

1 **Title page**

2 **Potential effect of PRGF-Endoret in stromal wound healing in additive surgery**

3 **Short title: PRGF enhances wound healing in additive surgery**

4 Authors: Lucía Ibares-Frías,<sup>a,b</sup> Patricia Gallego-Muñoz,<sup>a,c</sup> Gorka Orive<sup>d,e,f</sup>, Eduardo Anitua<sup>f</sup>, Roberto  
5 Cantalpieira-Rodríguez<sup>c</sup>, Jesús Merayo-Llodes,<sup>a,g</sup> and María Carmen Martínez-García,<sup>a,c</sup>

6 <sup>a</sup>Optical Diagnostic Techniques Group, Theoretical, Atomic and Optical Physics Department. University of  
7 Valladolid, Valladolid, Spain.

8 <sup>b</sup>Ophthalmology Department, Hospital General Universitario Gregorio Marañón, Madrid, Spain.

9 <sup>c</sup>Cell Biology, Histology and Pharmacology Department, Faculty of Medicine, Valladolid, Spain.

10 <sup>d</sup>Laboratory of Pharmacy and Pharmaceutical Technology, Faculty of Pharmacy, University of the Basque  
11 Country, Vitoria, Spain.

12 <sup>e</sup>Networking Biomedical Research Center on Bioengineering, Biomaterials and Nanomedicine, CIBER-BBN,  
13 SLFPB-EHU, 01006 Vitoria-Gasteiz, Spain

14 <sup>f</sup>BTI-Biotechnology Institute, Vitoria, Spain

15 <sup>g</sup>Instituto Universitario Fernández Vega, Universidad de Oviedo, Oviedo, Spain.

16 **Corresponding author:** María Carmen Martínez-García. Cell Biology, Histology and Pharmacology  
17 Department, Faculty of Medicine, First floor. Ramón y Cajal 7.47005. Valladolid. Spain.

18 Phone number: +34983184781. Email: [luciaibares@gmail.com](mailto:luciaibares@gmail.com) and [mariacarmen.martinez.garcia@uva.es](mailto:mariacarmen.martinez.garcia@uva.es)

19 **Keywords: additive surgery, PRGF, cornea, intrastromal corneal ring segments, wound healing.**

21

22

24 ABSTRACT

25 PURPOSE: To compare the clinical and histological outcomes after intrastromal corneal ring segment (ICRS)  
26 implantation with and without plasma rich in growth factors (PRGF) in an experimental animal model.

27 MATERIAL AND METHODS: First, the toxicity of PRGF was established in hen's keratocyte cultures. Then,  
28 an animal model with 18 hens....18 hens as an animal model were randomly divided into two groups. In first  
29 group one ICRS was implanted in each eye and in the second group ;the ICRS was firstly immersed 30 minutes  
30 in PRGF-Endoret solution, then implanted and finally, PRGF-Endoret was inoculated into the channel.  
31 Animals of each group were also separated into three groups regarding the time they were sacrificed and  
32 corneal tissue was fixed for histological analysis at 2, 7, and 30 days. Cell death was detected by TUNEL  
33 assay. Proliferation was labelled by BrdU incorporation and myofibroblasts differentiation by alpha-smooth  
34 muscle actin ( $\alpha$ SMA) immunodetection. Clinical examination, analysing epithelial wound closure, deposits  
35 and stromal haze, was carried out at the different study times.

36 RESULTS: No toxic effect was observed by PRGF in hen's stromal cell cultures. Clinically, in PRGF-ICRS  
37 corneas at 7 days there were more deposits with higher intensity than in ICRS group. Histologically, at day 2  
38 there were less epithelial damage over the segment in PRGF-ICRS group, corneal edema around the segment  
39 disappeared earlier and, at day 7, there were also double number of cells around the segment than in the ICRS  
40 group displaying different morphologies. The number of BrdU-positive cells was statistically higher in PRGF  
41 group at all analyzed times and TUNEL positive cells at 7 and 30 days. There were no differences in the  
42 number of  $\alpha$ SMA-positive cells at 30 days between both groups.

43 CONCLUSIONS: The ICRS immersion in PRGF-Endoret prior and after to its corneal implantation, in an  
44 experimental animal model, enhances clinical deposits and histological cell turnover without increasing  
45 myofibroblast differentiation reducing stromal wound-healing time after surgery.

46

47

48

49 **Introduction**

50 Plasma rich in growth factors (PRGF) represents a new technology that uses autologous proteins and growth  
51 factors derived from plasma and platelets as therapeutic formulations for different regenerative purposes.  
52 Under a strict pharmaceutical development, it is possible to elaborate biological stable eye-drops that can be  
53 used for the treatment of several diseases of the ocular surface.[1-9] Recent data suggest that the cocktail of  
54 molecules playing a biological function in PRGF eye-drops is extensive, including trophic factors,[10] anti-  
55 inflammatory agents [11] and bacteriostatic/bactericide molecules.[12,13] Furthermore, it has been shown that  
56 significantly enhances proliferation and migration of both keratocytes and conjunctival fibroblasts.[1,2] It also  
57 prevents and inhibits transforming growth factor beta-1 (TGFβ1) induced myofibroblast differentiation,[1-  
58 4,14] concluding that it may have a role in myofibroblast modulation in the stroma of the ocular surface tissues.  
59 Recently, we observed in a mice model of corneal lesion that PRGF promoted wound healing after excimer  
60 laser photoablation, reducing corneal haze formation.[2,5] In another intriguing study, PRGF eye drops  
61 enhanced significantly the biological outcomes of both corneal stromal keratocytes and conjunctival  
62 fibroblasts, and reduced TGFβ1-induced myofibroblast differentiation in contrast to autologous serum eye  
63 drops. [1]

64 Intrastromal Corneal Ring Segments (ICRS) are described as an additive refractive and orthopaedic technique  
65 for ectatic corneal diseases (keratoconus, pellucid marginal degeneration and ectatic diseases).[15] After their  
66 implantation in deep stroma is described a fast closure of epithelial incision and deposits around the segment  
67 with the aim to close the void between the ICRS and the stroma where is implanted. These deposits are related  
68 with new cells and extracellular matrix.[16,17] The cells implicated have been described as fibroblast and  
69 myofibroblast (from 1 month to 3 months). Once the wound healing process is finished most of these kind of  
70 cells recover their keratocyte phenotype and it is thought that they are responsible of the corneal morphological  
71 changes which explain the flattening effect, their effect over ectatic disease progression.[16-19] These effects  
72 are described to stabilize between 3 and 6 months after implantation.[20-22] However, in some studies there  
73 is a slight movement of the segments over time and others did not control the disease.[20,23,24] Furthermore,  
74 other complications described like keratitis or neovascularization were related to problems in wound closure  
75 and no total implant tolerance.[25-27] Moreover, new different types of segments have been proposed in order

76 to have better stromal tolerance and avoid these problems.[28,29] Controlling wound healing with growth  
77 factors could drive also to this purpose.

