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Classification of oximetry signals using Bayesian neural networks to assist in the detection of the obstructive sleep apnoea syndrome

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Abstract

In the present study, multilayer perceptron (MLP) neural networks were applied to help in the diagnosis of obstructive sleep apnoea syndrome (OSAS). Oxygen saturation (SaO₂) recordings from nocturnal pulse oxymetry were used for this purpose. We performed time and spectral analysis of these signals to extract 14 features related to OSAS. The performance of two different MLP classifiers was compared: maximum likelihood (ML) and Bayesian (BY) MLP networks. A total of 187 subjects suspected of suffering from OSAS took part in the study. Their SaO2 signals were divided into a training set with 74 recordings and a test set with 113 recordings. BY-MLP networks achieved the best performance on the test set with 85.58% accuracy (87.76% sensitivity and 82.39% specificity). These results were substantially better than those provided by ML-MLP networks, which were affected by overfitting and achieved an accuracy of 76.81% (86.42% sensitivity and 62.83% specificity). Our results suggest that the Bayesian framework is preferred to implement our MLP classifiers. The proposed BY-MLP networks could be used for early OSAS detection. They could contribute to overcome the difficulties of nocturnal polysomnography (PSG) and thus reduce the demand for these studies.

Keywords: obstructive sleep apnoea syndrome (OSAS), nocturnal pulse oximetry, multilayer perceptron (MLP), maximum likelihood, Bayesian inference

1 Introduction

Feedforward neural networks represent a powerful tool for pattern recognition tasks. Several advantages are associated with these algorithms. Firstly, neural networks can learn from the environment in which they operate without the requirement of any previous assumption (Haykin 1996, Zhang 2000). In addition, neural networks are capable of universal approximation, i.e. they can approximate any continuous mapping, provided that a sufficiently complex network is available (Hornik 1991). Finally, neural networks are nonlinear models. Thus, they can be applied to model real-world complex relationships (Zhang 2000).

The multilayer perceptron (MLP) is the most commonly studied and used feedforward neural network. It is usually used for classification purposes since MLP networks can estimate posterior probabilities (Bishop 1995, Haykin 1999). Traditionally, MLP networks based on the maximum likelihood (ML) approach were applied. In this context, more complex models are typically better able to fit the training data. However, this does not necessarily imply good generalization capability (Bishop 1995). The Bayesian (BY) framework provides an alternative approach to implement MLP algorithms. It is based on the prior assumption that smooth mappings provide better generalization. Moreover, Bayesian techniques can be used to evaluate the relevance of each input variable for the network predictions (Neal 1996, Nabney 2002).

The aim of this study is to analyze the performance of Bayesian MLP networks to assist in the diagnosis of the obstructive sleep apnoea syndrome (OSAS). Moreover, we compared these algorithms with maximum likelihood MLP networks. Both network models were applied for OSAS detection using information from nocturnal oxygen saturation signals. Patients affected by OSAS suffer repetitive occlusion of the upper airway during sleep, leading to a complete (apnoea) or partial (hypopnoea) cessation of the airflow (Qureshi and Ballard 2003). The recurrence of these episodes has severe implications for the health of the patient. Indeed, OSAS is considered a risk factor for the development of cardiovascular diseases (Lattimore et al 2003). Additionally, excessive daytime sleepiness due to sleep fragmentation has been pointed out as a major cause of traffic and industrial accidents (George 2001). As a result, early diagnosis of OSAS is required in order to apply an effective treatment. Currently, nocturnal polysomnography (PSG) is the gold standard for OSAS diagnosis (Oureshi and Ballard 2003). This test is performed in a special sleep unit and must be supervised by a trained technician. A medical expert must analyze several physiological recordings monitored during PSG to provide a final diagnosis. Despite its diagnostic reliability, PSG is complex, time-consuming and expensive (Bennet and Kinnear 1999). Therefore, simplified diagnostic techniques would be of great practical interest.

Arterial oxygen saturation (SaO₂) recordings from nocturnal pulse oximetry can provide useful diagnostic information about OSAS, avoiding the difficulties of PSG. These could be acquired in the home of the patient, resulting in reduced complexity and cost. Pulse oximetry is widely known in pulmonary medicine (Netzer *et al* 2001). It provides useful information about respiratory dynamics during sleep. Subjects suffering from OSAS are usually characterized by SaO₂ signals with high instability. The repetition of apnoeas is reflected by frequent drops and the corresponding restorations of the saturation value due to the lack of oxygen during each apnoeic event. In contrast, control subjects tend to present a constant SaO₂ value around 97% (Netzer *et al* 2001). Thus, oximetry data could be useful for detecting OSAS.

Different methodologies have been previously proposed to perform OSAS diagnosis from SaO₂ recordings. Visual inspection represents the easiest analysis technique (Rodríguez *et al* 1996). However, automated analysis would reduce the time required for a final diagnosis. Conventional oximetry indices were suggested for this purpose. These indices are usually provided by the oximetry equipment. They include the oxygen desaturation index over 2% (ODI2), 3% (ODI3) and 4% (ODI4), and the cumulative time spent below 90% of saturation (CT90) (Lévy *et al* 1996, Roche *et al* 2002, Vázquez *et al* 2000, Netzer *et al* 2001, Magalang *et al* 2003). Recently, signal processing techniques have been also used for automated analysis of oximetry recordings through spectral and nonlinear methods (Zamarrón *et al* 2003, Álvarez *et al* 2006, Del Campo *et al* 2006, Álvarez *et al* 2007, Hornero *et al* 2007). In addition, pattern

classification techniques such as neural networks have been applied for the development of diagnostic algorithms (El-Solh et al 2003, Marcos et al 2008, Polat et al 2008).

In the present study, we modelled the OSAS diagnosis problem as a pattern recognition task. Subjects must be assigned to one of two possible groups: OSAS-positive or negative. Several features extracted from SaO₂ recordings were fed into MLP network classifiers to identify subjects with OSAS. We evaluated and compared the capability of MLP networks developed within two different frameworks: the maximum likelihood and the Bayesian approaches.

