of the freeze-dried hydrolysates revealed that the solid obtained under moderate temperature conditions ($137 \text{ }^\circ\text{C}$) showed a higher GalA content (49.5%) and lower neutral sugars (11.4%), as GalA degrades at lower temperatures than pentoses. The recovered pectin can be considered high-methoxyl pectin, as the degree of esterification was higher than 50%. FTIR spectra of the freeze-dried hydrolysates showed functional groups consistent with pectin. MALDI-TOF-MS analysis revealed the presence of oligosaccharides of hexoses and pentoses with different structures and degrees of polymerization. Thus, DRB, a low-value vegetable waste, can be converted into high-value-added bioproducts in a biorefinery framework.
Keywords	Microwave-assisted extraction, Galacturonic acid, Pectooligosaccharides, Polyethylene glycol, Antioxidants, Betalains

