

1 **Influence of the operating conditions of the intermediate thermal hydrolysis on the**  
2 **energetic efficiency of the sludge treatment process.**

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10

11 **Abstract**

12 The application of steam explosion between two stages of anaerobic digestion may  
13 improve energy recovery from sludge while increasing organic matter removal. The  
14 influence of the operating conditions of the thermal process: temperature (130 - 210  
15 °C), retention time (5 – 45 min) and TS concentration (5.4 – 10.8%), on the efficiency of  
16 VS removal, the biochemical methane potential of hydrolysed sludge and the kinetic  
17 constant of the degradation were evaluated using a Taguchi design. Increasing  
18 temperature and time increased the removal of VS and the potential of methane  
19 production but the kinetic constant was higher at lower temperatures. An optimal  
20 operating scheme was found at 170 °C (**6 barg**), 25 min at the greatest TS  
21 concentration in the feeding. Under such conditions, the thermal energy obtained  
22 from biogas combustion in a CHP covered the requirements for vapour generation and  
23 a profit of 3.54 € m<sup>-3</sup> of sludge was estimated.

24

25 **Keywords**

26 High solids digestion, intermediate thermal hydrolysis, sludge treatment, techno-  
27 economic analysis, wastewater treatment plant.

28

29 **1. Introduction**

30 In wastewater treatment plants (WWTP), the most widely used technique is the  
31 activated sludge process, where aerobic microorganisms decompose organic matter  
32 and large amount of sludge is generated, accumulating most of the eliminated  
33 contamination (~60% of inlet COD) (Metcalf et al., 2002). The high amount of organic  
34 matter in the sludge favours its treatment through anaerobic digestion (AD) which  
35 represents an economically attractive and environmentally friendly process for the  
36 valorisation of an organic waste into electrical and thermal energy (Zhen et al., 2017).

37

38 During AD of sludge, the microbial decomposition of complex organic matter results in  
39 the production of biogas, mainly composed of methane, carbon dioxide and several  
40 pollutants in a lower extent, while destroying pathogens and eliminating odours. In  
41 spite of all the proven environmental and economic advantages of the process  
42 (Speece, 2008; Mirmasoumi et al., 2018), the digestion of solid wastes such as sludge  
43 has efficiency limitations in the removal of organic matter, with a volatile solids (VS)  
44 removal rate of around 45-50%. In order to enhance the hydrolysis of organic matter  
45 and to increase its subsequent degradation to biogas and obtain a more favourable  
46 energetic balance, several pre-treatment techniques have been applied (Gonzalez et

47 al., 2018; Carrère et al., 2010; Pérez-Elvira et al., 2006). The efficiency, convenience  
48 and technology readiness level (TRL) of the different alternatives can be found  
49 elsewhere (Wu et al., 2020), and the choice of thermal hydrolysis (TH) as the most  
50 promising option for sludge pre-treatment prior to anaerobic digestion is justified,  
51 based on low energy requirements, a positive overall energy balance in comparison  
52 with the conventional AD (Cano et al., 2015; Carrère et al., 2010), and availability at  
53 commercial scale (Barber, 2016).

54

55 In the TH process the sludge is heated to 130-180 °C for about 20-40 minutes at the  
56 corresponding vapor pressure of water. While most of the publications evaluate and  
57 agree on these ranges of operation conditions, very few papers extrapolate pressure-  
58 temperature-time values to energetic-economic results, and just analyse sludge  
59 solubilisation, biogas production and organic solids removal. From this last point of  
60 view, it has been shown that the process is capable of partly solubilizing complex  
61 organic matter and disintegrating the biological cells, thus facilitating its subsequent  
62 digestion and reducing the viscosity (Chen et al., 2019; Kepp et al., 2000). Regarding  
63 operation conditions optimisation, the greatest effect on digestibility occurs at a  
64 temperature of approximately 175 °C and that the AD of thermally pre-treated sludge  
65 at that temperature results in a 60% to 70% increase in methane production compared  
66 to non-pre-treated sludge (Barber, 2016; Pilli et al., 2015), generally accepting that the  
67 sludge does not need to be treated for more than 30 min (Mirmasoumi et al., 2018).

68

69 Recently, the application of TH after a stage of anaerobic digestion and prior to a  
70 second digestion step gained attention as an alternative to the pre-treatment  
71 (Fernández-Polanco and Tatsumi, 2016), named intermediate thermal hydrolysis (ITH) .  
72 The main motivation was the reported increase in the global methane production of  
73 the sludge treatment process (90 °C and NaOH addition) between two AD stages  
74 (Campo et al., 2018) and it has been identified that the thickening stages play a key  
75 role to achieve the thermal self-sufficiency of the process (Rus et al., 2017). Also  
76 regarding self-sufficiency, total solids (TS) concentration has shown to be a key  
77 parameter in order to reduce the sensible heat necessary to maintain the temperature  
78 of the digestion process; at 70% thermal exchange efficiency a minimum of 6% TS was  
79 required and increased to 8-9% when a efficiency of 50% was considered (Ruffino et  
80 al., 2019). For the ITH scheme, several aspects have been reported (sludge nature and  
81 operation conditions influence), while others are scarcely reported (optimization and  
82 energetic-economic implications). Nevertheless, it was recently found that an  
83 attractive payback can be expected with the implementation of thermal pre- or inter-  
84 treatments in large WWTP (Fernández-Polanco et al., 2021).

85

86 Regarding the nature of the sludge feeding in the TH-AD scheme, for waste activated  
87 sludge higher overall solids removal and biogas productivity have been observed when  
88 the intermediate treatment is purely thermal compared to the application of  
89 hydrolysis as a pre-treatment (Bjerg-Nielsen et al., 2018; Ortega-Martinez et al., 2016).  
90 On the contrary, the application of ITH hydrolysis exclusively to the primary sludge  
91 exhibited no significant differences in terms of methane production with respect to

92 single digestion or TH pre-treatment (Yuan et al., 2019), as well as no significant  
93 increase in methane yield was observed when ITH was applied to sludge composed  
94 mainly of primary sludge (76%) (Liu et al., 2021), indicating that the intermediate  
95 treatment particularly favours the degradation of the secondary sludge. In fact, the  
96 most favourable scenarios for the energy optimization of the process were those in  
97 which the intermediate hydrolysis process was applied only to secondary sludge  
98 (Ruffino et al., 2019).