2 Subjects and signals

A total of 187 SaO2 recordings from subjects suspected of suffering from OSAS were available for the study. Usually, sleep analysis was carried out from midnight to 8:00 AM in the Sleep Unit of the Hospital Clínico Universitario of Santiago de Compostela (Spain). The Review Board on Human Studies at this institution approved the protocol. Conventional PSG and nocturnal pulse oximetry were simultaneously performed on each of the subjects. Oximetry signals were recorded by means of a Criticare 504 oximeter (CSI, Waukeska, U.S.A.) at a sampling frequency of 0.2 Hz. The equipment used to perform PSG was a polygraph (Ultrasom Network, Nicolet, Madison, W.I., U.S.A.). Signals obtained in the polysomnographic study were electroencephalogram (EEG), electro-oculogram (EOG), chin electromyogram (EMG), airflow (three-port thermistor), electrocardiogram (ECG) and measurement of chest wall movement. These recordings were analyzed by an expert according to the system by Rechtschaffen and Kales to obtain a diagnosis for each subject (Rechtschaffen and Kales 1968). Apnoea was defined as a cessation of airflow for 10 seconds or longer. Hypopnoea was defined as a reduction, without complete cessation, in airflow of at least 50%, accompanied by a decrease of more than 4% in the saturation of haemoglobin. The average apnoea-hypopnoea index (AHI) was calculated for hourly periods of sleep from apnoeic/hypopnoeic episodes captured in PSG. Finally, a threshold of AHI ≥ 10 events/h was established to determine the presence of OSAS in a subject.

A positive diagnosis of OSAS was confirmed in 111 subjects, i.e. 59.36% of the population under study. There were no significant differences between OSAS-positive and negative groups in age, body mass index (BMI) and recording time. On the other hand, the percentage of males was higher in the OSAS-positive group (84.68%) than in the OSAS-negative (69.74%). The initial population was randomly divided into training and test sets to develop both types of neural network classifiers. The proportion of OSAS-positive and negative subjects was preserved in each of these sets. The training set (74 subjects) was used for network optimization. The test set (113 subjects) was applied to estimate the generalization capability of the classifiers. Table 1 summarizes the demographic and clinical data for the whole population as well as for training and test sets.

3 Methods

Pattern recognition techniques were applied to model the OSAS diagnosis problem using oxymetry data. Our methodology involved several stages: 1) feature extraction, 2) feature preprocessing and 3) pattern classification.

3.1. Feature extraction

The purpose of the feature extraction stage was to summarize the information in SaO_2 recordings using a reduced set of parameters or features. Events of apnoea are accompanied by hypoxaemia, which is reflected in oximetry signals with a marked decrease in the saturation value. These recordings tend to present a different behaviour for OSAS-positive and negative subjects. Therefore, they can be useful for OSAS detection.

The extracted features must provide suitable measures in order to differentiate signals from both populations. We used signal processing techniques to extract features related to OSAS from oximetry data. Initially, conventional statistical analysis was applied. It is widely known in the signal processing field (Jobson 1991). Statistical analysis was included in the present study

Table 1. Demographic and clinical statistics of all subjects, training set and test set. Data are presented as mean \pm standard deviation. n: number of subjects; BMI: body mass index; AHI: apnoea/hypopnoea index computed as events for hourly periods.

		All subjects	
	All $(n = 187)$	OSAS Positive $(n = 111)$	OSAS Negative $(n = 76)$
Age (years)	57.97 ± 12.84	58.30 ± 12.88	57.57 ± 12.87
Males (%)	78.61	84.68	69.74
BMI (kg/m^2)	29.54 ± 5.51	30.45 ± 4.92	28.42 ± 6.02
Recording Time (h)	8.19 ± 0.62	8.17 ± 0.75	8.22 ± 0.33
AHI (events/h)		40.07 ± 19.64	2.04 ± 2.36
		Training set	
	All $(n = 74)$	OSAS Positive $(n = 44)$	OSAS Negative $(n = 30)$
Age (years)	58.25 ± 12.14	56.73 ± 13.61	59.59 ± 10.19
Males (%)	75.68	79.55	70.00
BMI (kg/m^2)	BMI (kg/m ²) 29.62 ± 5.71		28.93 ± 6.40
Recording Time (h)	8.22 ± 0.41	8.20 ± 0.49	8.25 ± 0.27
AHI (events/h)		38.11 ± 18.18	2.60 ± 2.51
		Test set	
	All $(n = 113)$	OSAS Positive $(n = 67)$	OSAS Negative $(n = 46)$
Age (years)	57.91 ± 13.39	59.37 ± 12.38	56.03 ± 14.54
Males (%)	80.53	88.06	69.57
$BMI (kg/m^2)$	29.49 ± 5.41	30.63 ± 4.84	28.07 ± 5.80
Recording Time (h)	8.17 ± 0.72	8.14 ± 0.88	8.20 ± 0.37
AHI (events/h)		41.36 ± 20.58	1.67 ± 2.21

as a straightforward method to characterize oximetry data. Regarding our previous research (Zamarrón et al 2003, Álvarez et al 2006, Hornero et al 2007, Marcos et al 2008), this is the first study where traditional statistical measures are proposed to assist in OSAS detection. Moreover, we analyzed SaO₂ signals using spectral and nonlinear methods. From our knowledge, both analyses provide relevant information to detect OSAS. As stated in our previous work (Zamarrón et al 2003, Álvarez et al 2006, Del Campo et al 2006, Álvarez et al 2007, Hornero et al 2007), spectral and nonlinear features from oximetry signals provided statistically significant differences between OSAS-positive and negative subjects. Thus, these were selected as inputs for our classifiers. Finally, a total of 14 features were computed from SaO₂ recordings. These can be divided into two groups: time-domain and frequency-domain features.

3.1.1 Time-domain analysis of oximetry data. Time representation of oximetry signals reflects respiratory dynamics during sleep. Apnoea events are characterized by a decrease in the SaO₂ value due to airway obstruction and reduced airflow. Therefore, signals from positive subjects are usually associated to instability. They reflect continuous drops and subsequent restorations of the saturation value because of the repetition of apnoeas. In contrast, signals from OSAS-negative subjects tend to present a near-constant saturation value around 97% (Netzer et al 2001). To illustrate this, the oximetry recordings corresponding to a control subject (AHI = 0 events/h), a patient suffering from OSAS (AHI = 44 events/h) and an uncertain OSAS-positive patient (AHI = 14 events/h) from our database are depicted in figure 1. In order to quantify these dynamic differences, we analyzed SaO₂ signals in the time domain using conventional statistics and nonlinear methods.

We estimated the first four standard moments for the distribution of the variable (s) representing the SaO₂ value. The probability density function of this variable was modelled with a discrete uniform distribution. The signal under study was divided into epochs of T = 200 samples (around 16.6 min). The four standard moments were computed on each of the signal epochs. The final estimate for each moment was obtained by averaging the values from all the epochs. These features were computed according to the following expressions (Jobson 1991):

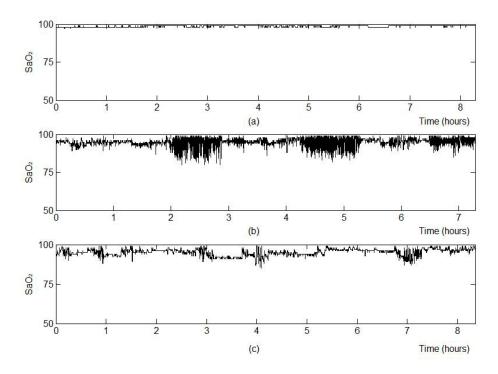


Figure 1. Time representation of oximetry recordings corresponding to (a) an OSAS negative subject (AHI = 0 events/h), (b) an OSAS positive subject (AHI = 44 events/h) and (c) an uncertain OSAS positive subject (AHI = 14 events/h).

