

SPAIN'S VÍAS VERDES, RAIL TRAILS THROUGH NATURE

The Vías Verdes are abandoned railway lines converted to trails, perfect for hiking or cycling in a natural setting. Why? Because they are easily accessible paths, comfortable for walking or cycling at any age or fitness level; no motor vehicles are allowed on them, they go through beautiful landscapes, and bring us to locations rich in culture.

Do you want to find out more about the Vías Verdes?

Visita su web oficial: www.viasverdes.com

More than 2,400 kilometres of paths



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There are over 115 Vías Verdes in Spain, offering a total of more than 2,400 kilometres of paths through natural settings. They can be found practically everywhere in the country (except for the Canary Islands), both inland and near the coast. The routes are very varied, going through both rural and urban areas, and their length can range from just five kilometres to well over 100 kilometres. There are also activities organised around the trails, such as sports events, photography workshops and cycle touring meetings.

Routes accessible to all: the trails are all very flat, with slight curves and slopes always less than 3%, ensuring universal accessibility for anyone who wants to enjoy nature. Your age and fitness level are not important, and reduced mobility or any other disability does not have to hold you back.

The rich heritage of the railways



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And there are also over 100 former railway stations that have been restored to provide new services to the new type of traveller: small character hotels and hostels, restaurants and cafés, railway museums and nature centres, tourist information offices and bicycle hire shops. You won't have to go without anything!

Another attraction is the wealth of heritage of the old rail routes, with tunnels, viaducts and bridges, turning a walking or cycling trip into a magical experience.

Why choose Vías Verdes for hiking?

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For their comfort, safety, variety, and of course, their natural beauty. However, Vías Verdes offer much more than nature. These former railway tracks have been prepared for sport use and are all clearly signed. Everything has been done with the greatest respect for the environment, integrating the routes in their natural setting.

Along the trails, you will find panels explaining the main natural and cultural points of interest. The Vías Verdes website also has a [map](#) of all the rail trails in Spain, with detailed information on each one.



Why choose the Vías Verdes for cycle touring?



Why choose them for cycle touring?

Because you can enjoy nature as you cycle without the inconveniences of sharing a road with motor vehicles. Motorised traffic is restricted, and in most places where Vías Verdes cross roads, they go over or under them. The tunnels along the routes are also lighted for the convenience of cyclists and walkers, with a good surface and straight stretches for a comfortable transit.

On some routes there are also bicycles for hire, and all the trails offer a wide range of accommodation and restaurants.



Green Stations, a natural way of experiencing the train



Catalonia by bike: so much more



Hiking

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