99

100 Thermal operation requires higher temperatures ( $> 130\text{ }^{\circ}\text{C}$ ) than alkaline hydrolysis to  
101 obtain significant improvements in solids removal efficiency and biogas productivity  
102 but allows avoiding the use of chemical reagents. The intermediate process at  
103 temperatures of  $170\text{ }^{\circ}\text{C}$  during 20-30 min (as well as hydrolysis as a pre-treatment) has  
104 shown a better performance compared to the pre-treatment (Díaz et al., 2020) at the  
105 same operating conditions. In contrast, similar methane yields were found in pre- and  
106 inter-treatments, with the only benefit of a greater VS removal efficiency (Zhang et al.,  
107 2021). The influence of temperature and retention time of ITH, particularly of the  
108 latter (Bjerg-Nielsen et al., 2018), is ambiguous along with the uncertainty of the  
109 efficiency required in the thickening stage, showing the lack of global optimization of  
110 the operation. Most of the reports on parameters assessment or optimization point to  
111 a higher influence of temperature on sludge solubilisation and methane production,  
112 being time less significant (Zhou et al., 2011). A temperature limit is generally  
113 identified due to the formation of recalcitrant or inhibitory compounds when TH is  
114 applied as a pre-treatment for mixed sludge (Lu et al., 2018; Neyens and Baeyens,

115 2003) but this effect is not reported for digested sludge. Methane production rates are  
116 also assessed for mixed sludge pre-treatment, but not for digested sludge (Razavi et  
117 al., 2019; Zhou et al., 2021). Finally, reports on the energetic and economic  
118 implications of variations on the operation temperature-time conditions are void, just  
119 extrapolated from TH pre-treatment schemes that depending on the efficiency of  
120 energy recovery in combined heat and power systems, it is essential to reach a solids  
121 concentration (TS) above 8% in order to reduce the sensible heat necessary to  
122 maintain the temperature of the digestion process, although the implication of the  
123 concentration of sludge on process performance is scarcely reported.

124

125 Then, this study is aimed at optimizing the operating conditions of Intermediate  
126 Thermal Hydrolysis (temperature, time and TS concentration) in the sludge line of a  
127 WWTP to maximize process efficiency and to assess the energetic and economic  
128 implications of different hydrolysis operation conditions when being carried out in the  
129 assessed two-stages AD scheme.

130

## 131 **2. Materials and methods**

132 The implementation of ITH in the sludge line was assessed according to the following  
133 scenario (Figure 1): Fresh sludge (the mixture of primary and secondary sludge) is  
134 firstly thickened and anaerobically digested. Secondly, digested sludge is thickened  
135 again before it is thermally treated in ITH unit by steam explosion. Finally, hydrolysed  
136 sludge is treated in a second digestion stage before it is, finally, dewatered producing  
137 the biosolid.

138

## 139 **2.1. Experimental design**

140 Taguchi's experimental design method was employed and implemented in  
141 Statgraphics Centurion 18 software. A combined array was selected as a model of  
142 design in order to include controllable variables as well as noise variables and their  
143 interactions, obtaining, only, the average and the variance of the controllable ones,  
144 with  $\sigma^2 = 0$  as the objective (Montgomery, 2006).

145

146 Target responses were, the maximum methane productivity ( $\text{mLCH}_4 \text{ gVS}^{-1}$ ) from  
147 biochemical methane potential (BMP) tests, VS removal efficiency (%) during BMP, VS  
148 losses in vapours released during steam explosion and the kinetic constant ( $k_H$ ) from  
149 BMP data adjustment to a first order kinetics (equation 1) as reported elsewhere (Díaz  
150 et al., 2011),

151

$$152 \quad P(t) = P_{\infty} \cdot [1 - \exp(-k_H \cdot t)] \quad (\text{equation 1})$$

153 where  $P(t)$  is the production of methane (cumulative) ( $\text{mLCH}_4 \text{ gVS}^{-1}$ ),  $P_{\infty}$  the  
154 biochemical methane potential ( $\text{mLCH}_4 \text{ gVS}^{-1}$ ),  $k_H$  the kinetic constant ( $\text{d}^{-1}$ ) and  $t$  the  
155 elapsed time (d).

156

157 Three influencing factors were selected. Two controllable factors of the process:  
158 temperature (T) and time (t); and an uncontrollable or noise factor: VS (%w.), because  
159 mixed thickened sludge received from the water treatment plant varied and it was not  
160 possible to apply the same control as in the case of temperature and time during the

161 TH process. Three levels were selected for each variable, covering the range from 130  
162 to 210 °C in temperature, from 5 to 45 min in time and from 3.1 to 6.5% in VS, which  
163 corresponded to 5.4 - 10.8% in TS.

164

165 An orthogonal Taguchi's array (OA)  $L_9$  ( $3^4$ ) type was used. Two replicates were added  
166 per set of levels as three BMP test were made from each hydrolysis batch. In this way,  
167 9 data blocks were extracted, giving rise to 27 runs (Table 1). An analysis of variance  
168 (ANOVA) was carried out, providing the necessary information to evaluate the effect of  
169 experimental factors individually, as well as how their interactions affected the  
170 response variables of the process.

171

## 172 **2.2. Sludge sampling and Inoculum**

173 The anaerobic sludge used for BMP in this study was collected from the Municipal  
174 Wastewater Treatment Plant (WWTP) of Valladolid (Spain). The main characteristics of  
175 the anaerobic sludge were: TS and VS of 2.20 % (w.) and 1.28% respectively, total  
176 Kjeldahl nitrogen (TKN) of  $2.2 \text{ g L}^{-1}$ ,  $\text{N-NH}_4^+ = 1.0 \text{ g L}^{-1}$ ,  $\text{pH} = 7.46$ , and a soluble COD of  
177  $0.9 \text{ g L}^{-1}$ . Samples were stored at  $4^\circ\text{C}$  prior to use for a maximum of 48h and employed  
178 as inoculum for BMP determination. Besides that, the anaerobic sludge was also  
179 concentrated in a Thermo Sorvall Legend RT+ Refrigerated Benchtop Centrifuge  
180 (Madrid, Spain) to attain the desired TS values in the feed of the thermal process  
181 (Table 1).

182

## 183 **2.3. Experimental set-up**



184        **2.3.1. Thermal hydrolysis procedure**

185        The concentrated sludge was thermally pre-treated at the TH process lab-scale plant.  
186        The plant employed for steam explosion is described elsewhere (Díaz et al. 2020). The  
187        sludge was manually fed to the reactor and a saturated steam was supplied to  
188        maintain the pre-set temperature during a given operating time. Finally, the  
189        hydrolysed sludge was suddenly decompressed (steam explosion effect) when it  
190        reached the pre-set time. The TH process was operated at different temperatures in a  
191        range of 130 –210°C and reaction times between 5 and 45 min according to Table 1  
192        and a sludge sample of 500 mg was added in each experiment.

193

194        **2.3.2. Biochemical Methane Potential Tests**

195        The effect of ITH on the biodegradability of substrate and its ultimate biogas yield was  
196        assessed through BMP. Tests were performed in triplicate using 160 mL serum bottles  
197        with a working volume of 100 mL filled with 40 mL of inoculum, the corresponding  
198        amount of substrate corresponding to a substrate to inoculum ratio of 0.5 gVS gVS<sup>-1</sup>  
199        and a nutritive media. Micronutrients, macronutrients (Angelidaki et al., 2009) and  
200        buffer (NaHCO<sub>3</sub>) were added to the nutritive media to ensure adequate conditions for  
201        anaerobic microorganisms. The inoculum was degassed during 72h at 35°C as  
202        recommended elsewhere (Angelidaki et al., 2009; Sapkaite et al., 2017). The initial VS  
203        in the 27 flasks was 0.766 % (w.) after inoculum, substrate and media addition. The  
204        bottles were incubated in a rotatory shaker at 35 °C and at agitation speed of 150 rpm.