• Feature 1. First statistical moment in the time domain (SMT1). SMT1 represents the expected value of the distribution of SaO₂ samples. It is usually lower for positive patients due to frequent drops in the saturation value.

$$SMTI = \mu_s = \frac{1}{T} \sum_{t=1}^{T} s_t \tag{1}$$

• Feature 2. Second statistical moment in the time domain (*SMT2*). *SMT2* represents the variance of the distribution of SaO₂ samples. Positive patients are expected to provide higher values of *SMT2* due to instability of their recordings.

$$SMT2 = \sigma_s^2 = \frac{1}{(T-1)} \sum_{t=1}^{T} (s_t - \mu_s)^2$$
 (2)

• Feature 3. Third statistical moment in the time domain (*SMT3*). *SMT3* measures the asymmetry of the distribution of SaO₂ samples. Typically, it is negative for subjects from both populations. However, its magnitude is usually greater in positive subjects due to the higher concentration of samples with low values of saturation.

$$SMT3 = \gamma_s = \frac{\frac{1}{(T-1)} \sum_{t=1}^{T} (s_t - \mu_s)^3}{\sigma_s^3}$$
 (3)

• Feature 4. Fourth statistical moment in the time domain (*SMT4*). *SMT4* evaluates the sharpness of the distribution of SaO₂ samples. It is expected to be higher in control subjects since their oximetry signals tend to be constant.

$$SMT4 = \delta_s = \frac{\frac{1}{(T-1)} \sum_{t=1}^{T} (s_t - \mu_s)^4}{\sigma_s^4}$$
(4)

In addition, we analyzed oximetry recordings with three different nonlinear methods: approximate entropy (ApEn), central tendency measure (CTM) and Lempel-Ziv complexity (LZC). According to our previous research, these methods can be used to evaluate properties of oximetry signals that are related to OSAS (Álvarez et al 2006, Del Campo et al 2006, Álvarez et al 2007, Hornero et al 2007). Signals were divided into epochs of 200 samples to compute these features. For each of them, the average value from all signal epochs represented the final estimate. The following nonlinear methods were applied on SaO₂ signals:

- Feature 5. Approximate entropy (ApEn). ApEn estimates irregularity of time series, with high values of ApEn corresponding to irregular signals (Pincus 2001). This method requires the specification of two design parameters: a run length m and a tolerance window r. These were set to 1 and 0.25 times the standard deviation of the original sequence, respectively (Hornero et al 2007). ApEn measures the logarithmic likelihood that runs of patterns that are close (within r) for m contiguous observations remain close (within the same tolerance window width r) on subsequent incremental comparisons (Pincus 2001). Usually, high values of ApEn are associated with SaO₂ signals from OSAS-positive subjects. These tend to present a more irregular behaviour due to frequent changes in the saturation value (Hornero et al 2007).
- Feature 6. Central tendency measure (CTM). CTM quantifies the variability of the signal (Cohen et al 1996), assigning low values to signals with a high degree of chaos. It is computed from second-order difference plots representing $(s_{t+2} s_{t+1})$ vs. $(s_{t+1} s_t)$, where $\mathbf{s} = (s_1, ..., s_t, ..., s_T)$ is a time series of length T. The number of points that fall inside a circular region of radius ρ centred on the origin is obtained. Then, it is divided by the total number of points to compute CTM. In the present study, a radius $\rho = 0.25$ was applied to estimate CTM from our SaO₂ signals (Álvarez et al 2006). Oximetry recordings from OSAS-positive patients are characterized by high variability due to the recurrence of apnoeas, which is reflected in low CTM values for these subjects (Álvarez et al 2006).
- Feature 7. Lempel-Ziv complexity (*LZC*). *LZC* estimates the complexity of the signal (Lempel and Ziv 1976). Series with high complexity provide high values of *LZC*. It is related to the number of distinct substrings and the rate of their recurrence along a given sequence. The signal is transformed into a finite symbol sequence by comparing each sample with a fixed threshold. In this study, *LZC* was computed by converting SaO₂ signals into 0-1 sequences. The median value of the signal samples was used as threshold (Álvarez *et al* 2006). The resulting sequence is scanned from left to right, increasing the complexity counter by one unit every time a new subsequence of consecutive characters is encountered (Lempel and Ziv 1976). High values of *LZC* are expected for SaO₂ signals from OSAS-positive subjects (Álvarez *et al* 2006).
- 3.1.2 Frequency-domain analysis of oximetry data. Our preceding studies concluded that spectral analysis of oximetry signals reflects significant differences between positive and negative subjects. The signal power associated with frequency components located in the band between 0.010 and 0.033 Hz is usually higher in subjects with OSAS than in normal controls

(Zamarrón *et al* 2003). The duration of an apnoea usually ranges from 30 s to 2 min, including the awakening response after the event. The repetition of apnoeas during sleep originates phase-lagged changes in SaO₂ signals with the same periodicity. Thus, the minimum and maximum frequencies for the occurrence of apnoeas would approximately correspond to the limits of that band. This behaviour is illustrated in figure 2. It depicts the power spectral density (PSD) function computed from the SaO₂ recordings shown in figure 1. As can be observed, frequent changes in the saturation value due to apnoeas lead to a higher bandwidth in SaO₂ signals from positive subjects. In addition, a peak in the band between 0.010 and 0.033 Hz reflects a periodic component in the oximetry recording from the patient with severe OSAS.

Different methods can be used to compute the PSD from non-stationary data such as our SaO_2 signals. We applied the non-parametric Welch's method to estimate the PSD using a Hanning window with a length of 300 samples (50% overlapping) (Welch 1967). Fast Fourier Transforms were computed for a length (L) of 512 samples. Initially, we analyzed the statistical properties of the variable (f) representing the frequency component of oximetry signals. The normalized PSD (denoted by PSD_n) was used as the probability density function of this variable. The following features were computed (Jobson 1991):

• Feature 8. First statistical moment in the frequency domain (SMF1). SMF1 estimates the expected value of the variable defined by the frequency component. It is usually larger for OSAS-positive patients since their SaO₂ signals tend to have a larger bandwidth.

$$SMFI = \mu_f = \sum_{l=1}^{L} f_l PSD_n(f_l)$$
 (5)

• Feature 9. Second statistical moment in the frequency domain (*SMF2*). *SMF2* represents the variance of the variable defined by the frequency component. Similarly, higher values of this feature are associated to patients affected by OSAS.