78 Animal models are the best method to study *in vivo* these clinical and histological events described and  
79 assuming the bioethical limitations of these experiments in humans. Hens could use as animal models because  
80 have a corneal anatomy and wound healing response similar to humans.[30] ICRS wound healing in hens is a  
81 well described process by our group [17,28,31] and could be used as an example of a stromal corneal wound  
82 to test different new drugs to modulate it. Control this process with growth factors could be interesting to early  
83 closure of the wound or in other situations to stimulate the process when it is stabilized or promoting a new  
84 synthesis of corneal tissue in cases of corneal melting.

85 The aim of this study is to analyse whether there is any modification of tissue reaction in corneal stroma after  
86 implantation of intrastromal corneal ring segment with and without PRGF.

87

## 88 **Methods**

### 89 **Preparation of plasma rich in growth factors (PRGF-Endoret)**

90 Blood sample from one healthy young male donor was collected after informed consent into 9-mL tubes with  
91 3.8% (wt/vol) sodium citrate. The study was performed following the principles of the Declaration of Helsinki.  
92 Samples were centrifuged following the manufacturers protocol at room temperature in a PRGF-Endoret  
93 system centrifuge (BTI Biotechnology Institute, S.L. Miñano, Álava, Spain). The plasma was drawn off to  
94 avoid collecting the buffy coat containing leucocytes. The collected PRGF was incubated with PRGF activator  
95 (BTI Biotechnology Institute, S.L. Miñano, Álava, Spain) at 37° for one hour. After filtration, the PRGF-  
96 Endoret supernatant was not diluted in order to obtain maximum concentration in growth factors. At the end,  
97 the final PRGF eye-drops were aliquoted under laminar air flow conditions to be either used at that precise  
98 moment or stored at -80°C until use. [6,14] All procedures were carried out under sterile conditions. Segments  
99 in ICRS-PRGF group were immersed in PRGF-Endoret solution for 30 minutes prior to implantation. After  
100 implantation, 0.1 ml of PRGF-Endoret was gently inoculated inside the channel with an anterior chamber  
101 cannula.

102

103

## 104 **Cell culture**

105 Hen corneal keratocytes were obtained from fresh corneal samples. After removal of the epithelium and  
106 endothelium using a sterile technique under a dissecting microscope, the keratocytes were released from the  
107 stroma by incubation with collagenase type II (2 mg/mL; Gibco, Carlsbad, CA, USA). Cell number and  
108 viability were determined using trypan blue exclusion. The culture medium was a 1:1 mixture of Dulbecco's  
109 modified Eagle's medium and Ham's nutrient mixture F-12 (DMEM-F12, Gibco) supplemented with 10%  
110 fetal bovine serum (FBS; Sigma; St. Louis, MO, USA) and a 1% antibiotic-antimycotic solution (Sigma). Cells  
111 were seeded in 35-mm plates ( $2 \times 10^5$  cells/2 mL/plate) and maintained at 37°C in 5% CO<sub>2</sub> until grown to near  
112 confluence. The culture medium was changed every 2 days, and the cells were amplified by culturing for one  
113 passage. The passage was made by trypsinization (bovine pancreatic trypsin, Sigma).

114

## 115 **Cell Viability Assay**

116 One-passage hen's corneal fibroblasts were seeded onto 96 well-plate ( $3 \times 10^3$  cells/200 µL/well), 5 wells for  
117 each PRGF-Endoret concentration analyzed, until the cells reached 80% confluence. At this moment, and to  
118 test the response to different concentrations of PRGF-Endoret in the cells, the medium was replaced with fresh  
119 FBS alone (control) or supplemented with different concentrations of PRGF (10%, 20% and 40%) or 10%  
120 doxorubicin as positive control of cell toxicity.

121 The toxic response were determined with the Cell Proliferation Reagent WST-1 (Roche, Madrid, Spain).  
122 Conversion of WST to formazan was measured at 450 nm by microplate spectrophotometry Sunrise RC  
123 (Tecan). This reaction showed the reductive capacity of cells and hence, their viability. It was measured by  
124 changes in the optical density of the medium at 48 hours post-treatment.

## 125 **Animals**

126 This study was approved by the Animal Research and Welfare Ethics Committee of the University of  
127 Valladolid (Spain) in agreement with European (Council Directive 2010/63/UE) and Spanish regulations (RD  
128 53/2013). Iber Braun adult hens (n=18), *Gallus gallus domesticus*, weighing about 2.5 kg each, were cared for  
129 following the guidelines of the Association for Research in Vision and Ophthalmology (ARVO) Statement for  
130 the Use of Animals in Ophthalmic and Vision Research.

131 The hens were randomly divided into two groups. ICRS implantation group (n=9 hens, both eyes) in which  
132 one ICRS was implanted in each eye and PRGF-ICRS group (n=9 hens, both eyes) in which one ICRS was  
133 implanted in each eye immersed previously in PRGF and PRGF-Endoret was inoculated in the channel after  
134 surgery. For surgery, the hens were anaesthetized with an intramuscular injection of ketamine hydrochloride  
135 (37.5 mg/kg; Ketolar, Parke Davis SA, Barcelona, Spain) and xylazine hydrochloride (5 mg/kg; Rompun,  
136 Bayer, Leverkusen, Germany) followed by topical application of 0.5% tetracaine hydrochloride and 1 mg of  
137 oxybuprocaine (Colircusi Anestésico Doble, Alconcusí SA, Barcelona, Spain). [17] Animals from each group  
138 were also divided into three groups regarding the time of sacrifice at 2, 7, and 30 days (6 eyes by group).