205

206 Methane production was measured periodically through a manometric method and  
207 the composition of the biogas was analysed by GC\_TCD. Tests were stopped when the  
208 daily methane production was lower than 1% of the cumulative methane production  
209 for three consecutive days (Holliger et al., 2016). Additional information on the  
210 methodology and preparation of BMP followed can be found in (Donoso-Bravo et al.,  
211 2011).

212

## 213 **2.4. Analytical methods**

214 The pH and the concentrations of TS, VS, COD, Total Kjeldahl Nitrogen (TKN) and N-  
215  $\text{NH}_4^+$  were determined according to standard methods (APHA, 2012). The methane  
216 concentration in the biogas produced during BMP tests was analysed by sampling 100  
217  $\mu\text{L}$  and subsequent injection in GC-TCD following the methodology reported in (Díaz et  
218 al., 2015).

219

## 220 **2.5. Calculations**

### 221 **2.5.1. Regression models and coefficients**

222 The regression coefficients of a 2-factors interaction model were calculated to fit  
223 equation 2 in order to estimate the different parameters (P), namely: VS removal  
224 during tests (%), BMP ( $\text{mLCH}_4 \text{ gVS}^{-1}$ ),  $k_H$  ( $\text{d}^{-1}$ ) and VS losses in vapours of steam  
225 explosion at the operating conditions tested.

226

$$227 \quad P = k + A \cdot T + B \cdot t + C \cdot TS + AB \cdot T \cdot t + AC \cdot T \cdot TS + BC \cdot t \cdot TS \quad (\text{Equation 2})$$

228 where P is the estimated parameter and k the constant, A the coefficient for  
229 temperature, B the coefficient for time, C the coefficient for initial TS, AB the  
230 coefficient for temperature-time interaction, AC the coefficient for temperature - TS  
231 interaction and BC the coefficient for time - TS interaction. The independent variables  
232 are temperature (T, °C), time (t, min) and TS (%w.). An analysis of variance (ANOVA)  
233 was carried out to determine those regression coefficients with a statistically  
234 significant effect (p-value < 0.05) on every parameter.

235

### 236 **2.5.2. Mass and energy balances to the thermal hydrolysis unit**

237 The values of VS removal during tests, BMP and VS losses were used to perform mass  
238 and energy balances to the TH unit and the second digestion stage, according to Díaz  
239 et al. (2020), to analyse the feasibility of the ITH process in the different pre-treatment  
240 temperature scenarios, as both the energy demand and energy recovery (biogas  
241 production) vary with the operation temperature.

242

243 Thermodynamic properties and mass balances were applied to calculate the fresh  
244 steam demand, translated into an energy value with the corresponding vapour  
245 enthalpy. The energy recovery was calculated considering a typical combined heat and  
246 power system for heat and electricity generation (38%, 48% and 19% electric, thermal  
247 and exhaust gases efficiency respectively). From the biogas production results  
248 experimentally obtained (expressed in m<sup>3</sup> biogas/ m<sup>3</sup> sludge), electric power and  
249 thermal recovery (W/m<sup>3</sup> sludge) were calculated for each operation scheme (130, 170,  
250 210°C). The thermal energy recovered from exhaust gases was compared in each case

251 to the thermal requirement to generate the steam needed in order to assess thermal  
252 self-sustainability or, in case of non-sufficiency, to calculate the fraction of biogas to  
253 scarify in a boiler to cover the thermal demand.

254

255 The results of energy demand and energy recovery were expressed per unit of fresh  
256 sludge processed. For the economic analysis, the mass balances for sludge generation  
257 and associated calculations were performed according to Pérez-Elvira & Fdz-Polanco  
258 (2019). For the translation of energy recovery income from biogas and biosolids  
259 disposal cost, market prices were considered: 0.10 € kWh<sup>-1</sup> for power price and 15 €  
260 ton<sup>-1</sup> for sludge management cost.

261

### 262 3. Results and discussion

#### 263 3.1. The effect of ITH on the efficiency of solids removal in BMP tests.

264 Organic matter (VS) removal during BMP tests increased as more severe operating  
265 conditions (higher heating temperature and longer operation time) were applied.

266 Across the entire applied range of time and temperature conditions, higher VS removal  
267 efficiency was observed as temperature and operating time increased (Figure 3a).

268 Under the less severe conditions (130 °C, 5 min) a minimum value of VS removal was  
269 found (21.7%), while this efficiency increased gradually as temperature and time  
270 increased until an observed maximum of 32.3% (210 °C, 45 min).

271

272 Analysing the effect of each of the parameters on VS removal, it was observed that  
273 temperature ( $p < 0.001$ ) and time ( $p = 0.007$ ) presented a significant impact ( $p < 0.05$ )

274 while the effect of the initial TS concentration ( $p = 0.144$ ) and the interactions among  
275 effects are below the significance level (Figure 4a). By increasing both the temperature  
276 and the time, a positive effect on the elimination of VS was observed with a similar  
277 standardized effect of both parameters in contrast to Zhou et al. (2021), where  
278 increasing the severity of the TH to the maximum (60 min and 180°C) of waste  
279 activated sludge led to a lower methane yield and, consequently, lower VS removal  
280 during the AD stage. Considering the treatment scheme of Figure 2 and the results of  
281 VS removal during the tests, the application of ITH and two stages of AD would result  
282 in an increase in the overall removal of VS between 55.8% and 61.1% in comparison to  
283 VS removal during the first AD stage (45%, reported in the WWTP). In this regard, Liu  
284 et al., (2021) also found an increase from 39.2% VS removal in one stage AD to 57.7%  
285 when ITH was applied between two digestion stages. A reduction in VS content in final  
286 sludge can reduce the final biosolid generation after dewatering. Although final  
287 dewatering is poorly documented, an enhancement in dewaterability from 20% dry  
288 solids (DS) in conventional digestion up to 43% DS for post-AD thermal treatment has  
289 been reported (Svennevik et al., 2019; Svensson et al., 2018).

290

291 The statistical model used, considering only the individual effects of temperature and  
292 time, explained more than 79% of the variability observed in the removal efficiency  
293 (Table 2).

294

295 **3.2. Influence of ITH on subsequent AD. Biochemical methane potential of the**  
296 **sludge after ITH.**

297 As for VS removal, the methanogenic potential of the hydrolysed sludge increased with  
298 more severe operating conditions; the increase in temperature and hydrolysis time  
299 resulted in higher methane productivity (Figure 3b) throughout the range tested in  
300 contrast to previous studies where TH was applied as a pre-treatment, where the most  
301 severe conditions reduced the BMP (Zhou et al., 2021). The effect of the operating  
302 temperature of ITH was previously reported in Zhang et al. (2021), where methane  
303 yield increased with T (90 - 155 °C) but the yield was similar or lower when T was  
304 increased at 185 °C.