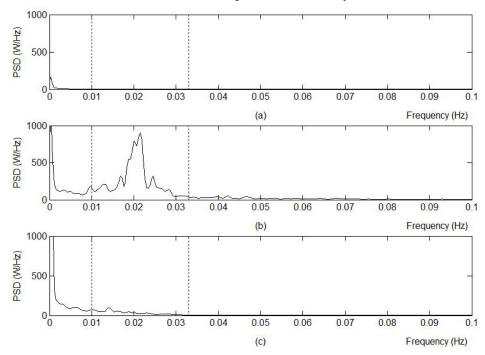


Figure 2. Power spectral density (PSD) computed from oximetry recordings corresponding to (a) an OSAS negative subject (AHI = 0 events/h), (b) an OSAS positive subject (AHI = 44 events/h) and (c) an uncertain OSAS positive subject (AHI = 14 events/h). The dashed line indicates the limits for the band between 0.010 and 0.033 Hz.

$$SMF2 = \sigma_f^2 = \sum_{l=1}^{L} (f_l - \mu_f)^2 PSD_n(f_l)$$
 (6)

• Feature 10. Third statistical moment in the frequency domain (*SMF3*). *SMF3* measures the asymmetry of the variable defined by the frequency component. It is positive for both groups of subjects. High values are associated to OSAS-negative subjects since the PSD of their signals tend to be concentrated on frequencies close to zero.

$$SMF3 = \gamma_f = \frac{\sum_{l=1}^{L} (f_l - \mu_f)^3 PSD_n(f_l)}{\sigma_f^3}$$
(7)

• Feature 11. Fourth statistical moment in the frequency domain (*SMF4*). *SMF4* evaluates the sharpness of the distribution defined by the frequency component. It is expected to be higher for OSAS-negative subjects since the power of the signal is concentrated in low frequency components.

$$SMF4 = \delta_f = \frac{\sum_{l=1}^{L} (f_l - \mu_f)^4 PSD_n(f_l)}{\sigma_f^4}$$
(8)

In addition, other three spectral features were computed from SaO₂ signals. These are directly related to the analysis of the PSD in the frequency band between 0.010 and 0.033 Hz (Zamarrón *et al* 2003). We computed the following features:

- Feature 12. Total area under the PSD (S_T). S_T evaluates the power of the signal under study. High values are associated to signals from positive subjects due to frequent changes and variability.
- Feature 13. Area enclosed in the band of interest (S_B) . S_B measures the signal power corresponding to frequencies in the band between 0.010 and 0.033 Hz. As indicated above, it is usually higher for OSAS-positive patients.
- Feature 14. Peak amplitude of the PSD in the band of interest (PA). PA represents the most significant frequency component contained in the band between 0.010 and 0.033 Hz. It is expected to be higher in OSAS-positive patients due to periodic changes in SaO₂ signals corresponding to these frequencies.

3.2 Feature preprocessing

The preprocessing stage avoids possible differences between the magnitudes of the input features (Bishop 1995). Each of them was normalized to have zero mean and unit variance. The following linear transformation was applied:

$$x_i^n = \frac{\widetilde{x}_i^n - \mu_i}{\sigma_i} \tag{9}$$

where n and i are the sample and feature indices, respectively, x_i^n is the normalized value of feature i for sample n, \tilde{x}_i^n is its corresponding raw value, μ_i is the mean value of feature i and σ_i is its standard deviation.

3.3 Classification

We used multilayer perceptron (MLP) neural network classifiers to process the normalized features. The purpose of this stage is to classify patterns from SaO₂ recordings into one of two possible groups: OSAS-positive or OSAS-negative. MLP neural networks suitably adapt to classification tasks since they are capable of estimating posterior probabilities (Bishop 1995, Haykin 1999). Classifiers based on MLP present some advantages in comparison with other conventional techniques such as discriminant analysis. Mainly, they avoid prior assumptions about the statistical distribution of the input data (Zhang 2000). Moreover, MLP networks can establish complex nonlinear decision boundaries in the input space (Bishop 1995, Haykin 1999).

Neural networks are machines designed to model a particular task or function. They are usually implemented in software programs. Neural networks employ a massive interconnected architecture of simple computing cells, referred to as neurons or units, to achieve good performance. Specifically, MLP networks are composed of numerous units arranged in different layers. The input layer is constituted by source units providing the activation pattern (input pattern) $\mathbf{x} = (x_1, x_2, ..., x_l)$. It feeds into each of the units in the first layer (i.e. the first hidden layer). The outputs of this layer feeds into each of the second layer units, resulting in a fully connected architecture. The set of output signals of units in the final layer (output layer) constitutes the response of the network to the input pattern (Haykin 1999). A generic MLP network with one hidden layer composed of H hidden units and a single output unit (denoted by o) is represented in figure 3. Each network connection between two units is associated to a network parameter or weight (w_{ih}) . The effective input of a unit is computed as the weighted sum of its input values. A constant or bias term (b_h) is added. The obtained value is the argument for the activation function, which characterizes the behaviour of the unit and provides its output. The weight vector (w), composed of all the adjustable parameters (weights and biases) in the network, is optimized during the training or learning process. As a result, the statistical properties of the problem to be solved are inferred into the network.

For a given problem, designing neural networks requires to take some decisions about network architecture and training. In this study, input patterns must be labelled as OSAS positive or negative, which represents a two-class classification problem. A single unit is required in the output layer of the network. A logistic activation function was used for this unit in order to interpret network outputs as probabilities (Bishop 1995). On the other hand, we decided to evaluate MLP networks with a single hidden layer. As indicated in (Hornik 1991), networks with this architecture are capable of universal approximation. The hyperbolic tangent activation function was used for hidden units since it provides faster convergence of the training algorithms (Haykin 1999).

We trained our MLP networks using a coding scheme t = 1 if the input pattern belongs to class C_1 (OSAS-positive group) and t = 0 if it belongs to class C_0 (OSAS-negative group), with t representing the target value and C_j the membership variable. As a result, the network output can be interpreted as the probability of having OSAS given the input pattern. The Bayes decision rule can be applied to perform pattern classification in order to minimize the probability of misclassification (Bishop 1995). It states the following:

Decide
$$C_j$$
 for \mathbf{x} if $p(C_j|\mathbf{x}) = \max_{j=0,1} p(C_j|\mathbf{x})$ (10)

where $p(C_i|\mathbf{x})$ represents the posterior probability of class C_i for the input pattern \mathbf{x} .