### 139 **ICRS implantation**

140 One Ferrara Ring<sup>®</sup> segment (AJL Ophthalmics, Vitoria, Spain), made of polymethyl methacrylate (PMMA),  
141 was implanted in each eye mimicking followig the manual technique adapted to chickens.[17,31]

142

### 143 **Clinical course**

144 The anterior segment of the eyes was evaluated under a surgical microscope (Leica M220 F12, Leica  
145 Microsystems, Nussloch, Germany) before and after ICRS implantation. The animals were observed at 1, 2,  
146 3, 7, 15, and 30 days. Epithelial wound closure was measured by sodium fluorescein staining (Fluotest<sup>®</sup>, Alcon,  
147 Cusi, Barcelona) until epithelial closure was completed. Deposits and haze were measured using a  
148 predetermined scale as described by Ruckhofer et al. (2000b) and Fantes et al. (1990) respectively.[32,33]

149

### 150 **Tissue processing and light microscopy**

151 Animals were euthanized by an intracardiac injection of sodium pentobarbital (Dolethal<sup>®</sup> 0737-ESP  
152 Vetoquinol, Madrid, Spain) while under general anesthesia. Three time points after ICRS implantation were  
153 examined histologically: 2, 7, and 30 days (6 eyes by group and time point). Enucleated eyes were fixed with  
154 10% buffered formalin, and embedded in paraffin. Sections 7- $\mu$ m thick were stained with hematoxylin-eosin  
155 (H-E). The sections were examined under an Olympus BX41 microscope (Olympus Life Science, Hamburg,  
156 Germany) and photomicrographs were obtained with an Olympus DP20 Digital Camera. Quantitative  
157 measurements of the photographs were taken using the program Cell A (Olympus Soft Imaging Solutions  
158 GmbH, Münster, Germany). In two images of each cornea, measurements of corneal full thickness, where the  
159 ICRS was implanted (Fig.1; D1), were taken at 40x magnification. Measurements of the epithelial thickness

160 over the segment (Fig.1; D2 \*) and, of the area left by the segment (\*\*), were also measured at 40x  
161 magnification (Fig. 1). Stromal cells were counted at 100x magnification using the Touch Count function in a  
162 total area of 371,162  $\mu\text{m}^2$  around the ICRS. All of these measurements were carried out using methods  
163 described in a previous study.[17]

164

#### 165 **Cell death**

166 To detect DNA fragmentation associated with apoptosis, terminal uridine nick end labelling (TUNEL) assays  
167 were performed in deparaffinized sections according to the manufacturer's instructions (TUNEL, G3250,  
168 Promega Corp., Madison, WI, USA). Nuclei were counterstained with 4', 6-diamino-2 phenylindole (DAPI,  
169 D9542, Sigma-Aldrich, Munich, Germany). Sections were examined under an Axiophot fluorescence-  
170 incorporated microscope (Zeiss Axiophot HB0-50, Carl Zeiss, Germany) and photomicrographs were captured  
171 using the AxioCam HRc Digital Camera and Axiovision release 4.8 software (Carl Zeiss, Germany). Using  
172 200x magnification micrographs, epithelial and stromal TUNEL positive cells were evaluated as in a previous  
173 work by Ibares-Frias L et al., 2015. [17]

174

#### 175 **Cell proliferation**

176 One hour before euthanasia, the animals received an intramuscular injection of 5-bromo-2'-deoxyuridine  
177 (BrdU, Sigma-Aldrich), a DNA synthesis marker (10 mg/ml, 5 ml/kg). Sections were deparaffinized and  
178 treated with 2N HCl for 1 hour, then incubated with mouse monoclonal IgG anti-BrdU (Dako, Cytomation  
179 Carpinteria, CA, USA) for 30 minutes. The secondary antibody was fluorescein goat anti-mouse IgG (1:100,  
180 Molecular Probes, Leiden, The Netherlands) in Tris-buffered saline. Control slides were prepared by omission  
181 of the primary antibody. Sections were examined under an Axiophot fluorescence-incorporated microscope  
182 (Carl Zeiss, Germany) and photomicrographs were captured using the AxioCam HRc Digital Camera and  
183 Axiovision release 4.8 software (Carl Zeiss, Germany). Using 200x magnification micrographs, epithelial and  
184 stromal BrdU-positive cells were counted around the segment.[17]

185

#### 186 **Myofibroblastic differentiation**

187 Myofibroblasts were identified by staining with anti-alpha smooth muscle actin ( $\alpha$ SMA) monoclonal antibody  
188 (mouse clone 1A4, Dako, Glostrup, Demark). The secondary antibody was Texas red goat anti-mouse IgG  
189 (Molecular Probes). Nuclei were stained with DAPI (Molecular Probes). Sections were examined under an  
190 Axiophot fluorescence-incorporated microscope (Carl Zeiss) and photomicrographs were captured using the  
191 AxioCam HRc Digital Camera and Axiovision release 4.8 software (Carl Zeiss). Using 200x magnification  
192 micrographs, stromal  $\alpha$ SMA cells were counted around the segment.[17]

193

#### 194 **Statistical analysis**

195 SPSS 20 Statistical software was used for statistical analysis. Measured variables were analyzed by calculating  
196 the mean and standard deviation. After defining these parameters, variances were compared with the Levene  
197 test. If the variances were equal, Student's t-test and analysis of variance were used to compare the equality of  
198 the means. If the variances were different, then the non parametric Kruskal-Wallis test or Mann Whitney U  
199 test was used to compare the equality of the medians.  $P < 0.05$  was considered to be statistically significant.

#### 200 **Results**

##### 201 **Cell Viability**

202 All PRGF-Endoret concentrations tested increased the metabolic activity of the chicken stromal cells *in vitro*  
203 compared with doxorubicin-treated cells. No toxic effect was observed by PRGF treatment in any case. The  
204 doses of PRGF-Endoret at 40% induced a higher metabolic activity compared with FBS (10%) or PRGF-  
205 Endoret at 10 and at 20%.

206

##### 207 **Clinical assesment**

208 None of the eyes in both ICRS and PRGF-ICRS groups had complications. Complete epithelial wound closure,  
209 defining by the absence of epithelial fluorescein stain was achieved at  $3.2 \pm 2$  and  $2.5 \pm 1.7$  days in both  
210 groups respectively without statistically significant differences ( $p = 0.7$ ).