305

306 The observed potential increased from 175 mLCH<sub>4</sub> gVS<sup>-1</sup> at 130 °C and 5 min (Figure  
307 5a), to 223 mLCH<sub>4</sub> gVS<sup>-1</sup> at 170 °C and 25 min (Figure 5b) and to a maximum of 248  
308 mLCH<sub>4</sub> gVS<sup>-1</sup> at 210 °C and 45 min (Figure 5c). These values are slightly below those  
309 observed for TH as a pre-treatment before AD (Donoso-Bravo et al., 2011) (230 – 300  
310 mLCH<sub>4</sub> gVS<sup>-1</sup>). It should be noted that the most easily biodegradable organic matter  
311 was already consumed during first digestion stage in the case of this study, in which  
312 digested sludge was the substrate of the thermal process. Literature comparing TH  
313 pre-treatment and inter-treatment shows notable differences among studies; a  
314 reported increased in methane productivity of 29% was detected in the inter-  
315 treatment scheme of waste activated sludge in comparison to 9% attributed to the  
316 pre-treatment at 170 °C (Nielsen et al., 2011). In contrast, no statistical significant  
317 difference was found in methane yield between a scheme of TH as a pre-treatment or  
318 an inter-treatment (Liu et al., 2021) when sludge submitted to TH was 76% primary  
319 sludge and 24% waste activated sludge. The greater the contribution of waste

320 activated sludge the lower the biodegradability of sludge and, therefore, the higher  
321 the potential of TH to increase the availability of organic matter for methane  
322 production in AD.

323

324 Regarding the effect of each parameter on methane productivity, it was observed that  
325 there are no significant interactions ( $\alpha > 0.05$ ) between the parameters and that only  
326 temperature ( $p < 0.001$ ) and time ( $p < 0.001$ ) have a relevant level of significance in the  
327 model (Figure 4b) while the effect of TS concentration presented a p-value of 0.215.

328 The order of magnitude of the standardized effects is similar for time and temperature  
329 when increasing BMP as for VS removal in BMP tests.

330

331 The model, including only the individual effects of temperature and time, is capable of  
332 explaining more than 82% of the variability in BMP in the range studied (Table 2).

333

### 334 **3.3. The kinetics. Effect on $k_H$**

335 The kinetic constant, obtained by first order adjustment (Equation 1) of the methane  
336 production data over time during the BMP tests, showed its overall maximum value  
337 ( $0.315 \text{ d}^{-1}$ ) at low temperature and long times ( $130 \text{ }^\circ\text{C}$ , 45 min). However, the next  
338 highest local maximum value ( $0.288 \text{ d}^{-1}$ ) was observed at  $170 \text{ }^\circ\text{C}$  and 25 min. Also, at  
339  $170 \text{ }^\circ\text{C}$ , the constant increased at 25 min with respect to 5 min but decreased later  
340 when 45 min were applied. Interestingly, the constant always decreased when time  
341 increased at  $210 \text{ }^\circ\text{C}$  in agreement with Zhou et al. (2021) and Razavi et al. (2019),  
342 where a slower biodegradation was observed after a threshold temperature. Also in

343 this direction, the kinetic constant of carbohydrates degradation increased when TH  
344 was applied, whether as pre-treatment or inter-treatment in comparison to  
345 conventional AD (Shana et al., 2013). The least favourable conditions appeared when  
346 low temperatures were applied at short operating times (130 °C, 5 min), as would be  
347 expected due to inefficiency of the treatment, but also at elevated temperatures for a  
348 long time (210 °C, 45 min), both with values of  $k_H$  below 0.2 d<sup>-1</sup>. Summarizing the  
349 results, when a higher temperature was used the maximum kinetic constant was found  
350 at shorter times. The maximum kinetic constant calculated at 130, 170, and 210 °C was  
351 observed at 45, 25 and 5 min respectively (Figure 3c).

352

353 The analysis of the effect of each parameter on the apparent kinetic constant revealed  
354 that the TS concentration is the parameter with the highest standardized positive  
355 effect on  $k_H$  with  $p < 0.001$ . The negative interaction between temperature - time ( $p$   
356  $< 0.001$ ) and the positive interaction between time - TS ( $p = 0.011$ ) were also relevant  
357 (Figure 4c). In this case, the effect of temperature ( $p = 0.671$ ) and operating time ( $p =$   
358  $0.064$ ) were not significant compared to its interaction. The adjusted model, including  
359 the individual effect of VS concentration and the temperature - time and time - TS,  
360 explained in this case more than 89% of the variability in the values of the constant  
361 (Table 2). Therefore, the value of the kinetic constant behaved differently than VS  
362 removal during tests and BMP, which increased when applying higher temperatures  
363 and times. This fact leads to the necessity of finding a compromise solution with a view  
364 to optimize the process; severe conditions that increased VS removal and the  
365 methanogenic potential could result in slow kinetics, causing prohibitive capital



366 expenses (reaction volume) to obtain a sufficient methane productivity that justifies  
367 the energy invested in ITH.

368

### 369 **3.4. Quantification of VS losses in vapours of steam explosion**

370 The batch process of thermal hydrolysis releases a stream of vapour (Figure 2) after  
371 steam explosion. The quantification of VS losses in vapours is scarce in literature but  
372 allows the calculation of mass balances to the continuous operation where released  
373 vapours are recirculated to thermal hydrolysis unit. The amount of VS lost in vapor was  
374 between 4.0% and 33.3% in the conditions studied and VS losses increased with the  
375 severity of the treatment (Figure 3d). The individual effects of temperature ( $p < 0.001$ ),  
376 time ( $p < 0.001$ ) and the interactions temperature - TS concentration ( $p = 0.003$ ) and  
377 time - TS concentration ( $p < 0.001$ ) were significant and positive indicating that VS  
378 losses increased with temperature and time and that this effect was higher when  
379 higher TS concentrations were tested. The standardized effect of temperature was  
380 more than double than that of time (Figure 4d); therefore, increasing the operating  
381 temperature showed a more powerful effect on VS losses than increasing the  
382 operating time.

383 The model considering the individual effects of temperature, time and the interactions  
384 temperature - TS concentration and time - TS concentration explained more than 97%  
385 of the variability observed in VS losses (Table 2).

386

### 387 **3.5. Feasibility of ITH. Comparative study of the energy balances.**

#### 388 **3.5.1. Energy requirements for ITH implementation**

389 The energy requirement of a TH unit is not a constant value and depends on several  
390 parameters. First, the technology is a key aspect, as the heating mechanism and the  
391 energy recovery possibilities makes a huge difference (Fernández-Polanco and  
392 Tatsumi, 2016). In this paper, the scheme considered is the one represented in Figure  
393 2.