Training MLP networks involves adjusting network weights based on a finite set of data that represents the statistical properties of the problem. In this context, two different techniques can be applied: the maximum likelihood criterion and the Bayesian inference approach. In this

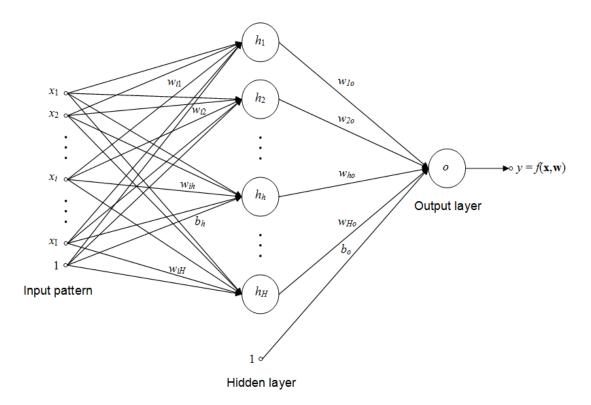


Figure 3. Generic architecture of a MLP network classifier with one hidden layer and a single output unit.

study, we propose to compare the performance of MLP classifiers from both frameworks to assist in OSAS diagnosis using oximetry data.

3.3.1 Maximum likelihood. In classification problems, the probability of observing the target value *t* is modelled with a Bernoulli distribution (Bishop 1995). It is expressed as:

$$p(t|\mathbf{x}) = y^t (1-y)^{1-t} \tag{11}$$

where y is the network output value, i.e. the estimate for the posterior probability $p(C_1|\mathbf{x})$. According to this, the likelihood (Λ) of observing the training set is given by the following expression:

$$\Lambda = \prod_{n=1}^{N} y_n^{t_n} (1 - y_n)^{1 - t_n}$$
 (12)

where N is the size of the training set and it has been assumed that training samples are statistically independent. The aim of the maximum likelihood approach is to adjust network weights in order to maximize Λ . Usually, the negative logarithm of the likelihood is considered. Then, the optimization process is equivalent to minimize the expression resulted from that transformation. It is referred to as the cross-entropy error function (E_D) and is expressed as (Bishop 1995):

$$E_D = -\sum_{n=1}^{N} \left[t_n \ln y_n + (1 - t_n) \ln(1 - y_n) \right]$$
 (13)

The scaled conjugate gradient was used to minimize this error function for networks corresponding to the maximum likelihood criterion (Moller 1993). As a result, the weight vector **w** that best fits the training data is obtained. Once training is completed, network predictions for new input patterns are computed as:

$$y = f(\mathbf{x}, \mathbf{w}) = g_I \left\{ \sum_{h=1}^{H} \left[w_{ho} g_t \left(\sum_{i=1}^{I} w_{ih} x_i + b_h \right) + b_o \right] \right\}$$
 (14)

where I is the number of features in the input vector, H is the number of hidden units, w_{ho} is the weight connecting hidden unit h with output unit o, b_o is the bias associated to output unit o, w_{ih} is the weight connecting the feature i of the input pattern with hidden unit h, b_h is the bias associated to hidden unit h, $g_i(\cdot)$ is the activation function for units in the hidden layer and $g_i(\cdot)$ is the activation function for the output layer unit.

3.3.2 Bayesian inference. The Bayesian approach models the posterior probability density function of the weight vector rather than determining an optimum set of network weights (Bishop 1995, Nabney 2002). When the maximum likelihood approach is applied, different representative training sets lead to different network weights. Bayesian techniques aim to account for this uncertainty by representing the degrees of belief in the values of the weight vector with a probability distribution (Bishop 1995). According to Bayes' theorem, the posterior distribution of the weights (w) given the training set (D) is expressed as:

$$p(\mathbf{w}|D) = \frac{p(D|\mathbf{w})p(\mathbf{w})}{p(D)}$$
(15)

where $p(\mathbf{w})$ is the prior probability function over weight space, $p(D|\mathbf{w})$ is the likelihood of the training data and p(D) is a normalization factor known as the evidence (Nabney 2002). Once the posterior has been calculated, it can be used to infer the distribution of output values by computing the following expression:

$$p(t|\mathbf{x}, D) = \int p(t|\mathbf{x}, \mathbf{w}) p(\mathbf{w}|D) d\mathbf{w}$$
(16)

where $p(t|\mathbf{x},\mathbf{w})$ is the model for the distribution of the noise on the target for a given weight vector. In pattern classification problems, it is given by the expression in (11). Therefore, the probability of membership of an input pattern to the OSAS-positive group is obtained as:

$$p(C_1|\mathbf{x},D) = \int p(C_1|\mathbf{x},\mathbf{w})p(\mathbf{w}|D)d\mathbf{w} = \int y(\mathbf{x},\mathbf{w})p(\mathbf{w}|D)d\mathbf{w}$$
(17)

We used the evidence procedure to implement Bayesian MLP networks (Mackey 1992). A Gaussian approximation to the posterior (Laplace approximation) is used to solve integrals such as those in equations (16) and (17). In the absence of data, the prior probability distribution is chosen to favour small weights. Smooth mappings are preferred since they provide better generalization (Bishop 1995). Thus, the prior is modelled using the following zero-mean Gaussian function:

$$p(\mathbf{w}) = \frac{1}{Z_W} \exp(-\alpha E_W) = \frac{1}{Z_W} \exp\left(-\frac{\alpha}{2} \|\mathbf{w}\|^2\right)$$
 (18)

where Z_W is a normalization factor, $E_W = \frac{1}{2} \|\mathbf{w}\|^2$ and α , referred to as a hyperparameter, is the

inverse variance of the Gaussian. It controls the distribution of the network parameters, i.e. network weights and biases. On the other hand, the likelihood function for the training data given in (12) can be written as:

$$\Lambda = p(D|\mathbf{w}) = \prod_{n=1}^{N} y_n^{t_n} (1 - y_n)^{1 - t_n} = \exp[-G(D|\mathbf{w})]$$
 (19)

where $G(D|\mathbf{w}) = -E_D$ is the cross-entropy error function. According to the expression in (15), Bayes' theorem is applied to compute the posterior probability from $p(\mathbf{w})$ and $p(D|\mathbf{w})$. It is given by:

$$p(\mathbf{w}|D) = \frac{1}{Z_s} \exp(-G - \alpha E_w) = \frac{1}{Z_s} \exp[-S(\mathbf{w})]$$
 (20)

where Z_S is a normalization factor for the Gaussian and $S(\mathbf{w}) = G(D|\mathbf{w}) + E_W(\mathbf{w})$.