211 Deposits appeared earlier and with higher incidence in PRGF-ICRS group. At day 7, 83.33% of eyes in  
212 PRGF-ICRS group had deposits while in ICRS group there were deposits only in 16.66% of eyes ( $*p =$   
213 0.021) (Fig. 2).

214 At day 30, there were no clinical differences between both groups. Central corneas were clear without haze in  
215 all eyes.

216

## 217 **Histological assessment**

### 218 ***Hematoxylin-eosin stain***

219 Differences between measurements with statistical significance in all groups are shown in Table 1.

220 The epithelial thickness decreased from day 2 to day 30 after surgery in both groups. In corneas treated with  
221 PRGF implanted segments, this hypoplasia was less evident at day 2 with statistically significant differences  
222 regarding ICRS implanted corneas ( $*p=0.007$ ) (Table 1A; Fig. 3A-B,\*). On days 7 and 30, there were no  
223 statistically differences between both groups ( $p=0.382$  and  $p=0.083$ ) (Table 1B-C).

224 At day 2, in the stroma around the segment, it is possible to observe edema (Fig. 3A, 3B, 3E and 3F). In PRGF-  
225 ICRS group, the signs of edema disappeared earlier (Fig. 3F). After paraffin embedding and cutting, it was  
226 observed a triangular empty void left by the segment in medium and deep stroma. Throughout follow up, this  
227 void was decreasing its area in both groups. However, in PRGF-ICRS group eyes, this contraction happened  
228 faster, evaluated by the existence of statistically significant differences in the measurement of the area between  
229 groups ( $*p=0.013$ ) at 7 days, being smaller this area in PRGF-ICRS group.

230 The healing around the implant was previously described [17] . Briefly, the cells approached to the segment  
231 from the limbus at day 7, when the corneal oedema started to decrease. Then, these cells filled the void starting  
232 by the both inferior edges of the implant in a singular disposition. At day 7, the number of cells was greater in  
233 PRGF-ICRS being the differences statistically significant (Table 1B;  $*p=0.001$ ). The cells in PRGF-ICRS  
234 group were composed by a heterogeneous population with basophilic fusiform cells and smaller rounded cells,  
235 and some cell debris (Fig. 3H; cells not observed in ICRS group, Fig 3G). At day 30, the differences in the  
236 number of cells around the segments between both groups were not statistically significant ( $p=0.164$ ) (Table  
237 1C).

238

### 239 ***Cell death***

240 At all analysed times, in all corneas, positive TUNEL cells were located in the superficial layer of the  
241 epithelium (physiologic). In the deep stroma, at 7 and 30 days, more TUNEL positive cells were observed in

242 PRGF-ICRS group than in ICRS group, being located mainly around the segment ( $*p=0,034$  and  $p= 0,032$  at  
243 7 and 30 days respectively) (Fig. 4).

244

#### 245 ***Cell proliferation***

246 From day 2, in the basal layer of the epithelium, BrdU positive cells were detected especially over the segment,  
247 and maintained until 30 days with no differences between groups (physiologic). In the stroma, were also found  
248 BrdU positive cells in both groups around the segment from day 2 to day 30, being statistically significant  
249 higher their number in PRGF-ICRS group ( $*p=0.023$  ,  $p=0.001$  and  $p= 0.001$  at 2, 7 and 30 days respectively)  
250 (Fig.5).

251

#### 252 ***Myofibroblastic differentiation***

253 Myofibroblasts ( $\alpha$ SMA-positive cells) were detected only around the segment at day 30 in both groups without  
254 statistically significant differences between both groups ( $27 \pm 10.8$  and  $24.25 \pm 6.55$   $\alpha$ SMA-positive cells by  
255 200x magnification field, in ICRS and PRGF-ICRS respectively;  $p=0.645$ ).

256

#### 257 **Discussion**

258 Plasma rich in growth factors, a novel blood derivative product is a preparation which is described that  
259 enhances corneal wound healing in dry eye and some corneal surface diseases and promote proliferation over  
260 keratocytes, corneal epithelial cells and conjunctival fibroblasts *in vitro*. [1,2,6,7,9] However, there are no  
261 studies related to the effects of PRGF in stromal wounds. ICRS implantation could be a useful example of a  
262 stromal wound.

263 The choice of three time points for histological analysis was made based on clinical, histological and refractive  
264 events described in the literature regarding wound healing studies after different refractive surgeries, [30,34]  
265 intrastromal corneal ring implantation surgery [16,32] and after our prior results in hens. [17] At day 2 we  
266 studied apoptosis and the beginning of cell proliferation. At 7 days, we assessed the maintenance of cell  
267 proliferation (at 7 days the proliferation of epithelial cells peaked) with the disappearance of edema with cells  
268 beginning to approach the edges of the segment. [17] The objective of the study at 30 days was to study  
269 myofibroblast differentiation (in our animal model at this time point is when myofibroblast differentiation

270 peaked).[17] Analysing these time points we can study all the events described in a normal wound healing  
271 process. There is no other experiment showing stromal regeneration of PRGF drops in the literature.  
272 The results of this comparative study showed that in the PRGF-ICRS group the stromal wound closed earlier,  
273 displaying bigger and more confluent deposits than ICRS group which could be related with few complications  
274 and best optical outcomes. Histologically, in PRGF-ICRS group we found a more biological compatibility of  
275 the ICRS after implantation with an earlier disappearance of intrastromal edema, faster decrease of the area of  
276 the void where the ICRS was located, and less thinning of the epithelium over the segment. Events which are  
277 correlated with the clinical ones described before. Is important to note that the central cornea remained  
278 transparent in both groups without any grade of haze.  
279 Regarding the number and the type of stimulated cells, PRGF-Endoret induced robust proliferation of cells  
280 with different morphologies in human corneal cell cultures *in vitro*. [9] In our study, at 7 days there were  
281 statistically differences between both groups with more cells in PRGF-ICRS group. These cells were described  
282 as an heterogeneous population with cells resembling fibroblast in morphology and another more rounded  
283 which resemble cellular debris more than lymphocytes agreeing with previous manuscripts. [1,9] Certain  
284 findings support the non-inflammatory origin of these cells, firstly, the reaction is not described from the  
285 beginning when usually the inflammatory reactions begin, [35-37] secondly, there are no clinical reaction  
286 compatible with inflammation (no infiltrates, no cells in anterior chamber, no increase of the deep stromal haze  
287 and no any other complications) [38-40] and thirdly, the morphology and shape of these cells by electron  
288 microscopy (both scanning electron microscopy and transmittance electron microscopy ) did not resemble  
289 lymphocytes, [38] they are similar to those described in previous studies. [17,38] This heterogeneous population  
290 could indicate a bigger stimulation by a higher release of growth factors than in a normal wound healing  
291 response due to the PRGF-Endoret immersion and intrastromal inoculation. The latter could be more  
292 undifferentiated subpopulations as described Freire et al (2012) [41].  
293 Moreover, at all analysed times the number of BrdU-positive cells was statistically significant higher in  
294 PRGF-ICRS than in ICRS group agreeing with the bigger stimulation described before. Also at days 7 and 30  
295 , the number of TUNEL positive cells was higher in PRGF-ICRS group indicating cell replacement.  
296 Myofibroblastic differentiation occurs after 30 days of implantation, however, there were no differences  
297 between groups in  $\alpha$ SMA positive cells number. This event could be related to that among the great number  
298 of proliferating cells at 7 days, only a small number of cells is differentiate into myofibroblast which agree