394

395 The ratio of live steam needed per unit of sludge processed was calculated in each of  
396 the three operation temperatures considered: 130 °C, 170 °C and 220 °C. Table 3  
397 summarizes the input (operation pressure) and the main outputs (results) of the  
398 simulations performed for each scenario. The energy required was expressed per unit  
399 ( $\text{m}^3$ ) of sludge treated, and the obtained values are consistent with those reported for  
400 full-scale installations (Theodolou et al., 2016).

401

402 It can be observed that the higher the operating temperature, the higher the fresh  
403 steam needed, although the relationship is not linear, as the vapours recirculation play  
404 a key role. In fact, while for lowest reactor temperature all the vapours are recirculated  
405 to the preheating tank (0% vapour losses), for high temperature operation (scenario C)  
406 more than half of the vapours coming from the flash correspond to losses, and  
407 therefore their calorific potential is wasted and the need of fresh steam nearly doubles  
408 with respect to scenarios A and B ( $4.42 \text{ W m}^{-3}$  sludge with respect to  $2\text{-}2.3 \text{ W m}^{-3}$   
409 sludge).

410

411 **3.5.2. Biogas production, energy recovery from organic matter and overall energetic**  
412 **efficiency**

413 The energetic feasibility of a thermal process such as TH relies on the feasibility of  
414 covering the energy requirements to run the pre-treatment with the thermal energy  
415 generated from biogas burning in a combined heat and power system that also  
416 generates electric profit. If the thermal energy recovered from exhaust gases is enough  
417 to generate the steam needed, the process will be energetically self-sufficient.  
418 Otherwise, a portion of the biogas should be sacrificed to cover the remaining  
419 demand. Table 4 presents the results obtained for heat and electricity generation in a  
420 typical combined heat and power system, for the three operation temperatures  
421 considered: 130 °C, 170 °C and 220 °C. To simplify the discussion, only the results for 25  
422 minutes operation were considered. The input corresponds to the results of biogas  
423 obtained in the experimental study, and the outputs summarize the most  
424 representative parameters of the balance, including thermal and electric energy. The  
425 results were again expressed per unit (m<sup>3</sup>) of sludge treated, considering 10% TS  
426 concentration in the sludge feeding to the digester.

427 From Table 4 it is evident that while the highest TH is optimum from the point of view  
428 of biogas generation, it is however worst in the global energetic analysis, as nearly 23%  
429 of the biogas produced needs to be derived from the CHP to a boiler to produce the  
430 thermal energy needed for the pre-treatment. The pre-treatment at 130 °C and 170 °C  
431 (scenarios A and B) present a positive global thermal balance, which means that all the  
432 energy demand to run the hydrolysis is covered with the energy recovered from the  
433 exhaust gases in the CHP, and therefore all the biogas is profitable for electric energy

434 generation. The results show an optimum energy balance for 170 °C thermal pre-  
435 treatment, energetically self-sufficiency and producing 4.5 watts of electricity per cubic  
436 meter of sludge processed.

437

### 438 **3.6. Economic perspectives of the process including ITH**

439 Mass balances were performed in parallel with the energetic efficiency analysis for the  
440 complete ITH scheme, from the feeding to biogas (both digesters) and digestate. The  
441 results from the mass and energy balances were translated into economic figures in  
442 order to quantify the economic significance of the analysis. The case study considered  
443 was a municipal WWTP treating the sludge produced by half a million population  
444 equivalent city (24 ton h<sup>-1</sup> sludge, 1 ton TS h<sup>-1</sup>), considering the implementation of a TH  
445 unit to hydrolyse the sludge coming from a first digestion step (11.1 m<sup>3</sup> biogas m<sup>-3</sup>  
446 sludge) (Díaz et al., 2020) and prior to the second digestion step studied in this paper.  
447 Two economic items were considered as most significant: the benefit of selling  
448 electricity, and the cost of biosolids disposal. Table 5 summarizes the results,  
449 expressed per unit of sludge processed as annual cost or benefit.

450

451 In short, a lower income was obtained for the highest operating temperature, and the  
452 highest benefit for 170 °C hydrolysis. The cost of biosolids management is consistent  
453 with the biosolids removal results obtained: as the temperature increases, the solids  
454 removal decreases, and therefore the final biosolids volume and disposal cost  
455 decreases. Considering both contributions, and as expected from the higher weigh of  
456 the electric energy, the resulting values for total benefit show and optimum for

457 scenario B: 170 °C thermal pre-treatment, with an annual income of over 740 k€. From  
458 capex market prices and considering a payback period of 10 years for the thermal unit,  
459 the annual benefit can still be estimated in around 560 k€, which is an attractive  
460 economic perspective. While the is no published report linking parameters  
461 optimization with economic profit for ITH schemes, Fernández-Polanco et al. (2021)  
462 also reported the inter-treatment scheme as an energy self-sufficient configuration  
463 which yields the best operating numbers, estimating annual savings over 800k€ for a 1  
464 million population calculation basis.

465

#### 466 **4. Conclusions**

467 Digestion efficiency increased with increasing treatment severity (operating  
468 temperature and time, the first being more influential) while the digestion kinetics  
469 tended to decrease. With this compromise, an optimum was identified at 170 °C and  
470 25 min thermal hydrolysis fed at the highest solids concentration tested (11% TS).  
471 At those conditions, an optimum energy balance for 170 °C was found, achieving self-  
472 sufficiency of the process at 10% TS concentration in the feeding to the TH. The  
473 translation of electric energy income and reduction of biosolids disposal cost into  
474 economic profit was estimated at 3.54 € m<sup>-3</sup> of sludge for large WWTP.

475

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480

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632

### 633 **Figure captions**

634 Figure 1: Block diagram of the sludge treatment process including ITH.

635 Figure 2: Thermal hydrolysis simulation scheme.

636 Figure 3. Surface plots of VS removal during BMP tests (a), biochemical methane  
637 potential (b), kinetic constant (c), and VS loss during TH (d) at initial TS concentration  
638 of 10%w. as a function of temperature and time.

639 Figure 4. Pareto diagrams of standardized effects of the independent variables on VS  
640 removal during tests (a), BMP (b), kinetic constant (c) and VS loss during TH (d) for  $\alpha =$   
641 0.05 (red line).

642 Figure 5. Evolution of experimental methane production during BMP tests (dots) and  
643 first order fitting (lines) at 130°C (a), 170°C (b) and 210 °C (c).

644

### 645 **Table captions**

646 Table 1. Design matrix of sequential conditions for the TH process and data obtained  
647 for every run of the experimental design.