In practice, this distribution is approximated by a Gaussian centred on the maximum posterior weight vector (\mathbf{w}_{MP}):

$$p(\mathbf{w}|D) \approx \frac{1}{Z_{S}^{*}} \exp \left[-S(\mathbf{w}_{MP}) - \frac{1}{2} \Delta \mathbf{w}^{T} \mathbf{A} \Delta \mathbf{w} \right]$$
 (21)

where Z_S^* is the normalization factor for the Gaussian, $\Delta \mathbf{w} = \mathbf{w} - \mathbf{w}_{MP}$ and \mathbf{A} is the Hessian matrix of the error function $S(\mathbf{w})$. The implementation of the Bayesian MLP network requires the use of a nonlinear optimization algorithm to find \mathbf{w}_{MP} , which is found by minimizing $S(\mathbf{w})$. Similarly to maximum likelihood networks, the scaled conjugate gradient was applied for this purpose (Moller 1993). Additionally, the hyperparameter α is periodically updated during this optimization process. The maximum posterior value for the hyperparameter is found by maximizing the likelihood $p(D|\alpha)$ (Bishop 1995, Nabney 2002).

The hyperparameter controls the shape of the prior distribution of weights. Complex forms of this hyperparameter can be specified. Specifically, different values of α can be used to model the distribution of the weights associated to each input feature. This procedure is known as automatic relevance determination (ARD) (Neal 1996, Nabney 2002). Once the network has been trained, the importance of an input feature (x_i) can be evaluated by analyzing its associated hyperparameter (α_i) . A low value of α_i corresponds to a large variance prior, which allows weights of large magnitude. Thus, the feature x_i is very relevant for predicting the output. Conversely, a large value of α_i is interpreted as low influence of the input feature on network output. As a result, feature selection is implemented in the network training process.

4 Results

We computed the proposed 14 features from each SaO₂ signal in our database. Table 2 summarizes the mean value of each feature for the complete set of signals. Subsequently, the preprocessing stage was applied on each feature. The obtained patterns were fed into a MLP classifier. We developed MLP networks using the two optimization frameworks described before: maximum likelihood (ML) and Bayesian inference (BY). The Netlab software was used to implement these algorithms (Nabney 2002).

4.1 Training

Different network architectures of both types were evaluated by varying the number of hidden units from 2 to 20. The generalization performance of each network configuration was measured with sensitivity, specificity and accuracy. Additionally, we used receiver operating characteristics (ROC) analysis. The area under the ROC curve (AUROC) was computed as a measure of classification ability (Hanley and McNeil 1982). Given the random nature of network initialization, the performance measures were averaged for a total of 10 runs, i.e. a total of 10 different networks were trained for each configuration. Table 3 summarizes the results achieved on the training set for both types of MLP networks.

As can be observed, ML-MLP networks can correctly classify all the samples in the training set. This is achieved for network configurations with more than 4 units in the hidden layer. In contrast, BY-MLP networks provided lower classification ability on the training data, reaching an accuracy value around 90% and an AUROC close to 0.95.

4.2 Test

The trained networks were also evaluated on previously unseen data to obtain a more reliable measure of their generalization capability. The test set with 113 subjects was used. The results achieved by ML-MLP and BY-MLP networks are summarized in table 4.

Table 2. Time and spectral features extracted from nocturnal oximetry recordings for all subjects under study. Data are presented as mean \pm standard deviation. n: number of subjects; SMT1: first statistical moment in the time domain; SMT2: second statistical moment in the time domain; SMT3: third statistical moment in the time domain; SMT4: fourth statistical moment in the time domain; ApEn: approximate entropy; CTM: central tendency measure; LZC: Lempel-Ziv complexity; SMF1: first statistical moment in the frequency domain; SMF2: second statistical moment in the frequency domain; SMF3: third statistical moment in the frequency domain; ST: total area under the power spectral density; SB: area enclosed in the band of interest; PA: peak amplitude of the power spectral density in the band of interest.

TIME FEATURES							
	All $(n = 187)$	OSAS Positive $(n = 111)$	OSAS Negative $(n = 76)$				
SMT1	93.36 ± 5.29	91.78 ± 5.37	95.67 ± 4.26				
SMT2	2.29 ± 2.02	3.18 ± 2.08	0.98 ± 0.93				
SMT3	-0.50 ± 0.50	-0.60 ± 0.46	-0.35 ± 0.54				
SMT4	4.92 ± 2.16	4.25 ± 1.64	5.89 ± 2.44				
ApEn	0.80 ± 0.38	1.03 ± 0.28	0.47 ± 0.25				
CTM	0.47 ± 0.28	0.30 ± 0.20	0.71 ± 0.18				
LZC	0.49 ± 0.18	0.60 ± 0.13	0.34 ± 0.14				
		SPECTRAL FEATURES					
	All $(n = 187)$	OSAS Positive $(n = 111)$	OSAS Negative $(n = 76)$				
SMF1	0.0104 ± 0.0050	0.0121 ± 0.0051	0.0079 ± 0.0037				
SMF2	0.0135 ± 0.0031	0.0139 ± 0.0031	0.0130 ± 0.0031				
SMF3	2.85 ± 1.56	2.27 ± 1.08	3.69 ± 1.76				
SMF4	17.03 ± 23.41	12.11 ± 9.71	24.22 ± 33.64				
S_T	15.21 ± 25.75	23.31 ± 29.54	3.37 ± 11.22				
S_B	5.88 ± 11.51	9.51 ± 13.78	0.59 ± 1.53				
PA	840.75 ± 1841.80	1363.05 ± 2239.52	77.93 ± 251.64				

As expected, the results on the test set were lower than those achieved on the training set by both types of MLP networks. However, the decrease was significantly marked for ML-MLP networks. In addition, slight differences between network configurations with a different number of hidden units were observed for both ML-MLP and BY-MLP networks. Thus, less complex algorithms such as networks with 2 hidden units are preferred. The ML-MLP algorithm with this configuration provided a mean accuracy of 76.81% (86.42% sensitivity and 62.83% specificity) and a mean AUROC of 0.86. The accuracy reached by BY-MLP classifiers on the test set was substantially higher. The BY-MLP network with 2 nodes in the hidden layer achieved a mean accuracy of 85.58% (87.76% sensitivity and 82.39 % specificity) and a mean AUROC of 0.90.

5 Discussion

Classifiers based on Bayesian MLP networks were evaluated as a tool to assist in OSAS diagnosis from nocturnal oximetry data. A total of 14 features computed from time-domain and frequency-domain analysis of SaO₂ signals were used as inputs. The performance of these classifiers was compared with that achieved by common ML-MLP networks. The classification ability of these algorithms was improved by BY-MLP, which indicates that Bayesian inference represents a more effective optimization technique to implement our MLP classifiers. It is preferred in applications with a small dataset such as that presented in this study.