299 with previous works which shown that PRGF decreases myofibroblast differentiation and secondary clinical  
300 haze. [1,2,10]

301 All of the potential benefits described of PRGF-Endoret in wound healing were observed despite of PRGF-  
302 Endoret in our experiment were not autologous for hens. This fact was due to it is almost impossible to prepare  
303 a hens-derived PRGF-Endoret because the hen's thrombocytes have nucleus and they are larger than those of  
304 humans. Hence their speed of centrifugation is similar to that of other blood components, making it impossible  
305 to isolate. For this reason, we used blood from healthy humans. When transferring the events of the study to  
306 humans therefore it could be considered that PRGF-Endoret exerts a more potent effect when it is used in an  
307 autologous fashion as in other studies which published results of human products over animal models.[42] On  
308 the other hand, the observation that human PRGF-Endoret stimulates proliferation in hen's stromal cells  
309 populations "in vitro" demonstrated its biological potential and biosafety.

310 Another limitation of this experiment was to use both eyes of the same animal for the same treatment, this was  
311 performed for logistic organization regarding manipulation and processing of PRGF and to avoid  
312 differences between right and left eye. However, all of the characteristics of the animals were totally  
313 comparable. Moreover, our previous experiments in hens allow us to ensure that having implanted  
314 the 2 segments of the same group in the same animal will not influence the results.

315 To show this enhance in wound healing response is necessary to combine PRGF and ICRS implantation, due  
316 to PRGF alone in the channel is not related to any significant wound healing process (data not shown).

317

## 318 **Conclusions**

319 Our results indicate that PRGF, in clinical and histological response, after implantation of ICRS in an  
320 experimental animal model, enhances stromal cell proliferation reducing wound-healing time. Although are  
321 necessary more studies to explain all of the mechanism implicated in the events after PRGF-ICRS  
322 implantation, the results of this study indicate that it could improve wound healing during ICRS implantation,  
323 and in general, the stromal wound healing response after additive surgery.

324

325

326

327 **ACKNOWLEDGMENTS:**

328 The authors would like to thank Doctor Angel García Barcia, Félix Gómez and Juanjo Arribas for animal care  
329 support. Ferrara Rings and AJL Ophthalmics provided both PMMA Segments and surgical instruments.

330 The authors declare the following competing financial interest(s): E.A. and GO are scientists at BTI  
331 Biotechnology Institute, a dental implant company that investigates in the fields of oral implantology and  
332 PRGF-Endoret technology.