648 Table 2. Coefficients of the adjusted model (Equation 2). N.S.: Not significant ( $\alpha <$   
649 0.05).

650 Table 3: Values considered for TH energy demand calculations and results obtained.

651 Table 4: Values considered for energy calculations and results obtained.

652 Table 5: Economic analysis.

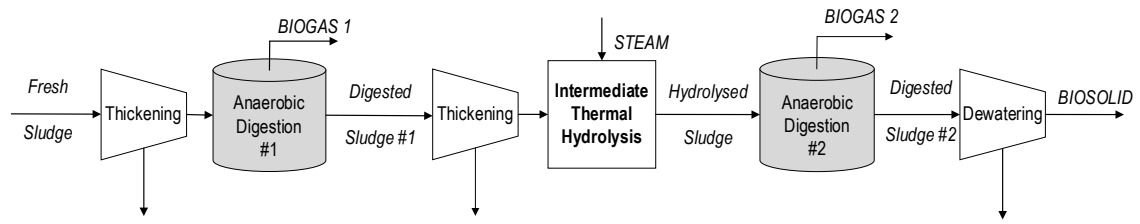


Figure 1: Block diagram of the sludge treatment process including ITH.

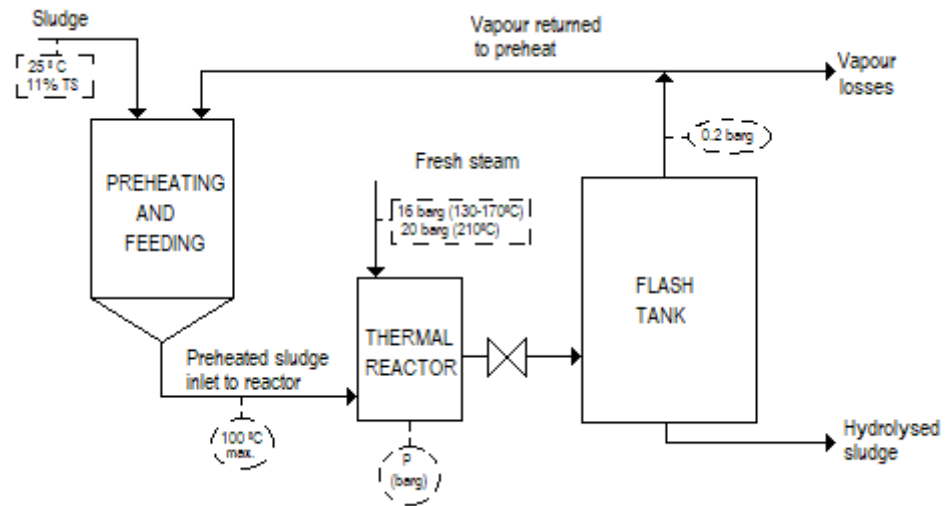
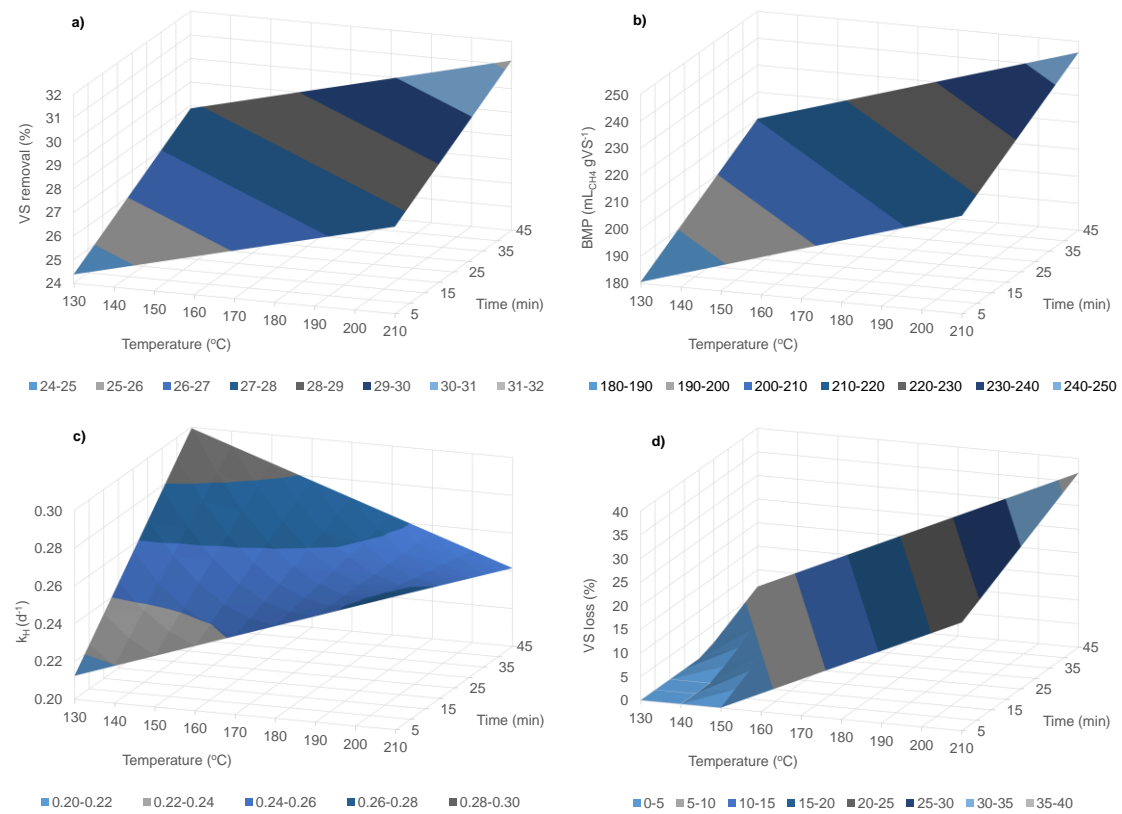


Figure 2: Thermal hydrolysis simulation scheme.



**Figure 3. Surface plots of VS removal during BMP tests (a), biochemical methane potential (b), kinetic constant (c), and VS loss during TH (d) at initial TS concentration of 10%w. as a function of temperature and time.**