BY-MLP networks provided the best classification performance with an accuracy of 85.58% and an AUROC of 0.90 on the test set. These networks significantly outperformed classifiers based on ML-MLP (76.81% accuracy and 0.86 AUROC). The opposite situation was observed for data in the training set. The accuracy reached on this set by BY-MLP networks ranged from 87.70% (BY-MLP with 20 hidden units) to 90.10% (BY-MLP with 2 hidden units). For ML-MLP networks, it was close or equal to 100%. The comparison between the results achieved on

Table 3. Classification results achieved by maximum likelihood and Bayesian MLP classifiers on the training set. Se: sensitivity; Sp: specificity; Ac: accuracy; AUROC: area under the ROC curve.

	Maximum likelihood				Bayesian inference			
Hidden units	Se (%)	Sp (%)	Ac (%)	AUROC	Se (%)	Sp (%)	Ac (%)	AUROC
2	99.77 ± 0.72	90.33 ± 3.67	95.95 ± 1.56	0.98 ± 0.01	92.50 ± 1.53	86.70 ± 0.00	90.10 ± 0.91	0.96 ± 0.00
4	99.77 ± 0.72	100.00 ± 0.00	99.86 ± 0.43	1.00 ± 0.00	90.20 ± 2.64	87.00 ± 1.05	88.90 ± 1.66	0.95 ± 0.01
6	100.00 ± 0.00	100.00 ± 0.00	100.00 ± 0.00	1.00 ± 0.00	90.90 ± 1.86	87.70 ± 2.25	89.60 ± 1.28	0.95 ± 0.00
8	100.00 ± 0.00	100.00 ± 0.00	100.00 ± 0.00	1.00 ± 0.00	89.80 ± 1.20	89.00 ± 1.61	89.50 ± 0.57	0.95 ± 0.00
10	100.00 ± 0.00	100.00 ± 0.00	100.00 ± 0.00	1.00 ± 0.00	88.90 ± 1.29	88.70 ± 1.72	88.80 ± 1.11	0.95 ± 0.00
12	100.00 ± 0.00	100.00 ± 0.00	100.00 ± 0.00	1.00 ± 0.00	88.60 ± 1.07	88.00 ± 2.33	88.40 ± 0.70	0.95 ± 0.00
14	100.00 ± 0.00	100.00 ± 0.00	100.00 ± 0.00	1.00 ± 0.00	88.00 ± 1.53	87.70 ± 1.61	87.80 ± 1.27	0.95 ± 0.01
16	100.00 ± 0.00	100.00 ± 0.00	100.00 ± 0.00	1.00 ± 0.00	88.60 ± 0.00	88.00 ± 1.72	88.40 ± 0.70	0.95 ± 0.00
18	100.00 ± 0.00	100.00 ± 0.00	100.00 ± 0.00	1.00 ± 0.00	88.90 ± 0.72	87.00 ± 1.05	88.10 ± 0.57	0.95 ± 0.00
20	100.00 ± 0.00	100.00 ± 0.00	100.00 ± 0.00	1.00 ± 0.00	88.40 ± 0.72	86.70 ± 0.00	87.70 ± 0.43	0.95 ± 0.00

Table 4. Classification results achieved by maximum likelihood and Bayesian MLP classifiers on the test set. Se: sensitivity; Sp: specificity; Ac: accuracy; AUROC: area under the ROC curve.

	Maximum likelihood				Bayesian inference			
Hidden units	Se (%)	Sp (%)	Ac (%)	AUROC	Se (%)	Sp (%)	Ac (%)	AUROC
2	86.42 ± 1.79	62.83 ± 3.90	76.81 ± 0.91	0.86 ± 0.04	87.76 ± 0.63	82.39 ± 2.39	85.58 ± 0.84	0.90 ± 0.00
4	82.39 ± 5.53	67.39 ± 3.24	76.28 ± 3.68	0.84 ± 0.02	85.07 ± 4.39	84.57 ± 0.69	84.87 ± 2.87	0.89 ± 0.01
6	84.48 ± 5.37	68.04 ± 2.91	77.79 ± 3.08	0.84 ± 0.03	86.42 ± 0.47	84.13 ± 1.05	85.49 ± 0.62	0.90 ± 0.01
8	84.33 ± 3.32	66.74 ± 3.56	77.17 ± 1.71	0.81 ± 0.03	86.27 ± 0.63	84.78 ± 0.00	85.66 ± 0.37	0.90 ± 0.00
10	85.37 ± 3.57	66.74 ± 2.72	77.79 ± 2.45	0.82 ± 0.03	86.42 ± 1.10	84.78 ± 0.00	85.75 ± 0.65	0.90 ± 0.00
12	85.97 ± 1.75	65.87 ± 3.56	77.79 ± 1.93	0.82 ± 0.02	85.82 ± 1.61	84.78 ± 0.00	85.40 ± 0.96	0.90 ± 0.00
14	84.93 ± 2.77	66.74 ± 1.79	77.52 ± 1.68	0.82 ± 0.01	85.37 ± 1.37	84.78 ± 0.00	85.13 ± 0.81	0.90 ± 0.00
16	84.78 ± 4.15	65.87 ± 2.06	77.08 ± 2.75	0.81 ± 0.03	85.82 ± 1.27	84.78 ± 0.00	85.40 ± 0.75	0.90 ± 0.00
18	84.33 ± 3.39	67.39 ± 3.69	77.43 ± 1.78	0.81 ± 0.03	85.37 ± 1.54	84.78 ± 0.00	85.13 ± 0.91	0.90 ± 0.00
20	85.67 ± 1.04	64.57 ± 2.30	77.08 ± 1.14	0.80 ± 0.01	85.37 ± 1.54	85.00 ± 0.69	85.22 ± 0.84	0.90 ± 0.00

both sets indicates that ML-MLP networks overfitted the training data. These networks are more likely to be affected by overfitting since their inherent complexity is greater than that of BY-MLP networks (Moody 1992, Bishop 1995). For a given training set, the bias-variance trade-off requires the best compromise between a good representation of the data and network complexity in order to achieve high generalization capability. A simple or inflexible model (large bias) can lead to underfit the data. The model may not have the ability to learn enough the underlying distribution. On the other hand, a too complex or flexible model (large variance) could capture the noise present in the training data, leading to overfitting. Both situations result in poor generalization (Bishop 1995, Haykin 1999).