## REFERENCES

- 1 Anitua E, Sanchez M, Merayo-Llodes J, De la Fuente M, Muruzabal F, Orive G: Plasma rich in growth factors (PRGF-Endoret) stimulates proliferation and migration of primary keratocytes and conjunctival fibroblasts and inhibits and reverts TGF-beta1-Induced myodifferentiation. *IOVS* 2011;52:6066-6073.
- 2 Anitua E, Muruzabal F, Alcalde I, Merayo-Llodes J, Orive G: Plasma rich in growth factors (PRGF-Endoret) stimulates corneal wound healing and reduces haze formation after PRK surgery. *Exp Eye Res* 2013;115:153-161.
- 3 Anitua E, Muruzabal F, De la Fuente M, Merayo-Llodes J, Orive G: Effects of heat-treatment on plasma rich in growth factors-derived autologous eye drop. *Exp Eye Res* 2014;119:27-34.
- 4 Anitua E, Muruzabal F, Pino A, Merayo-Llodes J, Orive G: Biological Stability of Plasma Rich in Growth Factors Eye Drops After Storage of 3 Months. *Cornea* 2013;32:1380-1386.
- 5 Merayo-Llodes J, Sanchez RM, Riestra AC, Anitua E, Begona L, Orive G, Fernandez-Vega L: Autologous Plasma Rich in Growth Factors Eyedrops in Refractory Cases of Ocular Surface Disorders. *Ophthalmic Res* 2015;55:53-61.
- 6 Lopez-Plandolit S, Morales MC, Freire V, Grau AE, Duran JA: Efficacy of plasma rich in growth factors for the treatment of dry eye. *Cornea* 2011;30:1312-1317.
- 7 Lopez-Plandolit S, Morales MC, Freire V, Etxebarria J, Duran JA: Plasma rich in growth factors as a therapeutic agent for persistent corneal epithelial defects. *Cornea* 2010;29:843-848.
- 8 Kim KM, Shin YT, Kim HK: Effect of autologous platelet-rich plasma on persistent corneal epithelial defect after infectious keratitis. *Jpn J Ophthalmol* 2012;56:544-550.
- 9 Freire V, Andollo N, Etxebarria J, Hernaez-Moya R, Duran JA, Morales MC: Corneal wound healing promoted by 3 blood derivatives: an in vitro and in vivo comparative study. *Cornea* 2014;33:614-620.
- 10 Anitua E, Pelacho B, Prado R, Aguirre JJ, Sanchez M, Padilla S, Aranguren XL, Abizanda G, Collantes M, Hernandez M, Perez-Ruiz A, Penuelas I, Orive G, Prosper F: Infiltration of plasma rich in growth factors enhances in vivo angiogenesis and improves reperfusion and tissue remodeling after severe hind limb ischemia. *Journal of controlled release : official journal of the Controlled Release Society* 2015;202:31-39.
- 11 Bendinelli P, Matteucci E, Dogliotti G, Corsi MM, Banfi G, Maroni P, Desiderio MA: Molecular basis of anti-inflammatory action of platelet-rich plasma on human chondrocytes: mechanisms of NF-kappaB inhibition via HGF. *Journal of cellular physiology* 2010;225:757-766.
- 12 Drago L, Bortolin M, Vassena C, Romano CL, Taschieri S, Del Fabbro M: Plasma components and platelet activation are essential for the antimicrobial properties of autologous platelet-rich plasma: an in vitro study. *PLoS One* 2014;9:e107813.
- 13 Anitua E, Alonso R, Girbau C, Aguirre JJ, Muruzabal F, Orive G: Antibacterial effect of plasma rich in growth factors (PRGF(R)-Endoret(R)) against *Staphylococcus aureus* and *Staphylococcus epidermidis* strains. *Clinical and experimental dermatology* 2012;37:652-657.
- 14 Redler LH, Thompson SA, Hsu SH, Ahmad CS, Levine WN: Platelet-rich plasma therapy: a systematic literature review and evidence for clinical use. *The Physician and sportsmedicine* 2011;39:42-51.
- 15 Mohammadpour M, Heidari Z, Hashemi H: Updates on Managements for Keratoconus. *Journal of current ophthalmology* 2018;30:110-124.
- 16 Twa MD, Ruckhofer J, Kash RL, Costello M, Schanzlin DJ: Histologic evaluation of corneal stroma in rabbits after intrastromal corneal ring implantation. *Cornea* 2003;22:146-152.
- 17 Ibares-Frias L, Gallego P, Cantalapiedra-Rodriguez R, Valsero MC, Mar S, Merayo-Llodes J, Martinez-Garcia MC: Tissue reaction after intrastromal corneal ring implantation in an experimental animal model. *Graefes Arch Clin Exp Ophthalmol* 2015;253:1071-1083.
- 18 Samimi S, Leger F, Touboul D, Colin J: Histopathological findings after intracorneal ring segment implantation in keratoconic human corneas. *J Cataract Refract Surg* 2007;33:247-253.
- 19 Twa MD, Kash RL, Costello M, Schanzlin DJ: Morphologic characteristics of lamellar channel deposits in the human eye: a case report. *Cornea* 2004;23:412-420.
- 20 Alio JL, Shabayek MH, Artola A: Intracorneal ring segments for keratoconus correction: long-term follow-up. *J Cataract Refract Surg* 2006;32:978-985.
- 21 Kymionis GD, Grentzelos MA, Diakonis VF, Pallikaris AI, Pallikaris IG: Nine-year follow-up of intacs implantation for keratoconus. *Open Ophthalmol J* 2009;3:77-81.
- 22 Colin J, Malet FJ: Intacs for the correction of keratoconus: two-year follow-up. *J Cataract Refract Surg* 2007;33:69-74.

- 23 Kamburoglu G, Ertan A, Saracbası O: Measurement of depth of Intacs implanted via femtosecond laser using Pentacam. *J Refract Surg* 2009;25:377-382.
- 24 Gorgun E, Kucumen RB, Yenerel NM, Ciftci F: Assessment of intrastromal corneal ring segment position with anterior segment optical coherence tomography. *Ophthalmic Surg Lasers Imaging* 2012;43:214-221.
- 25 Kugler LJ, Hill S, Sztipanovits D, Boerman H, Swartz TS, Wang MX: Corneal melt of incisions overlying corneal ring segments: case series and literature review. *Cornea* 2011;30:968-971.
- 26 Bourges JL, Trong TT, Ellies P, Briat B, Renard G: Intrastromal corneal ring segments and corneal anterior stromal necrosis. *J Cataract Refract Surg* 2003;29:1228-1230.
- 27 Kanellopoulos AJ, Pe LH, Perry HD, Donnenfeld ED: Modified intracorneal ring segment implantations (INTACS) for the management of moderate to advanced keratoconus: efficacy and complications. *Cornea* 2006;25:29-33.
- 28 Perez-Merino P, Parra F, Ibares-Frias L, Gallego P, Vazquez-Lasa B, Benito L, San Roman J, Martinez-Garcia C, Merayo-Llives J: Clinical and pathological effects of different acrylic intracorneal ring segments in corneal additive surgery. *Acta Biomater* 2010;6:2572-2579.
- 29 Israel M, Yousif MO, Osman NA, Nashed M, Abdelfattah NS: Keratoconus correction using a new model of intrastromal corneal ring segments. *Journal of cataract and refractive surgery* 2016;42:444-454.
- 30 Martinez-Garcia MC, Merayo-Llives J, Blanco-Mezquita T, Mar-Sardana S: Wound healing following refractive surgery in hens. *Exp Eye Res* 2006;83:728-735.
- 31 Merayo-Llives J, Blanco-Mezquita T, Ibares-Frias L, Fabiani L, Alvarez-Barcia A, Martinez-Garcia C: Induction of controlled wound healing with PMMA segments in the deep stroma in corneas of hens. *Eur J Ophthalmol* 2010;20:62-70.
- 32 Ruckhofer J, Twa MD, Schanzlin DJ: Clinical characteristics of lamellar channel deposits after implantation of intacs. *J Cataract Refract Surg* 2000;26:1473-1479.
- 33 Fantès FE, Hanna KD, Waring GO, 3rd, Pouliquen Y, Thompson KP, Savoldelli M: Wound healing after excimer laser keratomileusis (photorefractive keratectomy) in monkeys. *Arch Ophthalmol* 1990;108:665-675.
- 34 Wilson SE: Analysis of the keratocyte apoptosis, keratocyte proliferation, and myofibroblast transformation responses after photorefractive keratectomy and laser in situ keratomileusis. *Trans Am Ophthalmol Soc* 2002;100:411-433.
- 35 Kwitko S, Severo NS: Ferrara intracorneal ring segments for keratoconus. *J Cataract Refract Surg* 2004;30:812-820.
- 36 McAlister JC, Ardjomand N, Ilari L, Mengher LS, Gartry DS: Keratitis after intracorneal ring segment insertion for keratoconus. *J Cataract Refract Surg* 2006;32:676-678.
- 37 Shehadeh-Masha'our R, Modi N, Barbara A, Garzozı HJ: Keratitis after implantation of intrastromal corneal ring segments. *J Cataract Refract Surg* 2004;30:1802-1804.
- 38 Ferrer C, Alio JL, Montanes AU, Perez-Santonja JJ, del Rio MA, de Toledo JA, Teus MA, Javaloy J: Causes of intrastromal corneal ring segment explantation: clinicopathologic correlation analysis. *J Cataract Refract Surg* 2010;36:970-977.
- 39 Chaudhry IA, Al-Ghamdi AA, Kirat O, Al-Swelmi F, Al-Rashed W, Shamsi FA: Bilateral infectious keratitis after implantation of intrastromal corneal ring segments. *Cornea* 2010;29:339-341.
- 40 Ibanez-Alperıe J, Perez-Garcia D, Cristobal JA, Mateo AJ, Rio BJ, Minguez E: Keratitis after Implantation of Intrastromal Corneal Rings with Spontaneous Extrusion of the Segment. *Case Report Ophthalmol* 2010;1:42-46.
- 41 Freire V, Andollo N, Etxebarria J, Duran JA, Morales MC: In vitro effects of three blood derivatives on human corneal epithelial cells. *IOVS* 2012;53:5571-5578.
- 42 Alio del Barrio JL, Chiesa M, Garagorri N, Garcia-Urquia N, Fernandez-Delgado J, Bataille L, Rodriguez A, Arnalich-Montiel F, Zarnowski T, Alvarez de Toledo JP, Alio JL, De Miguel MP: Acellular human corneal matrix sheets seeded with human adipose-derived mesenchymal stem cells integrate functionally in an experimental animal model. *Exp Eye Res* 2015;132:91-100.