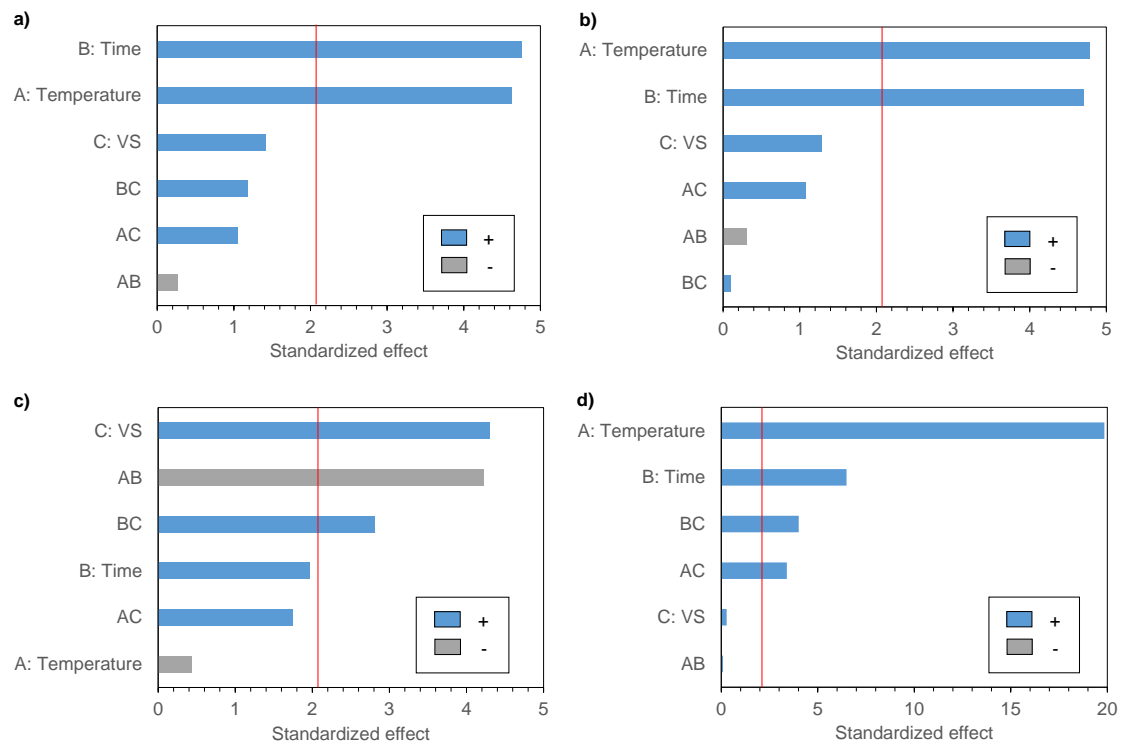


Figure 4. Pareto diagrams of standardized effects of the independent variables on VS removal during tests (a), BMP (b), kinetic constant (c) and VS loss during TH (d) for  $\alpha = 0.05$  (red line).

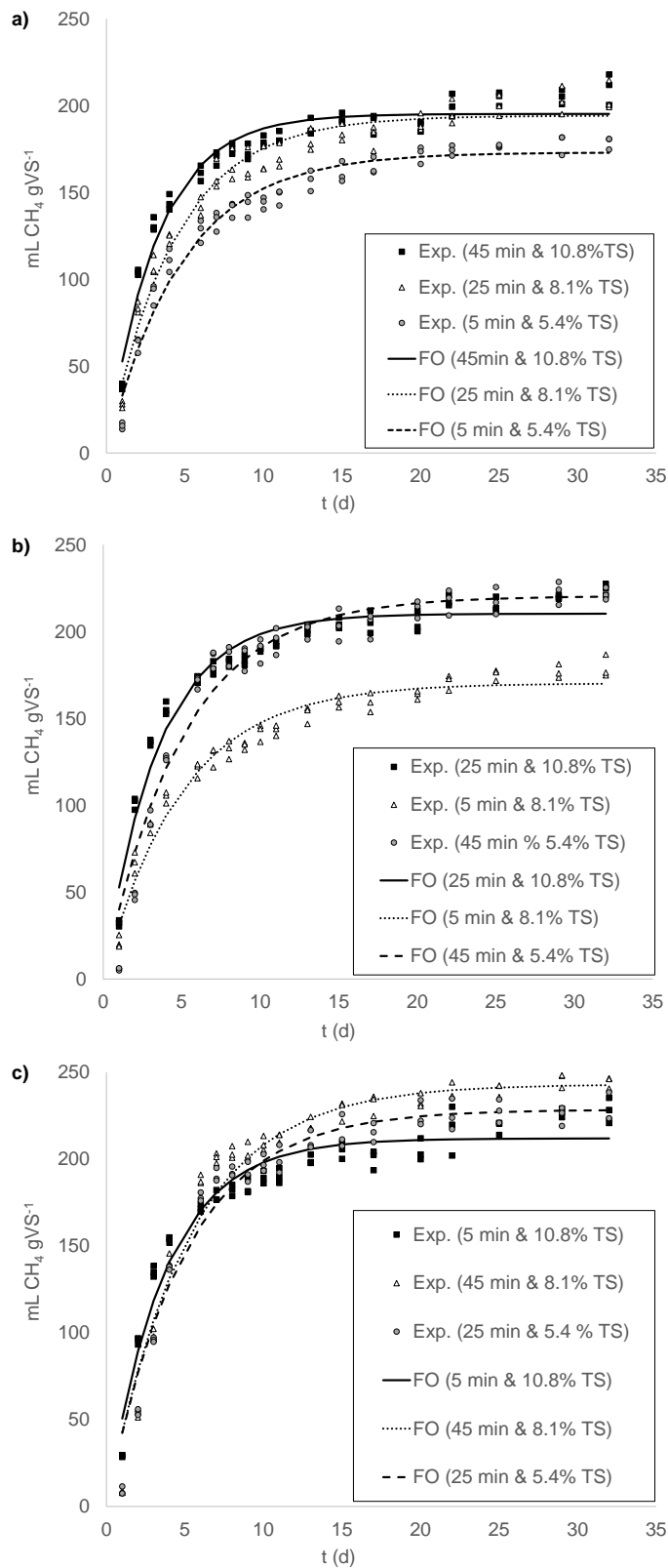


Figure 5. Evolution of experimental methane production during BMP tests (dots) and first order fitting (lines) at 130°C (a), 170°C (b) and 210 °C (c).