The main advantage of BY-MLP networks is that the effect of the bias-variance dilemma is reduced. They implement regularization by including the hyperparameter α , which controls the distribution of the weights and the network complexity during training (Nabney 2002). Many real applications such as the proposed OSAS diagnosis problem present a training set with a limited size. Thus, regularization techniques are required to develop effective neural network algorithms. In our preceding work, an MLP network with nonlinear features from oximetry data was developed to help in OSAS diagnosis (Marcos *et al* 2008). It provided an accuracy of 85.5% and an AUROC of 0.90 on a test set with 83 subjects using weight decay regularization. These results were similar to those obtained with BY-MLP networks developed in this study. However, weight decay requires the user to adjust an additional regularization parameter, which controls the trade-off between reducing training error and favouring small weight values. A large number of experimental runs are needed to optimize this parameter. Therefore, the

Bayesian approach represents a more efficient regularization technique since the hyperparameter is automatically updated in the training process.

On the other hand, Bayesian techniques allow us to specify complex priors to implement automatic relevance determination. This procedure provides a means to perform feature selection in the network training algorithm (Nabney 2002). The relevance of each input is obtained by evaluating the value of its associated hyperparameter (α_i). In order to reflect the effect of Bayesian training on our classifiers, figure 4 depicts the mean value of the hyperparameters computed for Bayesian networks with 2, 10 and 20 hidden units, respectively. A logarithmic scale was used to represent the value of α_i . From our experiments, we found that ApEn, LZC, SMT1 and SMT4 were the most important features to classify SaO_2 recordings as OSAS-positive or negative. This result indicates that time-domain analysis of oximetry data provided the most relevant information in the OSAS diagnosis problem.

Other methodologies to analyze oximetry signals for OSAS diagnosis have been proposed. Visual inspection of these recordings provided a sensitivity of 91% and a specificity of 69% (Rodríguez et al 1996). However, this is a time-consuming technique and the interpretation of the signals may differ from one expert to another. Conventional oximetry indices were proposed for automated analysis of SaO₂ recordings. Most of the commercial oximeters can provide ODI2, ODI3, ODI4 and the cumulative time spent below 90% of saturation. The diagnostic capability of these indices has been evaluated in other studies. The reported results varied among different researchers: the sensitivity ranged from 31% to 98% and the specificity from 41% to 100% (Netzer et al 2001). Vázquez et al (2000) reported 98% sensitivity and 88% specificity by means of ODI4 when a threshold of 15 events/h was applied to define OSAS. It represents the highest diagnostic accuracy reported by these indices. However, a definition of arousal different to the criteria proposed by the Atlas Task Force was applied (The Atlas Task Force 1992). Lévy et al (1996) proposed an additional index (Δ index) from oximetry signals to detect OSAS. It is a measure of the variability of the SaO₂ recordings. This parameter achieved 98% sensitivity and 46% specificity using a threshold of 15 events/h on the AHI to determine the presence of OSAS. Magalang et al (2003) achieved similar results using the Δ index, with a sensitivity of 91% and a specificity of 59%. These results were improved by using the Δ index together with the other conventional indices, which yielded a sensitivity of 90% and a specificity of 70%. Finally, Roche et al (2002) suggested to combine information from oximetry data with clinical features using logistic regression. This model achieved an accuracy of 62.1%.

The presented algorithms improved the classification accuracy reported in the cited studies.

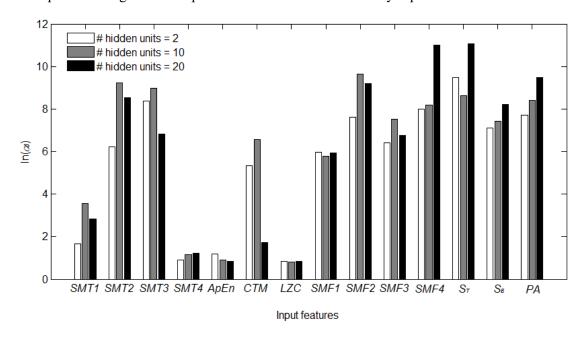


Figure 4. Results obtained from ARD for BY-MLP classifiers with 2, 10 and 20 hidden units.

Moreover, we used our database of SaO₂ recordings to compare the diagnostic capability of our networks and conventional oximetry indices. In order to do this, we computed the classification results of these indices on our signal database. For each index, the threshold (*u*) that provided the highest accuracy on the training set was selected. Subsequently, it was applied on signals in the test set to compute sensitivity, specificity and accuracy values. In addition, we computed the AUROC from data in the test set. The obtained results are summarized in table 5. The best diagnostic performance was provided by ODI2 and ODI3, which achieved a sensitivity of 76.12%, a specificity of 93.48% and an accuracy of 83.19%. In addition, CT90 provided the best AUROC value with 0.77. As can be observed, the BY-MLP classifiers clearly outperformed conventional oximetry indices. The proposed algorithms represent a more effective technique for automated OSAS diagnosis from SaO₂ data.

Some limitations can be found in our methodology. A larger population would be desirable to obtain a better representation of the statistical properties of our classification problem. The generalization capability of our networks could be improved by using a larger training set. Similarly, a more accurate estimate of our classification results could be obtained through a larger test set. Moreover, our results were computed as the average value of several runs. A model selection stage is required in order to select an optimum classification algorithm from those trained in our experiments. Finally, the proposed methodology should be considered as an aid tool for medical experts. Our BY-MLP classifiers enabled to increase the diagnostic accuracy of SaO₂ recordings. However, it is insufficient to replace PSG since oximetry data cannot accurately discard the presence of OSAS.

In summary, BY-MLP classifiers have shown to be a useful tool to assist in OSAS diagnosis from oximetry data. They achieved an accuracy of 85.58% (87.76% sensitivity and 82.39% specificity) and an AUROC of 0.90. They outperformed ML-MLP networks, which provided an accuracy of 76.81% and an AUROC of 0.86. Our results suggest that Bayesian techniques are preferred for the optimization of our MLP networks. In addition, the proposed BY-MLP algorithms improved the diagnostic capability of visual inspection of SaO₂ recordings and conventional oximetry indices. Our BY-MLP networks could be used to assist medical experts for early detection of OSAS only using oximetry signals. These algorithms could be applied as an effective technique for OSAS screening, contributing to reduce the number of required PSG tests.

Table 5. Diagnostic results achieved by conventional oximetry indices. ODI2: oxygen desaturation index over 2%; ODI3: oxygen desaturation index over 3%; ODI4: oxygen desaturation index over 4%; CT90: cumulative time spent below 90% of saturation; *u*: threshold value determined on the training set; Se: sensitivity; Sp: specificity; Ac: accuracy; AUROC: area under the ROC curve.

Index	и	Se (%)	Sp (%)	Ac (%)	AUROC
ODI2	9	76.12	93.48	83.19	0.706
ODI3	8	76.12	93.48	83.19	0.725
ODI4	7.6	73.13	95.65	82.30	0.758
CT90	11	68.66	95.65	79.65	0.774

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