## LEGENDS OF FIGURES

**Figure 1:** Figure 1. Distances (D) measured from 4X hematoxylin-eosin stained micrographs in the area where the ICRS was implanted. The following distances at the site of implantation were measured: D1, corneal thickness in the area of the segment; \*2, epithelial thickness; \*\*, Area of the triangular hole left by the ICRS. L: Edge of the preparation close to the limbus. C: Edge of the preparation close to the corneal center

**Figure 2:** Intrastromal deposits in ICRS group (Fig. 2A) and in PRGF/ICRS group (Fig.2B) along the inner curvature of the segment (arrows)

**Figure 3:** Cross-section of hen corneas stained with hematoxylin-eosin at 5X magnification (A, B, C and D) and 10X (E, F, G and H) at 48 hours (A, B, E and F) and 7 days (C, D, G and H). More edema is observed around the segment in ICRS group (see black arrows in Fig E). More epithelial hypoplasia also is evident over the segment in ICRS group (\* Fig. A > than in B). The area of the void left for the segment was smaller in group PRGF/ICRS than in ICRS group (\*<\*\* in Fig 4 D and 4C). There were more cells in group PRGF/ICRS than in ICRS group (black arrows in Fig. G and H).

**Figure 4:** Graphic of the number of BrdU positive cells counted in a 20X field in ICRS group and PRGF/ICRS group.

Figure 1