| Run # | Operating conditions |            | Feed      |           | Hydrolyzed |             | BMP tests       |   |                       |
|-------|----------------------|------------|-----------|-----------|------------|-------------|-----------------|---|-----------------------|
|       | <i>T</i>             | <i>t</i>   | <i>TS</i> | <i>VS</i> | <i>VS</i>  | <i>mass</i> | <i>Final VS</i> | <i>BMP</i>  | <i>kH</i>             |
|       | <i>°C</i>            | <i>min</i> | %<br>(w.) | %<br>(w.) | %<br>(w.)  | <i>kg</i>   | %<br>(w.)       | <i>mL CH<sub>4</sub></i><br><i>gVS<sup>-1</sup></i> | <i>d<sup>-1</sup></i> |
| 1     | 130                  | 45         | 10.8      | 6.48      | 1.511      | 2.00        | 0.548           | 212   | 0.315                 |
| 2     | 130                  | 45         | 10.8      | 6.48      | 1.511      | 2.00        | 0.549           | 200   | 0.315                 |
| 3     | 130                  | 45         | 10.8      | 6.48      | 1.511      | 2.00        | 0.547           | 218   | 0.315                 |
| 4     | 170                  | 25         | 10.8      | 6.48      | 1.782      | 1.60        | 0.548           | 221   | 0.288                 |
| 5     | 170                  | 25         | 10.8      | 6.48      | 1.782      | 1.60        | 0.544           | 225   | 0.288                 |
| 6     | 170                  | 25         | 10.8      | 6.48      | 1.782      | 1.60        | 0.547           | 227   | 0.288                 |
| 7     | 210                  | 5          | 10.8      | 6.48      | 1.751      | 1.42        | 0.547           | 228   | 0.273                 |
| 8     | 210                  | 5          | 10.8      | 6.48      | 1.751      | 1.42        | 0.546           | 221   | 0.273                 |
| 9     | 210                  | 5          | 10.8      | 6.48      | 1.751      | 1.42        | 0.548           | 235   | 0.273                 |
| 10    | 130                  | 25         | 8.10      | 4.70      | 1.672      | 1.34        | 0.571           | 215   | 0.234                 |
| 11    | 130                  | 25         | 8.10      | 4.70      | 1.672      | 1.34        | 0.558           | 199   | 0.234                 |
| 12    | 130                  | 25         | 8.10      | 4.70      | 1.672      | 1.34        | 0.562           | 201   | 0.234                 |
| 13    | 170                  | 5          | 8.10      | 4.70      | 2.066      | 1.02        | 0.589           | 187   | 0.201                 |
| 14    | 170                  | 5          | 8.10      | 4.70      | 2.066      | 1.02        | 0.577           | 175   | 0.201                 |
| 15    | 170                  | 5          | 8.10      | 4.70      | 2.066      | 1.02        | 0.565           | 176   | 0.201                 |
| 16    | 210                  | 45         | 8.10      | 4.70      | 0.563      | 2.78        | 0.531           | 247   | 0.194                 |
| 17    | 210                  | 45         | 8.10      | 4.70      | 0.563      | 2.78        | 0.519           | 246   | 0.194                 |
| 18    | 210                  | 45         | 8.10      | 4.70      | 0.563      | 2.78        | 0.522           | 241   | 0.194                 |
| 19    | 130                  | 5          | 5.40      | 3.13      | 1.476      | 0.97        | 0.568           | 175   | 0.212                 |
| 20    | 130                  | 5          | 5.40      | 3.13      | 1.476      | 0.97        | 0.570           | 181   | 0.212                 |
| 21    | 130                  | 5          | 5.40      | 3.13      | 1.476      | 0.97        | 0.600           | 181   | 0.212                 |
| 22    | 170                  | 45         | 5.40      | 3.13      | 0.550      | 2.47        | 0.559           | 225   | 0.200                 |
| 23    | 170                  | 45         | 5.40      | 3.13      | 0.550      | 2.47        | 0.550           | 221   | 0.200                 |
| 24    | 170                  | 45         | 5.40      | 3.13      | 0.550      | 2.47        | 0.543           | 218   | 0.200                 |
| 25    | 210                  | 25         | 5.40      | 3.13      | 0.598      | 1.99        | 0.556           | 223   | 0.205                 |
| 26    | 210                  | 25         | 5.40      | 3.13      | 0.598      | 1.99        | 0.538           | 224   | 0.205                 |
| 27    | 210                  | 25         | 5.40      | 3.13      | 0.598      | 1.99        | 0.538           | 238   | 0.205                 |

**Table 1.** Design matrix of sequential conditions for the TH process and data obtained

for every run of the experimental design.

|                | VS removal<br>during tests<br>(%) | BMP<br>(mLCH <sub>4</sub> gVS <sup>-1</sup> ) | k <sub>H</sub><br>(d <sup>-1</sup> ) | VS loss in TH<br>(%)      |
|----------------|-----------------------------------|---|--------------------------------------|---------------------------|
| R <sup>2</sup> | 0.7919                            | 0.8219  | 0.8909                               | 0.9730                    |
| k              | 1.856 · 10 <sup>1</sup>           | 1.187 · 10 <sup>2</sup>                       | 7.268 · 10 <sup>-2</sup>             | 1.229 · 10 <sup>1</sup>   |
| A: Temperature | 4.133 · 10 <sup>-2</sup>          | 4.470 · 10 <sup>-1</sup>                      | 9.073 · 10 <sup>-4</sup>             | 7.024 · 10 <sup>-2</sup>  |
| B: Time        | 8.774 · 10 <sup>-2</sup>          | 7.422 · 10 <sup>-1</sup>                      | 3.083 · 10 <sup>-3</sup>             | -3.822 · 10 <sup>-1</sup> |
| C: TS          | N.S.                              | N.S.  | 1.093 · 10 <sup>-3</sup>             | -7.118                    |
| AB             | N.S.                              | N.S.  | -3.629 · 10 <sup>-5</sup>            | N.S.                      |
| AC             | N.S.                              | N.S.  | N.S.                                 | 3.109 · 10 <sup>-2</sup>  |
| BC             | N.S.                              | N.S.  | 3.811 · 10 <sup>-4</sup>             | 7.331 · 10 <sup>-2</sup>  |

Table 2. Coefficients of the adjusted model (Equation 2). N.S.: Not significant ( $\alpha < 0.05$ ).

|          | INPUTS           |                      | OUTPUTS   |   |   |
|----------|------------------|----------------------|---|---|---|
| Scenario | Reactor pressure | Fresh steam pressure | Ratio of vapour losses (kg lost kg <sup>-1</sup> flashed) | Fresh steam needed (kg kg <sup>-1</sup> sludge) | Thermal energy required for TH (W m <sup>-3</sup> sludge) |
| A-130 °C | 2 barg           | 16 barg              | 0%  | 0.142   | 2.03  |
| B-170 °C | 6 barg           | 16 barg              | 6%  | 0.151   | 2.30  |
| C-210 °C | 19 barg          | 20 barg              | 53%   | 0.294   | 4.42  |

Table 3: Values considered for TH energy demand calculations and results obtained.

|          | INPUTS  | OUTPUTS  |   |  |
|----------|---|--|---|--|
| Scenario | Biogas (m <sup>3</sup><br>m <sup>-3</sup> sludge) | Thermal<br>energy<br>balance<br>(W m <sup>-3</sup> sludge) | % biogas<br>destined to<br>burning to cover<br>thermal demand | Electric<br>energy<br>generated<br>(W m <sup>-3</sup><br>sludge) |
| A-130 °C | 4.4   | + 0.2  | 0.0%  | 4.5  |
| B-170 °C | 5.1   | + 0.1  | 0.0%  | 4.8  |
| C-210 °C | 5.2   | - 2.0  | 22.6%   | 3.7  |

Table 4: Values considered for energy calculations and results obtained.

| Scenario | Electric energy<br>income   |                      | Biosolids disposal<br>cost  |                      | Total benefit               |                      |
|----------|-----------------------------|----------------------|-----------------------------|----------------------|-----------------------------|----------------------|
|          | € m <sup>-3</sup><br>sludge | € year <sup>-1</sup> | € m <sup>-3</sup><br>sludge | € year <sup>-1</sup> | € m <sup>-3</sup><br>sludge | € year <sup>-1</sup> |
| A-130 °C | 3.98                        | 835067               | 0.69                        | 144922               | 3.29                        | 690145               |
| B-170 °C | 4.18                        | 877548               | 0.64                        | 133623               | 3.54                        | 743925               |
| C-210 °C | 3.25                        | 683547               | 0.63                        | 132274               | 2.62                        | 551273               |

Table 5: Economic analysis.