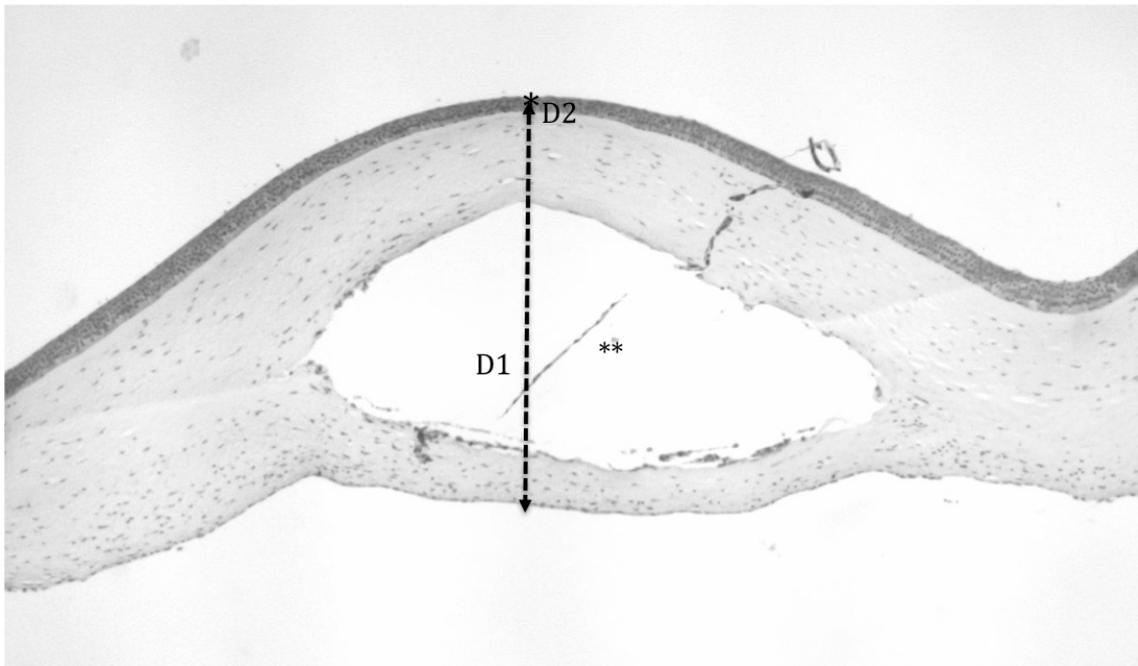


Figure 2

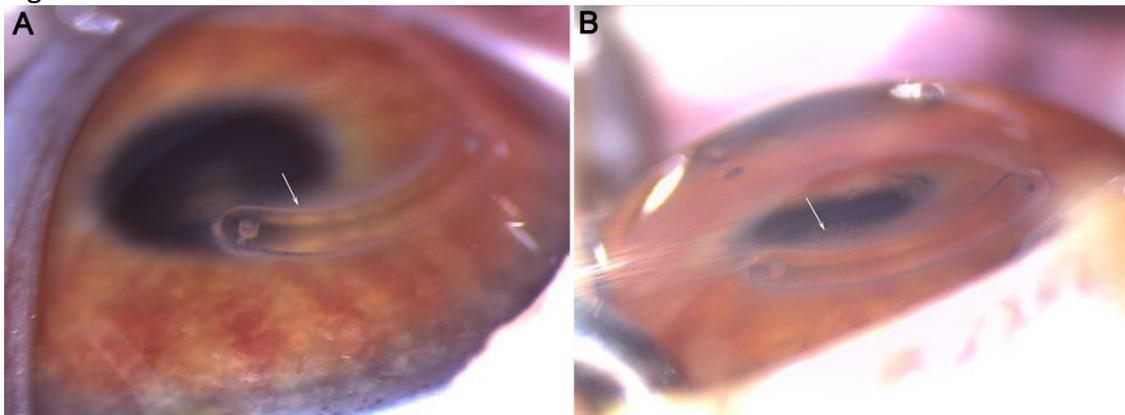


Figure 3

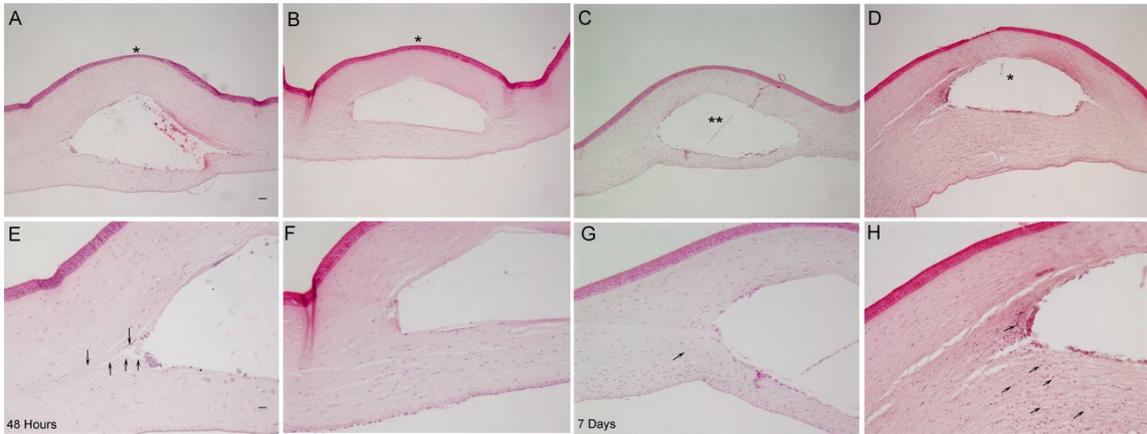
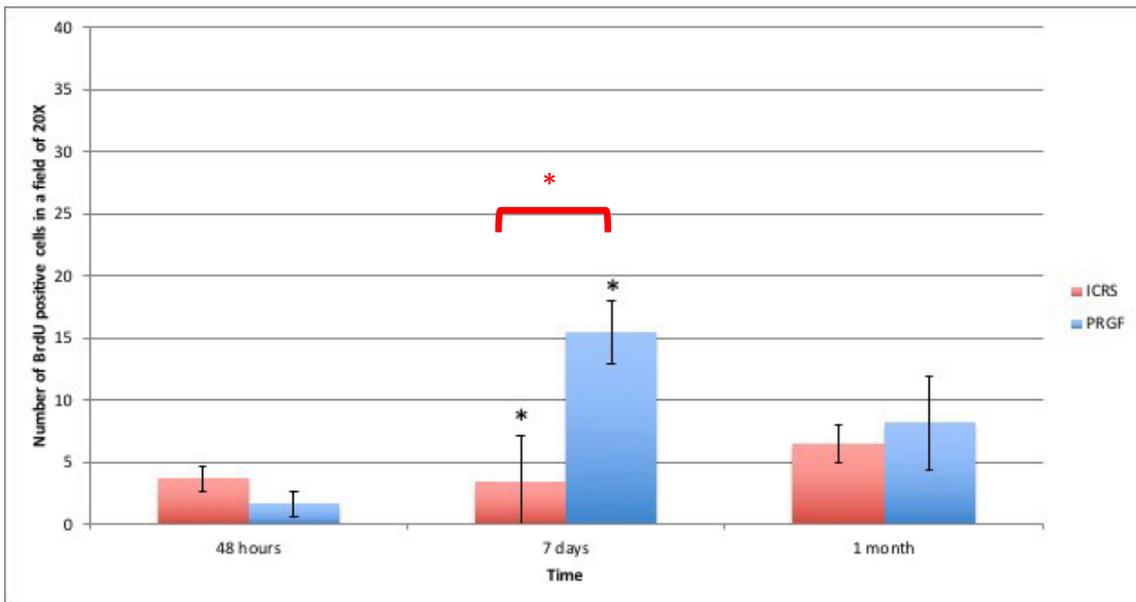


Figure 4



TABLES

**Table 1:** Statistically significant differences of the measurements made in the hematoxylin-eosin stained preparations at 2, 7 and 30 days after ICRS implantation.

A

2 days	ICRS (N= 6)	PRGF-ICRS (N= 6)	p value
Corneal thickness-D1 (µm)	650.96± 98.19	567.22±50.95	0.093
Epithelium over ICRS-D2 (µm)	<b>19.66±3.29</b>	<b>26.76±43.92</b>	<b>0.007*</b>
Area (µm <sup>2</sup> )	137626.9±26942.75	112312.61±23367.39	0.113
Cells/µm <sup>2</sup>	0.00132±0.00021	0.00108±0.00018	0.066

B

7 days	ICRS (N= 6)	PRGF-ICRS (N= 6)	p value
Corneal thickness-D1 (µm)	614.68±101.22	633.94±38.17	0.699
Epithelium over ICRS-D2 (µm)	17.83±5.24	20.14±2.08	0.382
Area (µm <sup>2</sup> )	<b>168990.46±21179.01</b>	<b>136954.71±5551.57</b>	<b>0.013*</b>
Cells/µm <sup>2</sup>	<b>0.00133±0.00048</b>	<b>0.00325±0.0051</b>	<b>0.001*</b>

C

30 days	ICRS (N= 6)	PRGF-ICRS (N= 5)	p value
Corneal thickness-D1 (µm)	554.61±100.25	501.95±38.22	0.287
Epithelium over ICRS-D2 (µm)	18.90±4.55	23.66±4.42	0.083
Area (µm <sup>2</sup> )	116567.59±25659.29	99080.12±26992.43	0.253
Cells/µm <sup>2</sup>	0.00302±0.00072	0.00433±0.00066	0.164